

the PINECONE

The Magazine of Kirby Pines Retirement Community • February 2016 | V. 34 | I. 2

**"...QUALITY OF LIFE
HAS MUCH TO DO WITH
QUALITY OF
RELATIONSHIPS"**

DAVID MORELAND
VICE PRESIDENT, SALES &
MARKETING AT KIRBY PINES

It's the Year of the Monkey

at Kirby Pines

In February, we can celebrate by welcoming in the Chinese Lunar New Year 4713 - the Year of the Monkey. Unlike western calendars, the Chinese calendar has names that are repeated every 60 years. 2016 is the year of the Red Fire Monkey. It is a year to take action, as "fire" spreads quickly. The Chinese New Year is expected to usher in business success for those who are sharp, alert, social and lack inhibition. As we transition into the Year of the Monkey, unexpected things can happen.

One of the characteristics of the Monkey is an extreme lack of inhibition to get things they want, rather than to wait for things to come to them. This very clever, inquisitive and social animal has many talents, and while very playful, can easily become aggressive. The earthly sign of "fire" allows the red monkey to overcome obstacles, as fire can eventually move around, over or under anything in its path. Fire adds the power to feed or diminish any crisis. It almost appears that the Chinese predicted the "election year".

Some of the more famous people born under the Monkey are Al Gore, Lauren Bacall, George Bush Sr. and Donna Summer. The Monkey's lucky colors are red, light blue and white. If you were born in: 1921 you are a White Metal Monkey; if you were born in 1933 you are a Black Water Monkey; born in 1945 you are a Green Wood Monkey and if

you were born in 1957 you are a Red Fire Monkey. The Red Fire Monkey is more intense and passionate than the average monkey, able to stay focused, very intelligent and often the first person to see a solution to a problem.

In February, we also celebrate Valentine's Day. If you have not bought your Valentine cards, you still have time to do so in the Blossom Shop. Valentine's Day is a time to celebrate your one true love, and the love you have for friends and family. Also, it is one of the few days when you can eat all the chocolate candy you want to, and no one will say anything about it!

So with these two celebrations happening in the same month this year, you may want to check the Kirby web site for the unexpected concert, trip or social dining event you can participate in. Wishing you happiness, prosperity, and a Happy Valentine's Day.

"Gung Hay Fat Choy"



Michael Escamilla,
Executive Director,
Kirby Pines

ON THE PINECONE COVER

Kirby Pines Introduces David & Shirley Moreland

My wife, Shirley, and I are thrilled to become members of the greater Memphis Community and to provide service and leadership to Kirby Pines and The Farms at Bailey Station. It is an honor for us to be included in the team of these two great organizations.

We have felt the embrace of southern hospitality and are thankful for our new life and many friends we are getting to know.

With the passing of time we trust our paths will cross and we will get to know most of you by name and begin building history together. (see page 8)



David and Shirley Moreland
in their new Memphis home

Kirby Pines Retirement Community
is managed by:



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welcome to

Kirby Pines



JL & Betty Gray

James L (JL) and Betty Gray have moved to the Kirby Pines from their previous home in Pickwick Dam, TN. Married for 65 years, they have 3 children, 6 grandchildren and 4 great grands. JL was in the US Army, with rank of Sergeant, serving in South Korea. For 48 years, JL was in the hardwood lumber business, with 32 of those years employed by the Memphis Hardwood Flooring Company with the title of Plant Manager. Betty was a homemaker.

Their hobbies and interests include bridge, tennis, exercise classes, movies, and needle work (Betty) and bridge, sports, and boating (JL). For 20+ years, they have enjoyed their boat, the Graysbet, moored at the Pickwick State Park Marina; and look forward to cruising to Nashville, Knoxville, and more. Betty was a member of the Racquet Club of Memphis, and was President of the Garden Club. Upon his retirement, the National Hardwood Lumber Association gave JL a Special Recognition Award as Director of the Association for the years 1977-1983.

As residents of our community, JL and Betty will make new friends and continue enjoying their passions. Being as active as they wish or finding quiet nooks for visiting and talking – their choice. Life is good.



Joan Haynes

Joan Haynes moved to the Kirby Pines Retirement Community from her previous residence in Memphis, Born in Columbus, Ohio, Joan has 3 children, 6 grandchildren, and 2 great grands. Prior to retirement, she had a 40-year career as a Certified Travel Consultant with A&I Travel. Joan is a member of the Business Professional Women Organization and member of the Emmaus Study Group; she also has published a research paper in a textbook for Certified Travel Consultants.

Commensurate with her career in the travel industry, Joan's travels include across the United States, all over Europe, Africa, Asia, South America, Caribbean, and Canada. Her music preferences are "all kinds" including, classical, Gospel, Country, and Hip Hop. Other interests include theatre, church, and gardening.

With her broad professional background and many talents, Joan will have opportunities to make new friends and contribute to the many volunteer efforts to enhance our retirement community. Joan, we are pleased that you have chosen to be one of us. Welcome.

*All New Resident bios are written
by Jacqueline Besteman,
Kirby Pines Resident*



Mary Xiques

Mary Xiques joins us from her previous residence in Germantown. She and her husband, Jack, were married for 50 years. Mary received a BA Degree in Education from Southwestern at Memphis (now, Rhodes College), and taught in Memphis City Schools for 30 years. She was elected to the Phi Beta Kappa Honor Society, and was President of the Shelby County Republican Women's Club. She is a member of the Church of Christ.

Of great interest to Mary is expanding her knowledge of world history, and visiting historical monuments around the world. Travel includes most of the U.S., Alaska, Hawaii, Mexico, England, France, Germany, Italy, plus Baltic Sea Capitals visited as part of several cruises. She enjoys computer activities, card games, history, puzzles, and older movies.

Welcome to Kirby Pines, Mary. Other residents who also were historians and teachers welcome you to their ranks. As you become familiar with the array of programs, we're sure that you will be asked to lend a hand in your areas of expertise. We hope that you will join our cadre of volunteers. Giving and receiving are the norms of every-day efforts to make a difference in the lives of our residents – with your background, Mary, you are a "natural" fit.

What's New the Newest Exercise Class at *Kirby Pines Estates?*



Hint: It has a long list of health benefits:

Increases range of motion and flexibility, builds stronger muscles, improves posture and balance, reduces emotional and physical stress, and increases self-awareness and self-esteem.

If you guessed the new Yoga class that meets every Wednesday at 10:30 in the PAC, you are right.

Studies conducted by Columbia University and New York University found that in over 200 participants who practiced twelve basic poses every day for ten years showed improved bone density of the spine and femur without suffering any fractures or serious injuries.

Weight-bearing activity is often recommended to patients with bone loss, and Dr. Fishman argues that certain yoga positions fit the bill. "Yoga puts more pressure on bone than gravity does," he said in an interview. "By opposing one group of muscles against another, it stimulates osteocytes, the bone-making cells."

Many participants were avoiding drugs in an effort to lessen side effects of gastrointestinal problems. On the other hand, yoga's "side effects," Dr. Fishman and colleagues wrote recently, "include better posture, improved balance, enhanced coordination, greater range of motion, higher strength, reduced levels of anxiety and better gait."

The practice of yoga can be protective even if bone density did not increase improvements in posture and balance. Dr. Fishman said. "Spinal fractures can result from poor posture, and there's no medication for that, but yoga is helpful," he said.

In addition, "Yoga is good for range of motion, strength, coordination and reduced anxiety," he said, "all of which contribute to the ability to stay upright and not fall. If you don't fall, you greatly reduce your risk of a serious fracture."

Relaxation and breathing is the other side of Yoga that reduces stress, anxiety, and depression which in turn improves blood pressure, quality of sleep, and feeling of well-being. Consider trying this new class involving no mats on the floor or strange mantra and most poses are either seated or standing with lots of good safe stretching.



2016

60 DAYS OF EXERCISE
•••CHALLENGE•••

We have had great participation in the 60 Days of Exercise Challenge with Dots on the board representing over 500 sessions of exercise by 36 participants. With the possibility to have multiple winners, we will draw a name from the top number of exercisers, to select the winner of the Exquisite Cuisine meal for two. Some consolation prizes will be awarded too.



Be looking for more detail about
Walk with Ease
classes coming in March.

This is a great way to begin an exercise program starting with a 10 minute walk. Class is limited to 15. Register with Jesse in the Activities Office or Mary in the Oasis.

Our first class is March 14, meeting twice a week for 9 weeks.

The heart is a muscle that is usually the size of your fist. To be so small it is very powerful. The heart has two pumps. The stronger pump uses arteries to send blood with oxygen away from the heart. The other pump uses veins to bring blood back to the heart and sends it to the lungs to get more oxygen. The heart keeps you alive and keeping it healthy is very important.

Aging can cause changes in the heart and blood vessels but the main heart problems are caused by disease and not age, although, the changes that happen as one gets older can cause heart disease. Changes in the heart that are a result of age are blood vessels become stiffer, causing some parts of your heart wall to thicken to help with blood flow. Your valves may become thicker and stiffer, causing an increase in leaks or problems with pumping blood out of the heart. Living a healthy lifestyle can help you avoid or delay serious illness.

Heart disease consists of a range of conditions that affect your heart. Blood vessel disease, coronary artery disease, heart rhythm problems, heart defects you are born with, etc. are all classified as heart disease. Many forms of heart disease can be prevented or treated with a healthy lifestyle. Risk factors that are linked with not having a healthy lifestyle are smoking, obesity, physical inactivity, and poor diet. Other risk factors that can contribute to heart disease are family history, diabetes, high blood cholesterol levels, high blood pressure, stress, and poor hygiene.

To prevent heart disease one may need to change his or her lifestyle all together. A good start for a smoker, is to stop smoking. You want to get your health conditions such as high blood pressure, diabetes, and high cholesterol under control. Everyone should exercise at least 30 minutes a few times a week and regularly follow a healthy diet low in salt and saturated fats. Doing those last two things will help maintain a healthy weight which is key to a healthy lifestyle. Last but not least we want to practice good hygiene to prevent infections that can cause heart infections. Let's all have a healthy lifestyle this year and prevent heart disease!

Please join Katie and our new wellness coordinator Billy in the PAC on February 8th at 9:45 am for our Smart Moves Presentation!





DIRECTOR OF DINING SERVICES
MARK SIMPSON

DON'T MISS THE NEXT KIRBY PINES EVENING OF
EXQUISITE CUISINE
Enjoy a taste of Spain THURSDAY, FEBRUARY 25, 2016



Mejillones Valencianos

Valencian Mussels sautéed with onion and garlic, then finished with a white wine and tomato based sauce. Served with toast points

Ensalada con Naranjas y Aceitunas

Navel oranges accent peppery arugula topped with slices of sweet red onions and delicate Spanish Black olives to bring this light salad together

Chuleta de cordero con cuscus, berenjenas y pimientos rojos asados

Marinated and grilled lamb chop served with couscous, eggplant and roasted peppers

Vino pera cocida roja con Mascarpone Queso Relleno

Red wine poached pear with Mascarpone cheese filling



.....
 "I was a humdrum person
 leading a life apart,
 when love flew in through
 my window wide and
 quickened my humdrum heart..."

"What Is This Thing Called Love"
 - Cole Porter 1929

At some level, they were attracted to each other. A subtle unformed "sensing" was put into play, beginning the ritual "dance" called courtship. Betty was drawn to Fred because he was handsome, confident, and ambitious, eager to 'make his mark' in the business community. Fred was drawn to Betty because she was pretty, friendly, vivacious, kind, and funny. Their courtship included movies at the Warner Theater on Main Street, and dinners at, for example, Fortune's Jungle Gardens. The attraction morphed into love – a desire to be together for all time. They married in 1952, and recently celebrated their 63rd anniversary with a family of 2 sons and 2 grandchildren. What makes a union between 2 people last a life time? What is this thing called love?

To love and be loved are foundations on which we "connect" with another. One's mind and one's heart (emotions) work in sync shaping this thing called love. Metaphorically, we say that we "give our heart" to another; we say that love makes the heart sing. Love is a commitment to another, a promise to be there in good times and sorrows. When a spouse or partner passes away, memories of those years remain. These memories are a steady presence as one comes to grips with a wrenching loss. Each day, love your loved one fully.

To all lovers – we are blessed.

- Jacqueline Besteman, Resident

Fred & Betty Blake

THE POWER OF ATTRACTION

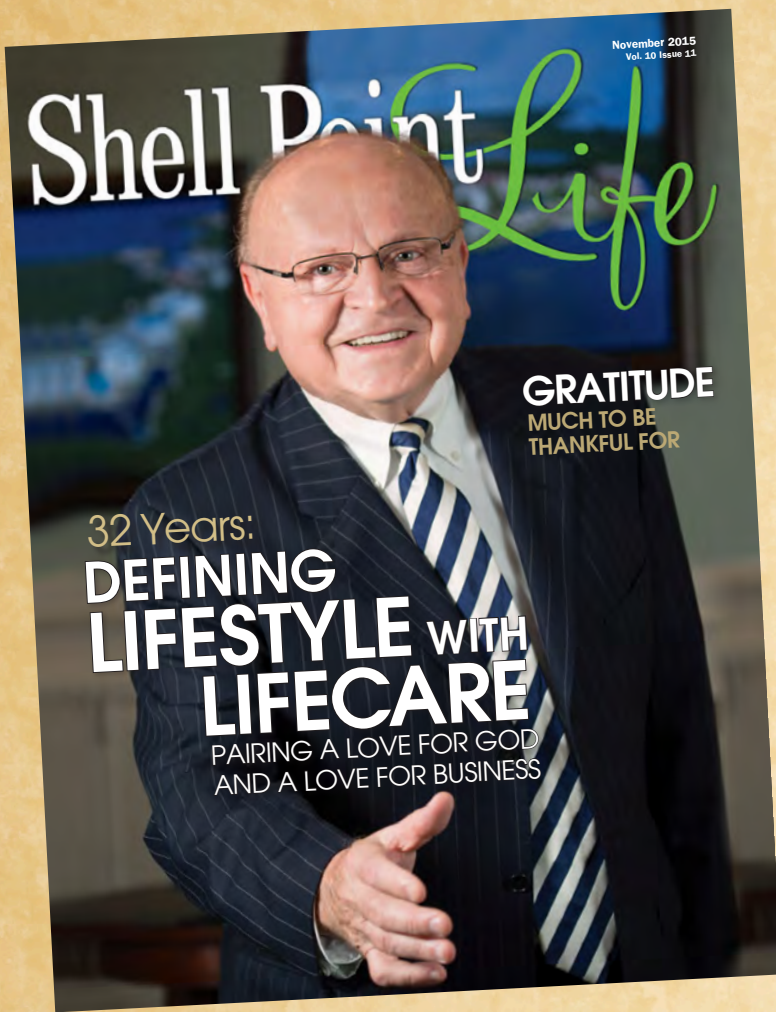
During WWII, Fred's military service was with the US Army Combat Engineers, building bridges and roads in North Africa, Italy, Luzon, and the Philippine Islands. Upon discharge, Fred joined the Holiday Inn Corporation as Hospitality Manager.

In 1951, Betty was a teller at the National Bank of Commerce. One day, Fred, a handsome young man, fresh out of Southwestern College with a BA Degree in Philosophy, came into the bank to talk business with a senior staff member, who happened to be the young lady's boss. When Fred left the bank, he took with him Betty's name and phone number (given to him by the banker). He wanted to get to know this pretty young lady, and, serendipitously, she wanted to get to know him as well.



Betty and Fred on their wedding day - 1952





PAIRING A LOVE FOR GOD AND A LOVE FOR BUSINESS

David Moreland comes to Kirby Pines from the Shell Point Retirement Community, located in Fort Myers, Florida. Driving the Shell Point occupancy rate to a record 98%, David Moreland had guided the Sales and Marketing team efforts there since 1984.

When he started at Shell Point, he did not understand what Life Care was and had no background in senior living. He didn't realize at the time what a great business it was, and what a great job it would become. He is quoted from his farewell story Shell Point Life magazine (pictured left) below:

"We feel that this was our destiny, that God brought us here. I never dreamed that this would be such a great business and ministry. This dual passion – loving God on one hand and loving business on the other came together so beautifully for us and has made a great career. I could have never created it or even thought it up, but it has worked out so well."

His retirement as Vice President at Shell Point, began on January 1, as he left a legacy and solid path of success for the largest single-site continuing care retirement community in Florida, to join Kirby Pines with the same goals, passion and determination.

We welcome David and his wife Shirley into our Kirby Pines family and look forward to the exciting things ahead for our community.



David Moreland during his college days at Columbia International University



David with his young twin sons, David and John.



David Moreland pictured with his mother during the time she lived at Shell Point



David and his wife, Shirley, being honored with a Lifetime Achievement Award

Congratulations employee of the month | Pablo Calibo

Pablo Calibo demonstrates a genuine caring attitude for Kirby Pines and the job he does. Residents are known to request him personally for their maintenance concern and even wait by the elevator in the afternoon to speak to him. Pablo continues to be a valuable asset to the Maintenance Department. He responds to a problem with a sense of urgency and he displays patience with both residents and employees alike.

- Chuck Neeley, Director of Maintenance



CHAPLAIN'S CORNER

from Don Johnson, Kirby Pines Chaplain

ACRES OF DIAMONDS

Dr. Russell Conwell who founded what is now Temple University in Philadelphia, PA, repeated a story told to him by a tour guide during a trip to Nineveh and Babylon in 1870. Here's his story.

There was a wealthy Persian farmer named Ali Hafed, owner of a very large farm with orchards, grain fields and gardens. Hafed was happy and contented. A Buddhist priest visited him and spoke of diamonds with beauty and value beyond belief. He said if Hafed had a handful of diamonds he could purchase a whole country, and with a mine of diamonds he could place his children upon thrones because of the influence of their vast wealth.

That night Hafed, who had considered himself wealthy and happy, became discontented. He now felt he was poor and needy. Where could he find these diamonds?

The priest told him to look for a river running through white sands between high mountains. There he would find the diamonds.

Hafed sold his farm, left his family in the charge of a neighbor and began the search for his desired treasure. Into Palestine and all through Europe Hafed wandered and searched. At last with his money was gone and failing to find his long sought diamonds he was in poverty. Standing on the seashore at Barcelona, Hafed, having lost all, cast himself into an outgoing wave and was never seen again.

The man who had bought Hafed's farm discovered in a stream in his garden a large stone having a light within. He placed it on the mantel inside the farm home.

The priest who had originally spoken to Hafed about diamonds paid a visit to the new owner. He noticed the stone on the mantel and said, "Here is a diamond! Has Hafed returned?" "No," replied the owner. "I found the stone in a creek running through my land." Together they went to the garden stream and discovered more stones, "diamonds" bigger than the first one. This discovery led to the establishment of Golconda, one of the richest diamond mines in the world.

In desperation to satisfy his discontent Ali Hafed had tragically searched the world for what was already in his own back yard. He failed to realize that on his own farm were "acres of diamonds."

This story, repeated hundreds of times in a message Russell Conwell delivered, became a book entitled "Acres Of Diamonds." Its message is insightful and probing.

Too many times we have discounted our own present wealth and happiness and allowed discontent to upset life. We sell the treasures we own in a vain effort to acquire more. There is never enough! Never!

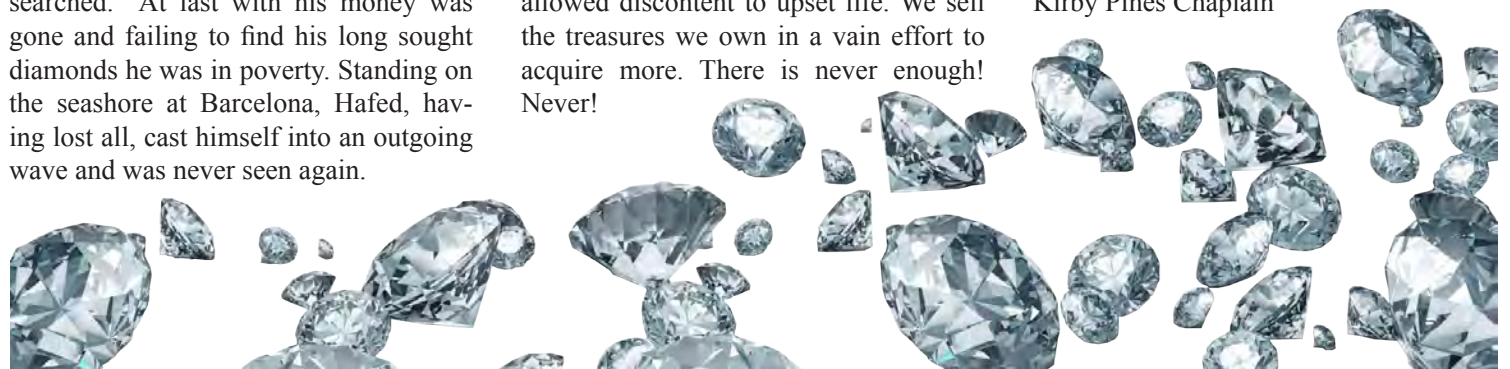
Priceless diamonds of opportunity are all around us, where we are, now! There may be a diamond of a friendship we can cultivate...or an open door through which we may walk...or a love we can deepen...or a life we could influence.

It's time we stopped looking for satisfaction somewhere else and start searching our own back yards. If we don't, sometime someone else will.

Let's look closely at our acres. Let's consider carefully who we are, where we are and what we have. As we pick up each diamond we can enrich our lives. Matthew 6:19-21 should be our guide: "Do not lay up for yourselves treasures on earth, where moth and rust destroy and where thieves break in and steal; but lay up for yourselves treasures in heaven, where neither moth nor rust destroys and where thieves do not break in and steal. For where your treasure is, there your heart will be also." Matthew 6:33 can also be a challenge: "But seek first the kingdom of God and His righteousness, and all these things shall be added to you."

Let's start searching our "acres of diamonds" today!

Till next time, Don Johnson,
Kirby Pines Chaplain



February Vesper Services • 6:30pm • Performing Arts Center

February 7th

Reverend

James Adams

Colonial Baptist Church

February 14th

Director of Evangelism

Harry Colter

St. Luke's Methodist Church

February 21st

Father

Augustine De Armond

St. Peter's Catholic Church

February 28th

Reverend

Joe Jernigan

Bellevue Baptist Church

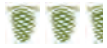
M E E T

M E

A T



A WALK IN THE WOODS



Saturday, February 6
at 10:00 a.m. and 2:00 p.m.
(2015) Cast: Robert Redford,
Nick Nolte, Emma Thompson

Celebrated travel writer, Bill Bryson, instead of retiring to enjoy his loving and beautiful wife, and large and happy family, challenges himself to hike the Appalachian Trail - 2,200 miles of America's most unspoiled, spectacular and rugged countryside from Georgia to Maine. The peace and tranquility he hopes to find, though, is anything but, once he agrees to being accompanied by the only person he can find willing to join him on the trek - his long lost and former friend Katz, a down-on-his-luck serial philanderer who, after a lifetime of relying on his charm and wits to keep one step ahead of the law - sees the trip as a way to sneak out of paying some debts and sneak into one last adventure before it's too late. The trouble is, the two have a completely different definition of the word, "adventure". Now they're about to find out that when you push yourself to the edge, the real fun begins.

THE WEDDING SINGER

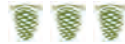


Sunday, February 7
at 1:30 p.m. and 4:00 p.m.
(1998) Cast: Adam Sandler,

Drew Barrymore, Christine Taylor
 Robbie Hart is an extremely talented wedding singer who, ironically, is left standing at the altar on his own wedding day. Convinced by his friends to go back to work, Robbie befriends Julia Sullivan, a waitress who works at the reception hall where he sings, and who is about to marry a cheating skunk. As Robbie helps Julia plan for

her wedding, they begin to fall for each other, and Robbie realizes that if either of them are ever going to be happy, he's going to have to pull off one heck of a show.

MCLINTOCK



Saturday, February 6 at 6:00 p.m.
& Sunday, February 7 at 6:30 p.m.
(1963) Cast: John Wayne,
Maureen O'Hara, Patrick Wayne

George Washington McLintock, "GW" to friends and foes alike, is a cattle baron and the richest man in the territory. He anxiously awaits the return of his daughter Becky who has been away at school for the last two years. He's also surprised to see that his wife Katherine has also returned after leaving him for reasons unknown. GW is highly respected by everyone around him including the farmers who are pouring into the territories with free grants of land and the Indians who are under threat of being relocated to another reservation. Between his wife, his headstrong daughter, the crooked land agent and the thieving government Indian agent, GW tries to keep the peace and do what is best for everyone.

MADE OF HONOR

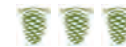


Saturday, February 13
at 10:00 a.m. and 2:00 p.m.
(2008) Cast: Patrick Dempsey,

Michelle Monaghan, Kevin McKidd
Made of Honor revolves around Tom and Hannah, who have been platonic friends for 10 years. He's a serial dater, while she wants marriage but hasn't found Mr. Right. Just as Tom is starting to think that he is relationship material after all, Hannah gets engaged.

When she asks Tom to be her "maid" of honor, he reluctantly agrees just so he can attempt to stop the wedding and woo her.

THE MAN FROM U.N.C.L.E.



Sunday, February 14
at 1:30 p.m. and 4:00 p.m.
(2015) Cast: Henry Cavill,

Armie Hammer, Alicia Vikander
 In the 1960s with the Cold War in play, CIA agent Napoleon Solo successfully helps Gaby Teller defect to West Germany despite the intimidating opposition of KGB agent Ilya Kuryakin. Later, all three unexpectedly find themselves working together in a joint mission to stop a private criminal organization from using Gaby's father's scientific expertise to construct their own nuclear bomb. Through clenched teeth and stylish poise, all three must find a way to cooperate for the sake of world peace, even as they each pursue their own agendas.

MILDRED PIERCE



Saturday, February 13 at 6:00 p.m.
& Sunday, February 14 at 6:30 p.m.
(1945) Cast: Joan Crawford,
Jack Carson, Zachary Scott

When Mildred Pierce's wealthy husband leaves her for another woman, Mildred decides to raise her two daughters on her own. Despite Mildred's financial successes in the restaurant business, her oldest daughter, Veda, resents her mother for degrading their social status. In the midst of a police investigation after the death of her second husband, Mildred must evaluate her own freedom and her complicated relationship with her daughter.



THE HUNDRED-FOOT JOURNEY



**Saturday, February 20
at 10:00 a.m. and 2:00 p.m.**
(2014) Cast: *Helen Mirren,
Om Puri, Manish Dayal*

Hassan Kadam is an extraordinarily talented and largely self-taught culinary novice. When he and his family are displaced from their native India and settle in a quaint French village, they decide to open an Indian eatery. However, Madame Mallory, the proprietress of an acclaimed restaurant just 100 feet away, strongly objects. War erupts between the two establishments, until Mallory recognizes Kadam's impressive epicurean gifts and takes him under her wing.

DO YOU BELIEVE?



**Sunday, February 21
at 1:30 and 4:00 p.m.**
(2015) Cast: *Mira Sorvino,
Sean Astin, Alexa PenaVega*

A dozen different souls—all moving in different directions, all longing for something more. As their lives unexpectedly intersect, they each are about to discover there is power in the Cross of Christ ... even if they don't yet believe it. When a local pastor is shaken to the core by the visible faith of an old street-corner preacher, he is reminded that true belief always requires action. His response ignites a faith-fueled journey that powerfully impacts everyone it touches in ways that only God could orchestrate.

DONOVAN'S REEF



Saturday, February 20 at 6:00 p.m.

& Sunday, February 21 at 6:30 p.m.
(1963) Cast: *John Wayne,
Lee Marvin, Elizabeth Allen*

Three World War II Navy veterans -- Donovan, Doc Dedham and Gilhooley -- converge on the French Polynesian island of Haleakaloha and team up to deceive Dedham's prim daughter (Elizabeth Allen), who has just learned of her father's existence and his inherited stock from the company of which she is chairman, and hopes to find just cause to reclaim his shares. Dedham's marriage to an island woman serves to further threaten his share in the company.

50 FIRST DATES



**Saturday, February 27
at 10:00 a.m. and 2:00 p.m.**
(2004) Cast: *Adam Sandler,
Drew Barrymore, Rob Schneider*

Henry Roth is a veterinarian living in Hawaii who enjoys the company of vacationing women. He leaves the playboy life behind after he falls for Lucy, who suffers from short-term memory loss. Since she can never remember meeting him, Henry has to romance Lucy every single day and hope that she falls for him.

TWELVE MILE ROAD



**Sunday, February 28
at 1:30 and 4:00 p.m.**
(2003) Cast: *Tom Selleck,
Wendy Crewson, Maggie Grace*

Divorced farmer Stephen Landis has girlfriend Leah and her daughter Roxanne move in with him. His wild and unpredictable 16 year old daughter Dulcie comes for a summer visit. Stephen believes his ex-wife Angela is exagger-

ating Dulcie's troubles, but comes to worry about her. Dulcie and Roxanne form a friendship, and with the time spent over the summer, grows closer to her father, and the wounds between all three are healed.

DOCTOR ZHIVAGO



**Saturday, February 27 at 6:00 p.m.
& Sunday, February 28 at 6:30 p.m.**
(1965) Cast: *Omar Sharif,
Julie Christie, Geraldine Chaplin*

A Russian epic, the movie traces the life of surgeon-poet Yury Zhivago before and during the Russian Revolution. Married to an upper-class girl who is devoted to him, yet in love with an unfortunate woman who becomes his muse, Zhivago is torn between fidelity and passion. Sympathetic with the revolution but shaken by the wars and purges, he struggles to retain his individualism as a humanist amid the spirit of collectivism.

KIRBY PINES MOVIE RATING SYSTEM

= AVERAGE

= GOOD

= EXCELLENT

= OUTSTANDING

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY



1
 8:30 am ● Advanced Water Aerobics (Pool)
 9:00 am ● Smith Jewelers (SCR)
 9:30 am ● Group Exercise (PAC)
 9:30 am ● Alterations (A&C)
 10:00 am ● Hobby Pines Group (Hobby Shop)
 10:00 am ● First Monday Poetry Group (Chapel)
 10:30 am ● Focus on Color (A&C)
 10:30 am ● Billiard Group (BR)
 2:00 pm ● Tai Chi (PAC)
 6:30 pm ● Bingo (PAC)

2
 8:30 am ● Men's Water Aerobics (Pool)
 9:00 am ● Dr. Mike Abutineh (WC)
 9:30 am ● Basic Water Aerobics (Pool)
 10:30 am ● Blanche Scott Prayer Group (Chapel)
 11:00 am ● Arthritis Stand/Sit Class (A&C)
 1:30 pm ● Beginners Line Dancing (PAC)
 2:30 pm ● Advanced Line Dancing (PAC)
 6:30 pm ● *Rhythm Band presents "The Glory of Love" (PAC)*

3
 8:30 am ● Advanced Water Aerobics (Pool)
 9:30 am ● Group Exercise (PAC)
 10:00 am ● Catholic Service (Chapel)
 10:00 am ● Kirby Pines Travelers Meeting (LCR)
 10:00 am ● Shuffleboard (PAC)
 10:30 am ● Yoga Stretch (PAC)
 1:00 pm ● Needle Arts Group (A&C)
 1:30 pm ● Game Play (LCR)
 2:00 pm ● Johnny Carson (Thtr)
 2:00 pm ● Wii Bowling (LCR)
 6:00 pm ● Johnny Carson (Thtr)
 6:30 pm ● Bridge (LCR)

4
 8:30 am ● Men's Water Aerobics (Pool)
 9:30 am ● Documentary "Jerusalem" (Thtr)
 9:30 am ● Basic Water Aerobics (Pool)
 10:00 am ● Kroger & Banks (Trans)
 10:00 am ● Bible Study w/Dave Phillips (Chapel)
 11:00 am ● Arthritis Stand/Sit Class (A&C)
 1:00 pm ● Dr. Mike Abutineh (WC)
 1:00 pm ● Walmart & Banks (Trans)
 1:30 pm ● Documentary "Jerusalem" (Thtr)
 1:30 pm ● Intermediate Line Dancing (PAC)
 2:30 pm ● Advanced Line Dancing (PAC)
 4:00 pm ● Documentary "Jerusalem" (Thtr)
 6:30 pm ● Vespers (PAC)
 6:30 pm ● *Theatre Memphis "A Lion in Winter" (Trans)*

5
 9:30 am ● Group Exercise (PAC)
 10:00 am ● Art with Class (A&C)
 10:00 am ● Walmart & Banks (Trans)
 1:00 pm ● Superlo & Bank (Trans)
 6:00 pm ● *Music with Charvey Mac (Lobby)*
 6:30 pm ● Bridge (LCR)

6
 7:30 am ● Men's Christian Fellowship (Chapel)
 10:00 am ● Weekend Movie (Thtr)
 1:30 pm ● Game Play (LCR)
 1:30 pm ● Beginners Line Dancing (PAC)
 2:00 pm ● Weekend Movie (Thtr)
 2:30 pm ● Line Dancing (PAC)
 4:00 pm ● Shuffleboard (PAC)
 6:00 pm ● Classic Movie (Thtr)

7
 8:00 am ● Church of Christ Service (Chapel)
 10:00 am ● Worship Service (PAC)
 1:30 pm ● Weekend Movie (Thtr)
 4:00 pm ● Weekend Movie (Thtr)
 5:00 pm ● *Super Bowl Bash (PAC)*
 6:00 pm ● Game Night (LCR)
 6:30 pm ● Classic Movie (Thtr)

8
 8:30 am ● Advanced Water Aerobics (Pool)
 9:30 am ● Group Exercise (PAC)
 9:45 am ● Smart Moves "Heart Health" (PAC)
 10:00 am ● Hobby Pines Group (Hobby Shop)
 10:30 am ● Billiard Group (BR)
 12:00 pm ● Kiwanis Meeting (FDR)
 2:00 pm ● Tai Chi (LCR)
 6:30 pm ● Bingo (PAC)

9
 8:30 am ● Men's Water Aerobics (Pool)
 9:00 am ● Dr. Mike Abutineh (WC)
 9:30 am ● Basic Water Aerobics (Pool)
 10:30 am ● Methodist Alliance "Fall Prevention" (LCR)
 11:00 am ● Arthritis Stand/Sit Class (A&C)
 1:30 pm ● Beginners Line Dancing (PAC)
 2:30 pm ● Advanced Line Dancing (PAC)
 6:30 pm ● *Birth Day Night Concert with Alex Ortega & Dare (PAC)*

10
 8:30 am ● Advanced Water Aerobics (Pool)
 9:30 am ● Group Exercise (PAC)
 10:00 am ● Memphis Hearing Aid (A&C)
 10:00 am ● Catholic Service (Chapel)
 10:00 am ● Shuffleboard (PAC)
 10:30 am ● Yoga Stretch (PAC)
 10:30 am ● Garden Gro'ers Club (Greenhouse)
 11:00 am ● *Lunch Bunch @ Firebirds (Trans)*
 1:00 pm ● Needle Arts Group (A&C)
 1:30 pm ● Game Play (LCR)
 2:00 pm ● Jessie Stone "Stone Cold" (Thtr)
 2:00 pm ● Wii Bowling (LCR)
 6:00 pm ● Jessie Stone "Stone Cold" (Thtr)
 6:30 pm ● Bridge (LCR)

11
 8:30 am ● Men's Water Aerobics (Pool)
 9:30 am ● Basic Water Aerobics (Pool)
 10:00 am ● Kroger & Banks (Trans)
 10:00 am ● Bible Study w/Dave Phillips (Chapel)
 11:00 am ● Arthritis Stand/Sit Class (A&C)
 1:00 pm ● Dr. Mike Abutineh (WC)
 1:00 pm ● Walmart & Banks (Trans)
 1:30 pm ● Intermediate Line Dancing (PAC)
 2:30 pm ● Advanced Line Dancing (PAC)
 6:30 pm ● Vespers (PAC)

12
 9:30 am ● Group Exercise (PAC)
 10:00 am ● Art with Class (A&C)
 10:00 am ● Walmart & Banks (Trans)
 11:00 am ● Oak Court Mall (Trans)
 1:00 pm ● Superlo & Bank (Trans)
 6:30 pm ● Bridge (LCR)
 6:30 pm ● *Valentine's Dance with The Memphis Symphony Big Band (PAC)*

13
 7:30 am ● Men's Christian Fellowship (Chapel)
 10:00 am ● Weekend Movie (Thtr)
 10:30 am ● Bible Study "Thru the Bible" (Chapel)
 1:30 pm ● Game Play (LCR)
 1:30 pm ● Beginners Line Dancing (PAC)
 2:00 pm ● Weekend Movie (Thtr)
 2:30 pm ● Line Dancing (PAC)
 4:00 pm ● Shuffleboard (PAC)
 6:00 pm ● Classic Movie (Thtr)

14
 8:00 am ● Church of Christ Service (Chapel)
 10:00 am ● Worship Service (PAC)
 1:30 pm ● Weekend Movie (Thtr)
 2:00 pm ● *GTC presents "Love Letters" (Trans)*
 4:00 pm ● Weekend Movie (Thtr)
 6:00 pm ● Game Night (LCR)
 6:30 pm ● Classic Movie (Thtr)

15
 8:30 am ● Advanced Water Aerobics (Pool)
 9:00 am ● Smith Jewelers (SCR)
 9:30 am ● Group Exercise (PAC)
 9:30 am ● Alterations (A&C)
 10:00 am ● Hobby Pines Group (Hobby Shop)
 10:30 am ● Bereavement Support Group (Ante)
 10:30 am ● Billiard Group (BR)
 10:30 am ● Focus on Color (A&C)
 10:30 am ● Perspective Eyewear & Services (Lobby)
 10:45 am ● Episcopal Eucharist (Chapel)
 2:00 pm ● Tai Chi (LCR)
 3:00 pm ● Colonial Park United Methodist (Chapel)
 6:30 pm ● Bingo (PAC)

16
 8:30 am ● Men's Water Aerobics (Pool)
 9:00 am ● Dr. Mike Abutineh (WC)
 9:30 am ● Basic Water Aerobics (Pool)
 10:30 am ● *Brooks Gallery Presentation (LCR)*
 11:00 am ● Arthritis Stand/Sit Class (A&C)
 1:30 pm ● Beginners Line Dancing (PAC)
 2:00 pm ● Downton Abbey S:6 Ep:1 (Thtr)
 2:30 pm ● Advanced Line Dancing (PAC)
 6:00 pm ● Downton Abbey S:6 Ep:1 (Thtr)
IT'S CHARLIE DAY!

17
 8:30 am ● Advanced Water Aerobics (Pool)
 9:30 am ● Group Exercise (PAC)
 10:00 am ● Catholic Services (Chapel)
 10:00 am ● Shuffleboard (PAC)
 10:30 am ● Yoga Stretch (PAC)
 1:00 pm ● Needle Arts Group (A&C)
 1:30 pm ● Game Play (LCR)
 2:00 pm ● *Virtual Field Trip to China (Thtr)*
 2:00 pm ● Wii Bowling (LCR)
 6:30 pm ● Bridge (LCR)

18
 8:30 am ● Men's Water Aerobics (Pool)
 9:30 am ● Basic Water Aerobics (Pool)
 10:00 am ● Kroger & Banks (Trans)
 10:00 am ● Bible Study w/Dave Phillips (Chapel)
 11:00 am ● Arthritis Stand/Sit Class (A&C)
 1:00 pm ● Walmart & Banks (Trans)
 1:00 pm ● Dr. Mike Abutineh (WC)
 1:30 pm ● Intermediate Line Dancing (PAC)
 2:00 pm ● First Generation Singers (Lobby)
 2:30 pm ● Advanced Line Dancing (PAC)
 6:30 pm ● Vespers (PAC)

19
 9:30 am ● Group Exercise (PAC)
 10:00 am ● Art with Class (A&C)
 10:00 am ● Walmart & Banks (Trans)
 1:00 pm ● Superlo & Bank (Trans)
 6:00 pm ● *Sing-A-Long with Leon Sanderson (Lobby)*
 6:30 pm ● Bridge (LCR)

20
 7:30 am ● Men's Christian Fellowship (Chapel)
 10:00 am ● Weekend Movie (Thtr)
 1:30 pm ● Game Play (LCR)
 1:30 pm ● Beginners Line Dancing (PAC)
 2:00 pm ● Weekend Movie (Thtr)
 2:30 pm ● Line Dancing (PAC)
 4:00 pm ● Shuffleboard (PAC)
 6:00 pm ● Classic Movie (Thtr)

21
 8:00 am ● Church of Christ Service (Chapel)
 10:00 am ● Worship Service (PAC)
 1:30 pm ● Weekend Movie (Thtr)
 4:00 pm ● Weekend Movie (Thtr)
 6:00 pm ● Game Night (LCR)
 6:30 pm ● Classic Movie (Thtr)

22
 8:30 am ● Advanced Water Aerobics (Pool)
 9:30 am ● Group Exercise (PAC)
 10:00 am ● Hobby Pines Group (Hobby Shop)
 10:30 am ● Billiard Group (BR)
 12:00 pm ● Kiwanis Meeting (FDR)
 2:00 pm ● Tai Chi (LCR)
 6:30 pm ● Bingo (PAC)

23
 8:30 am ● Men's Water Aerobics (Pool)
 9:00 am ● Dr. Mike Abutineh (WC)
 9:30 am ● Basic Water Aerobics (Pool)
 9:30 am ● The Book Baggers (Chapel)
 10:00 am ● Jessie Stone "Night Passage" (Thtr)
 11:00 am ● Arthritis Stand/Sit Class (A&C)
 1:30 pm ● Beginners Line Dancing (PAC)
 2:00 pm ● Ladies Interdenominational Meeting "The Uplifters" (Chapel)
 2:30 pm ● Advanced Line Dancing (PAC)
 6:00 pm ● Jessie Stone "Night Passage" (Thtr)

24
 8:30 am ● Advanced Water Aerobics (Pool)
 9:30 am ● Group Exercise (PAC)
 10:00 am ● Catholic Service (Chapel)
 10:00 am ● Shuffleboard (PAC)
 10:30 am ● Yoga Stretch (PAC)
 1:00 pm ● Needle Arts Group (A&C)
 1:30 pm ● Game Play (LCR)
 2:00 pm ● Downton Abbey S:6 Ep:2 (Thtr)
 2:00 pm ● Wii Bowling (LCR)
 6:00 pm ● Downton Abbey S:6 Ep:2 (Thtr)
 6:30 pm ● Bridge (LCR)
 TBA ● Travel Outing IMAX Theater (Trans)

25
 8:30 am ● Men's Water Aerobics (Pool)
 9:30 am ● Basic Water Aerobics (Pool)
 10:00 am ● Kroger & Banks (Trans)
 10:00 am ● Volunteer Fair (LCR)
 10:00 am ● Bible Study w/Dave Phillips (Chapel)
 11:00 am ● Arthritis Stand/Sit Class (A&C)
 1:00 pm ● Walmart & Banks (Trans)
 1:00 pm ● Dr. Mike Abutineh (WC)
 1:30 pm ● Intermediate Line Dancing (PAC)
 2:30 pm ● Advanced Line Dancing (PAC)
 6:30 pm ● Vespers (PAC)

26
 9:30 am ● Group Exercise (PAC)
 10:00 am ● Art with Class (A&C)
 10:00 am ● Walmart & Banks (Trans)
 1:00 pm ● Superlo & Bank (Trans)
 6:30 pm ● Bridge (LCR)
 6:30 pm ● *IRIS Orchestra presents "Dali Quartet" (PAC)*

27
 7:30 am ● Men's Christian Fellowship (Chapel)
 10:00 am ● Weekend Movie (Thtr)
 1:30 pm ● Game Play (LCR)
 1:30 pm ● Beginners Line Dancing (PAC)
 2:00 pm ● Weekend Movie (Thtr)
 2:30 pm ● Line Dancing (PAC)
 4:00 pm ● Shuffleboard (PAC)
 6:00 pm ● Classic Movie (Thtr)

28
 8:00 am ● Church of Christ Service (Chapel)
 10:00 am ● Worship Service (PAC)
 1:30 pm ● Weekend Movie (Thtr)
 1:30 pm ● *IRIS Orchestra (Trans)*
 4:00 pm ● Weekend Movie (Thtr)
 6:00 pm ● Game Night (LCR)
 6:30 pm ● Classic Movie (Thtr)

29
 8:30 am ● Advanced Water Aerobics (Pool)
 9:30 am ● Group Exercise (PAC)
 9:30 am ● Alterations (A&C)
 10:00 am ● Hobby Pines Group (Hobby Shop)
 10:30 am ● Billiard Group (BR)
 10:30 am ● Focus on Color (A&C)
 2:00 pm ● Tai Chi (LCR)
 6:45 pm ● Bingo (PAC)



ABBREVIATIONS KEY

- Thtr - Theater
- FDR - Formal Dining Room
- PAC - Performing Arts Center
- BR - Billiard Room
- Trans - Transportation
- HS - Hobby Shop
- SCR - Small Card Room
- A & C - Arts & Crafts Room
- LCR - Large Card Room
- WC - Wellness Clinic

February 2016 EVENTS

Feb 1 | Get Fit with Oasis
Coordinator Mary Hand

Advanced Water Aerobics classes will be held on Mondays & Wednesdays at 8:30 am. Basic and Beginning Water Aerobics is on Tuesdays & Thursdays at 9:30 am. Men's Water Aerobics are held on Tuesdays & Thursdays at 8:30 am. Arthritis Sit/Stand classes are on Tuesdays & Thursdays at 11:00 am in the Arts & Crafts Room. Additional exercise classes are Tai Chi on Mondays at 2:00 pm and the new Yoga Stretch Class each Wednesday at 10:30 am in the PAC.

Feb 1 | First Monday
Poetry Group

Come to listen; come to read; come to recite from memory. Share a favorite verse or two as others share their verse with you. Everyone is welcome. Check out "The Poet's Corner" on the post office bulletin board where a residential poet will be featured each month. The group will meet Monday the 1st in the Chapel at 10:00 am.

Feb 1 | Focus
on Color

Adult coloring books are giving Harper Lee a run for her money on best-seller lists. Adult coloring books occupied as many as eight of the top 20 slots in a spot-check of Amazon's best-seller list. "People are stressed and anxious all the time," said Jeannine Dillon, Quarto's publisher. "Coloring is a way to calm down and unwind." Coloring books are incredibly simple: portable and easy to pick up and put down and a colored-in page takes up almost no space at all. So come to the Arts and Crafts Room every other Monday at 10:30 am, starting Monday, February, 1st. All you need to bring besides yourself is your coloring book and utensils to color with. Some of these supplies are offered for sale in the Blossom Shop.



Feb 1 | BINGO! Night

Join us for a fun filled evening of BINGO! Entry costs only \$1 per card, with an opportunity to win up to two prizes. Every Monday night at 6:30 pm in the PAC.

Feb 2 | The Blanche Scott
Prayer Group

Join this encouraging and inspirational group as they pray for themselves and those in need. This is a non-denominational group. They meet at 10:30 am in the Chapel every 1st Tuesday of the month.



Feb 2 | Dr. Mike Abutineh in the
Wellness Center

Medical Director Dr. Mike Abutineh MD will be in the Wellness Clinic Tuesdays 9:00 am-12:00 pm and Thursdays 1:00-4:30 pm. Appointments required.

Feb 2 | Rhythm Band presents
"The Glory of Love"

"You've got to give a little, take a little and let your poor heart break a little, that's the story of that's the glory of love." The Kirby Pines Rhythm Band will be giving you another one of their great shows with many of your favorite love songs. Don't miss this special presentation, Tuesday, Feb 2nd at 6:30 pm in the PAC.

Feb 3 | Kirby Pines
Travelers Meeting

Calling all adventurous spirits! The Travelers are back in action and will be meeting to discuss this month's visit to the IMAX Theatre and other upcoming outings and trips for 2016. The group meets on the first Wednesday of every month at 10:00 am in the LCR. They are always interested in new ideas of places to go and things to do.

Feb 3 | Game Play
Group

Like to play games? Bring your own to share or join in with someone already there! Meets in the LCR every Wednesday and Saturday at 1:30 pm.

Feb 3 | Wii Virtual
Bowling

Come join the fun every Wednesday afternoon at 2:00 pm in the Large Card Room. No skill required. It is set up on the TV; all you have to do is check out the remotes from the Front Desk and return them whenever your game is over.

Feb 3 | Johnny Carson

Join the gang and enjoy the antics of one of your favorite late night talk show hosts. Movie Theater at 2:00 and 6:00pm.

Feb 4 | Group Bible Study with
Dave Phillips

Join Germantown Church of Christ's Dave Phillips as he leads a non-denominational group Bible study every Thursday at 10:00 am in the Chapel. Dave is a great speaker and teacher. This month, the class on Feb 4th will be held at 9:30 am in the Movie Theater to show the documentary, "Jerusalem".

Feb 4 | Documentary:
Jerusalem

Explore Jerusalem as never before with this production that showcases the city's people, landmarks and history. Featuring iconic holy sites and little-known parts of the region, the documentary reveals Jerusalem's importance to three major religions. We don't want anyone to miss this wonderful documentary. Movie Theater Showtimes are 9:30 am, 1:30 pm and 4:00 pm.

Feb 4 | Theatre Memphis presents
"A Lion in Winter"

A Lion in Winter by James Goldman reigns over the Lohrey Stage Thursday, February 4th. As historical fiction this modern classic pits Queen Eleanor of Aquitaine (after a decade of imprisonment for her part in a rebellion) against her husband King Henry II of England, Eleanor arrives at court during a Christmas furlough and proceeds to scheme to challenge the King's authority and his choice of heir to the throne. The fray engulfs their three sons and French royalty who all lay claim to rule. Call Box office for tickets 682-8323. Sign up in Transportation Bus leaves at 6:30pm.

Feb 5 | Music in the Lobby with Charvey Mack

Hailing from Memphis, TN, Charvey Mac is a singer, songwriter and working musician. With a wide range of pop, rock, R&B and soul, Charvey Mac delivers inspired acoustic arrangements and a vocally driven sound that has made his solo acoustic act a permanent entry on the Memphis "must-see" list. Charvey also happens to be the son of our own Kirby residents Prince and Elsie McLemore. Meet us down in the Lobby at 6:00 pm.

Feb 7 | Super Bowl Sunday

Calling all Football Fans! Join us at 5:00 pm as we "Kick Off" our annual Superbowl Party. The Denver Broncos and the Carolina Panthers face off in an epic game. Kickoff is at 5:30pm, so come join the gang and watch it on the big screen in the PAC where we will be serving game grub and drinks you can enjoy as you cheer on your favorite team.

Feb 8 | Smart Moves

This month's topic is Maintaining Heart Health. We will discuss how the heart works and causes and ways to prevent heart disease at 9:45 am in the PAC.

Feb 9 | Methodist Health Alliance Presentation

This month's topic will be on Fall Prevention at 10:30 am in the LCR.

Feb 9 | Birthday Night Concert with Alex Ortega and DARE

One of your favorites "International Pianist Alex Ortega" will be here to tickle the ivories on birthday night accompanied by vocalist DARE. Don't miss this dynamic duo at 6:30pm in the PAC.

Feb 10 | Memphis Hearing Aid Service

Wednesday, February 10 at 10:00 am, in the Arts & Crafts room, Dr. Rena Booth will be offering:

- ~Free Hearing Evaluation
- ~Free Hearing Aid Consultation
- ~Free Hearing Aid Cleanings,
- ~Check up and Adjustment

Please call 682-1529 for more information or to schedule a visit.

Feb 10 | Garden Gro'ers Club Meeting

This is the time to plan for spring plantings, order seeds and organize planters. The Garden Groups Major Project for the year 2016 is "Watering Improvement" February project on the 10th and 24th will be planting tomato seeds. Come on down to the Greenhouse every 2nd Wednesday at 10:30am and dig in! Contact Dr. Charles Parrott with questions at 795-4394.

Feb 10 | Lunch Bunch at Firebirds

Firebirds Wood Fired Grill serves classic American cuisine infused with bold flavors, fresh herbs and spices that ensure the last bite is as flavorful as the first. Complementing our hand-cut steaks, seafood and signature specialty dishes, we offer hearty pastas, entrée salads, fire-grilled burgers and desserts so popular they have a following of their own. "Grilling over the open flame gives our cooking a unique character, and our proprietary blend of seasonings, spices and sauces makes each dish flavorful from beginning to end." ~ Firebirds founder Dennis Thompson. Sign up in transportation. Bus leaves at 11:00 am.

Feb 10 | Jesse Stone Movie "Stone Cold"

In a quiet coastal town in Massachusetts, jaded police Chief Jesse Stone maintains a low profile -- but when a corpse washes ashore the former big-city cop jumps into action. Movie Theater Showtimes 2:00 pm and 6:00 pm.



Feb 11 | IMAX: The Panda Adventure

Its 1936, and Ruth Harkness (Maria Bello) has arrived in China to settle the estate of her late husband. Her husband believed the giant panda (which he was observing) to be a peaceful animal, while hunter Dakar Johnson (Xander Berkeley) believes them to be vicious.

As the giant panda teeters on the brink of extinction, Harkness sets out to observe the animals for herself so she can make up her own mind. Movie Theater times 10:00 am & 2:00 pm.

Feb 12 | St. Valentine's Dance

Pictures are fun, dancing is too, so come on up to the PAC for our big Valentine ta-do! Pictures will be taken from 5:45 to 6:15 pm. Kirby Pines King and Queen will be announced at 6:30, followed by the Memphis Symphony Big Band! Whether you're a dancer or a music lover you won't want to miss it!

Feb 14 | Germantown Community Theatre presents "Love Letters"

"I loved her even from the day I met her, when she walked into second grade, looking like the lost princess of Oz." Andy and Melissa started with thank you notes and postcards when they were kids. Throughout their lives, this elevates to letters, visits and beyond. A.R. Gurney's LOVE LETTERS is a fifty year old love affair carried out through the art of the pen. Don't miss this special Valentine's Day Performance. Call Box office for Tickets 937-3023. Sign up in transportation. Bus leaves at 2:00 pm.

Feb 13 | Through the Bible

"Through the Bible is an intense study of the Bible led by Gail Kommer, meeting the second Saturday of every month at 10:30am in the Chapel. Class discussion encouraged. Join this group of ladies who enjoy learning about God's Word.

Feb 15 | Bereavement Support Group

The Bereavement/Grief Support Group is for residents who are grieving. Lamar Frizzell leads the group to serve people in gaining perspective about their losses and support them in regaining a healthy quality of life. The group meets the 3rd Monday of every month at 10:30 am in the Ante Room.

Feb 15 | Perspectives Eyewear and Services

Perspectives will be in the Lobby for free glasses cleaning and adjustments. Monday from 10:30 am to noon.

Feb 16 | Memphis Brooks Museum of Art Presentation

Docent Sherwood Platt, born in Hamburg NY (Suburb of Buffalo), grew up in Pittsburgh, moved to New Orleans in 1975 and came to Memphis with Katrina in 2005. Will be here on Tuesday, Feb 16th at 10:30 am in the LCR to present us with images and information on the Brooks Museum of Art Permanent Collection.



Feb 16 | Charlie Day

Our very own Charlie Trammell stays true to his home grown roots with a whole day of his famous homemade biscuits, country ham with redeye gravy accompanied by fabulous jams and jellies shipped in special from Virginia. Admittance is free with your updated resident function sheets. This meal will be served at lunch and dinner.

Feb 16 | Downton Abbey Season 6, Episode 1

Downsizing—and extortion!—threaten Downton Abbey, while particular pre-wedding jitters threaten the Carson/Hughes nuptials. Change is afoot at the hospital. Daisy speaks her mind. Anna and Bates wait for the word. See the much-anticipated final season of the Emmy® and Golden Globe® award-winning drama. Movie Theater Showtimes 2:00 pm and 6:00 pm.

Feb 17 | Virtual Field Trip to China

This exciting program will allow us to explore China and interact live with our guide. We will see him on the big screen TV and he will be able to see us too! We will visit interesting landmarks like The Great Wall, The Forbidden City, Shanghai Financial District and Tiananmen Square. We may even observe a panda bear eating lunch or visit one of many Buddha statues around the city. You are encouraged to ask questions about anything relating to China. Hope to see you there. Wednesday, Feb 17 at 2:00 pm in the Movie Theater.

Feb 18 | Christ United Methodist Church First Generation Singers

Let your heart be lifted by the beautiful voices of The First Generation Singers on Thursday, Feb 18th at 2:00 pm in The Lobby.

Feb 19 | Sing-A-Long in the Lobby with Leon Sanderson

Join our friend, vocalist Leon Sanderson accompanied by Joan Dodson on piano for an evening of music and fellowship at 6:00 pm in the Lobby.

Feb 23 | The Book Baggers

Whether you read or would like to hear about books being discussed, come and check us out. This is a great way to expand your horizons. This month's read will be "Call the Midwife" A book by author Jennifer Worth. The Book Baggers meet the last Tuesday of every month in the Chapel at 9:30 am. New members welcome!

Feb 23 | Jesse Stone Movie "Night Passage"

After hard-drinking Jesse Stone is hired as police chief of the idyllic seaside town of Paradise, Mass., it doesn't take long for him to uncover the dark side of Paradise in this made-for-TV movie based on the writings of Robert B. Parker. Movie Theater 10:00 am and 6:00 pm.

Feb 23 | Ladies Interdenominational Circle Meeting "The Uplifters"

The Uplifters is a nondenominational group of women dedicated to missions, prayer and Bible study led by Elsie Hufard. All are welcome to join in fellowship in the Chapel at 2:00 pm every 4th Tuesday of the month.

Feb 24 | Travel Group to the IMAX Theater

Join the travel group and head out to the IMAX Theater to see "Journey to Space" in 3D. In the past half century, humans have punched through the stratosphere, walked on the moon, and lived continuously in orbit. In the coming decades, our unquenchable curiosity will take our species beyond the cradle of Earth to touch the face of another world. Strap in for the next giant leap. Next stop ... Mars! Narrated by Patrick Stewart. Sign

up in Transportation. Time and lunch venue to be announced. Call Pat Watson for more info @ 363-9055

Feb 24 | Downton Abbey Season 6, Episode 2

A visit to Yew Tree Farm spells trouble for Edith, while wedding plans get a frosty reception. Mary keeps Anna's secret and returns a favor, and Violet and Isobel lock horns over the hospital dilemma. Movie Theater at 2:00 pm and 6:00 pm.

Feb 25 | Volunteer Open House

Come to the LCR to explore the many opportunities that are available to volunteer at Kirby Pines. Volunteering can not only be helpful to others but can also be very rewarding for you!!!! Join us on Thursday Feb. 25 from 10-12.

Feb 26 | An evening with IRIS Orchestra, DALI Quartet

With an artist's grace and a Caribbean soul, the DALI Quartet is today's freshest voice in Classical and Latin-American music. The DALI Quartets' captivating performances of traditional string quartet and Latin-American repertoire create an extraordinary concert experience that takes listeners on an eclectic journey of rhythm and sound. In the spirit of famed Spanish artist Salvador Dali, the DALI Quartet embraces imagination and excellence as central to its art form. This is a performance you do not want to miss. Friday, Feb 26 at 6:30 pm in the PAC. There will be a champagne reception following in the LCR for all those who attended the concert.

Feb 28 | IRIS Orchestra

We present a new concerto by our old friend and collaborator, composer Adam Schoenberg. Written specifically for Project Trio, this piece features Greg Patillo, flute; Peter Seymour, bass; and Eric Stephenson, cello. Opening the program is a wondrous work by Mozart, already a veteran composer at 16, when he wrote his Symphony No. 20. To close, Antonin Dvorak's most Brahmsian and romantic Symphony No. 7 rounds out this extraordinary evening. Call box office for tickets 751-7669. Sign up in Transportation. Bus leaves at 1:30 pm.

ACROSS

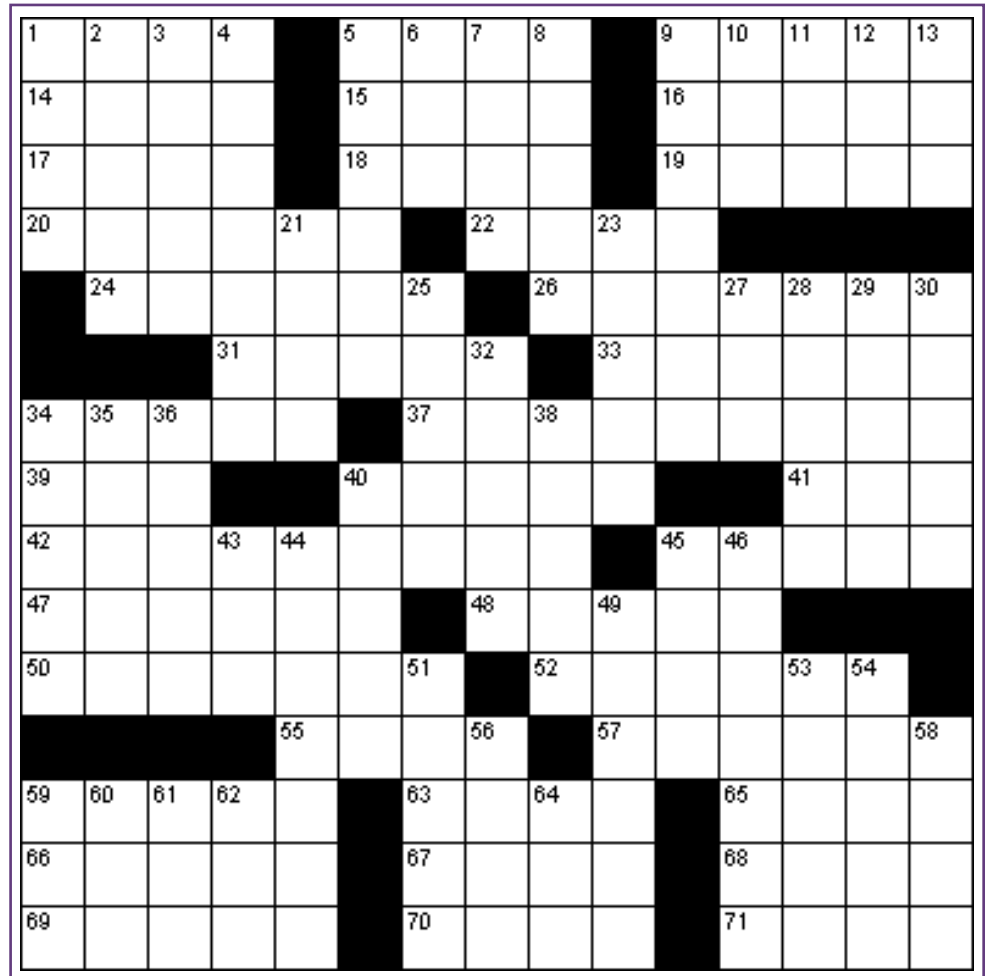
1. Destiny
5. Female horse
9. Molar
14. Gemstone
15. Highly excited
16. Relating to sound
17. Part of the neck
18. Deep loud noise
19. Move furtively
20. Three-legged stand
22. Skilful in movement
24. Change location
26. Cut in three
31. Religious doctrine
33. Relating to the eye
34. Subsequently
37. Become known
39. Animal foot
40. Formal association
41. Spanish title
42. Chief
45. Branch of knowledge
47. Agreement
48. Specific anesthetic
50. Flow of water in the same direction as the wind
52. Worked hard
55. Bluish shade of green
57. Shrub
59. Length of sawn wood
63. Lather
65. Small restaurant
66. Spooky
67. Boundary
68. Notion
69. Entice
70. Facial expression
71. Limited period of time

DOWN

1. Typeface
2. Separate
3. Nocturnal ungulate
4. Raise
5. Arboreal mustelid
6. In the past
7. Highway
8. White heron

9. Plan of action
10. Belonging to us
11. Lyric poem
12. Draw
13. Jump lightly
21. At any time
23. Fern leaf
25. Lull
27. Take a little at a time
28. Leave or strike out
29. Religious song
30. Tendency
32. Test
34. Offend
35. Travesty
36. Two times
38. Distribute
40. Lightheaded
43. Negation of a word
44. Field game
(See photo for hint)
45. Impartial
46. Illegal
49. Metallic element

51. Tripod
53. Elude
54. Postpone
56. Connecting point of several lines
58. Side
59. Domestic companion
60. Sheltered side
61. Limb
62. Pinch
64. Historic period



Puzzle Solutions - page 21

SOCIAL *Scenes*



Jim and GA Smith are all smiles at the Kirby Pines New Year's Eve Bash



Buster McGuire looking forward to ringing In the New Year



Jon and Jody Sosh we excited to spend their first New Year's Eve at Kirby Pines



Lee Brown and Richard Randall are all dressed up and ready to hit the dance floor



Carol Lee and daughter Marsha Lee had a ball at the New Year's Eve Bash



Warren Grant celebrated his birthday with his friend Kaye Blackwood and his family

SOCIAL *Scenes*



Beverly Hassell enjoyed her first birthday living here at Kirby with husband Jerry and friends Patricia Cummins & Kathy Allen



Sylvia Statham enjoyed her birthday with her son Kevin Statham and his wife Laura



From the look on Bogie's face you can tell what he thinks about the snowy day at Kirby Pines. Bogie belongs to Garden Home residents, Guy and Connie Carter



Shirley Anderson at birthday lunch with husband Jim



Glen Wall celebrated his birthday with wife Janice and friends Iris Emery, Marilyn and Leon Sanderson, Dan & Nancy Godwin and Roy Wentworth



Marie Alston enjoys a visit with her daughter, Linda Smith in the Grand Lobby

SOCIAL Scenes



Mary Scott had a wonderful Birthday dinner with Dr Joe and DeDe Scott , Lamar & Dorothy Hartzog, Patti Tracey and Gay Beaumont



Etta Hodges and Alice Juengling at the always popular hang-out, the puzzle table



Mal Mauney on birthday night with wife Jean , John And Georgia Harkins, Charles and Hazel Woods and Gene and Gail Waldrop



Andy Boles and Lou Moore celebrated their Jan bday with Connie and Guy Carter, Ann Smith, Jan Schlotfeldt, Marian Gray, Lou Bethay, George Courington and Ruth Thurmond



And so it begins!! The work on the new Kirby Bistro has started and we can't wait to see it develop



Liz Collier celebrated her birthday with daughter Glenda Kiser and friends Faye Betts, Pat Cavender and Sydney and Shelton Wagner

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Donation by Carlie Ann Davis
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In Honor Of

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Donation by DeDe Scott
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JIM & G.A. SMITH

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In Honor Of

CHARLES OLREE

Donation by Mary Stagg
to the Hobby Shop

DAVID WALTERS

Donation by Elsie McLemore
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Donation by Kay Arick
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ANSWERS
TO PUZZLE
CHALLENGE
ON PAGE 17

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