

# the PINECONE

The Magazine of Kirby Pines Retirement Community • July 2016 | V. 34 | I. 7



## **KIRBY PINES** **GLENN & JANICE WALL** **SPLASH AROUND AT** **SHELBY FARMS**

# Celebrating Independence

## at Kirby Pines

July is traditionally the month that we begin to think about summer and celebrating America's national holiday, Independence Day. It also signals the official start of summer when Memphis experiences longer, humid, hotter days. Luckily for us all, our large park-like acreage provides us with plenty of areas where we can step outside to stroll under the shade of numerous tall trees, or enjoy a day of fishing with friends and family along the banks of our own lake.

After your stroll, you may want to come inside and enjoy the featured hot dog of the week in the Bistro. For several years now, Kirby Pines has participated in National Hot Dog Month, by preparing a different kind of hot dog each week. Although this was originally due to the increased number of visiting grandchildren, our own residents look forward to the variety of hot dogs served. After all, a good hot dog is a perfect way to celebrate the start of summer and Independence Day.

This July, when we gather to celebrate the birth of our nation, let us remember what the Secretary of the Interior, Harold Ickes, said in 1941:

### What Constitutes an American?

"Not color nor race nor religion. Not the pedigree of his family nor the place of his birth. Not the coincidence of his citizenship. Not his social status nor his bank account. Not his trade nor his profession. An American is one who loves justice and believes in the dignity of man. An American is one who will fight for his freedom and that of his neighbor. An American is one who will sacrifice property, ease and security in order that he and his children may retain the right of freedom."

This July 4th, join with me in saluting all past, current and future Americans as we bask in the warmth of their actions and the season. Happy 4th of July!



Michael Escamilla,  
Executive Director,  
Kirby Pines

## ON THE PINECONE COVER

### Kirby Pines Celebrates Summer At Shelby Farms!

This month we decided to embrace the warm temperatures and pay homage to summertime. As a kid, it was always the greatest time of year; no school, long days and sunshine.



As retired residents of Kirby Pines, the same holds true for us, so we wanted to just go out and play.

Our front and back cover features Glenn and Janice Wall at Shelby Farms Park, which lies in the heart of Memphis, on 4,500 acres of green space and 6.5 miles of urban trail. It's a beautiful place with so much to offer, including paddle boat rentals, graciously supplied by our new friend, Mike Turner, from the Boathouse at Pine Lake.

To the left are residents Dan and Carol Yount, who, with the Walls, braved the heat (and the water) to make July's Pinecone so much fun. We thank all of you so much for being great sports. We had a blast!

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This magazine is produced by R.C.A.

6465 N. Quail Hollow Rd., Suite 400  
Memphis, TN 38120, 901-794-2598

Electronic version of *The Pinecone*  
is available at [www.kirbypines.com](http://www.kirbypines.com)

welcome to

# Kirby Pines



Bill Cozart

Hailing from Valdosta, Georgia, Bill Cozart moved to the Kirby Pines Retirement Community from his previous home in Collierville, TN. He and his wife, Bette, were married for 60 years. Their family includes 2 children, 3 grandchildren, and 2 great grands. Bette passed away in 2015.

In 1978, Memphis State University awarded Bill a Bachelor of Business Degree. His professional career was in the Federal Government, spending 34 years with the Federal Aviation Administration (FAA) as an Assistant Sector Manager. He served in the U.S. Air Force, and was discharged with the rank of Staff Sergeant. Genealogy research for the Cozart Family is a major interest for Bill. Music preference includes Country music and bluegrass. In addition to numerous trips to Washington, D.C. on work-related issues, Bill also traveled to England and visited 49 of our 50 States.

Welcome to our residential community, Bill. You'll find common ground with the large number of veterans among us – they're a friendly group and will be glad to include you in story-swapping about their military days. On behalf of all of our residents, we are pleased to have you in our "ranks".



Bob Field

Born in Scircleville, Indiana, Robert (Bob) moved to Kirby Pines from his previous home in Germantown, TN. He and his wife, Suzanne, were married for 65 years. Their family consists of 2 children and 4 grandchildren. Suzanne passed away in 2016.

In 1952, Purdue University awarded Bob a BS Degree in Industrial Economics. Holding the title of International Sales Manager, he was employed for 22 years by the Firestone Industrial Products Company. Bob's military service was with the Army Medical Corps, where as a Medic, his duties included physical reconditioning of troops and overseeing exercise programs for Officers' wives and disabled children. In addition, he was a fullback on the champion team for West Coast Military Bases. His rank was PFC, but he notes that he held the rank of Corporal for one night.

Widely traveled, Bob has visited Jakarta, Singapore, Hong Kong, Tokyo, Dubai, London, Paris, and Bandar Abbas, Iran. Bob's music preference is piano and violin pieces. He helped form a church orchestra featuring trumpet, clarinet, piano, and violin.

Get to know Bob, who is talented, affable, open to opportunities to enrich the programs offered at his new home. Include him in our several venues that highlight resident talent. It's a win-win situation, for Bob and his new family.



Jim & Janet Turner

James (Jim) and Janet Turner came to us from their previous residence in Collierville. A blended family married for 28 years, they have 4 children, 9 grandchildren, and 2 great grands.

Jim has had 2 career tracks. In 1959, the U.S. Military Academy, West Point, awarded him a BS Degree in Military Engineering; in 1964, Stanford awarded him an MS Degree in Industrial Engineering. His military service was with the U.S. Air Force; his final rank, when discharged, was Lt. Colonel. In leaving the service, Jim's career was in finance. His last position, pre-retirement, was Vice President of Highland Capital Management. While Janet did not attend college, she nevertheless taught at Community Colleges for several years with a focus on "Decorating On A Shoe String" (widely popular course). She further honed her talent as an expert seamstress with a 9-year stint in Sales and Management with Calico Corners – then, she established her own business, sewing for the public.

A new home at Kirby Pines; opportunity to meet new friends; and many opportunities to participate in the nearly endless schedule of helping others – you can be sure that their talents and expertise will be put to good use by the tireless Cheryl Grimes. Jim and Janet, it's a pleasure to welcome you to our residential community.



# Using the Treadmill with Arthritis

## 10 TIPS TO TREAD SAFELY

Treadmills seem simple, but they can be hazardous, particularly for people with joint or balance issues. “Trying to catch yourself when you lose your balance can result in muscle strains or injury in almost any joint”, says physical therapist Mary Ann Wilmarth, CEO of Back2Back Physical Therapy in Andover, Mass.

“Injuries can go all the way up the kinetic chain when people slip and try to recover by catching themselves. This can mean foot injuries, strained or sprained ankles, shoulders and wrists – as well as the back and hips if you’re twisting as you lose balance,” she says.

**You can protect yourself by using these tips to tread more safely.**

1. Use a full-sized treadmill with side rails. The belt should be at least 22 inches wide and 50 inches long, and the machine should have handrails on both sides you can use for balance.
2. Wear sturdy, low-heeled athletic shoes. Soles higher than 1 inch can lead to ankle rollovers. Use the topmost shoelace hole for extra stability.
3. Learn the controls. Before you step on, get familiar with how to adjust the speed, incline and especially the red “fast-stop” button.
4. Use the safety key. Before you hit start, clip the safety key to your shirt so if you slip, the machine will stop immediately.
5. Start, then step on. Hold the rail and stand on either side of the belt as you start it at a low speed. Then step on the belt and increase speed slowly.
6. Use a slight incline. An incline of about 2% can reduce impact on the spine, hips, knees, feet and ankles, but a steeper climb increases joint stress.
7. Find the right stride. You’ll know it’s on target when you’re walking comfortably – not overstretching your lead leg – with arms swinging freely.
8. Look straight ahead. Looking down or around can throw off your balance and cause you to trip.
9. Stay centered. Know where you are on the belt and avoid drifting sideways or toward the back of the belt.
10. Catch Your Fall: If you start to fall while you’re on the treadmill, hit the emergency stop button. Grasp the rails and move your feet to one side, then step off and sit down until you’ve recovered.

Use the NuStep as an alternative if you are currently using an aid for balance, such as a cane, walker or wheelchair or having balance issues. You should not attempt to use the treadmill.

Tomorrow’s Treadmill - One day in the near future, a treadmill that uses sonar technology to automatically adjust its speed to match the pace of the user may be the future of treadmills. But until then, follow these guidelines for safety on the treadmill.

Mary Hand is available to train you to safely use the treadmill and the other equipment in the Oasis. Never use exercise equipment if you have any questions about how to use it. Exercise is important, but your safety is more important.

Reference: *Living With Arthritis Blog* Author: *Emily Delzell for the Arthritis Foundation*



**Advanced Water Aerobics**  
Monday & Wednesday  
8:30 am-9:30 am in the Pool

**Exercise in the PAC**  
Monday, Wednesday & Friday  
9:30 am in the PAC

**Tai Chi**  
Monday  
2:00 pm in the PAC

**Yoga Stretch**  
Wednesday  
10:30 am in the PAC

**Men’s Only Water Aerobics**  
Tuesday & Thursday  
8:30 am - 9:15 am in the Pool

**Arthritis Foundation  
Water Aerobics**  
Tuesday & Thursday  
9:30 am - 10:15 am in the Pool

**Arthritis Foundation  
Sit/Stand Class**  
Tuesday & Thursday  
11:00 am - 11:45 am in the A&C





Remaining safe in the home is a priority for everyone at any age. Accidents do happen, but there are ways for us to prepare to minimize the risk of a potential accident. Small changes or modifications can have a big impact and by being safe at home, you are able to remain active outside the home!

Think about the three things that impact everything we do: First, your physical ability to complete every day tasks. Second, the environment or home setting in which we live. Third, the activities that we want to complete.



As you think about things that you do each and every day, think about how you do those tasks and if anything about them may be unsafe. For instance, do you hold onto towel bars to get in and out of the shower? This could be unsafe as towel bars are not rated to hold weight. Consider improving your balance and lower body strengthening as well as contacting therapy for potentially needing grab bars to be installed.

Another good example is where do you get dressed? Do you sit on the bed or in a chair? Does the chair have armrests that allow you to push up from the chair to stand? Is the height of the bed or chair too high or too low? Consider modifying the bed or replacing the chair to one that fits you well and has armrests to allow you to safely move from sitting to standing by allowing you to use your arms to push up from the chair. Small changes like this can have big impacts on our safety in the home.

Please join us on July 11th at 10:00 am in the PAC to discuss additional items regarding home safety. Please feel free to contact Jason Sparrow OTD, OTR/L or Allyson Boykin at 901-366-1819 if you have any questions.

Enjoy a taste  
of Italy...



DIRECTOR OF DINING SERVICES  
MARK SIMPSON

DON'T MISS THE NEXT KIRBY PINES EVENING OF

# EXQUISITE CUISINE

For reservations please call 901.866.4444

THURSDAY, JULY 28, 2016



**Gnocchi Di Patate in Salsa de Parmesan Reggiano**  
*Potato gnocchi in parmesan cheese and leeks.*

### Caesar Salad

*The traditional classic. Crunchy Romaine hearts with fresh house-made croutons, creamy Caesar dressing and finished with shaved parmesan.*

### Veal Saltimbocca

*Fresh pounded veal cutlet with spinach, prosciutto and mozzarella cheese. Finished with roasted garlic mashed potatoes and grilled asparagus with shaved parmesan.*

### Panna Cotta

*A vanilla bean cream finished with fresh berries. The perfect way to end a wonderful meal!*



# Jan Thomson

## GROWING UP WILD AND FREE

Texas is a special kind of place. Jan Thomson, a native Texan, swears that it is so! Her recounting the pleasure of growing up there begins with some historical facts that deserve special attention – follow on, please.

In 1836, Texas was a Republic, not part of the then-United States (Texas became a State in 1845). Along the Rio Grande River, the Republic of Texas bought vast acreage from the Comanche Nation for \$1.25 per acre. This land was granted to the Central Pacific Railroad (the second railroad across the U.S.) to generate funds for extension and completion of the Railroad line; it was completed in 1864. Pioneers in Conestoga wagons were on the move westward, searching for arable land that would support farming and ranching. Texas made these settlers an offer that was almost way too good to be true - 100 year leases for range land along the Rio Grande River equivalent to 48 square miles. In addition, settlers also were able to buy (but not lease) additional land to farm, erect homes, barns, and other out-buildings. Two of the pioneers, Joe Neely and his wife, Mary, accepted the offer from the Texas Republic – a 100-year lease plus purchase of additional acreage. Joe and Mary had 2 children, Joe and Tom. Son, Joe, married Adele in 1924, and they had 2 children, Jan and Betty Jo. (The name Joe is included in each generation’s children.)

Jan recalls an idyllic childhood that had very few restrictions – she remembers “growing up wild”, “growing up free”. Unlike today’s parents who schedule play-dates for their children and/or enroll them in summer camps or sleep away camps, Jan and Betty Jo were allowed to do whatever struck their fancy. She recalls

their efforts to dig a tunnel through a hill; they rode horses to the mountains for the day; they took quilts from the home, went up into the hills, and made tents with the quilts and spent the night – almost unbelievable.

Summertime was a special season for Jan and Betty Jo – streams and rivers for swimming and for fishing, as well. Cooking out by the

rivers, grilling their fish – and yes, they learned how to gut the catch. In their teen years, approaching adulthood, Jan recalls her first kiss when she was 12 years old. A business head on her shoulders even then, she told the young man that it would cost him a dime to kiss her – he did pre-pay and the kiss happened!



Jan and Betty Jo on the ranch

Jan met Dudley, her husband-to-be, at college. Married for 47 years, they have 4 children, 11 grandchildren, and 5 great grands. Dudley passed away in 1999. Life was good for their large brood, but a bit more “structured” than the freedom Jan and Betty Jo enjoyed. Jan relives her childhood with some regularity. Precious memories continue to warm her heart. Priceless.

- Jacqueline Besteman, Resident



Betty Jo and Jan goofing off at the “old school house” on the land in Texas where they grew up and still visit often



Pictured left to right are Dr. Joe Scott, Gail Kommer, Gail Waldrop, Peggy Latham and Val Reed, seated.

## WINNERS OF THE 2016 POETRY CONTEST

Gail Waldrop was the clear winner of the First Monday Poetry Group's 2016 Contest. Her poem, "Maine Coast" was first in the Freedom Category and "Grandmother – A Remembrance" won first in the Anything Goes Category. Both poems will be featured this month on the Poet's Corner Bulletin Board in the Estate's Post Office.

Winners were announced by Contest Chairman, Berry Terry. Certificates and prizes were presented by contest judge Andy Saunders and Group Coordinator, Val Reed. Remaining winners in the Freedom Category were Peggy Latham, second, Val Reed, third, and Gail Kommer, Honorable Mention.

Winners in the Anything Goes Category were Val Reed, second, Dr. Joe Scott, third, and Peggy Latham, Honorable Mention.

## Congratulations employee of the month | Jimieka Davis

Jimieka has been a terrific addition to the Wellness Center. She greets each resident with a smile and helps in any way she can. There is no "above and beyond" with Jimieka – it is all just part of the job. She wants to learn as much as she can in order to better assist the residents of Kirby Pines.

- Chris Palmer, Resident Nurse of the Wellness Center



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# CHAPLAIN'S CORNER

from Don Johnson, Kirby Pines Chaplain

## A TIME TO REMEMBER



GEORGE WASHINGTON

On March 11, 1782, George Washington stated these words:

“I’m sure there never was a people who had more reason to acknowledge a Divine interposition in their affairs than those of the United States.”



ANDREW JACKSON

Andrew Jackson in his farewell address on March 4, 1837, declared:

“Providence has bestowed on this favored land blessings without number, and has chosen you as the guardians of

freedom, to preserve it for the benefit of the human race. May He who holds the destinies of nations make you worthy of the favors He has bestowed and enable you, with pure hearts and pure hands and sleepless vigilance, to guard and defend to the end of time the great charge He has committed to your keeping.”



PATRICK HENRY

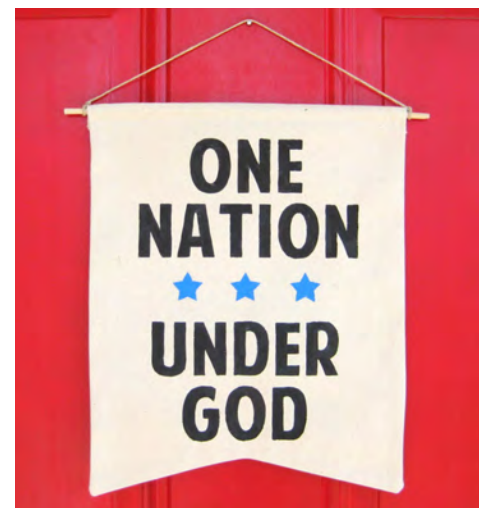
Patrick Henry, great Revolutionary leader gave this powerful challenge on March 23, 1773:

“It is in vain, sir, to extenuate the matter. Gentlemen may cry, Peace, Peace but there is no peace. The war is actually begun! The next gale that sweeps from the north will bring to our ears the clash of resounding arms! Our brethren are already in the field! Why stand we here idle? What is it that gentlemen wish? What would they have? Is life so dear, or peace so sweet as to be purchased at the price of chains and slavery? Forbid it, Almighty God! I know not what course others may take; but as for me, give me liberty or give me death.”

As we embrace America’s 240th Liberty Celebration we must remember the strong foundations upon which the nation’s first patriots stood. Let’s renew our loving commitment to “the stars and stripes forever” as we broadly wave our tri-colored flag. Let’s afresh embrace our unbeatable Declaration of Independence, Constitution and Bill of Rights. Let’s proudly repeat our “one nation under God” Pledge of Allegiance.

If we fail to remember, our present will be infinitely less enjoyable and our future sadly less enduring. Proverbs 14:34 still holds, “Righteousness exalts a nation, but sin is a reproach to any people.” We must continue to have as our motto “In God We Trust.” Perhaps we are closer again to Patrick Henry’s time when it’s liberty or death! May the Lord strengthen us to choose wisely.

Until next time,  
Don Johnson, KP Chaplain



July Vesper Services • 6:30pm • Performing Arts Center

July 7th

Reg  
Germany

*Ordained Minister*

July 14th

Rabbi  
Feizel Strauss

*Temple Israel*

July 21st

Andy  
Andrews

*St. Mary's Episcopal Cathedral*

July 28th

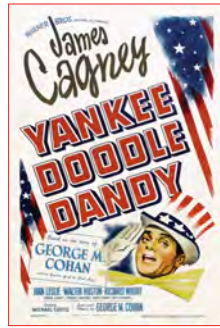
Barry  
Grider

*Forest Hill Church of Christ*

# M E E T

# M E

# A T



## STAR WARS: THE FORCE AWAKENS



**Saturday, July 2**  
**at 10:00 a.m. and 2:00 p.m.**  
*(2015) Cast: Daisy Ridley,*  
*John Boyega, Oscar Isaac*

A desert scavenger, a traitor, and a new lovable droid set off on a race to find an old legend, Luke Skywalker. However, the First Order has risen from the ashes of the Empire and threatens to destroy him first, with their Starkiller Base. Old heroes reunite with the new in an unforgettable journey of friendship and loss aboard the rusty Millennium Falcon.

## O BROTHER, WHERE ART THOU



**Sunday, July 3**  
**at 1:30 p.m. and 4:00 p.m.**  
*(2000) Cast: George Clooney,*  
*John Turturro, Tim Blake Nelson*

Ulysses Everett McGill is having difficulty adjusting to his hard-labor sentence in Mississippi. He scams his way off the chain gang with simple Delmar and maladjusted Pete. Then the trio sets out to pursue freedom and the promise of a fortune in buried treasure. With nothing to lose and still in shackles, their hasty run takes them on an incredible journey of awesome experiences and colorful characters.

## YANKEE DOODLE DANDY



**Saturday, July 2 at 6:00 p.m.**  
**& Sunday, July 3 at 6:30 p.m.**  
*(1942) Cast: James Cagney,*  
*Joan Leslie, Walter Huston*  
A film of the life of the renowned musi-

cal composer, playwright, actor, dancer, and singer George M. Cohan.

## MY ALL AMERICAN



**Saturday, July 9**  
**at 10:00 a.m. and 2:00 p.m.**  
*(2015) Cast: Aaron Eckhart,*  
*Finn Wittrock, Robin Tunney*

Awarded a scholarship to the University of Texas, small but scrappy Freddie Steinmark gets a chance to play football for coach Darrell Royal and the Longhorns in the late 1960s. Alongside old teammate Bobby Mitchell and new friend James Street, Steinmark helps the Longhorns find success. When Freddie suffers an injury that leads to a shocking diagnosis, the young man must utilize his indomitable spirit and courage to rise to the challenge like a true champion.

## THE PELICAN BRIEF



**Sunday, July 10**  
**at 1:30 p.m. and 4:00 p.m.**  
*(1993) Cast: Julia Roberts,*

*Denzel Washington, Sam Shepard*  
Taut thriller about a young law student whose legal brief about the assassination of two Supreme Court justices causes her to be targeted by killers. She realizes just how accurate her accusations have been when her lover and mentor is murdered. Forced to go on the run in New Orleans, she is aided by a journalist who helps her unravel a conspiracy involving senior government figures.

## ANCHORS AWEIGH



**Saturday, June 11 at 6:00 p.m.**  
**& Sunday, June 12 at 6:30 p.m.**

*(1945) Cast: Frank Sinatra,*  
*Kathryn Grayson, Gene Kelly*

Joe and Clarence are two young Navy sailors on leave in glitzy Los Angeles. The two men at first plan to use their layover as an opportunity to relax, but they soon find themselves in a complicated web of comic secrets. When the two buddies find a runaway boy and return him to his fame-hungry Aunt Susan, both men find themselves falling for the wannabe singer, setting off a series of misadventures that unfold in comedy and song.

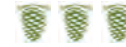
## THE LADY IN THE VAN



**Saturday, July 16**  
**at 10:00 a.m. and 2:00 p.m.**  
*(2015) Cast: Maggie Smith,*  
*Alex Jennings, Jim Broadbent*

In 1973 London, playwright Alan Bennett develops an unlikely friendship with Miss Shepherd, a homeless woman who lives in a van in his driveway for the next 15 years.

## THE NOTEBOOK



**Sunday, July 17**  
**at 1:30 p.m. and 4:00 p.m.**  
*(2004) Cast: Gena Rowlands,*  
*James Garner, Rachel McAdams*

In 1940s South Carolina, mill worker Noah Calhoun and rich girl Allie are desperately in love. But her parents don't approve. When Noah goes off to serve in World War II, it seems to mark the end of their love affair. In the interim, Allie becomes involved with another man. But when Noah returns to their small town years later, on the cusp of Allie's marriage, it soon becomes clear that their romance is anything but over.

# T H E

# M O V I E S



## THE HARVEY GIRLS



**Saturday, July 16 at 6:00 p.m.  
& Sunday, July 17 at 6:30 p.m.**  
(1946) *Cast: Judy Garland, Ray Bolger, John Hodiak*

When Susan Bradley responded to an ad in New Mexico for a mail-order bride, she had no idea that her would-be husband was a broken-down cowhand. Instead of returning back home, she takes a job at the local Harvey House restaurant. But the new establishment faces tough resistance from the local saloon owner and the town's streetwise showgirl, Em. As Susan works with the Harvey girls to win over the townsfolk, she also searches for a new love.

## RV



**Saturday, July 23  
at 10:00 a.m. and 2:00 p.m.**  
(2006) *Cast: Robin Williams, Cheryl Hines, Kristin Chenoweth*

The Munros are a typically American dysfunctional family, complete with rebellious, uncommunicative offspring and baffled parents. Patriarch Bob would like to remedy the situation before his son and daughter instant-message their parents out of their lives. Bob rents a motor home to take the clan on vacation but soon finds that camping and togetherness can be hazardous to one's health.

## TWO WEEKS NOTICE



**Sunday, July 24  
at 1:30 and 4:00 p.m.**  
(2002) *Cast: Sandra Bullock, Hugh Grant, Alicia Witt*

Dedicated environmental lawyer Lucy Kelson goes to work for billionaire

George Wade as part of a deal to preserve a community center. Indecisive and weak-willed George grows dependent on Lucy's guidance on everything from legal matters to clothing. Exasperated, Lucy gives notice and picks Harvard graduate June Carter as her replacement. As Lucy's time at the firm nears an end, she grows jealous of June and has second thoughts about leaving George.

## DARK PASSAGE



**Saturday, July 23 at 6:00 p.m. &  
Sunday, July 24 at 6:30 p.m.**  
(1947) *Cast: Humphrey Bogart, Lauren Bacall, Bruce Bennett*

Vincent Parry has just escaped from prison after being locked up for a crime he did not commit -- murdering his wife. On the outside, Vincent finds that his face is betraying him, literally, so he finds a plastic surgeon to give him new features. After getting a ride out of town from a stranger, Vincent crosses paths with a young woman who lets him stay in her apartment while he heals and continues to try and clear his name.

## NOW IS GOOD



**Saturday, July 30  
at 10:00 a.m. and 2:00 p.m.**  
(2012) *Cast: Dakota Fanning, Josef Altin, Jeremy Irvine*

A girl dying of leukemia compiles a list of things she'd like to do before passing away. Topping the list is her desire to lose her virginity.

## THE LEGEND OF BAGGER VANCE



**Sunday, July 31**

**at 1:30 and 4:00 p.m.**  
(2000) *Cast: Will Smith, Matt Damon, Charlize Theron*

During the Great Depression, Georgia socialite Adele Invergordon announces a publicity-garnering high-stakes match at her struggling family golf course, featuring the greatest golfers of the era. Once-promising local golfer Rannulph Junuh, whose career and life were derailed by World War I, is brought in to play alongside the stars, but his game is weak -- until the enigmatic Bagger Vance offers to coach him back into the great golfer he once was.

## MEET ME IN ST. LOUIS



**Saturday, July 30 at 6:00 p.m. &  
Sunday, July 31 at 6:30 p.m.**  
(1944) *Cast: Judy Garland, Maragaret O'Brien, Mary Astor*

"Meet Me in St. Louis" is a classic MGM romantic musical comedy that focuses on four sisters on the cusp of the 1904 St. Louis World's Fair. The film spotlights the sisters' education in the ways of the world, which includes, but isn't limited to, learning about life and love, courtesy of the prototypical boy next door. In the end, love -- accompanied by song, dance and period costumes, all in glorious Technicolor -- conquers all.

## KIRBY PINES MOVIE RATING SYSTEM

-  = AVERAGE
-  = GOOD
-  = EXCELLENT
-  = OUTSTANDING

# July 2016



## ABBREVIATIONS KEY

- Thtr - Theater
- FDR - Formal Dining Room
- PAC - Performing Arts Center
- BR - Billiard Room
- Trans - Transportation
- HS - Hobby Shop
- SCR - Small Card Room
- A & C - Arts & Crafts Room
- LCR - Large Card Room
- WC - Wellness Clinic

<p>8:00 am ● Church of Christ Service (Chapel) <b>3</b></p> <p>10:00 am ● Worship Service (PAC)</p> <p>1:30 pm ● Weekend Movie (Thtr)</p> <p>1:45 pm ● <i>Memphis Wind Symphony Patriotic Pops (Trans)</i></p> <p>3:30 pm ● <i>Patriotic Music with Matthew (PAC)</i></p> <p>4:00 pm ● Weekend Movie (Thtr)</p> <p>6:30 pm ● Classic Movie (Thtr)</p>	<p>9:00 am ● Smith Jewelers (SCR) <b>4</b></p> <p>10:00 am ● Hobby Pines Group (Hobby Shop)</p> <p>10:30 am ● <i>Annual 4th of July Parade (Lobby)</i></p> <p>1:30 pm ● Holiday Classic: The Music Man (Thtr)</p> <p>1:30 pm ● Game Play (LCR)</p> <p>3:00 pm ● <i>Sundaes from Caring In Place (Lobby)</i></p> <p>4:00 pm ● Holiday Classic: The Music Man (Thtr)</p> <p>6:30 pm ● Bingo (PAC)</p>	<p>8:30 am ● Men's Water Aerobics (Pool) <b>5</b></p> <p>9:00 am ● Dr. Mike Abutineh (WC)</p> <p>9:30 am ● Basic Water Aerobics (Pool)</p> <p>10:00 am ● First Monday Poetry Group (Chapel)</p> <p>11:00 am ● Arthritis Stand/Sit Class (A&amp;C)</p> <p>1:30 pm ● Beginners Line Dancing (PAC)</p> <p>2:00 pm ● <i>G-Town Performing Arts School Students Summer Showcase (PAC)</i></p> <p>2:30 pm ● Advanced Line Dancing (PAC)</p>	<p>8:30 am ● Advanced Water Aerobics (Pool) <b>6</b></p> <p>9:30 am ● Group Exercise (PAC)</p> <p>10:00 am ● Catholic Services (Chapel)</p> <p>10:00 am ● Kirby Pines Travelers Meeting (LCR)</p> <p>10:00 am ● Shuffleboard (PAC)</p> <p>10:30 am ● Peach World Farmer's Market (Lobby)</p> <p>10:30 am ● Yoga Stretch (PAC)</p> <p>1:00 pm ● Needle Arts Group (A&amp;C)</p> <p>1:30 pm ● Game Play (LCR)</p> <p>1:30 pm ● The Sacketts: Part 1 (Thtr)</p> <p>2:00 pm ● Wii Bowling (LCR)</p> <p>6:30 pm ● Bridge (LCR)</p> <p>6:30 pm ● The Sacketts: Part 1 (Thtr)</p>	<p>8:30 am ● Men's Water Aerobics (Pool) <b>7</b></p> <p>9:30 am ● Basic Water Aerobics (Pool)</p> <p>10:00 am ● Kroger &amp; Banks (Trans)</p> <p>10:30 am ● Imax: Birds of the Gods (Thtr)</p> <p>11:00 am ● Arthritis Stand/Sit Class (A&amp;C)</p> <p>1:00 pm ● Walmart &amp; Banks (Trans)</p> <p>1:00 pm ● Dr. Mike Abutineh (WC)</p> <p>1:30 pm ● Imax: Birds of the Gods (Thtr)</p> <p>1:30 pm ● Intermediate Line Dancing (PAC)</p> <p>2:30 pm ● Advanced Line Dancing (PAC)</p> <p>6:30 pm ● Vespers (PAC)</p>	<p>9:30 am ● Group Exercise (PAC) <b>8</b></p> <p>10:00 am ● Art with Class (A&amp;C)</p> <p>10:00 am ● Walmart &amp; Banks (Trans)</p> <p>11:00 am ● Oak Court Mall (Trans)</p> <p>1:00 pm ● Superlo &amp; Bank (Trans)</p> <p>6:00 pm ● <i>Music with Luke, Emily &amp; Grant (Lobby)</i></p> <p>6:30 pm ● Bridge (LCR)</p>	<p>7:30 am ● Men's Christian Fellowship (Chapel) <b>9</b></p> <p>10:00 am ● Weekend Movie (Thtr)</p> <p>10:30 am ● Bible Study "Thru the Bible" (Chapel)</p> <p>1:30 pm ● Game Play (LCR)</p> <p>1:30 pm ● Beginners Line Dancing (PAC)</p> <p>2:00 pm ● Weekend Movie (Thtr)</p> <p>2:30 pm ● Line Dancing (PAC)</p> <p>4:00 pm ● Shuffleboard (PAC)</p> <p>6:00 pm ● Classic Movie (Thtr)</p>
<p>8:00 am ● Church of Christ Service (Chapel) <b>10</b></p> <p>10:00 am ● Worship Service (PAC)</p> <p>1:30 pm ● Weekend Movie (Thtr)</p> <p>4:00 pm ● Weekend Movie (Thtr)</p> <p>6:30 pm ● Classic Movie (Thtr)</p>	<p>8:30 am ● Advanced Water Aerobics (Pool) <b>11</b></p> <p>9:30 am ● Alterations (A&amp;C)</p> <p>9:30 am ● Group Exercise (PAC)</p> <p>10:00 am ● Hobby Pines Group (Hobby Shop)</p> <p>10:00 am ● Smart Moves "Home Safety" (PAC)</p> <p>10:30 am ● Billiard Group (BR)</p> <p>12:00 pm ● Kiwanis Meeting (FDR)</p> <p>1:30 pm ● Game Play (LCR)</p> <p>2:00 pm ● Tai Chi (LCR)</p> <p>6:30 pm ● Bingo (PAC)</p>	<p>8:30 am ● Men's Water Aerobics (Pool) <b>12</b></p> <p>9:00 am ● Dr. Mike Abutineh (WC)</p> <p>9:30 am ● Basic Water Aerobics (Pool)</p> <p>10:30 am ● Methodist Health "Home Health Care Equipment and Medicare" (LCR)</p> <p>11:00 am ● Arthritis Stand/Sit Class (A&amp;C)</p> <p>1:30 pm ● Beginners Line Dancing (PAC)</p> <p>2:30 pm ● Advanced Line Dancing (PAC)</p> <p>6:30 pm ● <i>Birthday Night Concert with Brazil (PAC)</i></p>	<p>8:30 am ● Advanced Water Aerobics (Pool) <b>13</b></p> <p>9:30 am ● Group Exercise (PAC)</p> <p>10:00 am ● Catholic Service (Chapel)</p> <p>10:00 am ● Memphis Hearing Aid (A&amp;C)</p> <p>10:00 am ● Shuffleboard (PAC)</p> <p>10:00 am ● Peach World Farmer's Market (Lobby)</p> <p>10:30 am ● Garden Gro'ers Club (Greenhouse)</p> <p>10:30 am ● Yoga Stretch (PAC)</p> <p>12:15 pm ● <i>Creative Aging Showcase w/Elaine (Trans)</i></p> <p>1:00 pm ● Needle Arts Group (A&amp;C)</p> <p>1:30 pm ● Game Play (LCR)</p> <p>1:30 pm ● The Sacketts: Part 2 (Thtr)</p> <p>2:00 pm ● Wii Bowling (LCR)</p> <p>6:30 pm ● Bridge (LCR)</p> <p>6:30 pm ● The Sacketts: Part 2 (Thtr)</p>	<p>8:30 am ● Men's Water Aerobics (Pool) <b>14</b></p> <p>9:30 am ● Basic Water Aerobics (Pool)</p> <p>10:00 am ● Kroger &amp; Banks (Trans)</p> <p>11:00 am ● Arthritis Stand/Sit Class (A&amp;C)</p> <p>1:00 pm ● Walmart &amp; Banks (Trans)</p> <p>1:00 pm ● Dr. Mike Abutineh (WC)</p> <p>1:30 pm ● Intermediate Line Dancing (PAC)</p> <p>2:00 pm ● <i>"Charlie Town Hall Meeting" (PAC)</i></p> <p>2:30 pm ● Advanced Line Dancing (PAC)</p> <p>6:30 pm ● Vespers (PAC)</p>	<p>9:30 am ● Group Exercise (PAC) <b>15</b></p> <p>10:00 am ● Art with Class (A&amp;C)</p> <p>10:00 am ● Walmart &amp; Banks (Trans)</p> <p>10:30 am ● The Shawshank Redemption (Thtr)</p> <p>1:00 pm ● Superlo &amp; Bank (Trans)</p> <p>1:30 pm ● The Shawshank Redemption (Thtr)</p> <p>6:00 pm ● <i>Music with Deborah Swiney and Jon Felix (Lobby)</i></p> <p>6:30 pm ● Bridge (LCR)</p>	<p>7:30 am ● Men's Christian Fellowship (Chapel) <b>16</b></p> <p>10:00 am ● Weekend Movie (Thtr)</p> <p>10:30 am ● <i>Amelia Halter Violin Recital (Lobby)</i></p> <p>1:30 pm ● Game Play (LCR)</p> <p>1:30 pm ● Beginners Line Dancing (PAC)</p> <p>2:00 pm ● Weekend Movie (Thtr)</p> <p>2:30 pm ● Line Dancing (PAC)</p> <p>4:00 pm ● Shuffleboard (PAC)</p> <p>6:00 pm ● Classic Movie (Thtr)</p>
<p>8:00 am ● Church of Christ Service (Chapel) <b>17</b></p> <p>10:00 am ● Worship Service (PAC)</p> <p>1:30 pm ● Weekend Movie (Thtr)</p> <p>4:00 pm ● Weekend Movie (Thtr)</p> <p>6:30 pm ● Classic Movie (Thtr)</p>	<p>8:30 am ● Advanced Water Aerobics (Pool) <b>18</b></p> <p>9:00 am ● Smith Jewelers (SCR)</p> <p>9:30 am ● Group Exercise (PAC)</p> <p>10:00 am ● Early Voting (Trans)</p> <p>10:00 am ● Focus on Color (A&amp;C)</p> <p>10:00 am ● Hobby Pines Group (Hobby Shop)</p> <p>10:30 am ● Billiard Group (BR)</p> <p>10:45 am ● Episcopal Eucharist (Chapel)</p> <p>1:30 pm ● Game Play (LCR)</p> <p>2:00 pm ● Tai Chi (LCR)</p> <p>6:30 pm ● Bingo (PAC)</p>	<p>8:30 am ● Men's Water Aerobics (Pool) <b>19</b></p> <p>9:00 am ● Dr. Mike Abutineh (WC)</p> <p>9:30 am ● Basic Water Aerobics (Pool)</p> <p>10:00 am ● Early Voting (Trans)</p> <p>11:00 am ● Arthritis Stand/Sit Class (A&amp;C)</p> <p>1:30 pm ● Beginners Line Dancing (PAC)</p> <p>2:30 pm ● Advanced Line Dancing (PAC)</p> <p>6:30 pm ● <i>Summer Dance with The Jim Mahannah Band (PAC)</i></p>	<p>8:30 am ● Advanced Water Aerobics (Pool) <b>20</b></p> <p>9:30 am ● Group Exercise (PAC)</p> <p>10:00 am ● Catholic Service (Chapel)</p> <p>10:00 am ● Shuffleboard (PAC)</p> <p>10:30 am ● Peach World Farmer's Market (Lobby)</p> <p>10:30 am ● Yoga Stretch (PAC)</p> <p>1:00 pm ● Needle Arts Group (A&amp;C)</p> <p>1:30 pm ● Game Play (LCR)</p> <p>2:00 pm ● Virtual Tour (Thtr)</p> <p>2:00 pm ● Wii Bowling (LCR)</p> <p>4:00 pm ● Carol Burnett Show (Thtr)</p> <p>6:30 pm ● Bridge (LCR)</p> <p>6:30 pm ● Carol Burnett Show (Thtr)</p>	<p>8:30 am ● Men's Water Aerobics (Pool) <b>21</b></p> <p>9:30 am ● Basic Water Aerobics (Pool)</p> <p>10:00 am ● Kroger &amp; Banks (Trans)</p> <p>11:00 am ● Arthritis Stand/Sit Class (A&amp;C)</p> <p>1:00 pm ● Walmart &amp; Banks (Trans)</p> <p>1:00 pm ● Dr. Mike Abutineh (WC)</p> <p>1:30 pm ● Intermediate Line Dancing (PAC)</p> <p>2:30 pm ● Advanced Line Dancing (PAC)</p> <p>6:30 pm ● Vespers (PAC)</p>	<p>9:30 am ● Group Exercise (PAC) <b>22</b></p> <p>10:00 am ● Art with Class (A&amp;C)</p> <p>10:00 am ● Walmart &amp; Banks (Trans)</p> <p>10:30 am ● Magnum P.I. (Thtr)</p> <p>1:00 pm ● Superlo &amp; Bank (Trans)</p> <p>1:30 pm ● Magnum P.I. (Thtr)</p> <p>6:00 pm ● <i>Music with The Beverly Brothers (Lobby)</i></p> <p>6:30 pm ● Bridge (LCR)</p>	<p>7:30 am ● Men's Christian Fellowship (Chapel) <b>23</b></p> <p>10:00 am ● Weekend Movie (Thtr)</p> <p>1:30 pm ● Game Play (LCR)</p> <p>1:30 pm ● Beginners Line Dancing (PAC)</p> <p>2:00 pm ● Weekend Movie (Thtr)</p> <p>2:30 pm ● Line Dancing (PAC)</p> <p>4:00 pm ● Shuffleboard (PAC)</p> <p>6:00 pm ● Classic Movie (Thtr)</p>
<p>8:00 am ● Church of Christ Service (Chapel) <b>24</b></p> <p>10:00 am ● Worship Service (PAC) <b>31</b></p> <p>1:30 pm ● Weekend Movie (Thtr)</p> <p>3:30 pm ● <i>Hymn Sing with Matthew (PAC) - 24th</i></p> <p>4:00 pm ● Weekend Movie (Thtr)</p> <p>6:30 pm ● Classic Movie (Thtr)</p>	<p>8:30 am ● Advanced Water Aerobics (Pool) <b>25</b></p> <p>9:30 am ● Group Exercise (PAC)</p> <p>9:30 am ● Alterations (A&amp;C)</p> <p>10:00 am ● Hobby Pines Group (Hobby Shop)</p> <p>10:30 am ● Billiard Group (BR)</p> <p>12:00 pm ● Kiwanis Meeting (FDR)</p> <p>1:30 pm ● Game Play (LCR)</p> <p>2:00 pm ● Tai Chi (LCR)</p> <p>6:30 pm ● Bingo (PAC)</p>	<p>8:30 am ● <i>BMH Mammogram Van (Outside)</i> <b>26</b></p> <p>8:30 am ● Men's Water Aerobics (Pool)</p> <p>9:00 am ● Dr. Mike Abutineh (WC)</p> <p>9:30 am ● The Book Baggers (Chapel)</p> <p>9:30 am ● Basic Water Aerobics (Pool)</p> <p>11:00 am ● Arthritis Stand/Sit Class (A&amp;C)</p> <p>11:15 am ● <i>Lunch Bunch @ Seasons 52 (Trans)</i></p> <p>1:30 pm ● Beginners Line Dancing (PAC)</p> <p>2:00 pm ● Ladies Interdenominational Meeting "The Uplifters" (Chapel)</p> <p>2:30 pm ● Advanced Line Dancing (PAC)</p>	<p>8:30 am ● Advanced Water Aerobics (Pool) <b>27</b></p> <p>9:30 am ● Group Exercise (PAC)</p> <p>10:00 am ● Catholic Service (Chapel)</p> <p>10:00 am ● Shuffleboard (PAC)</p> <p>10:30 am ● Peach World Farmer's Market (Lobby)</p> <p>10:30 am ● Yoga Stretch (PAC)</p> <p>1:00 pm ● Needle Arts Group (A&amp;C)</p> <p>1:30 pm ● Game Play (LCR)</p> <p>2:00 pm ● Wii Bowling (LCR)</p> <p>6:30 pm ● Bridge (LCR)</p>	<p>8:30 am ● Men's Water Aerobics (Pool) <b>28</b></p> <p>9:30 am ● Basic Water Aerobics (Pool)</p> <p>10:00 am ● Kroger &amp; Banks (Trans)</p> <p>11:00 am ● Arthritis Stand/Sit Class (A&amp;C)</p> <p>1:00 pm ● Walmart &amp; Banks (Trans)</p> <p>1:00 pm ● Dr. Mike Abutineh (WC)</p> <p>1:30 pm ● Intermediate Line Dancing (PAC)</p> <p>2:30 pm ● Advanced Line Dancing (PAC)</p> <p>6:30 pm ● Vespers (PAC)</p>	<p>9:30 am ● Group Exercise (PAC) <b>29</b></p> <p>10:00 am ● Art with Class (A&amp;C)</p> <p>10:00 am ● Walmart &amp; Banks (Trans)</p> <p>10:30 am ● 13 Hours: Secret Soldiers of Benghazi (Thtr)</p> <p>1:00 pm ● Superlo &amp; Bank (Trans)</p> <p>1:30 pm ● 13 Hours: Secret Soldiers of Benghazi (Thtr)</p> <p>6:30 pm ● Bridge (LCR)</p>	<p>7:30 am ● Men's Christian Fellowship (Chapel) <b>30</b></p> <p>10:00 am ● Weekend Movie (Thtr)</p> <p>1:30 pm ● Game Play (LCR)</p> <p>1:30 pm ● Beginners Line Dancing (PAC)</p> <p>2:00 pm ● Weekend Movie (Thtr)</p> <p>2:30 pm ● Line Dancing (PAC)</p> <p>4:00 pm ● Shuffleboard (PAC)</p> <p>6:00 pm ● Classic Movie (Thtr)</p>

# July 2016 EVENTS

## July 1: Magnum P.I.: No Need To Know

Magnum is hired by two secret service agents to protect Higgins' old army comrades from assassins trying to silence him before he can testify against the IRA. Movie Showtimes 10:30 am & 1:30 pm.



## July 1: Patriotic Sing-A-Long

Join the gang in the PAC at 6:30 pm as we salute America with patriotic poems, songs and service experiences of veterans. Special guest is Jim Chester, former choral director at Harding Academy.

## July 3: Patriotic Pops with the Memphis Wind Symphony

Hop on the bus and go with us to the First Baptist Church for a Patriotic Pops Concert with the Memphis Wind Symphony. We loved this group when they played here on birthday night in May. Many of you expressed interest in going to this concert. Senior tickets are \$10.00 at the door, children under 12 free. Sign up in transportation. Bus leaves at 1:45 pm. Concert starts at 3:00 pm.

## July 3: Music in the PAC with Matthew & Jennifer

Matthew and Jennifer married in the spring of 2014, and have been making music together ever since. Matthew is a school teacher and Minister of Music at Faith Anglican Church, and Jennifer is a jewelry designer with her own business, JPD in the Cordova area. Matthew and Jennifer, both preachers' kids, have been around church music their whole lives. The Brewers love coming to Kirby Pines, and have already made wonderful friends here. Come join them on Sunday afternoon from 3:30 pm to 5 pm for worship and music in the PAC on Sunday, June 3rd and Sunday, June 24th.

## July 4: 4th of July Parade

Show your patriotism and community spirit! Don your red, white & blue, put on your marching shoes and meet us in the Lobby by 10:15 am, help us parade and spread Patriotism and joy around Kirby. Children, dogs and guests are encouraged to march with us. The parade will exit the Lobby for the medical areas at 10:30 am.

## July 4: Movie: The Music Man

"It doesn't get any better than this slice of Midwestern Americana: Charming con man Harold Hill (Robert Preston) wants to steal River City citizens' money with a "boys' band" scam, but finds it hard to skip town when lovely librarian Marian Paroo (Shirley Jones) steals his heart. Composer Meredith Willson's valentine to his own hometown packs great songs and wonderful performances from, among others, Buddy Hackett and a young Ron Howard." Cast: Robert Preston, Shirley Jones, Buddy Hackett. Movie Showtimes 1:30 pm & 4:00 pm.



## July 4: Holiday Sundaes

Everyone loves ice cream after an eventful day. Come down to the Lobby sunroom from 3:00 pm to 4:30 pm for a nice cold ice cream Sundae, served and sponsored by your friends from Caring in Place.



## July 5: Medical Director Dr. Mike Abutineh MD

Will be in the Wellness Clinic Tuesdays 9:00 am -12:00 pm. Thursdays 1:00-4:30 pm. Appointments required.

## July 5: First Monday Poetry Group

Come to listen; come to read; come to recite from memory. Share a favorite verse or two as others share their verse with you. Everyone is welcome. We meet the first Monday of every month. Due to the 4th Parade we are meeting this month on Tuesday the 5th in the Chapel at 10:00 am.



## July 5: G-Town Performing Arts Students Summer Showcase

Please join us at 2:00 pm in the PAC to see these young performers share their talents via song, dance and music during their summer talent showcase. This will be the 7th year that they have been coming here to share their talent.

## July 6: Get Fit with Oasis Coordinator Mary Hand

Advanced Water Aerobics classes will be held on Mondays & Wednesdays at 8:30 am. Basic and Beginning Water Aerobics is on Tuesdays & Thursdays at 9:30 am. Men's Water Aerobics are held on Tuesdays & Thursdays at 8:30 am. Arthritis Sit/Stand classes are on Tuesdays & Thursdays at 11:00 am in the Arts & Crafts Room.

## July 6: KP Travelers Meeting

Calling all adventurous spirits! The Travelers are back in action and will be meeting to discuss upcoming outings and trips for 2016. The group meets on the first Wednesday of every month at 10:00 am in the Large Card Room. They are always interested in new ideas of places to go and things to do.

## July 6: Peach World Farmer's Market

Kirby Pines Farmers Market brought to you by Peach World will be back in the Lobby every Wednesday from 10:30 am to 2:00 pm. I know we all can't wait for those homegrown tomatoes, peaches, peas and other wonderful fresh produce.

## July 6: Yoga Stretch

Yoga is known to have a wide range of benefits- maybe you're sleeping better or getting fewer colds, your balance is improving. If you have not yet joined this class come and see what benefits it might have for you. This is not advanced so don't worry about getting on the floor and not being able to get up. You will be sitting in a chair or standing. Class is every Wednesday at 10:30 am in the PAC.

## July 6: Game Play Group

Like to play games? Bring your own to share or join in with someone already there! Meets in the Large Card Room every Monday, Wednesday and Saturday at 1:30 pm.

## July 6: Virtual Wii Bowling

Come join the fun every Wednesday afternoon at 2:00 pm in the Large Card Room. No skill required. It is set up on the TV; all you have to do is check out the remotes from the Front Desk and return them whenever your game is over.

## July 6: The Sacketts: Part 1

To avoid a Tennessee blood feud, two Sackett brothers head westward toward an uncertain future. "Ride with the law," Ma counsels. They do more than that. They become the law. Tom Selleck, Sam Elliott and Jeff Osterhage join veterans Glenn Ford, Ben Johnson, Slim Pickens and more in this epic saga based on two of more than 100 books by the world's most beloved novelist of the American frontier, Louis L 'Amour. Movie Showtimes 1:30 pm & 6:30 pm. This is a two part disk. The second and last half will be played on Wednesday July, 13th.



## July 7: IMAX: Birds of the Gods

Deep within the rain forests of New Guinea live birds bearing almost impossibly beautiful plumage. Known as "birds of paradise," these creatures have inspired explorers and ornithologists

for centuries. Renowned naturalist David Attenborough heads a team of scientists as they seek to film these elusive animals in their stunning natural habitat. Along the way we learn of their peculiar habits and elaborate mating rituals. Movie times 10:30 am & 1:30 pm.

## July 8: Musc with Luke, Emily and Grant

Many of you have seen these young people before! They are the great grandchildren of Lenora Smith. They play violin, cello and piano. This is a concert you don't want to miss. They are fabulous. Friday, July 8th in the Lobby at 6:00 pm.

## July 9: Through the Bible

Through the Bible is an intense study of the Bible led by Gail Kommer, meeting the second Saturday of every month at 10:30 am in the Chapel. Class discussion encouraged. Join this group of ladies who enjoy learning about God's Word.



## July 11: Smart Moves

This month's topic is "Home Safety" 10:00 am in PAC.

## July 12: Methodist Health Alliance Presentation

Learn the ins and outs of how and what Medicare pays for from wheelchairs to Oxygen. Understand who can provide home medical equipment and how it works with Medicare. Tuesday, July 12 at 10:30 am in the LCR.

## July 12: Birthday Night Concert with Brazil

Brazil will be here to entertain us on Birthday Night with a style of music that can best be comprehended as soft and smooth. The ageless times of his music covers the decades giving him the opportunity to present his audiences a vast array of music and pleasure. Tuesday July 12th at 6:30 pm in the PAC.

## July 13: Garden Gro'ers Club Meeting

You don't need a green thumb to be a member of this busy group. Harvest is on and we have tomatoes and onions ready for picking. The secret Watermelon Patch melons will be ripe and ready for eating at our August Meeting on Wednesday, the 10th. If you did not receive a container please call Charles. Remember, give a tomato and make a friend. Come on down to the Greenhouse every 2nd Wednesday at 10:30am and dig in! Contact Dr. Charles Parrott with questions at 795-4394.



## July 13: Memphis Hearing Aid Service

On the second Wednesday of every month, at 10:00 am in the Arts & Crafts room, Dr. Rena C Booth will be offering: Free Hearing Evaluation, Free Hearing Aid Consultation, Free Hearing Aid Clean, Check, and Adjustment. Please call 682-1529 for more information or to schedule a visit.

## July 13: Creative Aging: Elaine Blanchard & Laurence Albert

The Senior Arts Series and Creative Aging musicians are teaming up to bring you musical programs every other month. The July program will feature international opera singer Laurence Albert. Albert was born and raised in Memphis, TN, like many musicians. He has performed all over the world, including the Paris Opera House, Oper Frankfurt in Germany, and Opera Ireland along with Opera Theatre of St. Louis and Opera Memphis. Join us in welcoming a fellow Memphian and his talents on July 13th! Sign up in Transportation. Bus leaves at 12:15. Tickets are \$5.00 at the door. Cash or check.

### July 14: Charlie Town Hall

Charlie Trammell will be conducting a Town Hall Meeting with the Resident Association on Thursday, July 14 at 2:00 pm in the PAC.

### July 15: Movie: The Shawshank Redemption

Framed for murder, upstanding banker Andy Dufresne begins a new life at Shawshank prison, where he comes to be admired by the other inmates -- including an older prisoner named Red -- for his integrity and unquenchable sense of hope. Movie Showtimes 10:30 am & 1:30 pm.



### July 15: Music with Deborah Swinney & Jon Felix

Vocalist Deborah Swinney is a native Memphian who has performed on the Oprah Winfrey Show and Carnegie Hall. She is accompanied by Jon Felix, an outstanding pianist who has played with several national stars including Ray Price, Andy Williams, Mel Torme and Charlie Pride. Join them in the Lobby at 6:00 pm on Friday, July 15.

### July 16: Violin Recital with Amelia Halter

Come to the Lobby at 10:30 am to enjoy a violin recital with student Amelia Hatler.



### July 18: Focus on Color

Coloring books are incredibly simple: portable and easy to pick up and put down and a colored-in page takes up almost no space at all. So come to the Arts and Crafts Room every other Monday at 10:00 am. All you need to bring besides yourself is your coloring book and utensils to color with. Some of these supplies are offered for sale in the Blossom Shop.

### July 18 & 19: Early Voting

The bus will be taking us to the polls to early vote at 10:00 am on Monday & Tuesday. If you are not able to make it at one of those times are can't get on bus, please call transportation and they will make arrangements to take you. Your Vote counts!!



### July 19: Summer Dance with The Jim Mahannah Band

Join us whether you like to dance or not. Come enjoy an evening of great music with the Jim Mahannah Band. Tuesday, July 19 at 6:30 pm in the PAC.

### July 20: Virtual Field Trip

Join us as we go on a Virtual Field Trip. Where ever we go you will be able to see your tour guide live and they can see you. The destination will be announced closer to the time to enable the creators to send us to the most interesting places. The journey begins at 2:00 pm. in the Movie Theater. Watch your bulletin boards for details.

### July 20: The Carol Burnett Show

Join us with jokes and laughs with Carol and her cohorts. Theater Showtimes 4:00 pm & 6:30 pm.

### July 22: Magnum P.I.: Skin Deep

A beautiful actress is killed in a scenario closely resembling a scene from the script of an upcoming film. Magnum is hired by her former producer to investigate the case and finds that things are not as they appear. Movie Showtimes 10:30 am & 1:30 pm.

### July 22: Music with The Beverly Brothers

Join us at 6:00 pm in the Lobby for guitars and harmonies on songs made famous by the Everly Brothers, Hank Williams, the Beatles and more by one of our favorite duos The Beverly Brothers.

### July 26: Baptist Hospital's Mobile Mammography Unit

Digital Screening is a convenient 15 minutes. Call Chris Palmer @ 369-7328 in the Wellness Clinic to register. Pre-registration is required. From 8:30 am to 3:00 pm outside C/D door.

### July 26: The Book Baggers

Whether you read or would like to hear about books being discussed, come and check us out. This is a great way to expand your horizons. This month's read will be "Caleb's Crossing" by Geraldine Brooks. The Book Baggers meet the 4th Tuesday of every month in the Chapel at 9:30 am. New members welcome!

### July 26: Lunch Bunch @ Seasons 52

Seasons 52 is a fresh grill and wine bar that offers a seasonally changing menu inspired by the appeal of a local farmer's market. Seasons 52 sources ingredients at their peak of freshness and uses rustic cooking techniques, like brick-oven roasting and open-fire grilling over oak and mesquite wood. The menu is paired with an ever-changing international collection of more than 100 wines. Sing up in transportation, bus leaves at 11:15 am.

### July 26: Ladies Interdenominational Circle "The Uplifters"

The Uplifters Circle is a nondenominational group of women dedicated to missions, prayer and Bible study. All are welcome, come to the Chapel at 2:00 pm to join in fellowship with this wonderful group of ladies every fourth Tuesday of the month.

### July 29: Movie: 13 Hours: The Secret Soldiers of Benghazi

In this gripping account of the chaotic and tragic events of Sept. 11, 2012, six members of an elite security team battle to save the lives of trapped U.S. consulate personnel under attack by armed terrorists in Benghazi, Libya. Movie Showtimes 10:30 am & 1:30 pm.

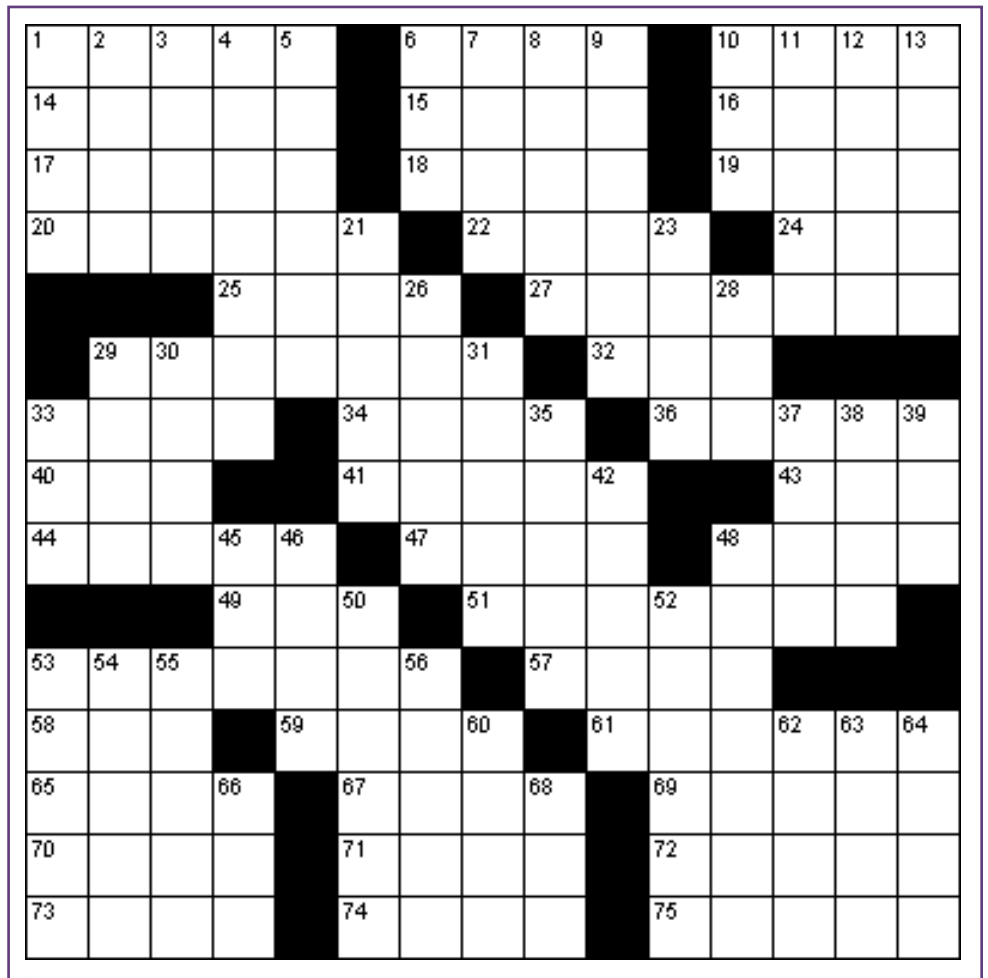


## ACROSS

1. Temporary inactivity
6. Highly excited
10. Ready money
14. Keyboard instrument
15. Decorative woven fabric
16. Woodwind
17. Something that has survived the past
18. Security interest
19. Deep wide chasm
20. Sartor
22. Naive or inexperienced person
24. Was seated
25. Notion
27. Greenhouse
29. Below
32. Understand
33. Become less intense
34. Marine mollusk
36. One of the senses
40. Belonging to us
41. Sheltered port
43. Church bench
44. General kind of something
47. Unaccompanied
48. Melody
49. Litigate
51. Harmony
53. Slightly odd
57. Close
58. Epoch
59. Percussion instrument
61. Nape
65. Fan blade
67. Object of worship
69. Singing voice
70. Sharpness
71. Certain
72. Unjustified
73. Scottish dance
74. Encounter
75. Took without permission

## DOWN

1. Computer interface
2. Region
3. Large sweet juicy fruit
4. Seafaring



5. Encrypt
6. Entire
7. Profit
8. Large body of water
9. Unusual mental ability
10. Part of a gear wheel
11. Maltreatment
12. Relating to the sun
13. Brawny
21. Scope
23. Metal bar across a fingerboard
26. Book of maps
28. Division of 8 Down
29. Color between green and violet
30. Acquire or deserve by efforts  
or actions
31. Mayhem
33. Murkiness
35. Kind of gourd  
(see photo for hint)
37. Acantha
38. Look after
39. Female sheep
42. Canonical hour
45. Country, initially
46. Vocalized
48. Deluge
50. Self-interest
52. Desert plant
53. Cut off
54. Barter
55. Series of hills or mountains
56. Empower
60. Bloodshed
62. Change by reversal
63. Violation of the rules in sport
64. Liberate
66. Fish
68. Allow



*Puzzle Solutions - page 21*





# KIRBY PINES SnapShots



Doris Duke celebrated her birthday with sister Rose and brothers Tony and Phillip, daughters Denise & Debbie and niece Tiffany



Mamie Gates was surrounded by family on her birthday with daughter Diane, Charlene Helm, brother Alvin Bird and wife Evelyn, daughter Sandy Oster and niece Donna Harris



Barbara Fowler at her birthday dinner with husband Robert and friends Don Glowen and Jenine Riddle



Lou Anders at her birthday dinner with friends Jessie Allison, Margaret Staub, Mary Jo and Bob Williams and Bob & Joy Wernet



Larry McKenzie and Anita Deckleman celebrate their June birthdays



Barbara Hyland, Jim Anderson and Dr. Robert Hyland keep in step on the Nu-Step in the Oasis



Billie Arnold celebrated her birthday with childhood friend, Jane Tomilson who brought pictures of them from her scrapbook

# KIRBY PINES SnapShots



Claudia Strickland celebrated birthday night with son Tommy Strickland and his wife Joan and friend Carline Pickler with her daughter Dawn and husband Bill Thrasher



Jacqueline Besteman celebrates her special day with Andy Barksdale, Betty Burkhalter and Jim Stafford



Shelton and Sydney Wagner, 2016 King & Queen of Kirby Pines greet the 2016 King & Queen of Carnival, Sarah Williamson and Jay Keras



The Boll Weevils sure get around when they visit Kirby Pines. Here a couple join in with the Line Dancers



Ann Davis shares a smile with one of the boll weevils



Mary Ellen Crouse and yet another goofy Boll Weevil



Dot Gammon cracks up at the pesky fellas trying to move her chair



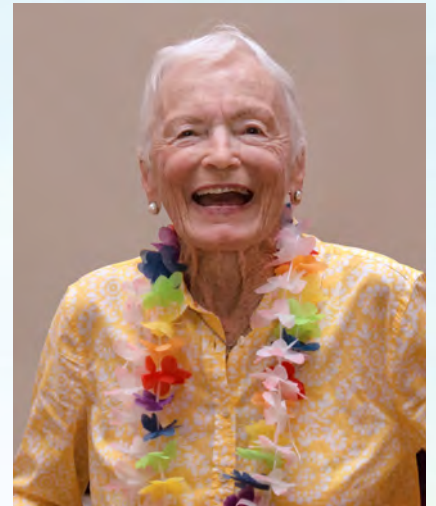
# KIRBY PINES Snapshots



Jettie McCombs looks stunning with all the beautiful Hawaiian foliage



Richard Randall loves to make faces with our Annual Luau Pig



Jane Kinney is all smiles at the Kirby Pines Annual Luau Party



Shelton Wagner and John Sosh show off their hula skills at the luau



Everett & Lucy Porter enjoy some punch outside the dance



Betty Goldschmid looks fabulous with her color coordinated lei



Becky Leatherwood is channeling her inner Hawaiian at the luau



Jody Sosh, Shirley Anderson and Fran Gentry share some laughs on the dance floor, while getting hula lessons at the Kirby Luau



Charlotte Peterson is ready to join in the fun at the Annual Luau Party

# Memorials, Honorariums & Gifts

In Memory Of

**ARNOLD SEMSCH**

Donation by Mary Jane Monroe  
to the Hobby Shop Fund

**AGNES CRISCI**

Donation by Mrs. Gene Morrison  
to the General Fund

**GENE WALDROP**

Donation by Carlie Ann Davis  
to the Employee Fund

Donation by Shelton & Sydney Wagner  
to the General Fund

Donation by Gail Kommer  
to the Library Fund

**MRS. TALBOT MATHES**

Donation by Mrs. Gene Morrison  
to the General Fund

**JAMES ROBISON**

Donation by Carlie Ann Davis  
to the Employee Fund

**HELEN BELUE**

Donation by Mrs. Gene Morrison  
to the General Fund

**GEORGE HOLMES**

Donation by Mrs. Gene Morrison  
to the General Fund

In Honor Of

**VERNON SHORT**

Donation by Mrs. Gene Morrison  
to the General Fund

**DAVID WALTERS**

Donation by Betty L. Burkhalter  
to the Hobby Shop

**JOHN JOHNSON**

Donation by Jenine Riddle  
to the Hobby Shop

Gifts To

**THE HOBBY SHOP**

Donation by Mrs. Gene Morrison

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Donation by Marjorie Thomson



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*Laundry*

*Ironing*

*Bedding Change*

*Medication Reminders*

*Transportation*

*Organization*

*Escort to Community*

*Escort to Doctor's Offices*

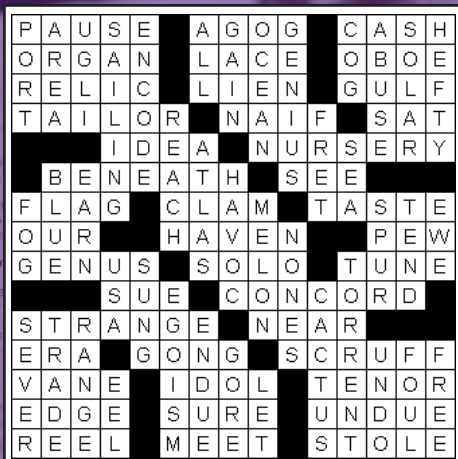
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GIANT  
CROSSWORD  
ANSWERS  
TO PUZZLE  
CHALLENGE  
ON PAGE 17

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### DONATIONS

Anyone can make a donation directly through Kirby Pines or at our website: [www.kirbypines.com](http://www.kirbypines.com)

### FOR MORE INFORMATION

Contact Thomas O'Malley at 901-568-0643 or email: [tomalley@kirbypines.com](mailto:tomalley@kirbypines.com)

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# Kirby Pines

LifeCare Community

*LifeStyle and LifeCare*



"Summer afternoon, summer afternoon;  
to me those have always been the two most beautiful words  
in the English language". - Henry James



# July 2016 EVENTS

## July 1: Magnum P.I.: No Need To Know

Magnum is hired by two secret service agents to protect Higgins' old army comrades from assassins trying to silence him before he can testify against the IRA. Movie Showtimes 10:30 am & 1:30 pm.



## July 1: Patriotic Sing-A-Long

Join the gang in the PAC at 6:30 pm as we salute America with patriotic poems, songs and service experiences of veterans. Special guest is Jim Chester, former choral director at Harding Academy.

## July 3: Patriotic Pops with the Memphis Wind Symphony

Hop on the bus and go with us to the First Baptist Church for a Patriotic Pops Concert with the Memphis Wind Symphony. We loved this group when they played here on birthday night in May. Many of you expressed interest in going to this concert. Senior tickets are \$10.00 at the door, children under 12 free. Sign up in transportation. Bus leaves at 1:45 pm. Concert starts at 3:00 pm.

## July 3: Music in the PAC with Matthew & Jennifer

Matthew and Jennifer married in the spring of 2014, and have been making music together ever since. Matthew is a school teacher and Minister of Music at Faith Anglican Church, and Jennifer is a jewelry designer with her own business, JPD in the Cordova area. Matthew and Jennifer, both preachers' kids, have been around church music their whole lives. The Brewers love coming to Kirby Pines, and have already made wonderful friends here. Come join them on Sunday afternoon from 3:30 pm to 5 pm for worship and music in the PAC on Sunday, June 3rd and Sunday, June 24th.

## July 4: 4th of July Parade

Show your patriotism and community spirit! Don your red, white & blue, put on your marching shoes and meet us in the Lobby by 10:15 am, help us parade and spread Patriotism and joy around Kirby. Children, dogs and guests are encouraged to march with us. The parade will exit the Lobby for the medical areas at 10:30 am.

## July 4: Movie: The Music Man

"It doesn't get any better than this slice of Midwestern Americana: Charming con man Harold Hill (Robert Preston) wants to steal River City citizens' money with a "boys' band" scam, but finds it hard to skip town when lovely librarian Marian Paroo (Shirley Jones) steals his heart. Composer Meredith Willson's valentine to his own hometown packs great songs and wonderful performances from, among others, Buddy Hackett and a young Ron Howard." Cast: Robert Preston, Shirley Jones, Buddy Hackett. Movie Showtimes 1:30 pm & 4:00 pm.



## July 4: Holiday Sundaes

Everyone loves ice cream after an eventful day. Come down to the Lobby sunroom from 3:00 pm to 4:30 pm for a nice cold ice cream Sundae, served and sponsored by your friends from Caring in Place.



## July 5: Medical Director Dr. Mike Abutineh MD

Will be in the Wellness Clinic Tuesdays 9:00 am -12:00 pm. Thursdays 1:00-4:30 pm. Appointments required.

## July 5: First Monday Poetry Group

Come to listen; come to read; come to recite from memory. Share a favorite verse or two as others share their verse with you. Everyone is welcome. We meet the first Monday of every month. Due to the 4th Parade we are meeting this month on Tuesday the 5th in the Chapel at 10:00 am.



## July 5: G-Town Performing Arts Students Summer Showcase

Please join us at 2:00 pm in the PAC to see these young performers share their talents via song, dance and music during their summer talent showcase. This will be the 7th year that they have been coming here to share their talent.

## July 6: Get Fit with Oasis Coordinator Mary Hand

Advanced Water Aerobics classes will be held on Mondays & Wednesdays at 8:30 am. Basic and Beginning Water Aerobics is on Tuesdays & Thursdays at 9:30 am. Men's Water Aerobics are held on Tuesdays & Thursdays at 8:30 am. Arthritis Sit/Stand classes are on Tuesdays & Thursdays at 11:00 am in the Arts & Crafts Room.

## July 6: KP Travelers Meeting

Calling all adventurous spirits! The Travelers are back in action and will be meeting to discuss upcoming outings and trips for 2016. The group meets on the first Wednesday of every month at 10:00 am in the Large Card Room. They are always interested in new ideas of places to go and things to do.

## July 6: Peach World Farmer's Market

Kirby Pines Farmers Market brought to you by Peach World will be back in the Lobby every Wednesday from 10:30 am to 2:00 pm. I know we all can't wait for those homegrown tomatoes, peaches, peas and other wonderful fresh produce.



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