

the PINECONE

The Magazine of Kirby Pines Retirement Community • August 2015 | V. 33 | I. 8



**KIRBY PINES
VISITS THE
HOME OF
THE KING**

Why Exercise Works | Remembering Elvis Presley | Resident Spotlight: Sylvia Statham | Social Scenes

Laughter Is Contagious

at Kirby Pines

It can be difficult to feel good when the weather is so hot outside. As a result many of us decide to stay inside, in an air-conditioned environment. However, simply staying inside rather than enjoying activities you like, such as taking a walk to enjoy nature, can make everyday life a disappointment. One way to keep a positive and optimistic outlook through disappointments is to laugh.

Laughter can make you feel good, and that good feeling remains with you even after the laughter subsides. Laughter, even a smile, can go a long way towards making you feel better. Science tells us that laughter is contagious - just hearing laughter primes your brain and causes you to smile as you join in the fun.

Did you know that scientists say that laughter is considered a birthright, a natural part of life that is innate and inborn? Infants begin smiling during the first weeks of life and laugh out loud within months of being born. Their smiles and laughter are a clear affirmation that laughter is contagious.

Here are a few things that you can

do to incorporate laughter into your daily life: Smile – smiling is the beginning of laughter and like laughter it is contagious; Count your blessings – make a list, the simple act of considering the good things in your life will distance you from negative thoughts that are a barrier to humor; Move toward it – when you hear laughter, move toward it and become part of the fun; Spend time with fun and playful people – everyone with whom we associate has a great impact on how we feel and behave each day.

So mark Joke Day, August 16th, on your calendar and get set to have a day of fun. Set aside your worries for the day and share your laughter with others. Remember, laughter is always the best medicine.



Michael Escamilla,
Executive Director,
Kirby Pines

ON THE PINECONE COVER

Kirby Pines Takes A Trip To Graceland!

Memphis is known for many things: BBQ, the blues, FedEx, Sun Studio, Stax, Beale Street and more. But in the month of August, each year our city opens its doors to the world in honor of one man, the King of Rock n' Roll, Elvis Presley.

Elvis embodied so many of the traits we see in all of our residents at Kirby Pines: spirituality, charisma, talent, kindness and loyalty, to name a few. Graceland naturally seemed like the perfect place on which to focus our August issue.

The front cover features, Joyce Read, in the living room at Graceland, and the back cover are residents Alma Crone, Joyce Read, Lou Moore, George Courington, Peggy Hogan and Anita Deckelman out in front of Graceland. (See page 8 for story).



Elvis outside the home he bought on March 19, 1957 for \$102,500 for his parents Vernon and Gladys.

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welcome to

Kirby Pines



Carol
Britt

A life-long Memphian, Carol comes to us from her previous residence in Bartlett, TN. Married for 55 years to Bobby Britt, she recalls with fondness the 3 years they lived in Miami. A special “Florida moment” was Hurricane Andrew - surviving the wrath of that storm and its destruction of the Miami area. Carol was a homemaker, seeing to their three daughters and, now, four grandchildren. She and Bobby were active members of the Buntyn Presbyterian Church, donating countless hours in church-related activities. After Bobby retired, they traveled to California, Alaska, and Italy. Bobby passed away in 2011.

Carol’s interests include Bible Study, gardening, and being with her grandchildren. She is also a devoted fan of the Memphis Tigers football and basketball teams. Her music preference is Christian music.

Carol has been blessed with a satisfying life. Her memories are good – sustaining her in this phase of aging without one’s spouse. Resilience is key to successfully making one’s way into a retirement community and, essentially, starting over again. Carol, you made the right choice in moving to Kirby Pines – you will quickly feel at home.



Ben
Cole

Married for 60 years, Ben and his wife, Joy Watkins Cole, have 2 sons and 6 grandchildren. Joy passed away in 2012. Ben comes to us from his previous residence in Collierville, TN. Ben started his military service in the U.S. Navy. He remembers his time in the Navy as being an “unequaled experience” serving aboard the aircraft carrier U.S.S. Randolph (CV-15). Ben then spent 35 years as a Military Pilot in the U.S. Air Force and Air National Guard.

His special interests include meeting with other USAF/ANG retirees, travel, and visiting his children and grandchildren. Good memories of travel include England, Ireland, Scotland, France, Belgium, Germany, Hungary, Italy and Czechoslovakia.

He notes that the most interesting thing he’s experienced is life itself and the wonderful people one meets along life’s road.

Ben will find that living at Kirby offers its own reward for residents. New friendships are forged, common interests with other ex-military residents is a natural “pull”. He will find his way among us; and also will contribute to the community ambience. Ben, you’ve made a good choice to join us!



John & Mary
McGaw

Married for 47 years, John and Mary McGaw come to us from their previous home in Germantown, TN. They have 2 sons and 5 grandchildren.

In 1959, John was awarded a Degree in electrical engineering from the U. of Missouri. His 40-year career included Project Engineer at General Electric, Senior Engineer at Aerojet General, and Engineer Manager at the U.S. Postal Service. In 1956, Mary was awarded a BA Degree in Finance from Larimore Business College. While her primary responsibility was that of a homemaker, she also worked for several years at the John A. Brown Company, as Secretary for the Sales Manager and Secretary for the Advertising Manager. Travel for the McGaws includes most of Europe, Scotland, Wales, England, and Indonesia; plus many states in the U.S.

Gospel, Celtic, and Golden Oldies are their music preferences. Reading, painting, exercising and flower arranging are favored interests.

John and Mary enjoy meeting new people – and their decision to live at Kirby Pines will allow them to do just that. The McGaws will find their niche without difficulty. Let’s welcome John and Mary to their new home. Life is good.



Shirley
Parrish

Born in Boone, Iowa, Shirley Parrish comes to the Kirby Pines Retirement Community from her previous residence in Memphis. She had 2 daughters, (one who is deceased) and 1 grandchild. She and her husband moved frequently as a military family, settling in Memphis in 1970. Shirley was employed for 22 years at Schering Plough, Inc., retiring as a Senior Research Technician.

Prior to retirement, Shirley was (in her words) a professional volunteer, working with major Memphis establishments such as the Orpheum Theater; Cook Convention Center; Cannon Center; Wonder Series; Theater Memphis; Play House on the Square; Circuit Playhouse; and the Symphony. She counts listening to many styles of music as one of her favorite pastimes; in addition, reading and computer usage are pastime favorites.

Moving to the Kirby Pines Retirement Community was a good choice for Shirley, and we are certain that she will be asked to lend her volunteer expertise and experience to the myriad events sponsored by Cheryl Grimes and her staff. Shirley, we wish you well in your new life with us.

Why *Exercise* Works

Much research goes into the “science of exercise” and scientists have realized it doesn’t require long sessions of sweat-breaking exercise to make improvements in your health, endurance, and strength.

Each session of exercise stimulates some form of change in every body system including countermeasures for the negative effects of arthritis and protection from symptoms of other chronic diseases. The CDC recommends 150 minutes a week of moderate level exercise like brisk walking to benefit your health and help prevent disease. Dr. Zhen Yan, professor of medicine reports that his research shows exercise can prevent and even reverse the damage of Type 2 diabetes and heart disease as well as arthritis. Exercise improves circulation and removes cellular waste which is linked to tissue damage associated with many chronic diseases. Essentially “Exercise takes out the trash.” Exercise reduces levels of proteins in the blood that cause inflammation that results in painful swollen joints, improving function and reducing pain.

Exercise actually does produce more energy by increasing “organelles” that create energy at the individual cell level especially in the skeletal muscles, improving circulation and empowering brain and muscle cells. So on those days when you feel so-o-o tired, gentle to moderate exercise can boost your energy level.

Exercise improves balance in several ways: improving communication between joints and brain by increasing the awareness of where the joint is in space. Tai Chi’s slow controlled movements promotes “motor learning” improving smooth and precise motions thus improving balance.

Aerobic exercise (water aerobics) strengthens the heart muscle and keeps the circulation flowing through healthier veins and arteries. Better circulation means better oxygen flow to cells in the brain, organs, and muscles. Also stimulating muscle cells to build stronger fibers helps the heart to pump more powerfully and more efficiently. Keeping arteries and veins more elastic will prevent arterial stiffening that result from unhealthy eating or aging which lowers the risk of heart attack or stroke. Weight-bearing exercise (walking) keeps joints healthy: strengthened muscles relieve pressure on supporting tendons and ligaments. In other words, the muscle acts as a natural brace. Strengthening core muscles helps support the back, reducing back pain. Stronger muscles absorb the normal jarring of weight-bearing exercise by nourishing and thickening the cartilage inside the joints.

Rhythmic exercises (line dancing, NuStep and walking) soothe the nerves while producing natural hormones called endorphins that give a happy feeling which helps relieve depression, anxiety, and chronic pain.

Prove it for yourself. Join one of the many exercise classes and/or use the equipment in the Oasis available here at Kirby Pines. ---Mary Hand, Oasis Coordinator

Reference: Emily Delzell, “the Science of exercises”, Arthritis Today July-August 2015

Strive for progress,
not perfection....



WALK WITH EASE!

Walk with Ease Class is coming back, so register now for the class. We will limit the class size to 15. Just ask Martha Pruett, Don Brown or Byron Sowers what this class can do for you. Improved balance, strength, and endurance are just a few benefits. If you have been out of the exercise habit and desire to get back, and you can walk 10 minutes, or if you are looking for an enjoyable way to exercise, this class may be for you. Register with Jessie in the Activities office or Mary in the Oasis. Our first class begins Monday September 14 at 10:30 in the PAC, and runs for 9 weeks.

EXERCISE SCHEDULE FOR THE OASIS

Advanced Water Aerobics
Monday & Wednesday
8:30 am-9:30 am

Exercise in the PAC
Monday, Wednesday & Friday
9:30 am

Tai Chi
Monday
2:00 pm

Men’s Only Water Aerobics
Tuesday & Thursday
8:30 am - 9:15 am

Arthritis Foundation
Water Aerobics
Tuesday & Thursday
9:30 am - 10:15 am

Arthritis Foundation
Sit/Stand Class
Tuesday & Thursday
11:00 am - 11:45 am





Parkinson's disease is a progressive disorder of the nervous system that affects your movement. It develops gradually, sometimes starting with a barely noticeable tremor in just one hand. But while a tremor may be the most well-known sign of Parkinson's disease, the disorder also commonly causes stiffness or slowing of movement. Parkinson's involves the malfunction and death of vital nerve cells in the brain, called neurons. Parkinson's primarily affects neurons in the an area of the brain called the substantia nigra. Some of these dying neurons produce dopamine, a chemical that sends messages to the part of the brain that controls movement and coordination. As Parkinson's disease progresses, the amount of dopamine produced in the brain decreases, leaving a person unable to control movement normally.

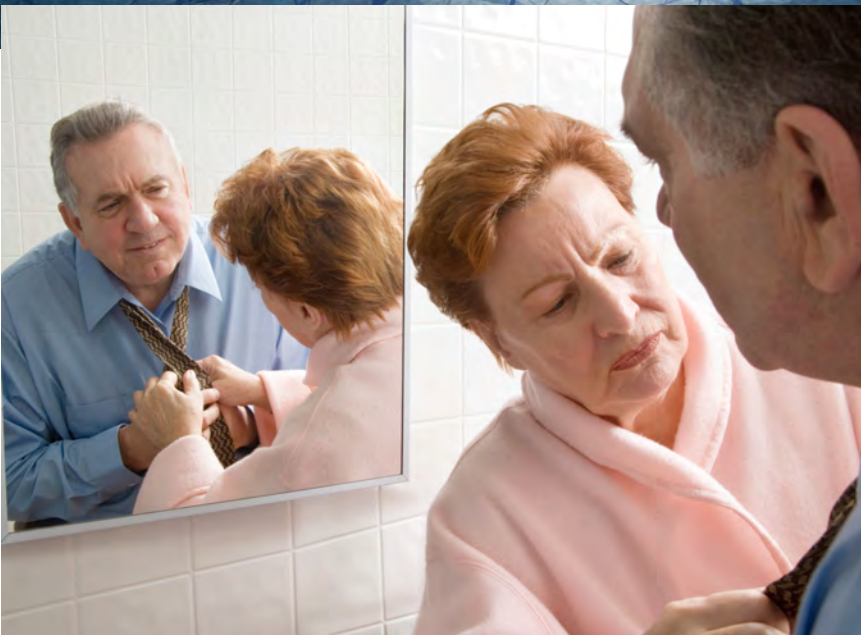
In the early stages of Parkinson's disease, your face may show little or no expression or your arms may not swing when you walk. Your speech may become soft or slurred. Parkinson's disease symptoms worsen as your condition progresses over time.

Although Parkinson's disease can't be cured, medications may markedly improve your symptoms. In occasional cases, your doctor may suggest surgery to regulate certain regions of your brain and improve your symptoms.

Prevalence: Parkinson's may occur in 1 to 2 per 1,000 people and affects about 1% of the population older than age 50 years in every country of the world and 3% of those over age 75.

Incidence: It affects more than 1 million people in the US, with more than 50,000 new cases occurring each year.

Come join us on August 17th at 10:00 am in the PAC to learn more about Parkinson's Disease and ways to help combat the effects of this disease.



CONGRATULATIONS, RACHEL!



We wanted to recognize Rachel Graves PT, MS, GCS, CCI, one of our outstanding Physical Therapists, for being selected as The University of Tennessee Health Science Center's Physical Therapy Instructor of the Year Runner-Up. Great award for Rachel and for RehabCare and Kirby Pines.

DON'T MISS THE NEXT
KIRBY PINES EVENING OF
**EXQUISITE
CUISINE**

THURSDAY, AUGUST 27, 2015



MENU

Fried Green Tomato on Arugula
with Roasted Corn Relish

Boston Bibb Salad topped with
Seared Scallop served with
Citrus Vinaigrette

Grilled Bone-In Pork Chop
with Braised Brandy Apples
served over Cider Demi-Glace
Steamed Buttered Broccolini and
Tri-Colored Yukon Potatoes

Baked Chocolate Soufflé
with Vanilla Bean Sauce

*For Reservations
please call 901.866.4444*



Executive Chef, Tim McNeil





on the cheek and said “Hey there, girls.” The first time this happened, Sylvia’s first reaction was to slap this uninvited and unexpected intruder, but she didn’t. If she had, she might have been the only girl in the world who slapped Elvis after he kissed her.

We know Sylvia Statham as a former private pilot and plane owner, scuba diver, Mo-Ped rider, bungee jumper, and Registered Nurse. Her volunteer work includes knitting hats for the Downtown Mission for the Homeless, lap robes for the Alzheimer Center, and shawls for Methodist Hospice patients. She was an active member of the Parkway Village Baptist Church, blending her voice with others as a ministry in music.

Ask her about Elvis – immediately, she segues back to those special days and, with a sparkle in her eyes, recites “chapter and verse” of the impact he had on her young life. Her collection of 45 RPM records of early Presley music has been “gifted” to a young family member - a treasure indeed. As we age, some memories lose their luster and fade. Not for Sylvia – not about Elvis.

-Jacqueline Besteman, Resident

Sylvia Statham

REMEMBERING ELVIS

“Love me tender, love me true....” The crooning voice of Elvis Presley that sent young people of the 60’s into 7th heaven. How many girls and women bought all of his records, sat rapt before the TV set when he was featured, stood in countless lines to see him in person – phenomenal.

Sylvia Statham, mother, grandmother, and resident of the Kirby Pines Retirement Community, was one of Elvis’ most ardent fans. She recalls a time in 1956 when her Nursing School roommate moved to the new affluent subdivision of Whitehaven called the “Graceland Neighborhood.” Their backyard opened to the back gate of Graceland (later purchased by Elvis). Sylvia and her roommate spent many happy weekends in the home and Elvis often rode his motorcycle over to visit with them every time. “Fun” doesn’t quite capture the thrills of these two young girls when Elvis dropped by. Frequently, they would hear a car horn in front of their Nursing School dormitory, followed by his deep voice loudly calling, “Sally—Sylvia--.” He would not stop until one of the girls or the housemother went outside to acknowledge him. One evening Sylvia and Sally were at a movie at the Gayoso Theater when, suddenly, an arm went around each of their shoulders pulling them together and Elvis’ face was thrust between their heads. He gave them a brief kiss



Sylvia and long-time friend, Sally

Sylvia in her Nursing School years.



UPCOMING MARKETING EVENTS

Here's Your Opportunity
To Get To Know Kirby Pines!

If you, a friend or a family member
are interested in learning more
about Kirby Pines, join us!

AUGUST 6TH

*"Life Care Seminar
and Campus Tour"*

complimentary lunch

11:30 am - 1:30 pm

AUGUST 11TH

*Birthday Night with
Alex Ortega and DARE*

dinner from 4:00 pm - 6:00 pm

entertainment begins 6:30 pm

AUGUST 13TH

*The 7 Things Every Senior Must
Know About Estate Planning
and Long-Term Care*

informational seminar

10:30 am - 11:30 am

complimentary lunch to follow

AUGUST 18TH

*Dance with The Jim Mahannah Band
Ballroom Dance performance by*

John and Kathy Linn

begins at 6:30 pm

AUGUST 26TH

Kirby Pines

Carousel of Shoppes

a day of shopping and fun

10:00 am - 2:00 pm

For more information on these
events, please call 901-369-7340

Remembering Elvis Presley

Elvis has touched people in one way or another worldwide, so when we asked our residents to share their memories, we were overwhelmed at the response.

Shirley Anderson met him when living at Lauderdale Courts and Warren Grant was his youth minister. Ann Bleven and Jane Holmgren have stories from when he lived on Audubon Drive. Both Jane Tomlinson and Joan Dodson nearly crashed into him with their car. Pat Caverder saw him at a stoplight on his motorcycle. Sydney Wagner remembered hearing him on WHBQ, Becky Leatherwood remembers his gospel music and Ella Fraticelli learned to jitterbug to "Don't Be Cruel". Meryl Stewart collected his family's insurance premiums. Billie Arnold drove her grandmother by his house. Jim & Betty Goldschmid drove by as well, and saw him on his front steps. Gail Kommer has a comb he used and Marilyn Wray has a signed yearbook from Humes High School belonging to her brother. Alma Crone saw him in Vegas and has a scarf, Betty Phillips has one, too, and even has a bottle with water she saved from a cup he drank from! Anna Stewart met his mother Gladys, while he slept in the back, when she was a Welcome Wagon hostess. Naomi Glazier met him at the Memphis Theater when she was invited to join. Anita Deckelman went to Humes and Elvis sat in with her husband's band from time to time. Peggy Hogan's mother managed a restaurant where Elvis played pinball. Helen Billingsley told him about her volunteer program and he made regular donations. JoAnn Chapman got to treat him at the medical clinic where she worked. Mildred Potts remembered, as so many do, the day he left us. She was working at the Kentucky State Fair and the crowds went silent in the large arena. It was August 16, 1977, the day we lost Elvis Aaron Presley, and though he is gone forever, his memory lives on.



Joyce Read, George Courington and
Peggy Hogan in the trophy room



Alma Crone and Anita Deckelman
surrounded by jumpsuits



Lou Moore in the hall of gold

Congratulations

employee of the month

Beverly Robinson

Beverly is very good at interacting with the residents and anticipating resident's needs, she has the unique ability to get along with all of her coworkers and make them better servers. Beverly is an outstanding example of a Kirby Pines team member.

-Victor Hamilton, Dining Room Manager



CHAPLAIN'S CORNER

from Don Johnson, Kirby Pines Chaplain

NEVER LOSE HOPE



During World War II, a German prisoner of war was being held in a Russian Prison camp. His food was the bare minimum for survival substance. His housing was wretched, his clothing tattered and worn. He was mistreated, isolated, and miserable for four years. He was able to make it from one day to the next only by clinging to the hope that one day he would be released and would go home to become a great artist. Finally, the war ended, and he was released to go home.

The former prisoner arrived in Vienna, Austria, filled with anticipation of seeing his family and beginning the fulfillment of the dream that had kept him alive through his living nightmare. In spite of his malnutrition and ill health, there was a spring in his step and a gleam in his eye as he disembarked from the train that had transported him from Russia. He was greeted by his wife whom he had not seen since before the war. On the way home from the train station, he confided to her his dream of being a great artist. His wife gave him a look of withering disparagement as she chided, "Now that you are free, you must give up those foolish dreams." The German POW did not respond but continued the journey home in quietness. When he arrived home, the spring was no longer in his step, and the gleam was gone from his eye. Within two weeks he died.

What the German POW's wife did not understand was that, "Hope deferred makes the heart sick." Proverbs 13:12 In the case of the POW, hope denied was fatal, because hope keeps the human spirit alive in even the most miserable of circumstances.

This remarkable story by Anne Graham Lotz from her book, *God's Story*, pp, 261-262, paints a stunning picture that we should never give up hope, nor take it from anyone else.

Hope is like a star shining through the dark night. It is like waiting for the dawn of the new day that will be different from all the rest. Our hope may be in the ultimate change in our circumstances. It may be in the longed for change in ourselves. Hope is what inspires u through the hardest of times. Hope says there must be something better around the next bend, the fulfillment of that long-held dream. Emily Dickinson said, "Hope is the thing with feathers—That perches in the soul— And sings the tunes without the words— And never stops—at all." Martin Luther King declared, "We must accept finite disappointment, but we must never lose infinite hope."

If our hope is lost, then for us, like the German POW, the spring goes out of our step, the gleam no longer sparkles in our eye and the smile fades from our face. And much too soon everything may be ended.

May we draw strength from the wisdom of David: "Be of good courage, and He shall strengthen your heart, all you who have hope in the Lord." Psalm 31:24 "And now, Lord, what do I wait for? My hope is in You." Psalm 39:7

Till next time,
Don Johnson,
Chaplain,
Kirby Pines



August Vesper Services • 6:30pm • Performing Arts Center

August 6th Reverend Doctor Jay Earheart Brown <i>Memphis Theological Seminary</i>	August 13th David South <i>Woodland Hills Church of Christ</i>	August 20th Reverend Michael Penel <i>St. Lukes United Methodist Church</i>	August 27th Reverend Lamar Chamblee <i>Redeemer Evangelical Church</i>
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M E E T

M E

A T



AMERICAN SNIPER



Saturday, August 1
at 10:00 a.m. and 2:00 p.m.
(2014) Cast: Bradley Cooper,
Sienna Miller, Kyle Gallner

Navy SEAL sniper Chris Kyle's pinpoint accuracy saves countless lives on the battlefield and turns him into a legend. Back home to his wife and kids after four tours of duty, however, Chris finds that it is the war he can't leave behind.



WOMAN IN GOLD



Sunday, August 2
at 1:30 p.m. and 4:00 p.m.
(2015) Cast: Helen Mirren,
Ryan Reynolds, Daniel Brühl

Maria Altman sought to regain a world famous painting of her aunt plundered by the Nazis during World War II. She did so not just to regain what was rightfully hers, but also to obtain some measure of justice for the death, destruction, and massive art theft perpetrated by the Nazis.

I'LL SEE YOU IN MY DREAMS



Saturday, August 1 at 6:00 p.m.
& Sunday, August 2 at 6:30 p.m.
(1951) Cast: Doris Day,
Danny Thomas, Frank Lovejoy

Songwriter, Gus Kahn, rises to stardom with the help of his future wife, only to lose his fortune in the stock market crash during the Great Depression. The film chronicles his success and decline, with his wife Grace sticking by him the whole time.



SABRINA

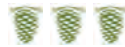


Saturday, August 8
at 10:00 a.m. and 2:00 p.m.
(1995) Cast: Harrison Ford,
Julia Ormond, Greg Kinnear

An ugly duckling having undergone a remarkable change, still harbors feelings for her crush: a carefree playboy, but not before his business-focused brother has something to say about it.



THE ROOKIE



Sunday, August 9
at 1:30 p.m. and 4:00 p.m.
(2002) Cast: Dennis Quaid,
J.D. Evermore, Rachel Griffiths

When a shoulder injury ended his minor league pitching career twelve years ago, Jim Morris resorted to the next best thing: coaching. But Jim's team, knowing their coach is a great ball player, makes a deal with him: if they win the district championship, they want Jim to try out for a major-league organization. Going from worst to first, the team makes it to state, and Jim is forced to live up to his end of the deal. While there prove to be a lot of pitches to be thrown before he makes it off the mound, big-league dreams are revived, and there's no telling where he could go.

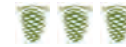
THE MAN WHO KNEW TOO MUCH



Saturday, August 8 at 6:00 p.m.
& Sunday, August 9 at 6:30 p.m.
(1956) Cast: James Stewart,
Doris Day, Brenda de Banzie
Dr. Ben McKenna, his wife Jo and



AS GOOD AS IT GETS



Saturday, August 15
at 10:00 a.m. and 2:00 p.m.
(1997) Cast: Jack Nicholson,
Helen Hunt, Greg Kinnear

The trials and tribulations of a compulsive writer, Melvin Udall. After his homosexual neighbor is brutally beaten, he is entrusted to the care of the neighbor's dog, with a difficult relationship with a waitress to add on top of that. What develops is a weekend trip/triangle between these three individuals, and together they learn the true meaning of "the sunny side of life".

SWEET DREAMS



Sunday, August 16
at 1:30 p.m. and 4:00 p.m.
(1985) Cast: Jessica Lange,
Ed Harris, Ann Wedgeworth

Jessica Lange stunningly portrays Patsy Cline, the velvet-voiced country music singer who died in a tragic plane crash at the height of her fame. This biopic examines her life and career, with a particular focus on her troubled relationship with her second husband, Charlie Dick.

T H E

M O V I E S



THE STOOGES



**Saturday, August 15 at 6:00 p.m. &
Sunday, August 16 at 6:30 p.m.**
(1952) *Cast: Dean Martin,
Jerry Lewis, Polly Bergen*

Bill Miller is an unsuccessful Broadway performer until his handlers convince him to enhance his act with a stooge - Ted Rogers, a guy positioned in the audience to be the butt of Bill's jokes. But Ted begins to steal the show. Bill's girlfriend and his pals tell him to make Ted an equal partner. Complications occur, while Bill sings and Ted gets the laughs.

CROCODILE DUNDEE



**Saturday, August 22
at 10:00 a.m. and 2:00 p.m.**
(1986) *Cast: Paul Hogan,
Linda Kozlowski, John Meillon*

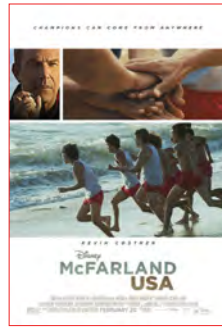
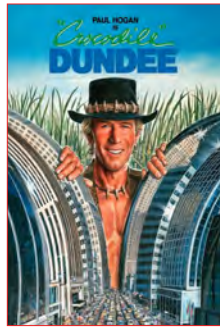
Crocodile Dundee is an Australian crocodile hunter who lives in the Australian outback and runs a safari business. After surviving a crocodile attack, a New York journalist named Sue arrives to interview Mick about how he survived and learns more about the crocodile hunter. After saving Sue from a crocodile, Mick is invited by Sue to visit New York City, since Mick has never been to a city. Mick finds the culture and life in New York City a lot different than his home and he finds himself falling in love with Sue.

McFARLAND USA

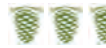


**Sunday, August 23
at 1:30 and 4:00 p.m.**
(2015) *Cast: Kevin Costner,
Maria Bello, Ramiro Rodriguez*

A struggling coach and teacher who



GIDGET



**Saturday, August 22 at 6:00 p.m. &
Sunday, August 23 at 6:30 p.m.**
(1959) *Cast: Sandra Dee,
James Darren, Cliff Robertson*

Teenager Francie Lawrence is known to her surfing friends as "Gidget" or a "girl midget" (she is kinda short). Unable to compete with the curvaceous bikinied lasses at the local beach, Gidget is assured by her understanding parents that boys will eventually pay attention to her. Turns out that Mom's right on the money, as surfers Moondoggie and Kahoona vie for Gidge's attention during the summer of her 16th birthday.

TAKEN 3



**Saturday, August 29
at 10:00 a.m. and 2:00 p.m.**
(2014) *Cast: Liam Neeson,
Forest Whitaker, Maggie Grace*

Thinking he is finally at peace with his past and his new-found relationship with family, Bryan Mills finds himself chased now by his own government, trying to solve a murder he has been framed of, and protecting the only one he has left, his daughter.

CHOCOLAT



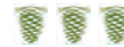
**Sunday, August 30
at 1:30 and 4:00 p.m.**
(2000) *Cast: Juliette Binoche,*



Judi Dench, Alfred Molina

When a single mother and her six-year-old daughter move to rural France and open a chocolate shop - with Sunday hours - across the street from the local church, they are met with some skepticism. But as soon as they coax the townspeople into enjoying their delicious products, they are warmly welcomed.

SUSPICION



**Saturday, August 29 at 6:00 p.m. &
Sunday, August 30 at 6:30 p.m.**
(1941) *Cast: Cary Grant,
Joan Fontaine, Cedric Hardwicke*

Johnny Aysgarth is a handsome playboy who lives by borrowing money from his friends. He meets and marries shy Lina Mclaidlaw, but after their honeymoon, the girl finds out Johnny's true character and becomes suspicious of his behavior. Lina starts believing her husband is a murderer and she fears that she could be his next victim.

KIRBY PINES MOVIE RATING SYSTEM

= AVERAGE

= GOOD

= EXCELLENT

= OUTSTANDING



August 2015

ABBREVIATIONS KEY

- Thtr - Theater
- FDR - Formal Dining Room
- PAC - Performing Arts Center
- BR - Billiard Room
- Trans - Transportation
- HS - Hobby Shop
- SCR - Small Card Room
- A & C - Arts & Crafts Room
- LCR - Large Card Room
- WC - Wellness Clinic

- 7:30 am ● Men's Christian Fellowship (Chapel) **1**
- 10:00 am ● Weekend Movie (Thtr)
- 1:30 pm ● Game Play (LCR)
- 1:30 pm ● Beginners Line Dancing (PAC)
- 2:00 pm ● Weekend Movie (Thtr)
- 2:30 pm ● Line Dancing (PAC)
- 4:00 pm ● Shuffleboard (PAC)
- 6:00 pm ● Classic Movie (Thtr)

8:00 am ● Church of Christ Service (Chapel) **2**
 10:00 am ● Worship Service (PAC)
 1:30 pm ● Weekend Movie (Thtr)
 4:00 pm ● Weekend Movie (Thtr)
 6:00 pm ● Game Night (LCR)
 6:30 pm ● Classic Movie (Thtr)

8:30 am ● Advanced Water Aerobics (Pool) **3**
 9:00 am ● Smith Jewelers (SCR)
 9:30 am ● Group Exercise (PAC)
 10:00 am ● First Monday Poetry Group (Ante)
 10:00 am ● Hobby Pines Group (Hobby Shop)
 10:00 am ● Rhythm Band Practice (PAC)
 10:30 am ● Billiard Group (BR)
 2:00 pm ● Tai Chi (LCR)
 6:30 pm ● Bingo (PAC)

8:30 am ● Men's Water Aerobics (Pool) **4**
 9:00 am ● UTMG (WC)
 9:30 am ● Basic Water Aerobics (Pool)
 10:30 am ● Blanche Scott Prayer Group (Chapel)
 11:00 am ● Arthritis Stand/Sit Class (A&C)
 1:30 pm ● Beginners Line Dancing (PAC)
 2:30 pm ● Advanced Line Dancing (PAC)
 6:30 pm ● *The Rhythm Band Presents "Oldies But Goodies" (PAC)*

8:30 am ● Advanced Water Aerobics (Pool) **5**
 9:30 am ● Group Exercise (PAC)
 10:00 am ● Peach World Farmer's Market (Grill)
 10:00 am ● Diabetes Class (LCR)
 10:00 am ● Catholic Service (Chapel)
 10:00 am ● Kirby Pines Traveler's Meeting (Thtr)
 10:00 am ● Shuffleboard (PAC)
 1:00 pm ● Needle Arts Group (A&C)
 1:30 pm ● Game Play (LCR)
 1:30 pm ● Ham-ateur Club Practice (PAC)
 1:30 pm ● IMAX: Grand Canyon (Thtr)
 2:00 pm ● Wii Bowling (LCR)
 6:30 pm ● Bridge (LCR)
 6:30 pm ● IMAX: Grand Canyon (Thtr)

8:30 am ● Men's Water Aerobics (Pool) **6**
 9:30 am ● Basic Water Aerobics (Pool)
 10:00 am ● Kroger & Banks (Trans)
 10:00 am ● Documentary: The Short Game (Thtr)
 11:00 am ● Arthritis Stand/Sit Class (A&C)
 1:00 pm ● Walmart & Banks (Trans)
 1:30 pm ● Intermediate Line Dancing (PAC)
 2:00 pm ● Documentary: The Short Game (Thtr)
 2:30 pm ● Advanced Line Dancing (PAC)
 6:30 pm ● Vespers (PAC)

9:30 am ● Group Exercise (PAC) **7**
 10:00 am ● Art with Class (A&C)
 10:00 am ● Walmart & Banks (Trans)
 1:00 pm ● Superlo & Bank (Trans)
 6:00 pm ● *Music with Kevin Carson (Lobby)*
 6:30 pm ● Bridge (LCR)

7:30 am ● Men's Christian Fellowship (Chapel) **8**
 10:00 am ● Weekend Movie (Thtr)
 10:30 am ● Bible Study "Thru the Bible" (Chapel)
 1:30 pm ● Game Play (LCR)
 1:30 pm ● Beginners Line Dancing (PAC)
 2:00 pm ● Weekend Movie (Thtr)
 2:30 pm ● Line Dancing (PAC)
 4:00 pm ● Shuffleboard (PAC)
 6:00 pm ● Classic Movie (Thtr)

8:00 am ● Church of Christ Service (Chapel) **9**
 10:00 am ● Worship Service (PAC)
 1:30 pm ● Weekend Movie (Thtr)
 4:00 pm ● Weekend Movie (Thtr)
 6:00 pm ● Game Play (LCR)
 6:30 pm ● Classic Movie (Thtr)

8:30 am ● Advanced Water Aerobics (Pool) **10**
 9:30 am ● Group Exercise (PAC)
 9:30 am ● Alterations (A&C)
 10:00 am ● Hobby Pines Group (Hobby Shop)
 10:30 am ● Billiard Group (BR)
 12:00 am ● Kiwanis Meeting (FDR)
 2:00 pm ● Tai Chi (LCR)
 6:30 pm ● Bingo (PAC)

8:30 am ● Men's Water Aerobics (Pool) **11**
 9:00 am ● UTMG (WC)
 9:30 am ● Basic Water Aerobics (Pool)
 11:00 am ● Arthritis Stand/Sit Class (A&C)
 1:30 pm ● Beginners Line Dancing (PAC)
 2:30 pm ● Advanced Line Dancing (PAC)
 6:30 pm ● *Birth Day Night Concert with Pianist Alex Ortega and Vocalist DARE (PAC)*

8:30 am ● Advanced Water Aerobics (Pool) **12**
 9:30 am ● Group Exercise (PAC)
 10:00 am ● *Travel Group Outing (Trans)*
 10:00 am ● Peach World Farmer's Market (Grill)
 10:00 am ● Diabetes Class (LCR)
 10:00 am ● Catholic Service (Chapel)
 10:00 am ● Memphis Hearing Aid (A&C)
 10:00 am ● Shuffleboard (PAC)
 10:30 am ● Garden Gro-ers Club (Greenhouse)
 1:00 pm ● Needle Arts Group (A&C)
 1:30 pm ● Game Play (LCR)
 1:30 pm ● Ham-ateur Club Practice (PAC)
 2:00 pm ● Wii Bowling (LCR)
 6:30 pm ● Bridge (LCR)

8:30 am ● Men's Water Aerobics (Pool) **13**
 9:30 am ● Basic Water Aerobics (Pool)
 10:00 am ● Kroger & Banks (Trans)
 10:00 am ● Marly & Me (Thtr)
 11:00 am ● Arthritis Stand/Sit Class (A&C)
 1:00 pm ● Walmart & Banks (Trans)
 1:30 pm ● Intermediate Line Dancing (PAC)
 2:00 pm ● Marly & Me (Thtr)
 2:30 pm ● Advanced Line Dancing (PAC)
 6:30 pm ● Vespers (PAC)

9:30 am ● Group Exercise (PAC) **14**
 10:00 am ● Art with Class (A&C)
 10:00 am ● Walmart & Banks (Trans)
 10:00 am ● *Watermelon Seed Spitting Contest (Outside C/D/ Door)*
 11:00 am ● Oak Court Mall
 1:00 pm ● Superlo & Bank (Trans)
 6:00 pm ● *Music in the Lobby with Patte Fowler & Chester Irby (Lobby)*
 6:30 pm ● Bridge (LCR)

7:30 am ● Men's Christian Fellowship (Chapel) **15**
 10:00 am ● Weekend Movie (Thtr)
 1:30 pm ● Game Play (LCR)
 1:30 pm ● Beginners Line Dancing (PAC)
 2:00 pm ● Weekend Movie (Thtr)
 2:30 pm ● Line Dancing (PAC)
 4:00 pm ● Shuffleboard (PAC)
 6:00 pm ● Classic Movie (Thtr)

8:00 am ● Church of Christ Service (Chapel) **16**
 10:00 am ● Worship Service (PAC)
 1:30 pm ● Weekend Movie (Thtr)
 1:30 pm ● *Shalom Israeli Folkdancers (PAC)*
 4:00 pm ● Weekend Movie (Thtr)
 6:00 pm ● Game Play (LCR)
 6:30 pm ● Classic Movie (Thtr)

8:30 am ● Advanced Water Aerobics (Pool) **17**
 9:00 am ● Smith Jewelers (SCR)
 9:30 am ● Group Exercise (PAC)
 10:00 am ● Hobby Pines Group (Hobby Shop)
 10:00 am ● Bereavement Support Group (Ante)
 10:00 am ● Smart Moves "Parkinson's" (PAC)
 10:00 am ● Perspectives Eyewear & Svc (Lobby)
 10:30 am ● Billiard Group (BR)
 10:45 am ● Episcopal Eucharist (Chapel)
 2:00 pm ● Tai Chi (LCR)
 3:00 pm ● Colonial Park United Methodist (Chapel)
 6:30 pm ● Bingo (PAC)

8:30 am ● Men's Water Aerobics (Pool) **18**
 9:00 am ● UTMG (WC)
 9:30 am ● Basic Water Aerobics (Pool)
 10:30 am ● Blanche Scott Prayer Group (Chapel)
 11:00 am ● Arthritis Stand/Sit Class (A&C)
 1:30 pm ● Beginners Line Dancing (PAC)
 2:30 pm ● Advanced Line Dancing (PAC)
 6:30 pm ● *Dance with The Jim Mahannah Band Ballroom Dancing performance with John & Kathy Linn (PAC)*

8:30 am ● Advanced Water Aerobics (Pool) **19**
 9:30 am ● Group Exercise (PAC)
 10:00 am ● Peach World Farmer's Market (Grill)
 10:00 am ● Diabetes Class (LCR)
 10:00 am ● Catholic Service (Chapel)
 10:00 am ● Shuffleboard (PAC)
 11:00 am ● *Lunch Bunch Longhorn Steakhouse (Trans)*
 1:00 pm ● Needle Arts Group (A&C)
 1:30 pm ● Game Play (LCR)
 1:30 pm ● IMAX: Dolphins (Thtr)
 2:00 pm ● Wii Bowling (LCR)
 6:30 pm ● Bridge (LCR)
 6:30 pm ● IMAX: Dolphins (Thtr)

8:30 am ● Men's Water Aerobics (Pool) **20**
 9:30 am ● Basic Water Aerobics (Pool)
 10:00 am ● Kroger & Banks (Trans)
 10:00 am ● Bible Study w/Dave Phillips (Chapel)
 10:00 am ● Hotel For Dogs (Thtr)
 10:30 am ● Healthy Learning "Eye Health" (LCR)
 11:00 am ● Arthritis Stand/Sit Class (A&C)
 1:00 pm ● Walmart & Banks (Trans)
 1:30 pm ● Intermediate Line Dancing (PAC)
 2:00 pm ● Hotel For Dogs (Thtr)
 2:30 pm ● Advanced Line Dancing (PAC)
 6:30 pm ● Vespers (PAC)

9:30 am ● Group Exercise (PAC) **21**
 10:00 am ● Art with Class (A&C)
 10:00 am ● Walmart & Banks (Trans)
 1:00 pm ● Superlo & Bank (Trans)
 6:00 pm ● *Music in the Lobby with Swain Schaefer (Lobby)*
 6:30 pm ● Bridge (LCR)

7:30 am ● Men's Christian Fellowship (Chapel) **22**
 10:00 am ● Weekend Movie (Thtr)
 10:30 am ● Bible Study "Thru the Bible" (Chapel)
 1:30 pm ● Game Play (LCR)
 1:30 pm ● Beginners Line Dancing (PAC)
 2:00 pm ● Weekend Movie (Thtr)
 2:30 pm ● Line Dancing (PAC)
 4:00 pm ● Shuffleboard (PAC)
 6:00 pm ● Classic Movie (Thtr)

8:00 am ● Church of Christ Service (Chapel) **23**
 10:00 am ● Worship Service (PAC) **30**
 1:30 pm ● Weekend Movie (Thtr)
 4:00 pm ● Weekend Movie (Thtr)
 6:00 pm ● Game Play (LCR)
 6:30 pm ● Classic Movie (Thtr)

8:30 am ● Advanced Water Aerobics (Pool) **24**
 9:30 am ● Group Exercise (PAC) **31**
 9:30 am ● Alterations (A&C - 24th)
 10:00 am ● Hobby Pines Group (Hobby Shop)
 10:30 am ● Amedisys Lecture "Memory" (LCR - 31st)
 10:30 am ● Billiard Group (BR)
 12:00 am ● Kiwanis Meeting (FDR - 24th)
 2:00 pm ● Tai Chi (LCR)
 6:30 pm ● Bingo (PAC)

8:30 am ● Men's Water Aerobics (Pool) **25**
 9:00 am ● UTMG (WC)
 9:30 am ● The Book Baggers (Chapel)
 9:30 am ● Basic Water Aerobics (Pool)
 11:00 am ● Arthritis Stand/Sit Class (A&C)
 1:30 pm ● Beginners Line Dancing (PAC)
 2:00 pm ● Ladies Interdenominational Meeting "The Uplifters" (Chapel)
 2:30 pm ● Advanced Line Dancing (PAC)

8:30 am ● Advanced Water Aerobics (Pool) **26**
 9:30 am ● Group Exercise (PAC)
 10:00 am ● Kirby Carousel of Shoppes (PAC)
 10:00 am ● Peach World Farmer's Market (Grill)
 10:00 am ● Catholic Service (Chapel)
 10:00 am ● Shuffleboard (PAC)
 1:00 pm ● Needle Arts Group (A&C)
 1:30 pm ● Game Play (LCR)
 2:00 pm ● Wii Bowling (LCR)
 6:30 pm ● Bridge (LCR)

8:30 am ● Men's Water Aerobics (Pool) **27**
 9:30 am ● Basic Water Aerobics (Pool)
 10:00 am ● Kroger & Banks (Trans)
 10:00 am ● Bible Study w/Dave Phillips (Chapel)
 11:00 am ● Arthritis Stand/Sit Class (A&C)
 1:00 pm ● Walmart & Banks (Trans)
 1:30 pm ● Intermediate Line Dancing (PAC)
 2:30 pm ● Advanced Line Dancing (PAC)
 6:30 pm ● Vespers (PAC)

9:30 am ● Group Exercise (PAC) **28**
 10:00 am ● Art with Class (A&C)
 10:00 am ● Walmart & Banks (Trans)
 1:00 pm ● Superlo & Bank (Trans)
 6:30 pm ● Bridge (LCR)
 7:00 pm ● *Ham-ateur Club presents Awesome August Attractions (PAC)*

7:30 am ● Men's Christian Fellowship (Chapel) **29**
 10:00 am ● Weekend Movie (Thtr)
 1:30 pm ● Game Play (LCR)
 1:30 pm ● Beginners Line Dancing (PAC)
 2:00 pm ● Weekend Movie (Thtr)
 2:30 pm ● Line Dancing (PAC)
 4:00 pm ● Shuffleboard (PAC)
 6:00 pm ● Classic Movie (Thtr)

August 2015 EVENTS

Aug 3 | Get Fit with Oasis
Coordinator Mary Hand

Advanced Water Aerobics classes will be held on Mondays & Wednesdays at 8:30 am. Basic and Beginning Water Aerobics is on Tuesdays & Thursdays at 9:30 am. Men's Water Aerobics are held on Tuesdays & Thursdays at 8:30 am. Arthritis Sit/Stand classes are on Tuesdays & Thursdays at 11:00 am in the Arts & Crafts Room.

Aug 3 | First Monday
Poetry Group

Come to listen; come to read; come to recite from memory. Share a favorite verse or two as others share their verse with you. Everyone is welcome. Check out "The Poet's Corner" on the post office bulletin board where a residential poet will be featured each month. The group meets in the Ante Room every first Monday at 10:00 am.

Aug 3 | Tai Chi

If you're looking for a way to reduce stress, consider tai chi (TIE-CHEE). Originally developed for self-defense, tai chi has evolved into a graceful form of exercise. Under the instruction of Sheila Raye, tai chi meets in the Large Card Room every Monday at 2:00 pm.

Aug 3 | BINGO! Night

Join us for a fun filled evening of BINGO! Entry costs only \$1 per card, with an opportunity to win up to two prizes. Every Monday night at 6:30 pm in the PAC.



Aug 4 | UTMG in the
Wellness Center

The University of Tennessee Medical Group are in the Wellness Clinic Tuesdays 9:00 am -12:00 pm by appointment only.

Aug 4 | The Blanche Scott
Prayer Group

Join this encouraging and inspirational group as they pray for themselves and those in need. This is a non-denominational group. They meet in the Chapel every 1st and 3rd Tuesday of the month.

Aug 4 | The Rhythm Band presents
Oldies But Goodies

The Rhythm Band will be back on stage to bring you some toe tapping and hand clapping tunes that are Oldies but Goodies!!! Tuesday, August 4 at 6:30pm in The PAC.

Aug 5 | Kirby Pines
Travelers Meeting

Calling all adventurous spirits! The Travelers are back in action and will be meeting to discuss upcoming trips for 2015. All had a great day out to The Memphis Rock 'n' Soul Museum. This month's upcoming trip will be on August 12 to The Memphis Railroad & Trolley Car Museum. You can sign up at the meeting at 10:00 am in the Movie Theater.

Aug 5 | Peach World
Farmer's Market

Kirby Pines farmers' market brought to us by Peach World has fresh vegetables, fruits and everybody's favorite, home-grown tomatoes. They will be in the hallway by the grill every Wednesday from 10:00am to 2:00pm.

Aug 5 | IMAX:
Grand Canyon

The awe-inspiring beauty and riveting history of the Grand Canyon are the focus of this sprawling IMAX documentary, which features gorgeous footage, some taken from high above by cameras mounted on an ultralight aircraft. Also included are recreations of historical events (for example, the 1869 Powell Expedition). The film provides a fascinating study of one of North America's most breathtaking natural wonders. Theater showtimes : 1:30 & 6:30pm.



Aug 5 | Game Play
Group

Like to play games? Bring your own to share or join in with someone already there! Meets in the Large Card Room every Wednesday and Saturday at 1:30pm.

Aug 5 | Wii Virtual
Bowling

Come join the fun every Wednesday afternoon at 2:00 pm in the Large Card Room. No skill required. It is set up on the TV; all you have to do is check out the remotes from the Front Desk and return them whenever your game is over.

Aug 6 | Documentary:
The Short Game

Eight grade-school golfers must navigate parents, coaches, and their own pint-sized rivals as they compete in a junior-level championship at the prestigious Pinehurst golf course in North Carolina. Movie Theater Show Times 10:00 & 2:00pm.



Aug 7 | Music in the Lobby with
Kevin Carson

Kevin is a talented guitarist and vocalist who specializes in songs from the 50s with a little from the 60s and 70s. He's been a band leader for the past 20 years, touring throughout the US, Canada, Europe, and Asia with such notables as Hootie & The Blowfish, Edwin McCain, Willie Nelson, and Johnny Lee. Join the gang at 6:00pm in The Lobby.

Aug 8 | Through
the Bible

Starting with Genesis and working through the books in the Bible, this group meets the second and fourth Saturday of every month at 10:30 am in the Chapel. For more information contact Gail Kommer at 363-3622.

Aug 11 Birthday Night Concert with Alex Ortega & DARE

One of our favorites “International Pianist Alex Ortega” will be here to tickle the ivories on birthday night accompanied by vocalist DARE. This will be DARE’s first performance at Kirby Pines so here is some background info: DARE sang her way into the hearts of the sales staff at Nathan’s in Jackson, Tennessee, at the ripe old age of 4. Although classically trained in piano her passion for “sing-along” music has brought her countless hours of enjoyment. DARE is a graduate of University of Memphis with a Bachelors in Music Education and a Masters in Public Administration. Cruise ships in the Caribbean and the Mediterranean have benefited from her love of singing and entertaining. She started doing musical theater in high school and sang, danced and acted in the Grid Iron Show for the Variety Club. Retired from a successful career in real estate, DARE now has the time to do a lot of volunteer work and will “sing for her supper”! Join us at 6:30pm in the PAC.

Aug 12 Memphis Hearing Aid Service

Wednesday, August 12 at 10:00 am, in the Arts & Crafts room, Dr. Rena Booth will be offering:

- ~Free Hearing Evaluation
- ~Free Hearing Aid Consultation
- ~Free Hearing Aid Cleanings,
- ~Check up and Adjustment

Please call 682-1529 for more information or to schedule a visit.

Aug 12 Garden Gro’ers Club Meeting

The Garden Gro’ers are still hard at work. The tomatoes are early and everything is going well. Sweet peppers are bearing and hot peppers are ready to pick. The watermelons are still on schedule for August. Remember, share a tomato- make a friend. Come on down to the Greenhouse every 2nd Wednesday at 10:30am.



Aug 12 Travelers Outing - Memphis Railroad & Trolley Car Museum

Join the gang as we hop on the bus and go downtown to travel back in history at “Memphis Railroad and Trolley Car Museum” The museum is dedicated to document the local history of Railroad and the Memphis Trolleys. After we will head across the street to the famous Arcade Restaurant billed as “Memphis Oldest Restaurant”. The charge is \$10.00 for bus and museum. Pay Andy Boles on the day morning of trip. Sign up in transportation, bus leaves at 10am. For questions call Andy Boles @ 346-0890.



Aug 13 Movie: Marley & Me

Jennifer Aniston and Owen Wilson star in this big-screen tearjerker based on a best-selling memoir as a newly married couple who, in the process of starting a family, learn many of life’s important lessons from their trouble-loving retriever, Marley. Packed with plenty of laughs to lighten the load, the film explores the highs and lows of marriage, maturity and confronting one’s own mortality, as seen through the lens of family life with a dog. Movie Theater Show times 10 & 2:00pm.

Aug 14 Watermelon Seed Spittin’ Contest

Come one, come all to the Annual Watermelon Seed Spittin’ Contest on Friday, August 14 at 10:30am outside C/D Wing. Everyone is practicing and ready to find out who the best Seed-spitter really is! Whether a contestant or not, come enjoy the fun and an ice cold slice of watermelon.

Aug 14 Music in the Lobby with Patte Fowler & Chester Irby

Come to the Lobby at 6:00pm to enjoy the vocals and guitar of Patte Fowler and Chester Irby as they entertain you with classic country, vintage standards and Memphis Music.

Aug 16 The Shalom Israeli Folkdancers

Join us in the PAC on Sunday, August 16 at 1:30 pm for The Shalom Israeli Folkdancers. This Group was started about 15 years ago by a group of five dedicated Israeli Folkdancers including one of Kirby Pines newest residents, Jody Sosh. The original 5 members started dancing once a week at Beth Sholom Synagogue. As the numbers grew the group moved to the Jewish Community Center where they still dance every Monday from 7 to 9. The group is a mix of many religions and races but all share one thing in common-their love of Israel, the Israeli culture and especially Israeli folk-dance.

Aug 17 Smart Moves “Living with Parkinson’s”

This month’s topic is Living with Parkinson’s disease. (See page 5 for more information). 10:00 am in The PAC.



Aug 17 Bereavement Support Group

Lamar Frizzell will lead the Bereavement Support Group to serve people in gaining perspective about their losses and support them in regaining a healthy quality of life. The group meets the 3rd Monday of every month at 10:00 am in the Ante Room.

Aug 17 Perspectives Eyewear and Services

Perspectives will be in the Lobby for free glasses cleaning and adjustments. Monday from 10:30 am to noon.

Aug 18 Jim Mahannah Band and Dr. John and Kathy Linn

We will start this evening out with a Ballroom Dancing Program with Dr. John and Kathy Linn at 6:30 in The Performing Arts Center. Dr John and Kathy have been ballroom dancing for fun and competition for many years. They will once again entertain us with various types of dance including Latin and Traditional “as they trip the light fantastic”.

Aug 19 | Lunch Bunch at Longhorn Steakhouse

Longhorn Steakhouse strives to be the best steakhouse in everything they do. One visit and you'll experience their grill master's Legendary Steaks like their center-cut Flo's Filet or Prime Rib. Try bold flavors from their Peak Season and Chef's Showcase menu, or signature entrees like Parmesan Crusted Chicken or LongHorn Salmon. Longhorn's lunch menu also features over 30 different combinations, including the LongHorn salads and Steakhouse burgers. And don't forget to save room for their Molten Lava Cake. Sign up in transportation, bus leaves at 11am.



Aug 19 | IMAX: Dolphins

The makers of The Living Sea step into the world of wild (and highly intelligent) dolphins. In the white sandbanks of the Bahamas, the inquisitive dolphins live, play and communicate. A bottle-nose dolphin named JoJo explores the colorful reefs with his human friend Dean. Meanwhile, in the windswept waters off Argentina, duskie -- the most acrobatic dolphins -- work together to hunt for food. Pierce Brosnan narrates, and Sting provides the music. Movie Theater showtimes 1:30 & 6:30pm.



Aug 20 | Movie: Hotel for Dogs

Placed in a foster home that doesn't allow pets, 16-year-old Andi and her younger brother Bruce turn an abandoned hotel into a home for their dog. Soon, other strays arrive, and the hotel becomes a haven for every orphaned canine in town. Movie Showtime's 10:00am and 2:00pm.

Aug 20 | Group Bible Study with Dave Phillips

Join Germantown Church of Christ's Dave Phillips as he leads group Bible study Every Thursday at 10:00am in the Chapel. Dave is a great speaker and teacher.

Aug 21 | Music in the Lobby with Swain Schaefer

Join us in the Lobby at 6:00pm to hear the boogie woogie piano of Swain Schaffer.

Aug 25 | The Book Baggers

Whether you read or would like to hear about books being discussed, come and check it out. This is a great way to expand your horizons. This month we will be discussing "The Guernsey Literary and Potato Peel Pie Society" by Mary Ann Shaffer and Annie Barrows. Hope to see you Tuesday, August 25th at 9:30am in the Chapel.

Aug 25 | Ladies Interdenominational Circle Meeting "The Uplifters"

The Uplifters Circle is a nondenominational group of women dedicated to missions, prayer and Bible study led by Elsie Huffard. All are welcome, just come to the Chapel at 2:00 pm to join in fellowship with this wonderful group of ladies every 4th Tuesday of the month.

Aug 26 | Kirby Carousel of Shoppes

Enjoy a day of shopping and fun at our second annual Kirby Carousel of Shoppes. A variety of vendors including 31 bags, Chico's, Dillard's Oak Court, Premier Jewelry, Pepperite Stationary and Dinstuhl's will be here with an array of merchandise to choose from. There will be door prizes and light refreshments for all to enjoy from 10:00 to 2:00pm in and around the PAC. What a great way to start your holiday shopping.



Aug 28 | The Ham-ateur Club presents Awesome August Attractions

The Ham-ateur Club will close out the summer with "Awesome August Attractions" On Friday, August 28th at 7:00pm in The Performing Arts Center. The Program will feature music, drama, readings, poems, solos and quartets. Come early to get a good seat! This show guarantees a full house.

Aug 31 | Amedisys Home Health "Keep Your Memory Sharp"

Join Brittany Wells as she talks about Keeping your memory sharp. Brittany will be in the Large Card Room at 10:30 am to provide more information about this important topic.



LIGHTING OF THE LAKE

SEPTEMBER 12, 2015

THEME & COLOR:

KINDNESS

"SUNSET RED"

VERSE:

Therefore,
as God's chosen people,
holy and dearly loved,
clothe yourselves
with compassion,
kindness, humility,
gentleness and patience.

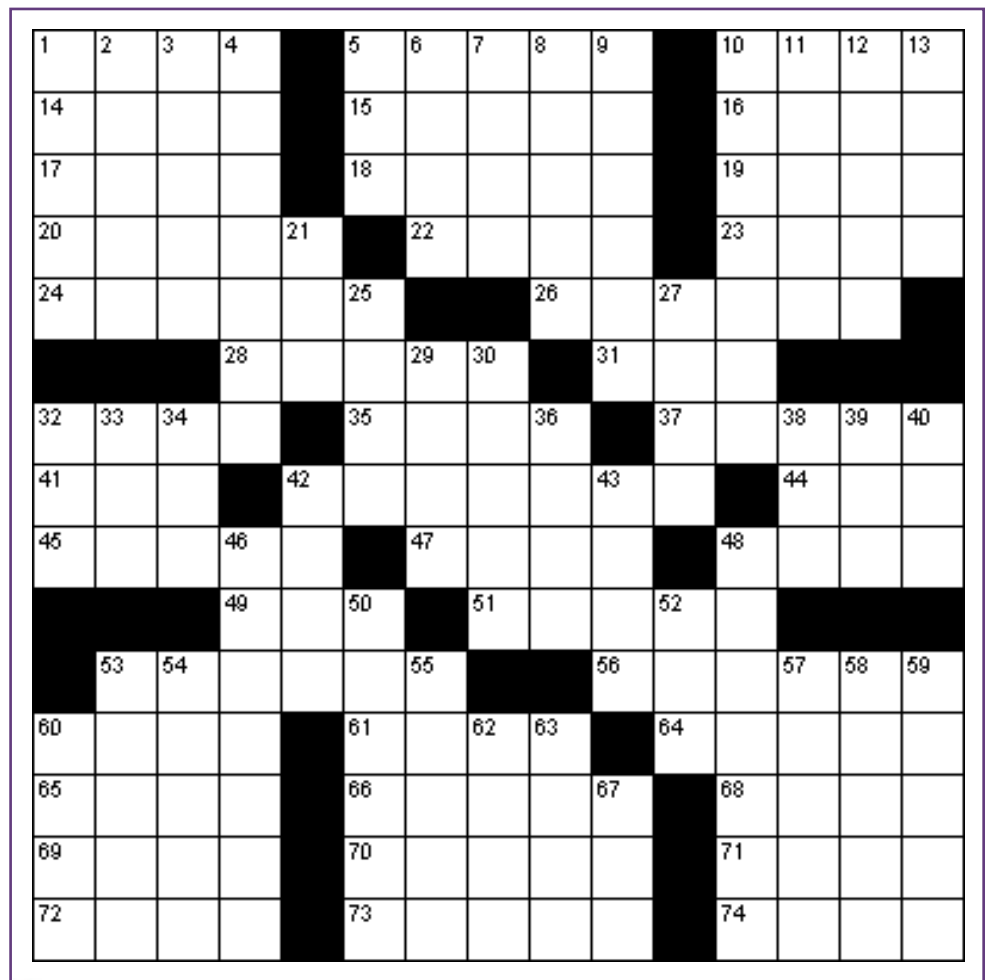
- Colossians 3:12

ACROSS

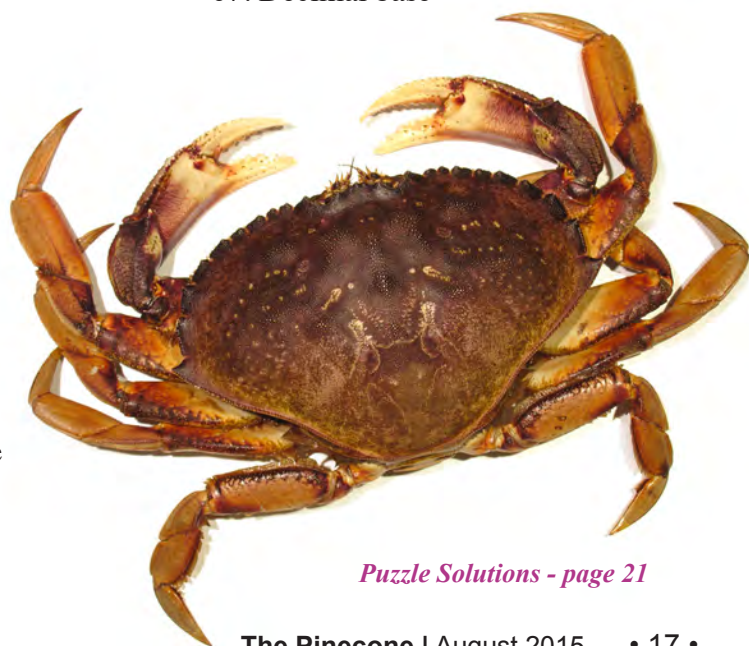
1. Young sheep
5. Jelly based on stock
10. Decapod and nebula
(see photo for hint)
14. Object of worship
15. Dishes, vases or ornaments
16. Fabric interwoven with metal
17. Flatfish
18. Keepsake
19. Not a good time for Julius
20. Hobo
22. Cried
23. Liquid measure
24. Sequential
26. Sluggish
28. Trap
31. Indicating maiden name
32. Vow
35. Sort
37. Wipe out
41. Perish
42. Sultry
44. Golfing pin
45. Play
47. Song for two
48. Kind of duck
49. Historic period
51. Run away to marry
53. Study of plants
56. Cope
60. Cab
61. Fine feathers
64. Claw
65. Related
66. Imbecile
68. Smudge
69. Yield
70. Effrontery
71. Fail to win
72. Woody plant
73. Reap
74. Pitcher

DOWN

1. Indication of previous damage
1. Emumerates
2. Love
3. Tooth
4. Spot
5. Performance
6. Display



7. Medieval weapon
8. Awkward
9. Administrative division of a country
10. Sailing vessel
11. Arm bones
12. Improve
13. The most outstanding
21. Cooking implement
25. Body of water
27. Spool
29. Peel
30. Result
32. Peculiar
33. Atmosphere
34. Beverage
36. Pre-arranged combat
38. Consumed
39. Expanse of water
40. Long fish
42. Heroic tale
43. Particle
46. Daytime performance
48. Well-founded
50. Conclusion
52. A light touch
53. Skilled bread maker
54. Compound including oxygen
55. Alpine call
57. Permit
58. Web-footed bird
59. Go in
60. Diplomacy
62. The finishing line
63. Kind of star
67. Decimal base



Puzzle Solutions - page 21

SOCIAL *Scenes*



The Kirby Pines Travel Group enjoyed their day at the Delta Blues Winery in Lakeland, Tennessee



The Annual 4th of July parade was led by the Kirby Pines Line Dancers with Ken Lewis pushing the float



Martha Wilson with son Scott, his wife Jennifer and her grandson Harry get in the holiday spirit!



Catherine Prewett shows off her patriotic side while waving the American flag



Martha Pruettt and her son James enjoy the afternoon at the Annual Kirby Pines 4th of July Parade



Joy Wernet had a great time at birthday dinner with husband Bob, Don and Laura Cook and Don and Ola Hobart

SOCIAL *Scenes*



Ken Lewis enjoyed his July birthday dinner with pals Lenora Smith, Don & Lu Glowen, Eloise Sattin, Fran Gentry and Mary Gullett



Jettie McCombs celebrated her July Birthday with friends Jane Holmgrain, Joyce Wilhelm, Frankie Stahl and Mary Stagg



Kirby Pines employees getting ready for the Pink Glove Video . . . more details to come!



Naomi Glazier with granddaughters Kim and Julie, daughter Diana and her husband Mark, her son Stan and his wife Charlene and twin granddaughters Victoria and Jade



Dan Goodwin enjoyed his birthday with his wife Nancy, son Ed, daughter-in-law Kellie and grandson Steven



Dunlap and Mary Louise Rose celebrated their 70th wedding anniversary in the Kirby formal dining room surrounded by friends

SOCIAL *Scenes*



Nell Shelton celebrated her 90th birthday with husband Howard, son Ron and friends Carolyn Williford, Madonna Langford, Sam & Ellie Bates and Charles & Miriam Olree



Gerri Schlosser, Marsha Badgett and Gail Kommer all celebrated their July Birthdays



G.A. Smith celebrated her birthday with husband Jim and friends Margaret Edrington, Nadine Clark, Pat Watson, Jo Trujillo, Doris Whitney and Dot Gammon



Shirley Lynn celebrated her birthday at lunch with Carol Britt, Gay Beaumont and Jewel Crowson



Elsie McLemore beats the heat by practicing Tai Chi by the lake



Roy and Bea Barnes stop for a photo op



Sam Babcock finds the missing piecel

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In Memory of

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BILLY EDWARDS

Donation by Anna O. Brewer to the Entertainer's Fund

CARL MORRISON

Donation by Anna O. Brewer to the Entertainer's Fund

PAUL JONES

Donation by Kirby Pines Estates & Resident Association to the General Fund

CAROLYN COURINGTON

Donation by Ann L. Smith to the General Fund

Donation by Sylvia Statham to the General Fund

GENE MORRISON

Donation by Mr & Mrs Matt Dobson IV to the General Fund

Donation by Martha Wilson to the General Fund

In Memory of

BETTY MAHAFFEY

Donation by Jim & Gloria Elliott to the General Fund

In Honor Of

70TH ANNIVERSARY OF DUNLAP AND MARY LOUISE ROSE

Donation by Elsie Burkhart to the Library Fund

SYBIL WOODBURY'S 100TH BIRTHDAY

Donation by Elsie Burkhart to the Library Fund

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Donation by Glenn Wall to the Hobby Shop Fund

DR. CHARLES PARROTT

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GIANT CROSSWORD

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ANSWERS
TO PUZZLE
CHALLENGE
ON PAGE 17

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