

the
PINECONE

The Magazine of Kirby Pines Retirement Community • August 2016 | V. 34 | I. 8

KIRBY PINES
ED AND ETHEL SMITH
DISCOVER FRESHNESS
AT THE MEMPHIS
FARMER'S MARKET



Feeling Blessed

July was either a preview for what is traditionally the hottest month of the year, or August is going to be a real scorcher this year. The higher temperatures are likely to keep more of us inside to escape the heat. If you usually walk outdoors for exercise, you may want to join the growing walking club in the Oasis, or ask Mary Hand to assist you in developing an individualized exercise program for you. If you do plan to continue routine outside activities during the month, be sure to stay well hydrated, wear loose fitting clothes, and rest.

The thirty-third anniversary of Kirby Pines is just a month away. For those of you who have not experienced Kirby's traditional anniversary event – The Lighting of The Lake – you are in for a treat. This year's color is Aqua and the theme is blessed. Some of the attributes associated with the color aqua are healing and balance of energies. The theme of being blessed is a reminder that we all have much to be thankful for in the past and for the future. Our nation is certainly in need of finding a balance to be able to heal what many are feeling at this time.

Kirby Pines continues to make improvements to the overall design and ameni-

at Kirby Pines

ties available to residents, employees and guests. The Bistro, now open two months, is just one of the examples of our commitment to remain the leader in senior living in the Memphis area. The renovations of apartments and community spaces, along with the newly renovated marketing office, continue to make Kirby Pines a vibrant place to live and work. Both the Memphis Business Journal and The Commercial Appeal newspapers have routinely named us among the best in the tristate area. In fact, since the Commercial Appeal first began its popular Memphis Most Award program, Kirby has been the only retirement community to be named the "best" year after the year. Later this month, we will learn if this will be Kirby's tenth consecutive year to win the Memphis Most Award. Now won't that be something to really feel blessed about!

Stay cool, and enjoy your summer.



Michael Escamilla,
Executive
Director,
Kirby Pines

ON THE PINECONE COVER

Kirby Pines Promotes Good Health At The Farmer's Market

August in Memphis brings on the heat, but it's also one of the best times of year for summer produce. Peaches, corn, cucumber, cantaloupe, blueberries and of course tomatoes, are thriving right now and what better place to find them all, but The Memphis Farmer's Market.

The Farmers Market is a weekly, non-profit outdoor marketplace featuring local farmers and artisans. Every Saturday running April through November - 7 am to 1 pm, you may enjoy live music and weekly themed events and programs while picking out the freshest fruits, vegetables and flowers right in the Historic South Main District, downtown.

We would like to thank Ed and Ethel Smith and Mark and Sheryl Maxwell for braving the summer heat and joining us on our fruitful adventure. We couldn't have done it without you!



Sheryl and Mark Maxwell, along with Ed and Ethel Smith, show off their bounty

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is managed by:



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*Electronic version of The Pinecone
is available at www.kirbypines.com*

welcome to
Kirby Pines



Kay Sears

Born in Carrollton, Kentucky, Kay comes to the Kirby Pines Retirement Community from her previous home in Memphis. While Kay has no children of her own, she “adopted” her sister’s children and grandchildren. Especially close to her heart, is a granddaughter (grand niece, actually) nicknamed “Barbie”; 6 feet tall, 18 years old, and very special to her Aunt Kay.

In 1956, the University of North Carolina awarded Kay a BA Degree in Education. She taught grades 1-3 in North Carolina and Florida school systems. In 1966, George Washington U. awarded her a MA Degree in Counseling. She was a Counselor in the Virginia school system; and, later, Director of Special Education in the West Virginia school system.

Kay is a long-time member of Christ United Methodist Church; teaching Sunday School to the congregation’s first through third grade children. She has traveled to England, and Mexico; “Easy listening” is her music preference; and interests include reading (mysteries rank high on her list), needlepoint, knitting, and Bible study.

We are pleased to welcome Kay Sears to our residential community. She is looking forward to joining our large cadre of volunteers; her academic credentials and work experience, coupled with a commitment to help others, makes Kay a welcomed addition to our group. Get to know Kay – she’s looking forward to meeting new people and making new friends.



Ed and Joan Weaver

Married 65 years, Ed and Joan Weaver come to the Kirby Pines Retirement Community from their previous home in Collierville, TN. They have 3 children, 5 grandchildren, and 5 greatgrands.

In 1949, Penn State awarded Ed a BS Degree in Industrial Engineering. For 28 subsequent years, he was employed as an engineer by the A.C.F. Industries. In 1944, he enlisted in the U.S. Army. The Army sent him to Memphis for training as an X-Ray Technician, at the U. of Tennessee Medical Department. On completion of his studies, and with the rank of Sergeant, the Army Medical Corps deployed him to a field hospital in France. Joan was employed by Lindenwood College, serving as Administrative Assistant to the Dean of Graduate Education.

Ed Weaver enjoys wood working, bridge, reading, golf, volunteering, and travel. Joan’s interests include needlework, knitting, trying new recipes, volunteering, gardening, decorating, travel, and reading. Aligned with her interest in trying new recipes, Joan is a cookbook collector, as well, reading them as one would read a novel.

The interests and experience that Ed and Joan bring to our Residential Community ensure that they will be tapped to join with their neighbors in making possible high quality programs – for certain, the Kirby Pines indefatigable Cheryl Grimes has just added this couple to her roster of “go to” residents. Welcome, Ed and Joan.



Keep Your **COOL!**



Weather in Memphis went from unseasonably cool to dangerously hot. This summer has been exceptionally humid, too. A high heat index is particularly troublesome for seniors. The Heat Index (HI) is a number that tells people how warm it actually feels, regardless of the real outside air. During high humidity, the body doesn't sweat as effectively or release heat through the evaporation of sweat. This can be especially dangerous if seniors (or anyone else) are exercising outdoors in a high heat index. Even a mild activity, such as walking can cause problems.

“Seniors are much more vulnerable to the harmful effects of heat, as their bodies do not adjust as well to sudden changes in temperature,” shares Dr. Lubna Javed of HealthCare Partners Medical Group. “Some chronic medical conditions and prescription medications can impair the body’s ability to react efficiently to rising temperature.”

Know the Risks of Hyperthermia. During the summer; be particularly cautious about abnormally high body temperatures -- a condition known as hyperthermia. Heat stroke is an advanced form of hyperthermia that can be life-threatening. Make sure to know the warning signs and get medical attention immediately if you or anyone you know is experiencing these symptoms:

- *Body temperature greater than 103 degrees*
- *A change in behaviour, such as acting confused, agitated or grouchy*
- *Dry, flushed skin*
- *Nausea and vomiting*
- *Fatigue and weakness*
- *Headache*
- *Heavy breathing or a rapid pulse*
- *Not sweating, even if it's hot out*
- *Fainting*
- *Muscle cramps and heavy sweating may occur with heat exhaustion*

If symptoms occur, go to a cooler environment immediately and lower the body temperature by using cool water (a pool, cool tub, cool shower or washcloth wipe-down). For maximum cooling, keep the water just below body temperature. Give the person chilled, but not icy cold, water to drink. Heat exhaustion can be a life-threatening emergency, so have someone call emergency medical personnel (or 911 if on-site help is not available) at the same time you begin to cool the person down.

Avoid a Heat Emergency. Recognizing the signs of heat exhaustion or heat stroke is one way to keep seniors safe in hot weather. Because many seniors, especially those with Alzheimer's or dementia, don't recognize changes in temperature immediately, stay alert for symptoms, prompt for rehydration, and remind loved ones to remove extra clothing layers outdoors and turn on the air conditioner when they return home.

Stay Hydrated. Seniors are more susceptible to dehydration than younger people because as we age we lose our ability to conserve water and become less aware of our thirst. Drink plenty of cool water throughout the day and avoid alcohol and caffeine. Pack extra

water for outings. But if taking water pills or other medication, check with your doctor to find out exactly how much water you should be drinking on warm days. Dr. William Greenough, of Johns Hopkins Geriatric Center, says to make sure seniors are drinking sweat replacement products (that contain salt and potassium) to replace water they lose during the summer.

Eat cooling snacks like popsicles or slightly frozen grapes or watermelon, and light, cold meals like chicken or pasta salad instead of heavy, hot dishes like pot roast.

Place a cool washcloth on the back of the neck and a pan of cool water close by to periodically re-cool the towel. Sit with feet in a pan of cool (but not too cold) water.

Keep the house as cool as possible by keeping shades closed during the hottest part of the day.

Stay in Touch. High temperatures can be life-threatening, so let friends and family know if you'll be spending an extended period of time outdoors, even if you're only gardening.

Wear the Right Stuff. Dress for the weather. When it's warm out, some people find natural fabrics (such as cotton) to be cooler than synthetic fibers. Light-colored and loose-fitting clothes feel cooler and more comfortable. Wear sunglasses to protect your eyes from harmful UV rays and preserve your vision. Everyone, young and old, should wear sunscreen when outdoors. Hats are also a great idea, especially for those with light colored hair and those with only distant memories of a full head of hair.

Exercise Smart. If you enjoy outdoor activities such as walking or gardening, keep track of time. Don't stay out for long periods and make sure to drink even more water than usual when exercising. Exercise outside earlier in the morning or later in the evening when the sun is not at its peak. Find indoor activities like that exercise class you were thinking of joining or learn to use the equipment in the Oasis or take a refreshing dip in the pool.

The summertime is a time of fun and relaxation for most people. But for seniors, the heat and sun can be dangerous if the proper precautions aren't taken. If you follow these tips, you can have an enjoyable and fun-filled summer -- no matter how old you are.

Excerpts from Gillian Kruse a freelance writer in Houston.



Dehydration and Warning Signs

Nearly 75% of the human body is composed of water. Water makes up an astonishing 85% of the human brain. Research suggests that dehydration is often times underestimated as a potential threat. Feelings and warning signs of thirst are diminished greatly with age. However, it is important to be aware of the warning signs, which include headache, weakness, fatigue, confusion, changes in your vision and a dry mouth. Insufficient consumption of fluids may result in digestive trouble, UTI, kidney failure, and improper blood circulation.

Proper Hydration

Hydration is maintaining a proper fluid balance throughout the body. If not taken seriously, it can be quite difficult to consume the recommended amount of fluids on a regular basis. It is suggested that eight - 8oz glasses of water be consumed throughout the day. It is very important to keep in mind that consuming

a large amount of water in one setting is not recommended. Sipping water throughout the day will help achieve a healthy distribution of fluids within the body. It is recommended to drink a large glass of water when you first wake up. This will help to hydrate you as well as get your body and brain working properly.



Alternatives to Hydration

Drinking water alone is not the only way to achieve proper hydration. Sport drinks and flavored water are also great alternatives, but these can be loaded with sugar, so please read the labels. Avoid caffeinated drinks and alcohol as these can dehydrate you. There are many different types of fruits and vegetables which have an adequate amount of water content. Watermelon, oranges, celery, and carrots are all good options. It is very important to ensure that fluids are available to you throughout the day. When it's extremely hot outside, please make plans to take water with you in a bottle or container and keep hydrating throughout the day.

Please join Katie and Jason on August 8th to discuss additional tips during our Smart Moves Lecture in the PAC.

NOTE: The new times for the Smart Moves presentations starting in August through December will start at 9 am (right before the daily exercise group)



Sources: <http://www.icaa.cc/1-Organizationmember/member-articles/Urinary-incontinence-MarApr10.pdf>
<http://familydoctor.org/familydoctor/en/prevention-wellness/food-nutrition/nutrients/hydration-why-its-so-important.html>



Enjoy a taste
of South America...

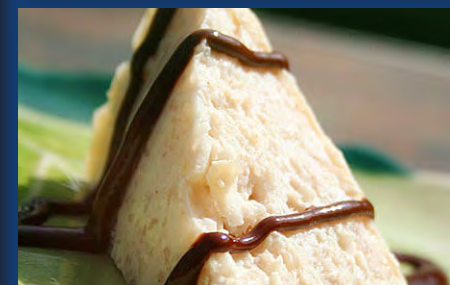


DIRECTOR OF DINING SERVICES
MARK SIMPSON

DON'T MISS THE NEXT KIRBY PINES EVENING OF

EXQUISITE CUISINE

For reservations please call 901.866.4444 THURSDAY, AUGUST 25, 2016



Ceviche de Pesacdo - (Fish Ceviche) - Peru

A spin of the traditional French dish, here it is made with fresh tuna, lime juice and garnished with fresh herbs.

Empanadas con Aji Colombiano - (Meat filled pastry with Columbian Sauce) - Chile

A flaky and light dough surrounds a filling of onion, meat and boiled egg, and served with a Columbian sauce.

Grilled Filet with Chimchurri Sauce, Latin Rice and Grilled Pineapple - Argentina & Brazil

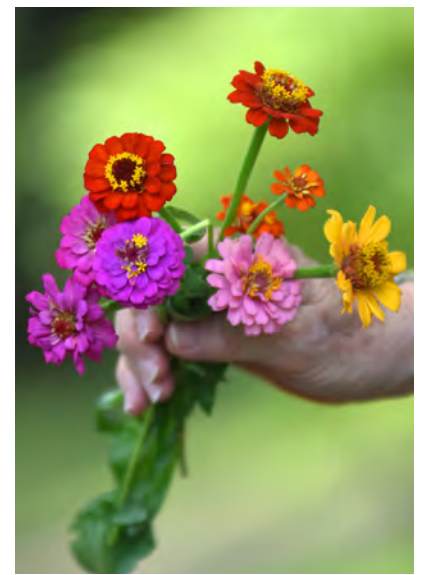
Traditional Argentine beef with a Latin themed rice and a surprising finish the grilled pineapples.

Cuscuz de Tapioca Molho de Chocolate - South America

Tapioca and coconut combine to form this dense and rich cake that is finished with a deep chocolate sauce .



she were “fated” - made for each other - citing the fact that their hospital nursery cribs were side-by-side, and their school lockers were side-by-side; she invited Herbert to be her date at the first school dance. One could say that their getting married was anticlimactic, an “of course”, in a sense. Married for 45 years, they have a daughter and a grandson. Herbert passed away in 2007.



“Mitzvah” is defined as a good or worthy deed. It’s an appropriate recognition of Marsha’s efforts to make a difference in the quality of life of friends and strangers alike. Volunteering gives her a way to “sow seeds of kindness”. For example, she is a member of the Kirby Pines (KP) Library Committee; a past member of the KP Advisory Committee; helps the KP Marketing Department by giving tours to new residents; takes her turn behind the cash register in the KP Blossom Shop; and is a member of Team Read at the Shelby County Belle Forest School. Hours devoted to planting and “fussing over” her special flower, zinnias – satisfies her love for gardening in the process of caring for what she sowed.

Not one to ‘just sit’, Marsha looks for opportunities to reach out to others – in Kirby Pines and in the broader world outside our doors. Sowing seeds for zinnias; sowing seeds of kindness.

- Jacqueline Besteman, Resident

Marsha Greiner

SOWING SEEDS OF KINDNESS

August – a time to admire Nature’s handiwork in the riotous color schemes seen in flower and vegetable gardens; sunny days for outdoors activities and vacations; and opportunity for personal quiet times to read, or nap in the hammock. For the August PineCone we focus on Marsha Greiner, a colleague and friend, and resident of the Kirby Pines Retirement Community. She exemplifies the saying ‘by their works we shall know them’. Talented and college educated, Marsha is self-effacing, dedicated to reaching out to newcomers and familiar faces, quietly offering encouragement and friendship. She manifests her gardening skills with annual crops of colorful zinnias and small beds of brown cotton. Gardening is “in her DNA” from her Dad. This is her story.

Marsha and her sister were born in Moline, Illinois. Her Mother was a homemaker, quite talented in sewing and quilting. Her Dad was a management-level member of International Harvester; he also was a Past Master Mason. He and his family were members of the United Methodist Church. Marsha recalls him as a man of integrity; his behavior guiding his children on how to conduct themselves in their public and private endeavors. He always had a garden, setting aside hours for tending to flowers and produce – these hours “fed his soul”. The U. of Iowa awarded Marsha a BA Degree in Education and a Minor in Library Science; for 11 years, she taught in elementary schools and served as a Children’s Librarian. She married Herbert Greiner – telling us that he and



Marsha tends to the Kirby Pines tomato garden

My Chair *by Jo Williams*

While playing in our attic
I discovered an old, old chair,
moved it downstairs to my room
and it stood silently there.

It became a place for my coat,
my hat and for the family cat.
Sometimes it was where
I just sat.

It was a close friend;
An imaginary plane to fly,
with two invisible wings
it darted across the sky.

Sometimes it was a sailboat
taking me far out to sea,
where I could watch big fish
jumping all around me.

Often it was a fire engine
with a ladder on its side.
A tepee when I played Indian,
a place for me to hide.

Standing it was a lighthouse
to help other men at sea.
I'd shine my flashlight beacon
and ships were saved by me.

The chair, turned just so,
became a cage at the zoo,
for a monkey, an elephant,
and a brown bear or two.

It was a horse I could straddle,
when I wore my hat and gun.
I was a cowboy in the wild West,
No one ever had so much fun.

It was the fastest bobsled,
sliding through ice and cold.
In it I won a bronze, two silvers,
and four Olympic golds.

With its legs facing forward
the chair made a great hockey net,
for me to guard and defend
when pucks came flying like a jet.

The chair became my table,
as I lay there in my bed.
It held all of my homework
and a lamp by which I read.

While I was in college
The chair was finally free.
Except for mother's dusting,
Everyone just let it be.

Much later on my wedding day,
the chair held a few things,
the most important item being,
her glistening wedding ring.

I took my chair to our new home,
after explaining to my wife.
She agreed it had earned its place,
and would become a part of our life.

As the two of us grew older
mature items were found there.
Wallets, keys, glasses and books,
hid the scratches on our chair.

Years later as our family grew,
it held anything that would fit,
bottles, diapers and many toys,
plus little hands pulling up on it.

Making my way down the hall,
to check on little Ellery,
I hear a soft voice singing:
"Sailing - sailing, over the sea".

Peeking, I wondered, "Could it be?"
The chair, a sailboat once more?
My child had found my old friend,
I smiled and gently closed the door.



Have you checked out
The Bistro at Kirby Pines?

The Bistro is serving
soups, salads, sandwiches,
burgers, pizza, pasta
and more, all made to order.

The Bistro also serves
breakfast every day,
a variety of
grab-n-go options
and delectable
house-made desserts.

So what are you waiting for?

3535 KIRBY ROAD
OPEN SUN-SAT 7AM-7PM



Congratulations employee of the month | Claudette Powell

Claudette is a valuable and dedicated member of the medical dietary team who always puts the residents' needs first no matter the circumstances. She consistently goes above and beyond to ensure resident satisfaction.

- Mark Simpson, Director of Dining Services



CHAPLAIN'S CORNER

from Don Johnson, Kirby Pines Chaplain



Olympian, Derek Redmond being helped across the finish line by his father, Jim

FINISH THE RACE

Derek's time. He desperately wanted to win...not just the gold medal but any medal he could get.

In the semifinal 400-meter race, if Derek was among the top four runners to finish, it would qualify him for the Olympic final. He broke from the pack to seize the lead. Surely he would make the final race. Down the backstretch only 175 yards from the finish line Derek's hamstring snapped. He could no longer run but began hopping on one leg, slowly and painfully. He then fell to the ground. As tears streamed from his eyes he said to himself, "I'm out of the Olympics—again." A medical team reached Derek with a stretcher but he replied, "There's no way I'm getting on that stretcher. I'm going to finish my race."

In a stadium filled with 65,000, from Section 131, Row 22, Seat 25, Derek's father, Jim, who always attended the sports events with him, was crying, "Oh, no." He began to run down the stadium steps, jumping over the guard rail and pushing aside security guards who were trying to stop him. Jim and his son had agreed, that no matter what happened, Derek must finish the race.

Derek had stood up and was again hobbling forward. Jim reached him, put his arm around his son, placed Derek's arm around his shoulders as Derek said, "Get me to lane five, Dad, I want to finish the race."

The stadium crowd, and millions

watching worldwide by television, stood to its feet in thunderous applause as everyone watched a father and his son struggle toward the finish line. The race was already over, but with loving support and challenging commitment the two pushed ahead. Just a short distance from the finish line, the father released Derek to cross on his own.

Derek didn't win...or did he? Such deep love and focus are seldom seen.

What can be learned from the Derek and Jim Redmond saga?

So often our goals seem shattered! Our obstacles are too great! Our pain is insurmountable and our focus blurred! Who cares if we finish the race?

That's when the Father, who is always with us in every circumstance of life, steps in. He places his strong arms around us and gives us His shoulders to lean on. He walks with us through the pain and tears. He gives us the support and strength to continue and He enables us to finish the race.

We cannot continue to lay down in our failure! We cannot let others carry us off the track! We cannot just run the race; we must finish it!

What a love story. Let's strive to be like Paul as expressed in II Timothy 4:7, "I have fought the good fight; I have finished the race; I have kept the faith."

Till next time,
Don Johnson, KP Chaplain

August 5 – 21 the 2016 Summer Olympics will be held in Rio de Janeiro, Brazil, with 10,500 athletes worldwide expected to participate. As in any sports endeavor the focus will be on those who win.

Let's think back to the 1992 Olympic Summer Games in Barcelona, Spain, and consider an athlete who didn't win but will be remembered in one of the greatest sports stories of all time.

Derek Redmond, a British runner, had shattered his country's 400-meter record when only 19. In the 1988 Olympic Games in Seoul, Korea, Derek suffered an Achilles tendon injury just 10 minutes before the 400-meter race and went through numerous surgeries the next year. Now, in Barcelona, it was

July Vesper Services • 6:30pm • Performing Arts Center

August 4th
Reverend David Atkinson
Collierville
United Methodist Church

August 11th
Reverend Don Marston
Forest Hill
Baptist Church

August 18th
Reverend Wes Brown
Faith Anglican
Church

August 25th
Doctor Will Jones
Germantown
Presbyterian Church

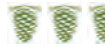
M E E T

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MY BIG FAT GREEK WEDDING II



Saturday, August 6
at 10:00 a.m. and 2:00 p.m.
(2016) Cast: *Nia Vardalos,*

John Corbett, Michael Consantine

Parenting and marriage is becoming tougher and tougher for Toula and her husband Ian. Not only has their relationship lost some of its spark, but they're also dealing with a rebellious teenage daughter who clashes with Greek traditions. On top of that, Toula must contend with aging parents and the endless needs of cousins and friends. When a shocking family secret comes to light, the entire Portokalos clan makes plans to come together for an even bigger wedding than before.

INVICTUS

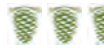


Sunday, August 7
at 1:30 p.m. and 4:00 p.m.
(2009) Cast: *Morgan Freeman,*
Matt Damon, Tony Kgoroge

The film tells the inspiring true story of how Nelson Mandela joined forces with the captain of South Africa's rugby team to help unite their country. Newly elected President Mandela knows his nation remains racially and economically divided in the wake of apartheid. Believing he can bring his people together through the universal language of sport, Mandela rallies South Africa's rugby team as they make their historic run to the 1995 Rugby World Cup Championship match.



THE TENDER TRAP



Saturday, August 6 at 6:00 p.m.
& **Sunday, August 7 at 6:30 p.m.**
(1955) Cast: *Frank Sinatra,*
Debbie Reynolds, David Wayne

Successful theater agent Charlie Reader lives a playboy's life in New York City. When his childhood friend, Joe McCall, shows up with a desire to leave his wife, the two are awestruck by each other's lifestyle. While Charlie is busy with his newest girlfriend, marriage-obsessed actress Julie Gillis, Joe falls in with Sylvia, a rebuffed former flame of Charlie's, and the two friends must make different but equally important decisions.

MY FELLOW AMERICANS



Saturday, August 13
at 10:00 a.m. and 2:00 p.m.
(1996) Cast: *Jack Lemmon,*
James Garner, Dan Aykroyd

Ex-presidents Kramer and Douglas have hated each other for years. But when the current administration of President Haney -- Kramer's former vice president -- tries blaming a string of kickbacks from a defense contractor on the two former presidents, they band together. With Haney's goons trying to kill them, they set out across the country to try and clear their reputations. In the process, they see a side of America they never knew before.

THE FINEST HOURS

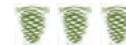


Sunday, August 14
at 1:30 p.m. and 4:00 p.m.
(2016) Cast: *Chris Pine,*
Casey Affleck, Ben Foster



On Feb. 18, 1952, a massive storm splits the SS Pendleton in two, trapping more than 30 sailors inside the tanker's sinking stern. Engineer Ray Sybert bravely takes charge to organize a strategy for his fellow survivors. As word of the disaster reaches the Coast Guard in Chatham, Mass., Chief Warrant Officer Daniel Cluff orders a daring rescue mission. Despite the ferocious weather, coxswain Bernie Webber takes three men on a lifeboat to try and save the crew against seemingly impossible odds.

FOLLOW THAT DREAM



Saturday, August 13 at 6:00 p.m.
& **Sunday, August 14 at 6:30 p.m.**
(1962) Cast: *Elvis Presley,*
Arthur O'Connell, Anne Helm

When the Kwimper family car runs out of gas on a new Florida highway and an officious state supervisor tries to run them off, Pop Kwimper digs in his heels and decides to do a little homesteading. He and his son Toby and their "adopted" children - Holly, Ariadne and the twins - start their own little community along a strip of the roadside. The fishing is good and the living is easy until the mob sets up a gambling operation and the state supervisor sics a sexy social worker on the Kwimpers in an effort to take away Ariadne and the twins.

FEVER PITCH



Saturday, August 20
at 10:00 a.m. and 2:00 p.m.
(2005) Cast: *Drew Barrymore,*
Jimmy Fallon, Jason Spevack

Ben is a high-school teacher who meets Lindsay, who has a successful career in business. Ben and Lindsay don't appear to have much in common on the surface,

T H E

M O V I E S



but they hit it off and are soon involved in a serious romance. But when spring rolls around, Lindsay becomes aware of the true love of Ben's life -- the Boston Red Sox. Despite the team's lamentable record, Ben has been a fiercely loyal Red Sox fan since childhood, and Lindsay finds it hard to compete with his passion for baseball, while Ben is forced to choose between the obsessions of his youth and the enthusiasms of a responsible adult.

THE LEGEND OF 1900



**Sunday, August 21
at 1:30 and 4:00 p.m.**

(1998) Cast: Tim Roth,

Pruitt Taylor Vance, Bill Nunn

1900. Danny Boodmann, a stoker on an American passenger liner, Virginian, finds a baby abandoned on the ship. He names the child Danny Boodmann T.D. Lemon Nineteen Hundred '1900' and raises the child as his own until his death in an accident on the ship. The child never leaves the ship and turns out to be a musical genius, especially when it comes to playing the piano. As an adult he befriends a trumpet player in the ship's band, Max Tooney. After several years on the ship Max leaves, and tells the story of 1900 to the owner of a music store.

SEVEN BRIDES FOR SEVEN BROTHERS



**Saturday, August 20 at 6:00 p.m. &
Sunday, August 21 at 6:30 p.m.**

*(1954) Cast: Jane Powell,
Howard Keel, Jeff Richards*

During the 1850s, Milly, a pretty young cook, marries Adam, a grizzled woodsman, after a brief courtship.

When the two return to Adam's farm, Milly is shocked to meet his six ill-mannered brothers, all of whom live in his cabin. She promptly begins teaching the brothers proper behavior, and most importantly, how to court a woman. But after the brothers kidnap six local girls during a town barn-raising, a group of indignant villagers tries to track them down.

FERRIS BUELLER'S DAY OFF

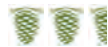


**Saturday, August 27
at 10:00 a.m. and 2:00 p.m.**

*(1986) Cast: Matthew Broderick,
Alan Ruck, Mia Sara*

High school student Ferris Bueller wants a day off from school and he's developed an incredibly sophisticated plan to pull it off. He talks his friend Cameron into taking his father's prized Ferrari, and with his girlfriend Sloane, head into Chicago for the day. While they are taking in what the city has to offer, school principal Ed Rooney is convinced that Ferris is, not for the first time, playing hooky for the day and is hellbent to catch him out. Ferris has anticipated that, much to Rooney's chagrin.

GUARDING TESS



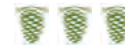
**Sunday, August 28
at 1:30 and 4:00 p.m.**

*(1994) Cast: Shirley MacLaine,
Nicolas Cage, Austin Pendleton*

Doug Chesnic, an agent with the Secret Service Uniformed Division, is assigned to protect former first lady Tess Carlisle. Chesnic finds the job demeaning and a challenge because of Tess' high-maintenance personality and petty demands. He's desperate to get

another assignment, but she insists that he remain head of her security detail, using her influence with the current president to get her way. When she's kidnapped, however, Chesnic's feelings change.

EVELYN PRENTICE



**Saturday, August 27 at 6:00 p.m. &
Sunday, August 28 at 6:30 p.m.**

*(1934) Cast: William Powell,
Myrna Loy, Una Merkel*

John Prentice is a successful attorney who often overlooks his wife, Evelyn, as he flirts with other women. When Nancy Harrison, a lovely young client, distracts John, Evelyn takes her own steps towards an affair. However, the man interested in Evelyn turns out to be a criminal, and, in a frantic state, she shoots him. Soon, John is brought in on to the case, but suspicions point away from Evelyn. Will she admit her involvement?

KIRBY PINES MOVIE RATING SYSTEM

= AVERAGE


= GOOD

= EXCELLENT

= OUTSTANDING

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

August 2016

<p>8:00 am ● Church of Christ Service (Chapel) 7</p> <p>10:00 am ● Worship Service (PAC)</p> <p>1:30 pm ● Weekend Movie (Thtr)</p> <p>3:30 pm ● <i>Hymn Sing with Matthew (PAC)</i></p> <p>4:00 pm ● Weekend Movie (Thtr)</p> <p>6:30 pm ● Classic Movie (Thtr)</p>	<p>8:30 am ● Advanced Water Aerobics (Pool) 8</p> <p>9:00 am ● Smart Moves "Hydration" (PAC)</p> <p>9:30 am ● Alterations (A&C)</p> <p>9:30 am ● Group Exercise (PAC)</p> <p>10:00 am ● Hobby Pines Group (Hobby Shop)</p> <p>10:30 am ● Billiard Group (BR)</p> <p>12:00 pm ● Kiwanis Meeting (FDR)</p> <p>1:30 pm ● Game Play (LCR)</p> <p>2:00 pm ● Tai Chi (LCR)</p> <p>6:30 pm ● Bingo (PAC)</p>	<p>8:30 am ● Men's Water Aerobics (Pool) 9</p> <p>9:00 am ● Dr. Mike Abutineh (WC)</p> <p>9:30 am ● Basic Water Aerobics (Pool)</p> <p>10:30 am ● Methodist Health "Parkinson's" (LCR)</p> <p>11:00 am ● Arthritis Stand/Sit Class (A&C)</p> <p>1:30 pm ● Beginners Line Dancing (PAC)</p> <p>2:30 pm ● Advanced Line Dancing (PAC)</p> <p>6:30 pm ● <i>Birthday Night Concert with Jerald Walker Ensemble Orchestra (PAC)</i></p>	<p>8:30 am ● Advanced Water Aerobics (Pool) 10</p> <p>9:30 am ● Group Exercise (PAC)</p> <p>10:00 am ● Memphis Hearing Aid (A&C)</p> <p>10:00 am ● Catholic Services (Chapel)</p> <p>10:00 am ● Shuffleboard (PAC)</p> <p>10:30 am ● Peach World Farmer's Market (Lobby)</p> <p>10:30 am ● Yoga Stretch (PAC)</p> <p>10:30 am ● Garden Gro'ers Club (Greenhouse)</p> <p>1:00 pm ● Needle Arts Group (A&C)</p> <p>1:30 pm ● Game Play (LCR)</p> <p>2:00 pm ● Wii Bowling (LCR)</p> <p>6:30 pm ● Bridge (LCR)</p>	<p>8:30 am ● Men's Water Aerobics (Pool) 11</p> <p>9:30 am ● Basic Water Aerobics (Pool)</p> <p>10:00 am ● Kroger & Banks (Trans)</p> <p>10:30 am ● Magnum PI: Lest We Forget (Thtr)</p> <p>11:00 am ● Arthritis Stand/Sit Class (A&C)</p> <p>1:00 pm ● Walmart & Banks (Trans)</p> <p>1:00 pm ● Dr. Mike Abutineh (WC)</p> <p>1:30 pm ● Magnum PI: Lest We Forget (Thtr)</p> <p>1:30 pm ● Beginners Line Dancing (PAC)</p> <p>2:30 pm ● Advanced Line Dancing (PAC)</p> <p>6:30 pm ● Vespers (PAC)</p>	<p>9:30 am ● Group Exercise (PAC) 12</p> <p>10:00 am ● Art with Class (A&C)</p> <p>10:00 am ● Walmart & Banks (Trans)</p> <p>10:00 am ● <i>Watermelon Seed Spittin' Contest (Outside C/D Wing)</i></p> <p>11:00 am ● Oak Court Mall (Trans)</p> <p>1:00 pm ● Superlo & Bank (Trans)</p> <p>6:00 pm ● <i>Music with Kevin Carson (Lobby)</i></p> <p>6:30 pm ● Bridge (LCR)</p>	<p>7:30 am ● Men's Christian Fellowship (Chapel) 13</p> <p>10:00 am ● Weekend Movie (Thtr)</p> <p>10:30 am ● Bible Study "Thru the Bible" (Chapel)</p> <p>1:30 pm ● Game Play (LCR)</p> <p>1:30 pm ● Beginners Line Dancing (PAC)</p> <p>2:00 pm ● Weekend Movie (Thtr)</p> <p>2:30 pm ● Line Dancing (PAC)</p> <p>4:00 pm ● Shuffleboard (PAC)</p> <p>6:00 pm ● Classic Movie (Thtr)</p>
<p>8:00 am ● Church of Christ Service (Chapel) 14</p> <p>10:00 am ● Worship Service (PAC)</p> <p>1:30 pm ● Weekend Movie (Thtr)</p> <p>4:00 pm ● Weekend Movie (Thtr)</p> <p>6:30 pm ● Classic Movie (Thtr)</p>	<p>8:30 am ● Advanced Water Aerobics (Pool) 15</p> <p>9:00 am ● Smith Jewelers (SCR)</p> <p>9:30 am ● Group Exercise (PAC)</p> <p>10:00 am ● Hobby Pines Group (Hobby Shop)</p> <p>10:00 am ● Focus on Color (A&C)</p> <p>10:30 am ● Billiard Group (BR)</p> <p>10:45 am ● Episcopal Eucharist (Chapel)</p> <p>1:30 pm ● Game Play (LCR)</p> <p>2:00 pm ● Tai Chi (LCR)</p> <p>6:30 pm ● Bingo (PAC)</p>	<p>8:30 am ● Men's Water Aerobics (Pool) 16</p> <p>9:00 am ● Dr. Mike Abutineh (WC)</p> <p>9:30 am ● Basic Water Aerobics (Pool)</p> <p>11:00 am ● Arthritis Stand/Sit Class (A&C)</p> <p>1:30 pm ● Beginners Line Dancing (PAC)</p> <p>2:30 pm ● Advanced Line Dancing (PAC)</p> <p>6:30 pm ● <i>Ballroom Performance and Dance with The Jim Mahannah Band and Dr. John and Kathy Linn (PAC)</i></p>	<p>8:30 am ● Advanced Water Aerobics (Pool) 17</p> <p>9:30 am ● Group Exercise (PAC)</p> <p>10:00 am ● Catholic Service (Chapel)</p> <p>10:00 am ● Shuffleboard (PAC)</p> <p>10:00 am ● Peach World Farmer's Market (Lobby)</p> <p>10:30 am ● Yoga Stretch (PAC)</p> <p>1:00 pm ● Needle Arts Group (A&C)</p> <p>1:30 pm ● Game Play (LCR)</p> <p>2:00 pm ● Virtual Tour (Thtr)</p> <p>2:00 pm ● Wii Bowling (LCR)</p> <p>6:30 pm ● Bridge (LCR)</p>	<p>8:30 am ● Men's Water Aerobics (Pool) 18</p> <p>9:30 am ● Basic Water Aerobics (Pool)</p> <p>10:00 am ● Kroger & Banks (Trans)</p> <p>10:00 am ● Bible Study w/Dave Phillips (Chapel)</p> <p>11:00 am ● Arthritis Stand/Sit Class (A&C)</p> <p>1:00 pm ● Walmart & Banks (Trans)</p> <p>1:00 pm ● Dr. Mike Abutineh (WC)</p> <p>1:30 pm ● Beginners Line Dancing (PAC)</p> <p>2:30 pm ● Advanced Line Dancing (PAC)</p> <p>6:30 pm ● Vespers (PAC)</p>	<p>9:30 am ● Group Exercise (PAC) 19</p> <p>10:00 am ● Art with Class (A&C)</p> <p>10:00 am ● Walmart & Banks (Trans)</p> <p>10:30 am ● NatGeo: Secret Yellowstone (Thtr)</p> <p>1:00 pm ● Superlo & Bank (Trans)</p> <p>1:30 pm ● NatGeo: Secret Yellowstone (Thtr)</p> <p>6:00 pm ● <i>Music with Diana Stein (Lobby)</i></p> <p>6:30 pm ● Bridge (LCR)</p>	<p>7:30 am ● Men's Christian Fellowship (Chapel) 20</p> <p>10:00 am ● Weekend Movie (Thtr)</p> <p>1:30 pm ● Game Play (LCR)</p> <p>1:30 pm ● Beginners Line Dancing (PAC)</p> <p>2:00 pm ● Weekend Movie (Thtr)</p> <p>2:30 pm ● Line Dancing (PAC)</p> <p>4:00 pm ● Shuffleboard (PAC)</p> <p>6:00 pm ● Classic Movie (Thtr)</p>
<p>8:00 am ● Church of Christ Service (Chapel) 21</p> <p>10:00 am ● Worship Service (PAC)</p> <p>1:30 pm ● Weekend Movie (Thtr)</p> <p>4:00 pm ● Weekend Movie (Thtr)</p> <p>6:30 pm ● Classic Movie (Thtr)</p>	<p>8:30 am ● AARP Driver's Class (LCR) 22</p> <p>8:30 am ● Advanced Water Aerobics (Pool)</p> <p>9:30 am ● Alterations (A&C)</p> <p>9:30 am ● Group Exercise (PAC)</p> <p>10:00 am ● Hobby Pines Group (Hobby Shop)</p> <p>10:30 am ● Billiard Group (BR)</p> <p>12:00 pm ● Kiwanis Meeting (FDR)</p> <p>1:30 pm ● Game Play (LCR)</p> <p>2:00 pm ● Tai Chi (LCR)</p> <p>6:30 pm ● Bingo (PAC)</p>	<p>8:30 am ● AARP Driver's Class (LCR) 23</p> <p>8:30 am ● Men's Water Aerobics (Pool)</p> <p>9:00 am ● Dr. Mike Abutineh (WC)</p> <p>9:30 am ● The Book Baggers (Chapel)</p> <p>9:30 am ● Basic Water Aerobics (Pool)</p> <p>11:00 am ● Arthritis Stand/Sit Class (A&C)</p> <p>1:30 pm ● Planet Earth: Pole to Pole (Thtr)</p> <p>1:30 pm ● Beginners Line Dancing (PAC)</p> <p>2:00 pm ● Ladies Interdenominational Meeting "The Uplifters" (Chapel)</p> <p>2:30 pm ● Advanced Line Dancing (PAC)</p> <p>6:30 pm ● Planet Earth: Pole to Pole (Thtr)</p>	<p>8:30 am ● Advanced Water Aerobics (Pool) 24</p> <p>9:30 am ● Group Exercise (PAC)</p> <p>10:00 am ● Catholic Service (Chapel)</p> <p>10:00 am ● Shuffleboard (PAC)</p> <p>10:30 am ● Peach World Farmer's Market (Lobby)</p> <p>10:30 am ● Yoga Stretch (PAC)</p> <p>1:00 pm ● Needle Arts Group (A&C)</p> <p>1:30 pm ● Game Play (LCR)</p> <p>1:30 pm ● Movie: The Big Short (Thtr)</p> <p>2:00 pm ● Wii Bowling (LCR)</p> <p>6:30 pm ● Bridge (LCR)</p> <p>6:30 pm ● Movie: The Big Short (Thtr)</p>	<p>8:30 am ● Men's Water Aerobics (Pool) 25</p> <p>9:30 am ● Basic Water Aerobics (Pool)</p> <p>10:00 am ● Bible Study w/Dave Phillips (Chapel)</p> <p>10:00 am ● Kroger & Banks (Trans)</p> <p>10:30 am ● Planet Earth: Mountains (Thtr)</p> <p>11:00 am ● Arthritis Stand/Sit Class (A&C)</p> <p>1:00 pm ● Walmart & Banks (Trans)</p> <p>1:00 pm ● Dr. Mike Abutineh (WC)</p> <p>1:30 pm ● Planet Earth: Mountains (Thtr)</p> <p>1:30 pm ● Beginners Line Dancing (PAC)</p> <p>2:30 pm ● Advanced Line Dancing (PAC)</p> <p>6:30 pm ● Vespers (PAC)</p>	<p>9:30 am ● Group Exercise (PAC) 26</p> <p>10:00 am ● Art with Class (A&C)</p> <p>10:00 am ● Walmart & Banks (Trans)</p> <p>10:30 am ● Magnum PI: The Curse of the.... (Thtr)</p> <p>1:00 pm ● Superlo & Bank (Trans)</p> <p>1:30 pm ● Magnum PI: The Curse of the.... (Thtr)</p> <p>6:00 pm ● <i>Music with Swain Schaefer (Lobby)</i></p> <p>6:30 pm ● Bridge (LCR)</p>	<p>7:30 am ● Men's Christian Fellowship (Chapel) 27</p> <p>10:00 am ● Weekend Movie (Thtr)</p> <p>1:30 pm ● Game Play (LCR)</p> <p>1:30 pm ● Beginners Line Dancing (PAC)</p> <p>2:00 pm ● Weekend Movie (Thtr)</p> <p>2:30 pm ● Line Dancing (PAC)</p> <p>4:00 pm ● Shuffleboard (PAC)</p> <p>6:00 pm ● Classic Movie (Thtr)</p>
<p>8:00 am ● Church of Christ Service (Chapel) 28</p> <p>10:00 am ● Worship Service (PAC)</p> <p>1:30 pm ● Weekend Movie (Thtr)</p> <p>3:30 pm ● <i>Hymn Sing with Matthew (PAC)</i></p> <p>4:00 pm ● Weekend Movie (Thtr)</p> <p>6:30 pm ● Classic Movie (Thtr)</p>	<p>8:30 am ● Advanced Water Aerobics (Pool) 29</p> <p>9:30 am ● Group Exercise (PAC)</p> <p>10:00 am ● Hobby Pines Group (Hobby Shop)</p> <p>10:30 am ● Billiard Group (BR)</p> <p>1:30 pm ● Game Play (LCR)</p> <p>2:00 pm ● Tai Chi (LCR)</p> <p>6:30 pm ● Bingo (PAC)</p>	<p>8:30 am ● Men's Water Aerobics (Pool) 30</p> <p>9:00 am ● Dr. Mike Abutineh (WC)</p> <p>9:30 am ● Basic Water Aerobics (Pool)</p> <p>11:00 am ● Arthritis Stand/Sit Class (A&C)</p> <p>11:00 am ● <i>Lunch Bunch @ Stoney River Steakhouse & Grill (Trans)</i></p> <p>1:30 pm ● Beginners Line Dancing (PAC)</p> <p>2:30 pm ● Advanced Line Dancing (PAC)</p>	<p>8:30 am ● Advanced Water Aerobics (Pool) 31</p> <p>9:30 am ● Group Exercise (PAC)</p> <p>10:00 am ● <i>Carousel of Shoppes (PAC)</i></p> <p>10:00 am ● Catholic Service (Chapel)</p> <p>10:00 am ● Shuffleboard (PAC)</p> <p>10:30 am ● Planet Earth: Fresh Water (Thtr)</p> <p>10:30 am ● Peach World Farmer's Market (Lobby)</p> <p>10:30 am ● Yoga Stretch (PAC)</p> <p>1:00 pm ● Needle Arts Group (A&C)</p> <p>1:30 pm ● Planet Earth: Fresh Water (Thtr)</p> <p>1:30 pm ● Game Play (LCR)</p> <p>2:00 pm ● Wii Bowling (LCR)</p> <p>6:30 pm ● Bridge (LCR)</p>			<p>ABBREVIATIONS KEY</p> <ul style="list-style-type: none"> ● Thtr - Theater ● FDR - Formal Dining Room ● PAC - Performing Arts Center ● BR - Billiard Room ● Trans - Transportation ● HS - Hobby Shop ● SCR - Small Card Room ● A & C - Arts & Crafts Room ● LCR - Large Card Room ● WC - Wellness Clinic

August 2016 EVENTS

Aug 1: Get Fit with Oasis Coordinator Mary Hand

Advanced Water Aerobics classes will be held on Mondays & Wednesdays at 8:30 am. Basic and Beginning Water Aerobics is on Tuesdays & Thursdays at 9:30 am. Men's Water Aerobics are held on Tuesdays & Thursdays at 8:30 am. Arthritis Sit/Stand classes are on Tuesdays & Thursdays at 11:00 am in the Arts & Crafts Room.

Aug 1: Focus on Color

Coloring books are incredibly simple, portable, easy to pick up and put down and a colored-in page takes up almost no space at all. So come to the Arts and Crafts Room every other Monday at 10:00 am. All you need to bring besides yourself is your coloring book and utensils to color with. Some of these supplies are offered for sale in the Blossom Shop. This has really taken off! Come enjoy the fellowship.



Aug 1: First Monday Poetry Group

Come to listen; come to read; come to recite from memory. Share a favorite verse or two as others share their verse with you. Everyone is welcome. Check out "The Poet's Corner" on the post office bulletin board where a residential poet will be featured each month. We meet the first Monday of every month at 10:00 am in the Chapel.

Aug 1: Game Play Group

Like to play games? Bring your own to share or join in with someone already there! Meets in the Large Card Room every Monday, Wednesday and Saturday at 1:30 pm.

Aug 1: Tai Chi

If you're looking for a way to reduce stress, consider tai chi (TIE-CHEE). Originally developed for self-defense, tai chi has evolved into a graceful form of exercise that's now used for stress reduction and a variety of other health conditions. Under the instruction of Sheila Raye, tai chi meets in PAC every Monday at 2:00 pm.



Aug 1: Bingo Night

Join us for a fun filled evening of BINGO! Entry costs only \$1 per card, with an opportunity to win up to two prizes. Every Monday night at 6:30 pm in the PAC.

Aug 2: Medical Director Dr. Mike Abutineh MD

Will be in the Wellness Clinic Tuesdays 9:00 am -12:00 pm. Thursdays 1:00-4:30 pm. Appointments required.

Aug 2: Rhythm Band presents "Bye, Bye Blues, Be Happy"

Join the residents in our Rhythm Band as they sing some of our favorite happy tunes. They guarantee that you will be tapping your toes and singing along! Tuesday, August 2nd at 6:30 pm in The PAC.

Aug 3: KP Travelers Meeting

Calling all adventurous spirits! The Travelers are back in action and will be meeting to discuss upcoming outings and trips for 2016/17. The group meets on the first Wednesday of every month at 10:00 am in the Large Card Room. They are always interested in new ideas of places to go and things to do.

Aug 3: Peach World Farmer's Market

Kirby Pines Farmers Market brought to you by Peach World will be in the Lobby every Wednesday from 10:30 am to 2:00 pm. I know we all can't wait for those homegrown tomatoes, peaches, peas and other wonderful fresh produce.

Aug 3: Yoga Stretch

Yoga is known to have a wide range of benefits- maybe you're sleeping better or getting fewer colds, your balance is improving. If you have not yet joined this class come and see what benefits it might have for you. This is not advanced so don't worry about getting on the floor and not being able to get up. You will be sitting in a chair or standing. Class is every Wednesday at 10:30 am in the PAC.

Aug 3: Movie: The King's Speech

When England's throne is suddenly thrust upon him, amidst royal family scandal and impending world war, King George VI (Colin Firth) must overcome a lifelong, debilitating speech impediment to lead his nation. After his iron-willed, compassionate wife Elizabeth (Helena Bonham Carter) secretly enlists an eccentric speech therapist (Geoffrey Rush), the two men forge an unlikely friendship that will ultimately empower the monarch to find his voice, inspire his people and rally the world. Based on an inspiring true story, The King's Speech has been universally hailed as "a masterpiece. The majestic cast is overwhelming" Movie Theater Shows 1:30 pm & 6:30 pm.

Aug 3: Virtual Wii Bowling

Come join the fun every Wednesday afternoon at 2:00 pm in the Large Card Room. No skill required. It is set up on the TV; all you have to do is check out the remotes from the Front Desk and return them whenever your game is over.

Aug 4: Election Day

Your vote counts! Transportation will be taking residents to the polls on Thursday, August 4th at 10:00 am. If this time does not work for you or you cannot ride the bus, please call transportation and they will make arrangements to take you.



Aug 5: Music with Kenny Lackey

Introducing musician, comic, and impressionist, Kenny Lackey! Kenny's show includes oldies but goodies as well as a wide range of musical greats that is sure to entertain and please any audience. His piano and voice skills will captivate and excite as well. With a touch of clean comedy and a warm heart, please enjoy and welcome the musical sounds of the Kenny Lackey Show. Join us in the Lobby at 6:00 pm.

Aug 7 & 28: Hymn Sing with Matthew

Join Matthew for song and worship on these two Sundays in the PAC from 3:30 pm to 5:00 pm.

Aug 8: Smart Moves

This month's topic is "Maintaining Proper Hydration" 9:00 am in PAC. Notice this is a new time. It has been changed permanently.



Aug 9: Methodist Health Alliance Presentation

Parkinson's Disease affects up to 1 million people in the United States. Doctors diagnose as many as 60,000 cases each year. Parkinson's strikes 50 more men than women and the average age of onset is 60. Join Chrystal Fritz with Methodist Home Care to learn and understand more about this disease. Tuesday, August 9th at 10:30 am in the LCR.

Aug 9: Birthday Night Concert with Jerald Walker Ensemble Orchestra

Jerald Walker, a senior at Overton High School, is not only a fine violinist, but is a prodigious composer and conductor of the recently formed Chamber Ensemble of 20 members. His compositions include two full symphonies and several concertos, all of which have been publicly performed in concerts or

recitals. He was selected to perform in the Honors Performance Series concert at Carnegie Hall in New York City on Valentine's Day. Don't miss this exciting performance. Tuesday, August 9th at 6:30 pm in the PAC.

Aug 10: Garden Gro'ers Club Meeting

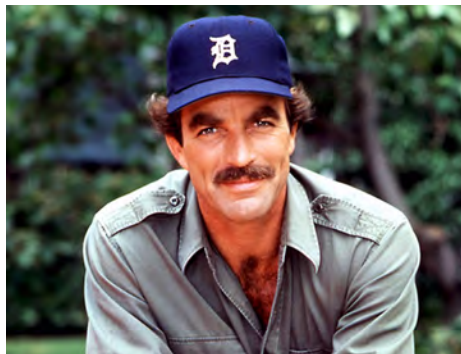
Congratulations All Gro'ers!! We have had the best tomato season ever. We have enjoyed sharing them with our fellow residents. The secret Watermelon Patch melons will be ripe and ready for eating at our August Meeting on Wednesday, the 10th at 10:30 am in The Gazabo. We are beginning to plan our winter garden projects. Root and green leafy vegetables plus onions will be planted once the last of the summer produce has been harvested. You don't need a green thumb to be a member of this busy group.. Remember, give a tomato and make a friend. Come on down to the Greenhouse every 2nd Wednesday at 10:30 am and dig in! Contact Dr. Charles Parrott with questions at 795-4394.

Aug 10: Memphis Hearing Aid Service

On the second Wednesday of every month, at 10:00 am in the Arts & Crafts room, Dr. Rena C Booth will be offering: Free Hearing Evaluation, Free Hearing Aid Consultation, Free Hearing Aid Clean, Check, and Adjustment. Please call 682-1529 for more information or to schedule a visit.

Aug 11: Magnum P.I.: Lest We Forget

A Supreme Court nominee hires Magnum to find the woman he married on the eve of the raid of Pearl Harbor. Separated during the bombings, she was presumed dead until recently. Movie Show Times 10:30 am & 1:30 pm.



Aug 12: Watermelon Seed Spitting Contest

Come one, come all to the Annual Watermelon Seed Spittin' Contest on Friday, August 12 outside C/D Wing. Everyone is practicing and ready to find out who the best spitter really is! Whether a contestant or not, come enjoy the fun and ice cold slice of watermelon 10:00 am.



Aug 12: Music with Kevin Carson

Kevin is a talented guitarist and vocalist who specializes in songs from the 50s with a little from the 60s and 70s. He's been a band leader for the past 20 years, touring throughout the US, Canada, Europe, and Asia with such notables as Hootie & The Blowfish, Edwin McCain, Willie Nelson, and Jonny Lee. Join the gang at 6:00 pm in the Lobby.

Aug 13: Through the Bible

Through the Bible is an intense study of the Bible led by Gail Kommer, meeting the second Saturday of every month at 10:30 am in the Chapel. Class discussion encouraged. Join this group of ladies who enjoy learning about God's Word.



Aug 16: Dance with the Jim Mahannah Band & Ballroom Dancing with the Linns

We will start this evening out with a Ballroom Dancing Program with Dr. John and Kathy Linn at 6:30 in The Performing Arts Center. Dr John and Kathy have been ballroom dancing for fun and competition for many years. They will once again entertain us with various types of dance including Latin and Traditional "as they trip the light fantastic".

Aug 17: Virtual Field Trip

Join us in the Movie Theater as we go on a Virtual Field Trip. Where ever we go you will be able to see your tour guide live and they can see you. The destination will be announced closer to the time to enable the creators to send us to the most interesting places. The journey begins at 2:00 pm. in the Movie Theater. Watch your bulletin boards for details.

Aug 19: NatGeo: Secret Yellowstone

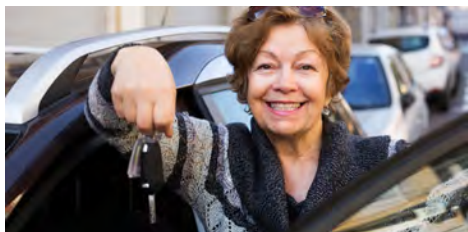
National Geographic cameras capture unseen aspects of magnificent Yellowstone -- America's oldest national park and among the most visited, though only 10 percent of its massive acreage is known and traveled. Viewers journey through the ecosystem's untamed beauty to sites tourists never see, including a 20-mile-long canyon and newly discovered waterfalls. The documentary also focuses on the effects of restoring Yellowstone's wolf population. Theater Showtimes 10:30 am & 1:30 pm.

Aug 19: Music with Diana Stein

Diana Stein has been playing piano professionally for about 30 years. Her repertoire includes standards, blues, jazz, ragtime, theater music, & some boogie-woogie! Her greatest pleasure is reaching out with music, and touching those who listen, or just making them feel happy. Join us at 6:00 pm in the Lobby, Friday August 19th.

Aug 22 & 23: AARP Driver's Class

The course is given in two separate sessions over a two day period. Each class day lasts approximately 4 hours. You must attend both days to be awarded a certificate of completion. The classes are taught by trained volunteer instructors. AARP members cost is \$15.00 and non-members cost is \$20.00 This will take place in the Large Card Room on August 22 & 23 from 8:30 am-12:30 pm. Call Activities to sign up. 866-4414. Large Card Room 8:30am to 12:30 pm.



Aug 23: The Book Baggers

Whether you read or would like to hear about books being discussed, come and check us out. This is a great way to expand your horizons. This month's read will be "The Kitchen House" by Kathleen Grissom. The Book Baggers meet the 4th Tuesday of every month in the Chapel at 9:30 am. New members welcome!

Aug 23: Ladies Interdenominational Circle "The Uplifters"

The Uplifters Circle is a nondenominational group of women dedicated to missions, prayer and Bible study. All are welcome, come to the Chapel at 2:00 pm to join in fellowship with this wonderful group of ladies every fourth Tuesday of the month.

Aug 23: Planet Earth: Pole to Pole

The introduction to the series looks at our planet as a whole and considers the key factors that have shaped its natural history. Without fresh water there is no life on land, while the sun dominates the lives of all animals and plants on Earth and defines their habitats. Theater Showtimes 1:30 pm & 6:30 pm.



Aug 24: Movie: The Big Short

Before the housing and credit bubble of 2007 triggers an international economic meltdown, a handful of financial outsiders sees the crash coming and bets against the big banks in a daring play that could reap them huge profits. Theater showtimes 1:30 pm and 6:30 pm.

Aug 25: Planet Earth: Mountains

This tour of our mightiest mountain ranges, starting with the birth of a mountain at one of the lowest places on Earth and ending at the summit of Everest, takes in some of the most reclusive creatures on the planet and reveals the secrets of their survival. Theater Showtimes 10:30 am & 1:30 pm.

Aug 26: Magnum P.I.: Curse of the King Kamehameha Club

A Kahuna appears to place a "curse" on the King Kamehameha Club, where Rick is organizing a surf-ski competition. Magnum and the others are skeptical, but could there be some truth to the curse? Theater Showtimes 10:30 am & 1:30 pm.

Aug 26: Music with Swain Schaeffer

Come on down to the Lobby, Friday, August 26 at 6:00 pm for some fun and music with the boogie woogie piano playing of Swain Schaeffer.

Aug 30: Lunch Bunch @ Stoney River Steakhouse & Grill

Stoney River is an upscale steakhouse, specializing in hand-cut steaks and gourmet entrees, served in a sophisticated atmosphere by professional servers. Guests can enjoy diverse menu offerings such as Center-cut Filets, Bone-in Rib-eye's or a Classic NY Strip. Not in the mood for a steak? Stoney River offers fresh seafood selections, signature salads and house specialties. Sign up in transportation. Bus leaves at 11:00 am.

Aug 31: Kirby's Carousel of Shoppes

Enjoy a day of shopping and fun at our third annual Kirby Carousel of Shoppes. A variety of vendors including 31 Bags, Chico's, Dillards Carriage Crossing, Premier Jewelry, Pepperite Stationery, and Dinstuhl's will be here with an array of merchandise to choose from. There will be door prizes and light refreshments for all to enjoy from 10:00 am to 2:00 pm in and around the PAC. What a great way to start your holiday shopping.

Aug 31: Planet Earth: Fresh Water

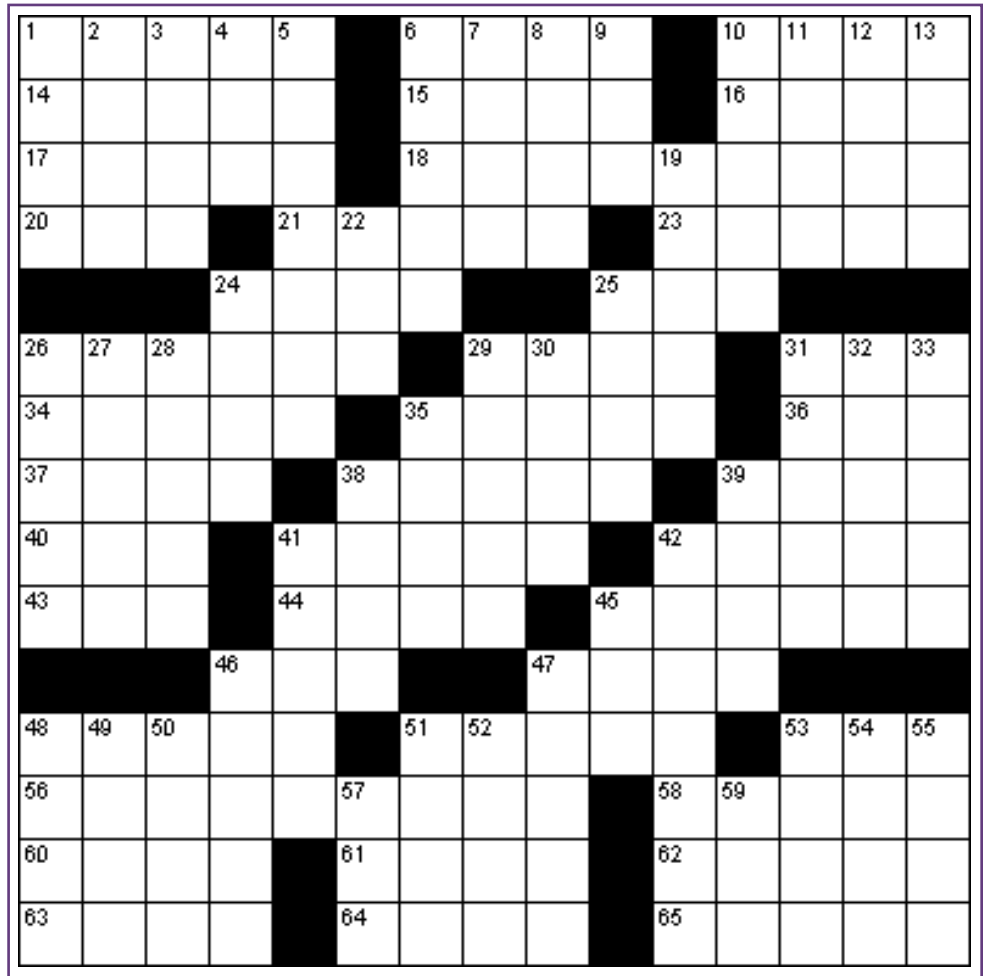
This episode follows the descent of rivers from their mountain sources to the sea and showcases the unique and dramatic wildlife found within Earth's unexplored waters. Together the waterfalls, canyons, frozen lakes, wetlands and great rivers form a world of mystery, excitement and awe-inspiring sights. Theater Showtimes 10:30 am & 1:30 pm.

ACROSS

1. Cetacean mammal
6. Part of the forearm
10. Furry mammal
14. Competitor
15. Gaseous element
16. Wheel shaft
17. Wear away
18. Soldier of ancient Rome
20. Novel
21. Computer peripheral
23. Observed
24. Heaviness
25. Metallic element
26. Powerfully persuasive
29. Redact
31. Type of tree
34. Not together
35. Long-necked wading bird
36. Compete
37. Morass
38. Famous boy wizard
39. Swerve
40. Finish
41. Large bovid
42. Consignment
43. Pasture
44. Cricket term
45. Hurry
46. Female deer
47. Ebbs and flows
48. Cover
51. **Herbivorous quadruped**
(see photo for hint)
53. Acquired
56. Nauseating
58. On edge
60. Additional
61. Tournament
62. Frog-like sound
63. Cervid
64. Curve
65. Bird of prey

DOWN

1. Small bird
2. Charter
3. Affirm



4. Boy or man
5. Basic substance
6. Unexpurgated
7. Fermentation sediment
8. Not any
9. Insect
10. Nobleman
11. Go out
12. Succulent plant
13. Rip
19. Join together
22. Frequently
24. In this place
25. Diminutive
26. Dromedary
27. Speak up
28. Irish police force
29. Mistake
30. Sew
31. Obviate
32. Blockade
33. Water bird
35. Lawsuit
38. Bee house
39. Ornamental jar
41. Cubicle
42. Recurrent series
45. Belonging to him
46. Try to prevent
47. Tendency
48. Toboggan
49. Unit of play in golf
50. Alleviate
51. Trust
52. Portent
53. Rum and water
54. Ellipse
55. Youngster
57. Weep
59. Epoch



Puzzle Solutions - page 21



KIRBY PINES SnapShots



Joyce Read with some of the Steppin' Out Dancers after their Patriotic Program.



Pat Cavender and Pat Redden enjoyed the Patriotic Program as well.



Jody Sosh performs with the Steppin' Out Dancers in the PAC with their Patriotic Program.



The Kirby Pines Line Dancers are dressed and ready to entertain during the Annual Kirby Pines 4th of July Parade.



Helen Gaines and her patriotic poochl



Dr. Charles Parrott leads part of the procession on his decked out trike during the 4th of July Parade



Betty Gray and Casey are dressed to impress for the 4th of July

KIRBY PINES SnapShots



Lee Brown, looking adorable, is ready to start parading.



Dan and Carol Yount are so cute in their color coordinated outfits during the parade.



Lenora Smith enjoyed an evening of music performed by her great-grandchildren Luke, Emily and Grant accompanied by their mother Christy



Jim Stafford at birthday dinner with Betty Burkhalter, George and Nancy Pence, Mary Louise and Dunlap Rose and Andy Barksdale



Helen Magill enjoys breakfast in The Bistro with granddaughter Abbey and her husband James from Colorado and their two daughters



Shirley Lynn celebrated at birthday lunch with Gay Beaumont, Patti Tracey and Jewel Crowson



KIRBY PINES SnapShots



Bettie Clemmons at the Kirby Pines Farmers Market checks out the tomatoes



Margaret Bivens and Berry Terry play around for the camera while admiring the peaches



Jettie McCombs celebrated her birthday with friends Helen Billingsley and Billie Arnold



Betty Gray celebrated her first birthday dinner at Kirby with husband James, daughter Karen Watson and her husband Chuck and son Jeff Gray



Ken Lewis is surrounded by beautiful ladies at his birthday, Fran Gentry, Lenora Smith, Mary Gullett and Eloise Sattin



Alice Juengling had a great birthday with her son Brian and his wife Margo



Gail Kommer celebrated her birthday with daughter Charlotte, Freda Alford, Pattye and Gene Rhodes and Eve Baker



Shirley Brown celebrated her birthday with friends Peggy Collins, Ann Parzych and Audrey Masters

Memorials, Honorariums & Gifts

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BETSYE FRENCH

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to the General Fund

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to the Library Fund

Donation by Mr & Mrs Dunlap Rose
to the Library Fund

Donation by Marsha Greiner
to the Library Fund

Donation by James Stafford
to the Library Fund

Donation by Joyce Miller
to the Library Fund

Donation by Jim & Gloria Elliott
to the Library Fund

Donation by Judge & Mrs Morgan Fowler
to the Library Fund

In Honor Of

JIM BAMPFIELD

Donation by Patti Tracey
to the Hobby Shop

DR. CHARLES PARROTT

Donation by Mr & Mrs Howard Shelton
to the Garden Fund

Gifts To

THE HOBBY SHOP

Donation by Bobbe Stigall

Donation by Bob Field

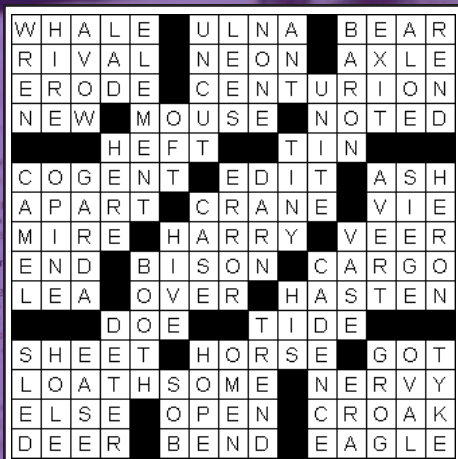
Donation by James Bampfield

Donation by Clara Mae Francis

Donation by Virginia Waller



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ON PAGE 17



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