

the PINECONE

The Magazine of Kirby Pines Retirement Community • April 2016 | V. 34 | I. 4



RESIDENTS OF
**KIRBY
PINES**
ARE READY
FOR THE NEW
**MEMPHIS
SYMPHONY
SEASON!**

Springtime Brings New Things

Spring is the perfect time to start thinking about exercise and outdoor activities, and living at Kirby Pines provides you with many opportunities to enjoy both. If walking outdoors is a favorite pastime of yours, you'll enjoy a comfortable stroll around the lake or into our very own nature preserve. In fact, at this time of the year, while walking along the path you will see daffodils as well as blooming redbud and dogwood trees. Kirby's sixty acres make for a very scenic walk that other retirement communities cannot boast.

If you prefer walking indoors, you can do so in place on one of the treadmills in the Oasis or in the shallow end of the indoor pool. Of course, there are always the stairwells and hallways to walk too. By the end of this month you should be able to see new furnishings and art work on each floor in each of the buildings. This may even encourage you to take that stroll to see what's new in other buildings and lessen the feeling that you're actually "exercising".

Construction of The Bistro should also be completed this month. This will soon become a local gathering place at Kirby Pines for residents, their families and guests. The pizza oven, large screen

to Kirby Pines

televisions and new menu items will surely enhance everyone's life at Kirby, and may even "enhance" my belt line. While we open this new dining venue, your comments will be essential to us getting it right, so please don't hesitate to complete a comment card and leave it for me to read. While we may not be able to change the menu much during the first few weeks, we will be taking all suggestions for menu improvement into consideration. Your comments regarding "grab and go" items are also strongly encouraged.

Later in the month Kirby will be honoring those residents who volunteer each year with a special luncheon. If you haven't yet turned in your volunteer hours to Cheryl, be sure to do so before this exciting event and recognition luncheon.



Michael Escamilla,
Executive Director,
Kirby Pines

ON THE PINECONE COVER

Kirby Pines Loves The Memphis Symphony Orchestra

It was a beautiful spring day for a trip downtown to The Cannon Center For The Performing Arts. The 2,100-seat venue is home to the Memphis Symphony Orchestra and also features live theater, concerts and ballet.

Kirby Pines sponsors the Memphis Symphony and once again will be hosting a benefit on their behalf this month. The opportunity to feature their home on the front with residents, Gene and Gail Waldrop, and their home away from home at Kirby Pines on the back with resident and long-time symphony supporter, Jane Holmgren (see story page 7) seemed befitting.

The statue shown is titled *Roof Like a Liquid Flung Over the Plaza* by world-renowned sculptor, Vito Acconci.



Residents, Gene and Gail Waldrop
outside the Cannon Center

Kirby Pines Retirement Community
is managed by:



Retirement Companies of America

BOARD OF DIRECTORS

Dr. James Latimer, Chairman
Mr. Rudy Herzke, President
Mr. Berry Terry, Secretary/Treasurer
Mr. Larry Braughton Rev. Richard Coons
Mr. Jim Ethridge Dr. Fred Grogan
Ms. Mary Ann Hodges
Mr. Boyd Rhodes, Jr.

RCA STAFF

Charlie Trammell

President, RCA

Michéle Trammell-Vincent

Senior Vice President, RCA

Mack Williamson

Vice President of Operations, RCA

Tim Cox

Vice President of Finance, RCA

David Moreland

Vice President of Sales & Marketing

KIRBY PINES STAFF

Michael Escamilla

Executive Director, Kirby Pines

Annette Marlar

Director of Medical Services and HR

Mike Abutineh, M.D.

Medical Director

Linda Huston

Director of Accounting

Don Johnson

Chaplain

Cheryl Grimes

Life Enhancement Coordinator

Daniel Longstreth

Director of Environmental Services

Chuck Neeley

Director of Maintenance

Mark Simpson

Director of Dining Services

Mike Rayder

Director of Grounds & Landscaping

Calvin Sims

Director of Security

This magazine is produced by **R.C.A.**

6465 N. Quail Hollow Rd., Suite 400
Memphis, TN 38120, 901-794-2598

*Electronic version of The Pinecone
is available at www.kirbypines.com*

welcome to

Kirby Pines



Freda Alford

Born in Temple, Oklahoma, Freda Alford comes to Kirby Pines from her previous residence in Memphis. She and her husband, Jimmy, were married 65 years, and they have 3 children and 2 grandchildren. Jimmie's military service was with the Navy during WWII. For both him and his wife, photography was their passion. After his stint in the Navy, Jimmy and Freda owned and operated the well-known Jimmy Alford Studios/Alfred Photo Industry. Jimmy passed away in 2015.

In retirement, Freda likes to stay busy doing different things. Her travel includes Mexico, Florida, and Hot Springs, Ark; going to her home in Hot Springs is a special treat. Music of the 40's and 50's is favored; and "Satin Doll" was "their song"; the song title also graced the boat moored at their Hot Springs home. In 1956, the Memphis Cotton Carnival crowned Freda Queen of Scepter.

Freda made a wise decision when she opted to join the Kirby Pines Retirement Community. Many opportunities to make new friends and participate in the almost endless activities roster (programmed by the masterful Cheryl Grimes) await Freda. We wish her all the best in her new home.



Charles & Peggy Gatlin

Charles and Peggy Gatlin come to Kirby Pines from their previous home in Springtown, TX. Married for 7.5 years, their blended family is comprised of 7 children, 17 grandchildren, and 9 great grands.

In 1951, Mississippi State University awarded Charles a BS Degree. From 1951 to retirement in 2008, he worked as a Mechanical Engineer. Employed by Lockheed Martin Aircraft and other aircraft companies, his titles included Aircraft Hydraulics Engineer and Flight Control Actuation Specialist. Peggy received a BS Degree and a MA Degree from the University of Memphis, working for 43 years as an Educator in Memphis City Schools and Desoto County Schools.

Clubs and Special Recognition for the couple include, for Charles, Master Mason for 65 years; and for Peggy, 1976 President of Memphis Education Association, 1986 Rotary Teacher, 1986; and 1992 Tennessee Teacher of the Year for Newspaper in Education, awarded by The Commercial Appeal.

Get to know Charles and Peggy Gatlin – they're good people; ones who will contribute their experience and competence to many of our volunteer activities.



John Tienson & Nancy Simco

John Tienson and Nancy Simco come to us from their previous residence in Memphis. John was born in Chicago, Illinois and Nancy in Rogers, Arkansas. Together for 25 years, they have one daughter, Heather.

John received a BA Degree from U. of California Berkley; and a MA and Ph.D. from the U. of Illinois, Champaign. For 29 years, he was a Professor of Philosophy at the U. of Memphis, and 20 additional years at several institutions. The U. of Kansas awarded Nancy a B.A., M.A., and Ph.D.s in Mathematics and Philosophy. Her professional career was at the U. of Memphis, as a tenured Professor, Dean, and Department Chair.

Nancy's interests include training and showing golden retrievers; and working with the Memphis Area Golden Retriever Rescue Association. She also is a member of the American Philosophical Association, Association for Symbolic Logic, and the Golden Retriever Club of America. John's interest focuses on Philosophy. Much traveled, John has visited Europe and every State in the U.S. Nancy has traveled "pretty much everywhere (her words) except China, South America, and Antarctica.

Welcome to Kirby Pines, John and Nancy!

You Move, You Lose! TIME TO GET MOVING!

My children played a game called you move, you lose. When someone got up from the “choice seat” in the car or at a party, or “Daddy’s cushy chair” in front of the TV, another child would quickly sit in the coveted seat. When the first child returned to find their favorite spot taken, the “offender” shouted, “You move, you lose!”

As we age, we find just the opposite is true; if we don’t move, we lose. Sitting for long periods of time causes our muscles to weaken and our joints to ache. Usually our worst times are in the mornings just when we rise out of bed. One of the participants in the Sit-n-Stand exercise class who is in her 90’s shared her secret of flexibility: she stretches head to toes, including arms, legs, fingers, and neck before she even steps on the floor every morning and then gently exercises each joint for a few minutes before breakfast. She has done this for so long, it’s a habit and she couldn’t imagine starting her day without it.

When a joint hurts, people tend to protect and not move that joint. In a study by Northwestern University Feinberg School of Medicine in Chicago: “more than 40 percent of those with rheumatoid arthritis, or RA, remain inactive; ‘We were surprised they were very inactive,’” says the lead author Jungwha “Julia” Lee, PhD, assistant professor in the department of preventive medicine, ‘Regular, moderate physical activity offers a host of benefits. It helps reduce pain and improve well-being.’”

The moving of muscles and joints does not require expensive exercise equipment, although the Oasis has many helpful pieces of exercise equipment to keep you moving. The Nu-Step is especially helpful with movement of the arms and legs without extra pressure on the joints. Kirby Pines offers exercise classes 5 days a week. The Arthritis Foundation exercise classes will help you implement safe and helpful strengthening and stretching exercises. But just getting out of your apartment and walking the halls of Kirby Pines is a great beginning for moving and gaining flexibility, strength, and balance. Remember “You move, you lose.” Move those aching joints and lose some of that pain of arthritis and lose that attitude that there’s nothing you can do about it.



60 Days Of Fitness Challenge Wrap Up

Thirty-five residents competed in the “60 Days of Exercise” in the Oasis for January and February. Four residents had a perfect 60 days and we had a drawing for the winner of the Exquisite Cuisine Dinner for two.

The Wagners, Sydney and Shelton, enjoyed their special night out and Gene Wainscott and Pat Rhodes received water bottles filled with goodies. Over a thousand sessions of exercise were logged in 60 days. What a great way to start the new year with more energy and strength and endurance.



Advanced Water Aerobics
Monday & Wednesday
8:30 am-9:30 am in the Pool

Exercise in the PAC
Monday, Wednesday & Friday
9:30 am in the PAC

Tai Chi
Monday
2:00 pm in the PAC

Yoga Stretch
Wednesday
10:30 am in the PAC

Men’s Only Water Aerobics
Tuesday & Thursday
8:30 am - 9:15 am in the Pool

**Arthritis Foundation
Water Aerobics**
Tuesday & Thursday
9:30 am - 10:15 am in the Pool

**Arthritis Foundation
Sit/Stand Class**
Tuesday & Thursday
11:00 am - 11:45 am in the A&C

**Arthritis Foundation
Walk with Ease**
Tuesday & Thursday
2:00 pm - 3:00 pm in the LCR

Protect yourself by following these fall prevention recommendations. Be proactive and remove potential hazards.

Taking Precautions

Many individuals do not realize how many fall hazards can be found in the common household until something happens. It can be as simple as tripping over a rug or an extension cord or slipping in the shower or on the bathroom floor when getting out of the shower.

If you wish to minimize the risk of falling, you must consider taking a look at your environment in order to provide a safe and secure living environment for your loved ones.

Here's an alarming statistic: nearly one in three seniors suffers from serious elderly falls at least once every year. It should also be mentioned that nearly half the seniors who suffer from a serious fracture, such as a hip, pelvic or spinal fracture, never completely recover from the injury. Add to that medical complications created through immobility or bed-ridden conditions and almost 25% die within six months to a year following such an injury.

Can such statistics be reduced? Yes. Fall Prevention, with diligence and attention, such risks to seniors may be alleviated or even prevented.

Check Your Home or Apartment for:

Loose rugs – Make sure rugs are tacked down to the floor or purchase non-skid rugs. Better yet, get rid of the throw or area rugs. Rugs are a primary cause of falls for the elderly.

Too large or too much furniture – Do you have to be an acrobat to get around your living room? Are decorative vases or statues or knick-knacks scattered throughout the home? Consider moving items around to allow a minimum of 30-36 inches of clear floor space in all the routes that you travel in your home.

Lighting – Are the lights too dim for you to see properly? Is there glare coming in from outside which makes it hard to see or judge distance. If so, consider having a home safety assessment completed. Please contact Jason Sparrow OTD, OTR/L at 901-366-1819 to discuss what needs to be done to have a home safety assessment.

Being prepared means minimizing your risk of fall or injury and staying safer longer.

References – www.cdc.gov/Features/OlderAmericans/
www.mayoclinic.org/healthy-lifestyle/healthy-aging/in-depth/fall-prevention/art-20047358



did you know:



1 in 3
seniors will fall every year.

Enjoy a taste
of the Caribbean...



DIRECTOR OF DINING SERVICES
MARK SIMPSON

DON'T MISS THE NEXT KIRBY PINES EVENING OF

EXQUISITE CUISINE

THURSDAY, APRIL 28, 2016



Camarones Sofrito - (Dominican Republic)

Sautéed Shrimp with butter and a light chili flavor served with a tomato based salsa

Ensalada de Aguacate y Pina - (Cuba)

A light salad with contrasting tart pineapple and creamy avocado flavors

Jamaican Beef Steak with Arroz Mamposteao and Mojo de Amarillos - (Jamaica & Puerto Rico)

Lightly spiced Flank steak serviced with a delicious rice and bean combination and finished with a tart Plantain Chutney

Coco Quemado - (Cuba)

Coconut pudding served warm with a tropical fruit salsa

For reservations please call 901.866.4444



Jane Holmgrain

A PASSION FOR THE ARTS

Introducing Jane Holmgrain – long-time resident of Kirby Pines Retirement Community, and a Southern girl at heart - this is her story and she chose to begin with her great grandfather, Rollie Brit Dawson. He fought in the Battle of San Jacinto and, as was a common practice at that time, Texas rewarded Dawson's valor with a land grant within Corsicana, TX. His granddaughter, Imogene Killin married Charles S. Chase and they had a daughter, Jane. Charles was known for fighting in WWI, and for flying the first airplane over Houston. He also was an architect by profession, attended Cornell University and was a successful business man.

The University of Texas awarded Jane a Bachelor of Fine Arts Degree (BFA). She married Glenn Benton Holmgrain (Ben) in 1945; they had 3 children and 2 grand children. Jane's parents were patrons of the Houston Orchestra, especially, and Texas music and art scenes in a broader sense. She developed an appreciation and passion for the Arts as a result of her Fine Arts Degree and her parents' efforts to take her to performances –

laying the ground work for Jane's future efforts to grow financial support for continuation of these venues. Prior to their move to Memphis, Jane was President of the Meridian, Mississippi Symphony. When she and Ben moved to Memphis, they became patrons of the Memphis Symphony Orchestra. Jane also became a member of the Symphony League – ladies who gave their time on a weekly basis, taking care of routine tasks. Wednesday was Jane's League day, and she's fondly remembered for bringing her waffle iron to the office and making fresh waffles for musicians and volunteers alike.

Memphis life was good for the Holmgrain family. Jane enjoyed a good game of Bridge, and she and Ben were enthusiastic golfers and tennis players. As the years passed, however, she said "the body doesn't want to play anymore" – a truism with which we easily identify; but, to this day, Jane enjoys her place at the Bridge table.

Sociable, good-hearted, and smart - a mix of attributes that enabled Jane to raise dollars in support of music, health care delivery, and other outreach efforts.

Well done, Jane.

- Jacqueline Besteman, Resident



Jane and her husband, Ben, looking quite elegant

Does our paper recycling really make any difference?

YOU BET IT DOES!!

Look at our totals since we started collecting at Kirby Pines in August:

Aug 6360 lbs	Nov 7855 lbs
Sep 7000 lbs	Dec 8060 lbs
Oct 9620 lbs*	Jan 5300 lbs**

TOTAL 44,195 lbs for 6 months collecting - THAT'S 22 TONS!

Now look what we saved:

Saved energy to power the average American home for 132 months
 Saved 154,000 gallons of water • Saved 8360 gallons of oil
 Saved 73 cubic yards of landfill space • Saved 374 trees
 And we Reduced the amount of waste at Kirby Pines
 Reduced pollution from the paper-making process
 Supported jobs in recycling industry

Also remember...

All the collecting is done by residents volunteering their time and effort.

*included corrugated cartons from new dining furniture

**probably due to reduced newspaper and catalog ads



Just in case you are still wondering what happens to your paper after it is collected, look on YouTube and search:

Recycled Paper Lifecycle
Stage 1, Stage 2 and Stage 3

How it's Made
Cellulose Insulation

THE BISTRO
AT KIRBY PINES

COMING SOON!



MEMPHIS SYMPHONY ORCHESTRA

JOIN US
SATURDAY, APRIL 23
MEMPHIS SYMPHONY BENEFIT
SPRING AND MUSIC

6:30 PM • PERFORMING ARTS CENTER

Enjoy an evening of music performed by ensembles from the Memphis Symphony Orchestra. Followed by a champagne reception with tantalizing treats from our own gourmet pastry chef Mark Simpson. Suggested minimum donation \$20.00 a person. All proceeds go to the Memphis Symphony Orchestra.

Congratulations

employee of the month | **Charles West**

In just a few, short years at Kirby Pines, Charles West has successfully built a reputation for being dependable, hardworking, and skilled in his professional arena. Charles exemplifies his love for the residents, his family, and his job by the work he performs each and every day! Charles is modest, and does not seek praise. To Charles, a simple "Thank You" means the world to him. Charles doesn't want to be considered the "blister" that shows up when the work is done, he wants to be the one performing the work and earning the "blister" from a job well done!

- Daniel Longstreth, Director of Environmental Services



CHAPLAIN'S CORNER

from Don Johnson, Kirby Pines Chaplain



“THE MESSIAH”

George Frederick Handel, a German composer who adopted the United Kingdom as his home, was well-known and loved, drawing large crowds everywhere. When his oratorio, Messiah, was premiered on April 13, 1742 in Dublin the audience was asked to leave their hoop skirts and swords at home to prevent overcrowding the music hall. Messiah has inspired millions since it was first presented 274 years ago. It ranks as one of the highest musical masterpieces of all time. Handel lived long enough to see his oratorio become a cherished tradition and popular work. He was especially pleased to see it performed to raise money for benevolent causes.

Amazingly Handel wrote the Messiah music and lyrics in only 24 days. It contains a quarter of a million notes. Miles Hoffman, NPR music commentator, observed that Handel working ten hours a day for the over three weeks would have written 15 notes per minute to create Messiah. Handel said the music came to him in rapid succession. This was at a time when he was struggling with his eyesight, was partially paralyzed on his right side and was facing the threat of a debtor's prison due to large financial bills. May we always remember that great things can

come out of difficult times.

Handel credits the completion of this work to one thing: JOY. He said his heart almost burst as he felt the joy of all he was hearing in his mind and heart. Weaving together unsurpassed music about Christ the Messiah he rose majestically to the masterpiece's conclusion: “The Hallelujah Chorus.”

Legend says England's King George II attended a performance of Messiah and when the final chorus was sung stood to his feet. Everyone else followed his example. Whether true or not the world still stands today when “The Hallelujah Chorus” is presented. Nothing is more appropriate. The masterpiece and all it stands for calls for such a response.

Nehemiah 8:10 declares, “...for the joy of the Lord is your strength.” Hebrews 12:2 describes the Passion of crucifixion where the Lord “endured a cross and thought nothing of its shame because of the joy he knew would follow his suffering.” Psalm 16:11 shouts, “in your Presence is fullness of joy.” I Peter 1:8 proclaims “whom having not seen you love. Though now you do not see Him, yet believing, you rejoice with joy inexpressible and full of glory.”

Many years ago a lady defined “Joy” for me with an acrostic. Using each letter to describe how joy could be found, her definition was “J” (Jesus), “O” (Others), “Y” (Yourself). If the letters are placed in any other order they will never spell “JOY.”

The inspiration and enthusiasm Handel experienced can be ours today. As we look at Christ's Birth, Death and Resurrection (the three divisions of Messiah) we can only be joyous, even exuberant? We may not have the gift and talent to create a masterpiece, but we can live with such depth and commitment that others will join us in a never ending “hallelujah chorus.”

Till next time, Don Johnson, KP Chaplain



April Vesper Services • 6:30pm • Performing Arts Center

April 7th

Leon Sanderson
White Station
Church of Christ

April 14th

Reverend Les Helton
Collierville Baptist Church
Music with their Choral Group

April 21st

Doctor
Joe Piercy
United Methodist Minister

April 28th

Reverend
Mike Malone
Independent Presbyterian

M E E T

M E

A T



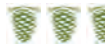
BRIDGE OF SPIES



Saturday, April 2
at 10:00 a.m. and 2:00 p.m.
(2015) Cast: Tom Hanks, Mark Rylance, Alan Alda

A European man living in the US, Rudolph Abel, is arrested as a Russian spy. An American lawyer, James Donovan, takes on his case but, faced with overwhelming evidence and a biased judge, loses the case. Abel is sentenced to 30 years in jail and Donovan's Supreme Court appeal fails. Just then Francis Gary Powers, the "U-2 Spy", is shot down over Russia and captured. Now Donovan becomes the negotiator in a potential prisoner swap.

BECAUSE OF WINN DIXIE



Sunday, April 3
at 1:30 p.m. and 4:00 p.m.
(2005) Cast: AnnaSophia Robb, Jeff Daniels, Eva Marie Saint

A 10-year-old girl, abandoned by her mother when she was three, moves to a small town in Florida with her father, a preacher. While there, she adopts a stray dog whom she names after the local supermarket where he was found. With her goofy pooch by her side, she meets an eclectic group of townspeople and rekindles an almost lost relationship with her father.

OH GOD!

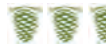


Saturday, April 2 at 6:00 p.m.
& Sunday, April 3 at 6:30 p.m.
(1977) Cast: George Burns, John Denver, Teri Garr
Jerry Landers, a supermarket assistant



manager and a good yet non-religious person, suddenly finds a note in the mail one day that grants him an "interveiw" with God. Thinking it to be a hoax he tosses it away, but when it keeps reappearing he finally gives in. Skeptical at first, he ends up carrying His personal message - that the world can work with what God's given us.

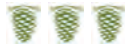
LEARNING TO DRIVE



Saturday, April 9
at 10:00 a.m. and 2:00 p.m.
(2014) Cast: Patricia Clarkson, Ben Kingsley, Grace Gummer

As her marriage dissolves, a Manhattan writer takes driving lessons from a Sikh instructor with marriage troubles of his own. In each other's company they find the courage to get back on the road and the strength to take the wheel.

MISSION IMPOSSIBLE ROGUE NATION



Sunday, April 10
at 1:30 p.m. and 4:00 p.m.
(2015) Cast: Tom Cruise, Rebecca Ferguson, Jeremy Renner
After an excoriating official US government review of its history of questionable missions with high stakes and considerable collateral damage, the IMF is disbanded. Regardless, Ethan Hunt is undeterred from his personal mission to stop a sinister counter-organization to the IMF, the Syndicate. Now a fugitive from the CIA, Hunt secretly calls his colleagues together to accomplish that, which soon also involves a mysterious woman who has an agenda of her own with those criminals. With both sides playing deadly complex games of intrigue,



RED RIVER



Saturday, April 9 at 6:00 p.m.
& Sunday, April 10 at 6:30 p.m.
(1948) Cast: John Wayne, Montgomery Clift, Joanne Dru

Fourteen years after starting his cattle ranch in Texas, Tom Dunston is finally ready to drive his 10,000 head of cattle to market. Back then Dunston, his sidekick Nadine Groot and a teen-aged boy, Matt Garth -who was the only survivor of an Indian attack on a wagon train - started off with only two head of cattle. The nearest market however is in Missouri, a 1000 miles away. Matt is a grown man now and he soon runs up against the stubborn Dunston who won't listen to advice from anyone. Soon, the men on the drive are taking sides and Matt ends up in charge with Dunston vowing to kill him.

SIX DAYS, SEVEN NIGHTS



Saturday, April 16
at 10:00 a.m. and 2:00 p.m.
(1998) Cast: Harrison Ford, Anne Heche, David Schwimmer
Robin Monroe and her fiancé Frank Martin are on a South Seas vacation when she's called away on business. She buys a flight from Quinn Harris, a rough-around-the-edges pilot, but they crash on a deserted island. There, they discover danger and romance while they endure the elements and each other's company.

T H E

M O V I E S



THE WALK



**Sunday, April 17
at 1:30 and 4:00 p.m.**

(2015) Cast: Joseph Gordon-Levitt, Charlotte Le Bon, Guillaume Baillargeon
In 1974 Philippe Petit, a French wire walker, dreams of walking the tallest building in the world, The World Trade Center. He consults with an expert Papa Rudy and he meets some people whom he recruits to help him. Eventually he goes to New York to plan the thing and hopefully do it before the building officially opens.

PAL JOEY



**Saturday, April 16 at 6:00 p.m. &
Sunday, April 17 at 6:30 p.m.**

(1957) Cast: Rita Hayworth, Frank Sinatra, Kim Novak
Joey Evans is charming, handsome, funny, talented, and a first class, A-number-one heel. When Joey meets the former chorus girl ("She used to be 'Vera...with the Vanishing Veils'") and now rich widow Vera Simpson, the two lecherous souls seem made for each other. That is, until Linda English comes along. Linda is a "mouse on the line" and built like there's no tomorrow. But she's the typical good little girl from a good little home -- just the right ingredient to louse up Joey's cushy set up.

THAT OLD FEELING



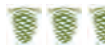
**Saturday, April 23
at 10:00 a.m. and 2:00 p.m.**

(1997) Cast: Bette Midler, Dennis Farina, Paula Marshall
When Molly's parents see each other for the first time in 14 years, Molly thought



a shouting match at the reception was the worst thing that could happen. But as the spark of her parents love is rekindled in a car in the parking lot, things get much worse for the newlywed...

SELF/LESS



**Sunday, April 24
at 1:30 and 4:00 p.m.**

(2015) Cast: Ryan Reynolds, Natalie Martniez, Matthew Goode
An extremely wealthy man, dying from cancer, undergoes a radical medical procedure that transfers his consciousness into the body of a healthy young man. But all is not as it seems when he starts to uncover the mystery of the body's origin and the organization that will kill to protect its cause.

SINGING IN THE RAIN



**Saturday, April 23 at 6:00 p.m. &
Sunday, April 24 at 6:30 p.m.**

(1952) Cast: Gene Kelly, Donald O'Connor, Debbie Reynolds
Don Lockwood and Lina Lamont are the darlings of the silent silver screen. Offscreen, Don, aided by his happy-go-lucky friend and piano accompanist, Cosmo Brown, has to dodge Lina's romantic overtures, especially when he falls for chorus girl Kathy Selden. With the advent of sound in motion pictures, it is decided to turn Don and Lina's new film into a "talkie" and a musical at that. The only problem is Lina's voice, which mere words cannot describe. Thus, Kathy is brought on to dub her speaking and singing voice in secret, and Don's on top of the world. But then Lina finds out...



THE PRINCE AND ME



**Saturday, April 30
at 10:00 a.m. and 2:00 p.m.**

(2004) Cast: Julia Stiles, Luke Mably, Miranda Richardson
At the University of Wisconsin in Madison, Paige, a pre-med student and a farm girl from Manitowoc, meets Eddie, a fellow student from Denmark, whom she first dislikes but later accepts, likes, and loves. Paige takes Eddie to her home for the Thanksgiving weekend. Paparazzi find and photograph the couple, and Paige learns that Eddie is truly Crown Prince Edvard. Failing health causes King Haraald to abdicate in favor of Edvard, so Eddie returns to Copenhagen, then Paige follows her heart to Copenhagen, where Edvard warmly welcomes her, takes her to the castle, and introduces her to the royal family. However, Paige recalls her previous dream of going to Doctors Without Borders, so she breaks off and returns to school. Tune in to see what happens next!



KIRBY PINES MOVIE RATING SYSTEM

= AVERAGE

= GOOD

= EXCELLENT

= OUTSTANDING

April 2016



ABBREVIATIONS KEY

- Thtr - Theater
- FDR - Formal Dining Room
- PAC - Performing Arts Center
- BR - Billiard Room
- Trans - Transportation
- HS - Hobby Shop
- SCR - Small Card Room
- A & C - Arts & Crafts Room
- LCR - Large Card Room
- WC - Wellness Clinic

<p>8:00 am ● Church of Christ Service (Chapel) 3</p> <p>10:00 am ● Worship Service (PAC)</p> <p>1:30 pm ● Weekend Movie (Thtr)</p> <p>4:00 pm ● Weekend Movie (Thtr)</p> <p>6:00 pm ● Game Night (LCR)</p> <p>6:30 pm ● Classic Movie (Thtr)</p>	<p>8:30 am ● Advanced Water Aerobics (Pool) 4</p> <p>9:00 am ● Smith Jewelers (SCR)</p> <p>9:30 am ● Group Exercise (PAC)</p> <p>10:00 am ● First Monday Poetry Group (Ante)</p> <p>10:00 am ● Focus on Color (A&C)</p> <p>10:00 am ● Hobby Pines Group (Hobby Shop)</p> <p>10:30 am ● Billiard Group (BR)</p> <p>1:30 pm ● Game Play (LCR)</p> <p>2:00 pm ● Tai Chi (LCR)</p> <p>6:30 pm ● Bingo (PAC)</p>	<p>8:30 am ● Men's Water Aerobics (Pool) 5</p> <p>9:00 am ● Dr. Mike Abutineh (WC)</p> <p>9:30 am ● Basic Water Aerobics (Pool)</p> <p>11:00 am ● Arthritis Stand/Sit Class (A&C)</p> <p>1:30 pm ● Beginners Line Dancing (PAC)</p> <p>1:30 pm ● IMAX: Galapagos (Thtr)</p> <p>2:00 pm ● Walk with Ease (LCR)</p> <p>2:30 pm ● Advanced Line Dancing (PAC)</p> <p>6:30 pm ● IMAX: Galapagos (Thtr)</p>	<p>8:30 am ● Advanced Water Aerobics (Pool) 6</p> <p>9:30 am ● Group Exercise (PAC)</p> <p>10:00 am ● Catholic Service (Chapel)</p> <p>10:00 am ● Kirby Pines Travelers Meeting (LCR)</p> <p>10:00 am ● Shuffleboard (PAC)</p> <p>10:30 am ● Yoga Stretch (PAC)</p> <p>1:00 pm ● Needle Arts Group (A&C)</p> <p>1:30 pm ● Game Play (LCR)</p> <p>1:30 pm ● Jesse Stone "Death in Paradise" (Thtr)</p> <p>2:00 pm ● Wii Bowling (PAC)</p> <p>6:30 pm ● Bridge (LCR)</p> <p>6:30 pm ● Jesse Stone "Death in Paradise" (Thtr)</p>	<p>8:30 am ● Men's Water Aerobics (Pool) 7</p> <p>9:30 am ● Basic Water Aerobics (Pool)</p> <p>10:00 am ● Kroger & Banks (Trans)</p> <p>10:00 am ● Bible Study w/Dave Phillips (Chapel)</p> <p>11:00 am ● Arthritis Stand/Sit Class (A&C)</p> <p>1:00 pm ● Dr. Mike Abutineh (WC)</p> <p>1:00 pm ● Walmart & Banks (Trans)</p> <p>1:30 pm ● Intermediate Line Dancing (PAC)</p> <p>2:00 pm ● <i>Bartlett Senior Center Choral (Lobby)</i></p> <p>2:00 pm ● Walk with Ease (LCR)</p> <p>2:30 pm ● Advanced Line Dancing (PAC)</p> <p>6:30 pm ● Vespers (PAC)</p>	<p>9:30 am ● Group Exercise (PAC) 8</p> <p>10:00 am ● Art with Class (A&C)</p> <p>10:00 am ● Walmart & Banks (Trans)</p> <p>10:00 am ● Downton Abbey S:6 Ep:6 (Thtr)</p> <p>11:00 am ● Oak Court Mall (Trans)</p> <p>1:00 pm ● Superlo & Bank (Trans)</p> <p>2:00 pm ● Downton Abbey S:6 Ep:6 (Thtr)</p> <p>6:00 pm ● <i>Music with The Beverly Brothers (Lobby)</i></p> <p>6:30 pm ● Bridge (LCR)</p>	<p>7:30 am ● Men's Christian Fellowship (Chapel) 9</p> <p>10:00 am ● Weekend Movie (Thtr)</p> <p>10:30 am ● Bible Study "Thru the Bible" (Chapel)</p> <p>1:30 pm ● Game Play (LCR)</p> <p>1:30 pm ● Beginners Line Dancing (PAC)</p> <p>2:00 pm ● Weekend Movie (Thtr)</p> <p>2:30 pm ● Line Dancing (PAC)</p> <p>4:00 pm ● Shuffleboard (PAC)</p> <p>6:00 pm ● Classic Movie (Thtr)</p>
<p>8:00 am ● Church of Christ Service (Chapel) 10</p> <p>10:00 am ● Worship Service (PAC)</p> <p>1:30 pm ● Weekend Movie (Thtr)</p> <p>3:00 pm ● <i>Music with Matthew (Lobby)</i></p> <p>4:00 pm ● Weekend Movie (Thtr)</p> <p>6:00 pm ● Game Night (LCR)</p> <p>6:30 pm ● Classic Movie (Thtr)</p>	<p>8:30 am ● Advanced Water Aerobics (Pool) 11</p> <p>9:30 am ● Group Exercise (PAC)</p> <p>9:30 am ● Alterations (A&C)</p> <p>10:00 am ● Hobby Pines Group (Hobby Shop)</p> <p>10:00 am ● Smart Moves (PAC)</p> <p>10:30 am ● Billiard Group (BR)</p> <p>12:00 pm ● Kiwanis Meeting (FDR)</p> <p>1:30 pm ● Game Play (SCR)</p> <p>2:00 pm ● Tai Chi (LCR)</p> <p>6:30 pm ● Bingo (PAC)</p>	<p>8:30 am ● Men's Water Aerobics (Pool) 12</p> <p>9:00 am ● Dr. Mike Abutineh (WC)</p> <p>9:30 am ● Basic Water Aerobics (Pool)</p> <p>10:00 am ● Call of the Midwife S:2 Ep: 1 (Thtr)</p> <p>11:00 am ● Arthritis Stand/Sit Class (A&C)</p> <p>1:30 pm ● Beginners Line Dancing (PAC)</p> <p>2:00 pm ● Call of the Midwife S:2 Ep: 1 (Thtr)</p> <p>2:00 pm ● Walk with Ease (LCR)</p> <p>2:30 pm ● Advanced Line Dancing (PAC)</p> <p>6:30 pm ● <i>Birthday Night with Earl Randal (PAC)</i></p>	<p>8:30 am ● Advanced Water Aerobics (Pool) 13</p> <p>9:30 am ● Group Exercise (PAC)</p> <p>10:00 am ● Catholic Services (Chapel)</p> <p>10:00 am ● Memphis Hearing Aid (A&C)</p> <p>10:00 am ● Shuffleboard (PAC)</p> <p>10:30 am ● <i>Lunch Bunch @ Paulette's (Trans)</i></p> <p>10:30 am ● Yoga Stretch (PAC)</p> <p>10:30 am ● Garden Gro'ers Club (Greenhouse)</p> <p>1:00 pm ● Needle Arts Group (A&C)</p> <p>1:30 pm ● Game Play (LCR)</p> <p>1:30 pm ● Jesse Stone "No Remorse" (Thtr)</p> <p>2:00 pm ● Wii Bowling (LCR)</p> <p>6:30 pm ● Jesse Stone "No Remorse" (Thtr)</p> <p>6:30 pm ● Bridge (LCR)</p>	<p>8:30 am ● Men's Water Aerobics (Pool) 14</p> <p>9:30 am ● Basic Water Aerobics (Pool)</p> <p>10:00 am ● Kroger & Banks (Trans)</p> <p>10:00 am ● Bible Study w/Dave Phillips (Chapel)</p> <p>11:00 am ● Arthritis Stand/Sit Class (A&C)</p> <p>1:00 pm ● Walmart & Banks (Trans)</p> <p>1:00 pm ● Dr. Mike Abutineh (WC)</p> <p>1:30 pm ● Intermediate Line Dancing (PAC)</p> <p>2:00 pm ● Walk with Ease (LCR)</p> <p>2:30 pm ● Advanced Line Dancing (PAC)</p> <p>6:30 pm ● Vespers (PAC)</p>	<p>9:30 am ● Group Exercise (PAC) 15</p> <p>10:00 am ● Art with Class (A&C)</p> <p>10:00 am ● Walmart & Banks (Trans)</p> <p>10:00 am ● Downton Abbey S:6 Ep:7 (Thtr)</p> <p>1:00 pm ● Superlo & Bank (Trans)</p> <p>2:00 pm ● Downton Abbey S:6 Ep:7 (Thtr)</p> <p>6:30 pm ● Bridge (LCR)</p> <p>6:30 pm ● <i>The Entertainers present "Celebrate with Country & Irish Songs" (PAC)</i></p>	<p>7:30 am ● Men's Christian Fellowship (Chapel) 16</p> <p>10:00 am ● Weekend Movie (Thtr)</p> <p>1:30 pm ● Game Play (LCR)</p> <p>1:30 pm ● Beginners Line Dancing (PAC)</p> <p>1:30 pm ● Suzuki Piano Student Recital (Lobby)</p> <p>2:00 pm ● Weekend Movie (Thtr)</p> <p>2:30 pm ● Line Dancing (PAC)</p> <p>4:00 pm ● Shuffleboard (PAC)</p> <p>6:00 pm ● Classic Movie (Thtr)</p>
<p>8:00 am ● Church of Christ Service (Chapel) 17</p> <p>10:00 am ● Worship Service (PAC)</p> <p>1:30 pm ● Weekend Movie (Thtr)</p> <p>2:00 pm ● <i>GCT presents "A Streetcar Named Desire" (Trans)</i></p> <p>3:00 pm ● <i>Music with Matthew (Lobby)</i></p> <p>4:00 pm ● Weekend Movie (Thtr)</p> <p>6:00 pm ● Game Night (LCR)</p> <p>6:30 pm ● Classic Movie (Thtr)</p>	<p>8:30 am ● Advanced Water Aerobics (Pool) 18</p> <p>9:00 am ● Smith Jewelers (SCR)</p> <p>9:30 am ● Group Exercise (PAC)</p> <p>10:00 am ● Hobby Pines Group (Hobby Shop)</p> <p>10:00 am ● Focus on Color (A&C)</p> <p>10:30 am ● Billiard Group (BR)</p> <p>10:45 am ● Episcopal Eucharist (Chapel)</p> <p>1:30 pm ● Game Play (LCR)</p> <p>2:30 pm ● Tai Chi (LCR)</p> <p>3:00 pm ● Colonial Park United Methodist (Chapel)</p> <p>6:30 pm ● Bingo (PAC)</p>	<p>8:30 am ● Men's Water Aerobics (Pool) 19</p> <p>9:00 am ● Dr. Mike Abutineh (WC)</p> <p>9:30 am ● Basic Water Aerobics (Pool)</p> <p>10:00 am ● Call of the Midwife S:2 Ep: 2 (Thtr)</p> <p>11:00 am ● Arthritis Stand/Sit Class (A&C)</p> <p>1:30 pm ● Beginners Line Dancing (PAC)</p> <p>2:00 pm ● Call of the Midwife S:2 Ep: 2 (Thtr)</p> <p>2:00 pm ● Walk with Ease (LCR)</p> <p>2:30 pm ● Advanced Line Dancing (PAC)</p> <p>6:30 pm ● <i>Spring Dance with The Jim Mahannah Band (PAC)</i></p>	<p>8:30 am ● Advanced Water Aerobics (Pool) 20</p> <p>9:30 am ● Group Exercise (PAC)</p> <p>10:00 am ● Catholic Service (Chapel)</p> <p>10:00 am ● Shuffleboard (PAC)</p> <p>10:30 am ● Yoga Stretch (PAC)</p> <p>1:00 pm ● Needle Arts Group (A&C)</p> <p>1:30 pm ● Game Play (LCR)</p> <p>2:00 pm ● Virtual Field Trip "Holland" (Thtr)</p> <p>2:00 pm ● Wii Bowling (LCR)</p> <p>6:30 pm ● Bridge (LCR)</p>	<p>8:30 am ● Men's Water Aerobics (Pool) 21</p> <p>9:30 am ● Basic Water Aerobics (Pool)</p> <p>10:00 am ● Kroger & Banks (Trans)</p> <p>10:00 am ● Bible Study w/Dave Phillips (Chapel)</p> <p>11:00 am ● Arthritis Stand/Sit Class (A&C)</p> <p>12:45 pm ● <i>Creative Aging Annual Senior Fun Day (Trans)</i></p> <p>1:00 pm ● Walmart & Banks (Trans)</p> <p>1:00 pm ● Dr. Mike Abutineh (WC)</p> <p>1:30 pm ● Intermediate Line Dancing (PAC)</p> <p>2:00 pm ● Walk with Ease (LCR)</p> <p>2:30 pm ● Advanced Line Dancing (PAC)</p> <p>6:30 pm ● Vespers (PAC)</p>	<p>9:30 am ● Group Exercise (PAC) 22</p> <p>10:00 am ● Art with Class (A&C)</p> <p>10:00 am ● Walmart & Banks (Trans)</p> <p>10:00 am ● Downton Abbey S:6 Ep:8 (Thtr)</p> <p>1:00 pm ● Superlo & Bank (Trans)</p> <p>2:00 pm ● Downton Abbey S:6 Ep:8 (Thtr)</p> <p>6:00 pm ● <i>Music with Julianne Thomas and Dom Fosco (Lobby)</i></p> <p>6:30 pm ● Bridge (LCR)</p>	<p>7:30 am ● Men's Christian Fellowship (Chapel) 23</p> <p>10:00 am ● Weekend Movie (Thtr)</p> <p>1:30 pm ● Game Play (LCR)</p> <p>1:30 pm ● Beginners Line Dancing (PAC)</p> <p>2:00 pm ● Weekend Movie (Thtr)</p> <p>2:30 pm ● Line Dancing (PAC)</p> <p>4:00 pm ● Shuffleboard (PAC)</p> <p>6:00 pm ● Classic Movie (Thtr)</p> <p>6:30 pm ● <i>Memphis Symphony Benefit (PAC)</i></p>
<p>8:00 am ● Church of Christ Service (Chapel) 24</p> <p>10:00 am ● Worship Service (PAC)</p> <p>1:30 pm ● Weekend Movie (Thtr)</p> <p>3:00 pm ● <i>Music with Matthew (Lobby)</i></p> <p>4:00 pm ● Weekend Movie (Thtr)</p> <p>6:00 pm ● Game Night (LCR)</p> <p>6:30 pm ● Classic Movie (Thtr)</p>	<p>8:30 am ● Advanced Water Aerobics (Pool) 25</p> <p>9:30 am ● Group Exercise (PAC)</p> <p>9:30 am ● Alterations (A&C)</p> <p>10:00 am ● Hobby Pines Group (Hobby Shop)</p> <p>10:30 am ● Billiard Group (BR)</p> <p>12:00 pm ● Kiwanis Meeting (FDR)</p> <p>1:30 pm ● Game Play (LCR)</p> <p>2:00 pm ● Tai Chi (LCR)</p> <p>6:45 pm ● Bingo (PAC)</p>	<p>8:30 am ● Men's Water Aerobics (Pool) 26</p> <p>9:00 am ● Dr. Mike Abutineh (WC)</p> <p>9:30 am ● The Book Baggers (Chapel)</p> <p>9:30 am ● Basic Water Aerobics (Pool)</p> <p>10:00 am ● <i>Travel Group "The Orpheum" (Trans)</i></p> <p>11:00 am ● Arthritis Stand/Sit Class (A&C)</p> <p>1:30 pm ● Beginners Line Dancing (PAC)</p> <p>2:00 pm ● Walk with Ease (LCR)</p> <p>2:00 pm ● Ladies Interdenominational Meeting "The Uplifters" (Chapel)</p> <p>2:30 pm ● Advanced Line Dancing (PAC)</p> <p>6:00 pm ● <i>Music with Deborah Swiney and Jon Felix (Lobby)</i></p>	<p>8:30 am ● Advanced Water Aerobics (Pool) 27</p> <p>9:30 am ● Group Exercise (PAC)</p> <p>10:00 am ● Catholic Service (Chapel)</p> <p>10:00 am ● Shuffleboard (PAC)</p> <p>10:00 am ● Call of the Midwife S:2 Ep: 3 (Thtr)</p> <p>10:30 am ● Yoga Stretch (PAC)</p> <p>1:00 pm ● Needle Arts Group (A&C)</p> <p>1:30 pm ● Game Play (LCR)</p> <p>2:00 pm ● Call of the Midwife S:2 Ep: 3 (Thtr)</p> <p>2:00 pm ● Wii Bowling (LCR)</p> <p>6:30 pm ● Bridge (LCR)</p>	<p>8:30 am ● Men's Water Aerobics (Pool) 28</p> <p>9:30 am ● Basic Water Aerobics (Pool)</p> <p>9:30 am ● <i>Kirby Spring Rummage Sale (PAC)</i></p> <p>10:00 am ● Kroger & Banks (Trans)</p> <p>10:00 am ● Bible Study w/Dave Phillips (Chapel)</p> <p>11:00 am ● Arthritis Stand/Sit Class (A&C)</p> <p>1:00 pm ● Walmart & Banks (Trans)</p> <p>1:00 pm ● Dr. Mike Abutineh (WC)</p> <p>1:30 pm ● Intermediate Line Dancing (PAC)</p> <p>2:00 pm ● Walk with Ease (LCR)</p> <p>2:30 pm ● Advanced Line Dancing (PAC)</p> <p>6:30 pm ● Vespers (PAC)</p>	<p>9:30 am ● Group Exercise (PAC) 29</p> <p>10:00 am ● Art with Class (A&C)</p> <p>10:00 am ● Walmart & Banks (Trans)</p> <p>10:00 am ● Downton Abbey S:6 Ep:9 (Thtr)</p> <p>1:00 pm ● Superlo & Bank (Trans)</p> <p>2:00 pm ● Downton Abbey S:6 Ep:9 (Thtr)</p> <p>6:00 pm ● <i>Music with Minor Street Strings (Lobby)</i></p> <p>6:30 pm ● Bridge (LCR)</p>	<p>7:30 am ● Men's Christian Fellowship (Chapel) 30</p> <p>10:00 am ● Weekend Movie (Thtr)</p> <p>1:30 pm ● Game Play (LCR)</p> <p>1:30 pm ● Beginners Line Dancing (PAC)</p> <p>2:00 pm ● Weekend Movie (Thtr)</p> <p>2:30 pm ● Line Dancing (PAC)</p> <p>4:00 pm ● Shuffleboard (PAC)</p> <p>6:00 pm ● Classic Movie (Thtr)</p>

April 2016 EVENTS

Friday April 1: Spring Market

It's about the fashion... It's about the fun... And, it's about time with your friends... Spring Market at Agricenter International April 1-3 is the premier shopping event of Spring. With more than 175 merchants showcasing their latest and hottest fashions, you're sure to find plenty you like. These small boutique owners might sell handmade items, or they might be the latest and greatest tops, dresses, shoes, jewelry—you name it—from markets that are only open to those in the industry. Spring Market is like an out-of-town shopping weekend with your best friends, only better. It's all at Spring Market. Sign up in Transportation. Bus leaves at 9:30 am.

Friday, April 1: Music in the Lobby with Hank & Nora

Come to the Lobby at 6:00 pm to hear this wonderful duo. Hank & Nora sing classic country, vintage standards and Memphis music accompanying themselves on guitars.

Sunday, April 3: Music with Matthew & Jennifer Brewer

April 3rd - Hymn Sing

April 10th - Southern Gospel Music

April 17th - Scripture in Song

April 24th- Hymn Sing

Matthew and Jennifer married in the Spring of 2014, and have been making music together ever since. Matthew is a school teacher and Minister of Music at Faith Anglican Church, and Jennifer is a jewelry designer with her own business, JPD in the Cordova area. Matthew and Jennifer, both preachers' kids have been around church music their whole lives. Come join them on Sunday afternoons from 3:00 to 5:00 pm for worship and music around the piano.

Monday April 4: Get Fit with Oasis Coordinator Mary Hand

Advanced Water Aerobics classes will be held on Mondays & Wednesdays at 8:30 am. Basic and Beginning Water Aerobics is on Tuesdays & Thursdays at 9:30 am. Men's Water Aerobics are held on Tuesdays & Thursdays at 8:30 am. Arthritis Sit/Stand classes are on Tuesdays & Thursdays at 11:00 am in the Arts & Crafts Room.

April 4: Focus on Color

Adult coloring books are giving Harper Lee a run for her money on best-seller lists. "People are stressed and anxious all the time," said Jeannine Dillon, Quarto's publisher. "Coloring is a way to calm down and unwind." Coloring books are incredibly simple: portable and easy to pick up and put down and a colored-in page takes up almost no space at all. So come to the Arts and Crafts Room every other Monday at 10:30 am. All you need to bring besides yourself is your coloring book and utensils to color with. Some of these supplies are offered for sale in the Blossom Shop.



Tuesday April 5: Medical Director Dr. Mike Abutineh MD

Will be in the Wellness Clinic Tuesdays 9:00 am -12:00 pm. Thursdays 1:00-4:30 pm. Appointments required.

Tuesday, April 5: Dillard's Carriage Crossing Sales Event

Come shop the Dillard's Carriage Crossing event featuring Nygard, along with Allison Daley, Ruby Road and Ecco Shoes. Clinique will also be represented. Purchases can be made at event. If you have questions or want to order in advance contact Nygard specialist Atlenia Owens, at 850-2229 ext 5100. Event will be held in Large Card Room from 10:00 am to 12:00 pm.

Tuesday, April 5: Galapagos: The Islands That Changed the World

Explore the fascinating world that inspired Darwin's theory of evolution with this visually stunning documentary from the BBC, narrated by Tilda Swinton. Created by volcanoes and located about 600 miles west of Ecuador, the isolated Galápagos Islands form an environment that supports a diversity of life not found anywhere else on earth. Theater Showtimes 1:30 pm and 6:30 pm.



Wednesday April 6: Kirby Pines Travelers Meeting

Calling all adventurous spirits! The Travelers are back in action and will be meeting to discuss upcoming outings and trips for 2016. This month the group will be touring the historic Orpheum Theater with lunch at The Majestic following. The group meets on the first Wednesday of every month at 10:00 am in the Large Card Room. They are always interested in new ideas of places to go and things to do.

Wednesday April 6: Jesse Stone "Death in Paradise"

When the body of a fourteen-year-old teenager is found in the margin of a lake in Paradise, Massachusetts, the Chief of Police Jesse Stone and his officer Simpson seek clues in the spot. Joining the pieces of evidences like a puzzle, Stone unravels the identity of the killer. Theater Showtimes 1:30 pm and 6:30 pm.



Wednesday, April 6: Yoga Stretch

Yoga is known to have a wide range of benefits- maybe you're sleeping better or getting fewer colds, your balance is improving. If you have not yet joined this class come and see what benefits it might have for you. This is not advanced so don't worry about getting on the floor and not being able to get up. You will be sitting in a chair or standing. Class is every Wednesday at 10:30 am in the PAC.

Wednesday April 6: Game Play Group

Like to play games? Bring your own to share or join in with someone already there! Meets in the Large Card Room every Monday, Wednesday and Saturday at 1:30 pm.

Wednesday April 6: Virtual Wii Bowling

Come join the fun every Wednesday afternoon at 2:00 pm in the Large Card Room. No skill required. It is set up on the TV; all you have to do is check out the remotes from the Front Desk and return them whenever your game is over.

Thursday April 7: Group Bible study with Dave Phillips

Join Germantown Church of Christ's Dave Phillips as he leads group bible study Every Thursday at 10:00 am in the Chapel. Dave is a great speaker and teacher.



Thursday April 7: Bartlett Senior Center Choral & Drama Group

A group of 10 seniors who love music and have been amateur performers for most of their lives. Their variety program consists of singing, dancing and comedy. They have an a piano player, saxophone player and a former dance instructor who does their choreography and several vocalists. Thursday, April 7 at 2:00 pm in the PAC.

Friday April 8: Downton Abbey Season 6 Episode 6

Downton Abbey opens its doors to the public for charity, Barrow's actions are misconstrued, Mary and Henry's romance blossoms, and tensions between Cora and Violet reach a dramatic climax. Movie Theater Showtimes 10:00 am & 2:00 pm.

Friday, April 8: Music in the Lobby with The Beverly Brothers

Join us in the Lobby for guitars and harmonies in songs made famous by the Everly Brothers, Hank Williams, the Beatles and more sung by one of our favorite duos The Beverly Brothers. Friday, April 8 at 6:00 pm in The Lobby.

Saturday, April 9: Through the Bible

Through the Bible is an intense study of the Bible led by Gail Kommer, meeting the second Saturday of every month at 10:30 am in the Chapel. Class discussion encouraged. Join this group of ladies who enjoy learning about God's Word.

Sunday, April 10: Independent Presbyterian Church Concert

Bring your family and invite friends to hear this worshipful masterpiece performed by the IPC Adult Choir and Soloists accompanied by members of the Memphis Symphony Orchestra. Parts two and three of Messiah focus on Christ's passion, resurrection, and victorious kingdom. Sign up in transportation bus leaves at 5:00 pm.

Monday, April 11: Smart Moves

This month's topic is "Fall Prevention" 10:00am in PAC.

Tuesday, April 12: Methodist Health Alliance Presentation

Learn how your heart works and the maintenance you need to keep it running to avoid a breakdown. Tuesday, Apr12 at 10:30am in LCR.

Tuesday, April 12: Call the Midwife Season 2 Episode 1

Jenny tries to help a battered wife, Doctor Turner finds himself overcome with requests for nitrous oxide from pregnant women throughout Poplar, while Trixie and Sister Evangelia help deliver a baby in very unsavory circumstances. Movie Theater Showtimes 10:00 am & 2:00 pm.

Tuesday April 12: Birthday Night Concert with Earl Randall

Born in Indianola, MS, Earl moved to Memphis to write songs at Willie Mitchell's Hi Records. During his 10 years at the studio, he wrote songs for Al Green, Bonnie Raitt, Bob Seger, Duggan Brothers, Etta James, and Koko Taylor. Don't miss the fabulous vocals and keyboard of Earl. Tuesday, April 12 at 6:30 in PAC.

Wednesday, April 13: Memphis Hearing Aid Service

On the second Wednesday of every month, at 10:00 am in the Arts & Crafts room, Dr. Rena CBooth will be offering: Free Hearing Evaluation, Free Hearing Aid Consultation, Free Hearing Aid Clean, Check, and Adjustment. Please call 682-1529 for more information or to schedule a visit.

Wednesday, April 13: Garden Gro'ers Club Meeting

This is the time to plan for spring plantings, order seeds and organize planters. Calling all Gardner's-set you plot (10 feet) or Trellis's (for tomatoes) now! We will set your place in the garden in March. Come on down to the Greenhouse every 2nd Wednesday at 10:30 am and dig in! Contact Dr. Charles Parrott with questions at 795-4394.



Wednesday, April 13: Lunch Bunch @ Paulette's

One of Memphis' best restaurants for 40 years. Paulette's is known for its filet, fine wine, and classic American Continental food, casually elegant atmosphere inside, with views of the river, and a creative, vibrant menu and amazing service. Bus leaves at 10:30 am.

Wednesday, April 13: Jesse Stone "No Remorse"

Police Chief Jesse Stone, who was suspended by the Paradise, Mass. Town Council, begins moonlighting for his friend, State Homicide Commander Healy, by investigating a series of murders in Boston, leaving Rose and Suitcase to handle a crime spree in Paradise on their own. When his investigation leads to notorious mob boss Gino Fish, Jesse's pursuit becomes hazardous. Theater Showtimes 1:30 pm & 6:30 pm.

Friday, April 15: Downton Abbey Season 6, Episode 7

The family face a shocking turn of events at Brooklands racetrack while Molesley and Daisy are put to the test. Movie Theater Showtimes 10:00 am & 2:00 pm.

Friday, April 15: The Entertainers "Celebrate with Country and Irish Songs"

Enjoy a program of your favorite country and Irish songs presented by the Kirby Pines Entertainers Chorus and soloists. Friday, April 15 at 6:30 pm in the PAC.

Saturday, April 16: Suzuki Piano Students Music Recital

Join us in the Lobby at 1:30 pm on Saturday April 16th to enjoy Spring piano recitals performed by the Suzuki Piano Students from The University of Memphis Scheidt School of Music.

Sunday, April 17: Germantown Community Theatre Presents "A Street Car Named Desire"

One of Tennessee William's most popular plays, tells the story of a fragile Southern belle, Blanche, who leaves her family plantation house to live with her sister Stella, and her animalistic husband, Stanley. Once there, she quickly gets a gritty life lesson in the steamy underbelly of 1940s French Quarter life. Call box office for tickets @ 937-3022. Sign up in transportation. Bus leaves at 2:00 pm.

Tuesday, April, 19: Call the Midwife Season 2, Episode 2

Chummy makes an important decision, Jenny reconnects with Jimmy, and Cynthia's conduct is called into question after the death of a baby she delivered. Movie Theater Showtimes 10:00 am & 2:00 pm.

Tuesday, April 19: Spring Fling Dance with The Jim Mahannah Band

Put on your spring frocks and dancing shoes and head down to the PAC for an evening of great music and dancing with our favorite The Jim Mahannah Band at 6:30 pm.

Wednesday April 20: Virtual Field Trip "Holland"

Join us as we travel to Holland this month for our Virtual tour. Movie Theater at 2:00 pm. This is live event so we want all to be seated by 2:00 pm.



Thursday, April 21: Creative Aging Senior Fun Day

Sponsored by Creative Aging. Let us take you out for a fun day at the Memphis Jewish Community Center. Besides games, enjoy live music, waterless manicures, refreshments and door prizes. Admission is just \$5.00 at the door. Bus ride is free! Sign up in transportation.

Friday, April 22: Downton Abbey Season 6, Episode 8

Romance blossoms but a betrayal of trust threatens the chance of lasting happiness. Thomas considers desperate measures. Theater Showtimes 10:00 am & 2:00 pm.

Friday, April 22: Music in the Lobby with Julianne Thomas & Dom Fosco

Vocalist, Julianne will be accompanied by Dom Fosco on the piano. Their repertoire includes traditional jazz, standards, blues and R&B. Julianne and Dom have been making music all of their lives because it's a passion. Join them in the Lobby at 6:00 pm.

Saturday, April 23: Memphis Symphony Benefit

Enjoy an evening of music performed by ensembles from the Memphis Symphony Orchestra. Followed by a Champagne reception with tantalizing treat from our own gourmet pastry chef Mark Simpson. Suggested minimum donation \$20.00 a person. All proceeds go to the Memphis Symphony Orchestra. Concert in the PAC at 6:30 pm reception to follow in Lobby.

Tuesday April 26: The Book Baggers

Whether you read or would like to hear about books being discussed, come and check us out. This is a great way to expand your horizons. This month's read will be "The Art of Racing in the Rain" by Garth Stein. The Book Baggers meet the last Tuesday of every month in the Chapel at 9:30 am. New members welcome!

Tuesday, April 26: Ladies Interdenominational Circle "The Uplifters"

The Uplifters Circle is a nondenominational group of women dedicated to missions, prayer and Bible study led by Elsie Huffard. All are welcome, come to the Chapel at 2:00 pm to join in fellowship with this wonderful group of ladies every fourth Tuesday of the month.

Tuesday, April 26: Travel Group to the Orpheum Theatre

The Orpheum has dazzled many people with artisan millwork, gilding, original fixtures and architectural beauty. The Travel group's tour will cover its history and see much of how it operates, including its education programs offered to the community. After the tour we will have Lunch at The Majestic. Tours are only offered to groups of twenty or more. So sign up in transportation today! Bus fare \$3.00 and admission is \$3.00. Bus will leave at 9:30am. For more info call Pat Watson at 491-2014.



Tuesday, April 26: Music in the Lobby with Deborah Swiney and Jon Felix

Vocalist Deborah Swiney is a native Memphian who has performed on the Oprah Winfrey Show, Today Show and Carnegie Hall. She is accompanied by Jon Felix,

an outstanding pianist who has played with several national stars, including Ray Price, Andy Williams, Mel Torme and Charlie Pride. Join them Tuesday, April 26 at 6:00 pm in the Lobby.

Tuesday, April 27: Call the Midwife Season 2, Episode 3

Hesitant nursing assistant Jane Sutton arrives at the convent as Jenny is seconded to hospital work, meeting Jimmy, who, to her surprise, is one of the patients. Arrogant surgeon Aubrey Tracy misdiagnoses Jimmy and an operation is required, where Jenny acquits herself well. She also sees that Tracy is himself ill and he resigns. Theatre showtimes 10:00 am & 2:00 pm



Wednesday, April 28: Kirby Pines Spring Rummage Sale

It's that time of year to clean out your closets and de-clutter your life, and make some extra cash at the same time! Out with the old and in with the new. Kirby Pines Spring Rummage Sale will be held Thursday, April 28 from 9:30 to 1:30pm in the PAC. Call to reserve your table today 866-4414.

Friday, April 29: Downton Abbey Season 6, Episode 8

Two-hour Christmas special and the series finale. Mary endeavors to build bridges with her sister while Edith's secret continues to pose a threat. As Henry settles into the role of husband and stepfather, finding his place at Downton proves more difficult. Movie Theater Show times 10:00am and 2:00pm

Friday, April 29: Music in the Lobby with Minor Street Strings

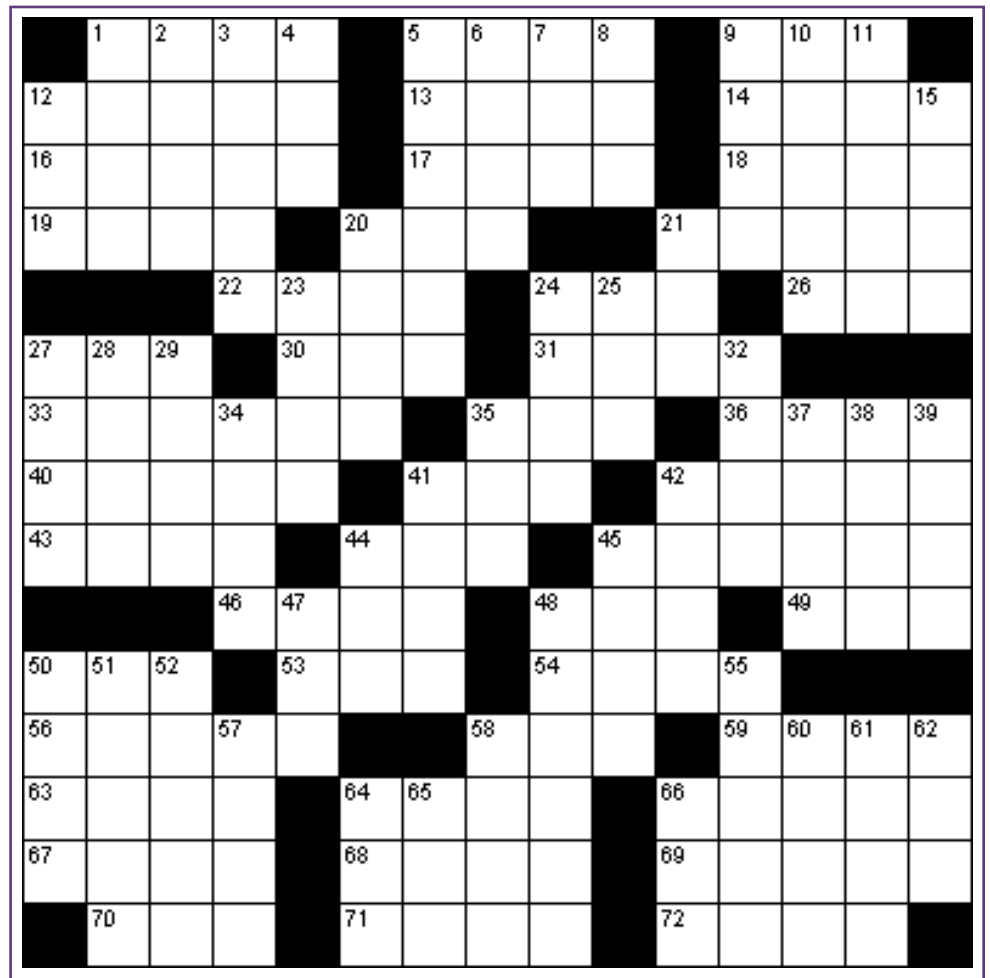
Join us in the Lobby for this talented group of bluegrass, country and contemporary musicians. They played outside at our Fall Festival last year and everyone raved about them. Friday, April 29th at 6:00pm in the Lobby.

Saturday, April 30: Music in the Lobby with The Junior Liberty Ringers

Come to the Lobby for a performance by Germantown Presbyterian Church Youth Handbell Choir "The Junior Liberty Ringers" at 1:30pm in the Lobby.

ACROSS

1. Distort
5. Symbol
9. Form of transport
12. Beer
13. Not any
14. Division of quantity
16. Satire
17. Vista
18. Conflagration
19. Surface boundary
20. Electrically charged particle
21. Frequently
22. Employment
24. Unhappy
26. Finish
27. Health resort near a spring
30. Compete
31. Overt
33. Young domestic cattle
35. Consume
36. Long narrative poem
40. Change
41. Armed conflict
42. Wetland
43. Inert gas
44. Stray
45. Team spirit
46. Ripped
48. Snakelike fish
49. Coniferous tree
50. Vegetable
53. Roman deity
54. Shopping center
56. Unsound
58. Guided
59. Chances
63. Settled a debt
64. Affirm
66. Expect
67. Land measure
68. Circular band
69. Transport back and forth
70. Beverage
71. Instance or example
72. Woody plant



12. Fib
15. Look after
20. Part of the eye
21. Poem
23. Finished
24. Rise upward
25. Appropriate
27. Examine closely
28. Pallid
29. Singing voice
32. Close
34. Part of a volcano
35. Part of a cereal plant
37. Supplicate
38. Small island
39. Manducate
41. Small bird (see photo for hint)
42. Gangster's girlfriend
44. Epoch

5. Call forth
6. Metal money
7. Single
8. Novel
9. Afficionado
10. Join together
11. Sea nymph
12. Fib
15. Look after
20. Part of the eye
21. Poem
23. Finished
24. Rise upward
25. Appropriate
27. Examine closely
28. Pallid
29. Singing voice
32. Close
34. Part of a volcano
35. Part of a cereal plant
37. Supplicate
38. Small island
39. Manducate
41. Small bird (see photo for hint)
42. Gangster's girlfriend
44. Epoch

45. Fermented honey and water
47. Choose, usually followed by for
48. Come out into view
50. Insect, between adult and larva
51. Ordain
52. Ablaze
55. Move something down
57. Notion
58. Part of a camera
60. Challenge
61. Desperate
62. Pig pen
64. Part of a circle
65. By way of
66. Toward the stern



Puzzle Solutions - page 21

DOWN

1. Part of a hospital
2. Excited
3. Regenerate
4. Be nosy



KIRBY PINES SnapShots



Ethel Smith celebrated her March Birthday with husband Ed, her niece Betty Scott and Jody and John Sosh



Edith West had a great birthday with friends, Mary & John McGaw, Alma Crone, Ann Davis and Mildred DeBois



Elsie Huffard and JoAnn Chapman celebrated both of their March Birthdays with Elsie Son Everett and friends Larry Mckenzie, Eloise Sattin, Fran Gentry and Ken Lewis



The Latin Group IRIS's Dali Quartet was enjoyed by all and the champagne reception was a big hit. Bettye Speake pictured here at the reception with the Quartet



Hazel Canon with her granddaughter Adriann and her sons Jack and Leo at "Smelly Socks" presented by members of the MSO



Carolyn Head surrounded by her family at the "Smelly Socks" Concert



James Gray celebrated his birthday with wife Betty and daughter Karen with her husband Chuck Watson



KIRBY PINES SnapShots



Janice Wall enjoyed the tech class brought to us by the students of Bridge Builders



Patty Rhodes had a wonderful birthday dinner with husband Gene, son Michael and friends Mary and Don South



The top winners in the Easter Bonnet Parade were Catherine Prewett, Bobbie Berrong and Marylyn Wray



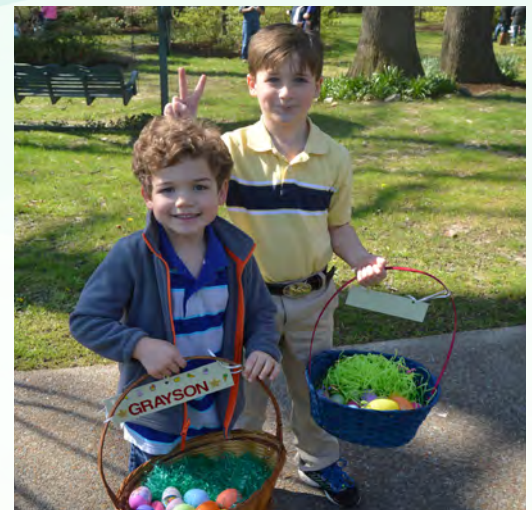
Mary Gullett and Dorothy Evans won for the best Easter Ensemble



Harry Simpsons great grand children Maddie and Mason were all about the bunny!



Joan Haynes Great Granddaughter Jessie Burns was all about the egg hunting!



Jim And GA Smiths grandsons Grayson and Mason had a blast



KIRBY PINES SnapShots



Betty Gatti gives her great granddaughter Camille a big kiss!



Joan Haynes enjoys the sunny weather with daughter Sandy Randle



Genevieve Imbalzano walks around Joan Haynes great granddaughter Abigail



Harry Simpson surrounded by his family Son Steve and his wife Dianna, Grandson Mark and his wife Kimberly with their children Maddie and Mason and Harry's granddaughter Stephanie



Fran Gentry and her grandson Dual, his wife Taylor and great granddaughter Alli Reese



Jewel Crowson with her great granddaughter Addison



Alice Davidson's great-granddaughter Isla Wright was trying to keep that duck from quacking!



Don and Lou Glown's twin great grandsons Cavin & Gray were 2 of the seasoned hunters at this year's Easter event

Memorials, Honorariums & Gifts

In Memory Of

ELIZABETH JACKSON

Donation by Myrtle Williams
to the General Fund

Donation by Mrs. Gene Morrison
to the General Fund

Donation by Carlie Ann Davis
to the Employee's Fund

JERRY LEE

Donation by Anna O. Brewer
to the Entertainer's Fund

ELMER MANTEY

Donation by Anna O. Brewer
to the Entertainer's Fund

ROY BARNES

Donation by Mrs. Gene Morrison
to the General Fund

Donation by Anna O. Brewer
to the Entertainer's Fund

BARBARA DUKE BROCKMAN

Donation by Carlie Ann Davis
to the Employee's Fund

In Honor Of

DOROTHY CLEVELAND

Donation by Sybil Woodbury
to the Library

ELSIE BURKHART

Donation by Sybil Woodbury
to the Library

In Honor Of

JEAN DANDO

Donation by Sybil Woodbury
to the Line Dancers

JANICE LACKIE

Donation by Sybil Woodbury
to the Library

CHARLES PARROTT

Donation by Naomi Glazier
to the Hobby Shop

Donation by Shelton Wagner
to the Hobby Shop

Donation by Mrs. Gene Morrison
to the Hobby Shop

CHARLES OLREE

Donation by Jean Dando
to the Hobby Shop

DAVID WALTERS

Donation by Elsie Burkhardt
to the Hobby Shop

Gifts To

THE HOBBY SHOP

Donation by Barbara Lipsey

Donation by Ruth M. Brejot

Donation by Joyce Miller

Donation by Anonymous

THE LIBRARY

Donation by Shirley Parrish



Personal Assistance from Kirby Pines

We're here when you need

Just a little HELP

Personal support and assistance tailored to meet each resident's needs

Grooming

Bathing

Dressing

Toileting

Feeding

Physical Ambulation

Companionship

Monitoring

Assurance

Hospital Sitter

Exercise/Walking

Shopping

Meal Preparation

Light Housekeeping

Laundry

Ironing

Bedding Change

Medication Reminders

Transportation

Organization

Escort to Community

Escort to Doctor's Offices

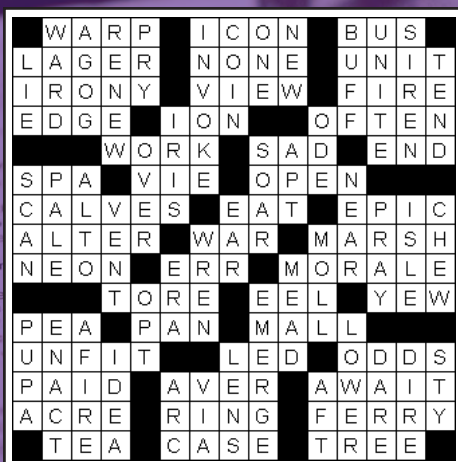
Contact our office at

901-369-7353

or

901-484-6730

for consultation or to sign up for services.



GIANT
CROSSWORD
ANSWERS
TO PUZZLE
CHALLENGE
ON PAGE 17

EXPERIENCE BETTER HEARING... FOR LESS!

Since 1984, Memphis Hearing Aid has been dedicated to keeping Mid-South residents hearing their best. We've changed the lives and earned the trust of over 12,000 patients by consistently providing quality professional services, top-of the line hearing products, and attentive, personalized care — for less.

WE OFFER

- Excellent staff of licensed and certified Doctors of Audiology
- Free hearing evaluations
- Free hearing aid consultations
- Risk-Free 30-day trial period
- Sales & Service of all major hearing aid brands
- Many styles to fit your lifestyle & budget



\$200⁰⁰ OFF

**A SET OF
DIGITAL
HEARING
AIDS**

\$100 OFF ONE AID



**WE ARE AT KIRBY PINES
THE SECOND WEDNESDAY
OF EVERY MONTH!**



7675 Wolf River Circle, Suite 101
Germantown, TN 38138
www.memphishearingaid.com

901.682.1529

Call today to schedule your complimentary consultation and begin enjoying the sounds of life!

Located on-site at Kirby Pines

Rehabilitation Services

Managed by



Physical Therapy

Occupational Therapy

Speech-Language Pathology

**Rehab Care provides the highest quality
service in Outpatient/Inpatient
Rehabilitation at Kirby Pines**

901.366.1819

KIRBY PINES FOUNDATION



A WIN - WIN COLLABORATION

The Kirby Pines Foundation's mission is to provide philanthropic support for residents who, through no fault of their own, have problems meeting their financial obligation to the Retirement Community.

DONATIONS

Anyone can make a donation directly through Kirby Pines or at our website: www.kirbypines.com

FOR MORE INFORMATION

Contact Thomas O'Malley at 901-568-0643 or email: tomalley@kirbypines.com

RESOURCES



**GUARDIAN
MOVING SYSTEMS**

Full Service Moving & Storage

- Household and Office •
- Expert Packing and Crating •
- Packing Materials •
- Local, National and Nationwide •
- Senior Citizen Discounts •
- Free Estimates •

**4226 CLARKE ROAD
MEMPHIS, TN 38141**

901.386.5400

Agent for Mayflower Transit

You've Earned It! Prime of Life Banking

Prime of Life Banking is a value-packed checking account that pays interest with extra benefits including TravelRewards, free checks, debit card, online and mobile banking, common carrier AD&D coverage, notary service, entertainment savings and more.

Call 901-758-8811
for more information.

www.trustmark.com



Member
FDIC

**Trustmark
Bank**
People you trust. Advice that works.

Christie's
Coiffures

Ask About Our
**MONTHLY
SPECIALS!**

- Manicures
- Pedicures
- Facials
- Massages
- Women's Haircuts
- Shampoo & Sets
- Perms & Coloring
- Separate Barber Shop

Call for Appointment
369-7311




Daily Delivery of Practical and Innovative Solutions

At Omnicare, daily delivery encompasses more than medication. Our Long Term Care Group applies customer-based insights to bring together comprehensive solutions that meet your needs. Put our portfolio of services to work for you and get more out of your day, every day.

**NCS Healthcare of Tennessee is now
Omnicare of Memphis**

Peggy O'Neal peggy.oneal@omnicare.com 901-800-7370

 **Omnicare**
Long Term Care Group

888-545-OMNI
results@omnicare.com
omnicare.com

Refining the Art of Caregiving™

Omnicare
Pharmacy Services

AccuMed
Technology Solutions

©2011 Omnicare

THANK YOU TO THE MEMPHIS SYMPHONY ORCHESTRA
FOR BEING PART OF THE KIRBY PINES FAMILY!



Kirby  Pines

LifeCare Community

LifeStyle and LifeCare

Memphis Symphony Production Manager, Douglas Mayes,
Oboist, Joey Salvalaggio and Bassist, Chris Butler, join Resident, Jane Holmgrain
See story about Jane and her Memphis Symphony affiliation on Page 7

