

the PINECONE

The Magazine of Kirby Pines Retirement Community • May 2016 | V. 34 | I. 5

**CELEBRATING
MOTHER'S DAY
AT KIRBY PINES!**

Celebrating Our Mothers

Do you ever wonder why we do some of the things we do? Do we do them out of habit, honor, proclamation, or simply because someone said we need to do it? Well, observing Mother's Day is a combination of all of the above.

Mother's Day was first observed in 1907 at the request of Anna Jarvis of Philadelphia, PA, who asked her church to hold a service in memory of all mothers on the anniversary of her own mother's death. Two years later in 1909, Anna and some friends began a letter-writing campaign to create a Mother's Day Observance. Their campaign was successful and in 1914, Congress passed legislation designating the second Sunday in May as Mother's Day. Some say the predecessor of Mother's Day was the ancient spring festival dedicated to the Greek goddess Rhea and Roman goddess Cybele, known as the "Mothers of the Gods". No matter when this day was first observed, Mother's Day is a tradition everyone can celebrate at Kirby Pines.

You should begin making your plans now to attend our annual Mother's Day Cookout on the Saturday before Mother's Day, May 7; this cookout is like no other in the Memphis area!

at Kirby Pines

We will be eating Bar-Bar-Q with all the "fix-ins", hot dogs, hamburgers, cookies, cold watermelon, ice cream, soft drinks, and other treats. There will be games for children and plenty of space for as many family members as you would like to invite. More important, though, it is a day filled with smiles, laughter, love for one another, and, above all, a day to honor our mothers. This annual Kirby tradition is just one more reason Kirby Pines continues to win the Memphis Most Award year after year.

How about asking your family and friends to help you celebrate Mother's Day this year by first nominating, and then voting for Kirby Pines in the Memphis Most Awards contest today? Go to www.memphismost.com and find us in the "Memphis Places" category.



Michael Escamilla,
Executive
Director,
Kirby Pines

ON THE PINECONE COVER

Mother's Day is truly one of a kind at Kirby Pines

Kirby Pines celebrates Mother's Day like nobody else can. It's a day of fun, food and fellowship for everyone, regardless of age. So we thought what better tribute for this month's magazine than to show our Moms we love them!

The front cover features Liz Collier with her daughter, Glenda Kiser. On the back is resident, Joan Haynes with her daughters, Sharon Morgan and Sandy Randle. Joining in the fun, at right, is our own Carline Pickler with her daughter, Dawn Thrasher.

Moms are so special to each of us in every way, they are the heart of the home. They are encouraging, they are loving, they are learned, they are hard-working, they are your best friend and they exemplify how to be. So thanks to our Moms and daughters for showing how much you all care.



Resident, Carline Pickler with her daughter, Dawn Thrasher

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6465 N. Quail Hollow Rd., Suite 400
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*Electronic version of The Pinecone
is available at www.kirbypines.com*

welcome to
Kirby Pines



Mark & Cheryl Maxwell

Mark and Cheryl Maxwell, both born in Colorado, come to Kirby Pines from their previous home in Cordova, TN. Married for 50 years, their family consists of 3 sons and 2 granddaughters.

Mark's military service was with the USAF, serving 23 years at Whiteman AFB, Hue Phu BI Army Installation (Republic of Viet Nam), Offutt AFB, Grissom AFB, Maxwell AFB, Langley AFB, and Ramstein AFB in Germany. Mark's profession in the Air Force was Meteorologist; he retired with the rank of Lt. Colonel. In 1964, the U. of Northern Colorado awarded Mark a BA Degree in Math and Physics; and, in 1973, the U. of Nebraska awarded him a MA Degree in Management. In 1965, the U. of Northern Colorado awarded Sheryl a BA Degree in Mathematics; the U. of Nebraska at Omaha awarded her a MAT in Mathematics Education in 1985; and, in 1994, the U. of Virginia awarded her a PhD in Mathematics Education. She was on the faculty at the U. of Memphis, College of Education for 14 years, retiring as an Associate Professor of Mathematics Education.

Honors and special recognition for Mark, Bronze Star, Air Force Meritorious Service Medal with Four Oak leaf Clusters, Air Force Commendation Medal, and the Humanitarian Service Medal. Sheryl was Principal Investigator (PI) of 4 Eisenhower Title II Grants, Co-PI of a Teacher Quality Grant, and Co-PI of a National Science Foundation Grant. She was President of the U. of Memphis Faculty Senate, and earned Associate Professor Emeritus status in 2009. Reviewing the myriad honors and recognition received, Sheryl tells us that being "Grandma" is her most prized title.

Hobbies and interests include for Mark, wood working, golf, travel, and fishing; and for Sheryl, sewing, needlework, crocheting, knitting, fishing, playing the violin and hand bells, and travel. We welcome Mark & Cheryl - Enjoy!



Robert & Gracie Quick

Married for 63 years, Robert (Bob) and Gracie Quick join Kirby Pines from their previous home in Memphis. Before settling in Memphis, they lived in Washington, D.C., Florida, and Oklahoma. They are blessed with 3 children and 7 grandchildren.

Bob's military service was two-fold, serving four years in the U.S. Navy as 3rd Class Petty Officer, followed by eight years in the U.S. Air Force as Technical Sergeant. Training in the Navy included Great Lakes Training Center plus Aviation Schools in Florida in Squadron VF-11 (The Red Rippers). Aboard the USS Oriskany, CVA 34, Bob and his mates continued on to their ultimate destination, Korea. Discharged from the Navy in 1956, he received The National Defense Service Medal, China Service Medal, Good Conduct Medal, and the United Nations Medal. He enlisted in the U.S. Air Force Reserve in 1957 as a Staff Sergeant, required because Bob worked on Propeller and Jet engine aircraft during this time. He was discharged from the Air Force Reserves in 1965. In recognition of his performance, Bob was awarded Silver Flying Wings as a Flight Engineer and was selected to be Head Loadmaster of his Squadron.

In civilian life, Bob was employed by the Federal Government for 32 years, retiring with the title of Air Route Traffic Controller. Gracie co-founded and co-owned EM Printing, LLC. Hobbies and interests include genealogy and fellowship (Bob); sewing and picture puzzles (Gracie). Music preferences include 1940's and 1950's with Bing Crosby ranked high in the mix.

We are pleased that Bob and Gracie Quick chose Kirby Pines for their new place to live. Bob will find common ground with the substantial block of retired service men and women in our Community. For Gracie, there is a cadre of residents around the puzzle table who are always glad to welcome a new pair of sharp eyes needed to "conquer" complex puzzles.

May At Kirby Pines Focuses On **ARTHRITIS AWARENESS**

Arthritis simply means inflammation of the joint and refers to more than 100 types of joint diseases that affect 53 million adults in the U.S. Usually you picture someone with grey hair and retired as a person with arthritis, but today arthritis impacts the whole family when a child develops Juvenile arthritis (more than 300,000 children nationwide). While no cure for arthritis has been developed yet, with much research, medical science has improved its understanding for the causes of arthritis and better treatments including new medications for pain and inflammation relief and experimental restoration treatments. Exercise has an important role in the improvement and continuing function of daily activities. The Arthritis Foundation sponsors research, educational programs, exercise programs, public awareness and advocacy efforts in Congress. Through their bimonthly magazine Arthritis Today, they keep people informed on new products, diet, exercise and medications. Online you can sign up for weekly tips for living successfully with arthritis.

In support of the Arthritis Foundation, we are planning another amazing Bake Sale on May 19th and the Walk to Cure the following week on May 26th. For the Bake Sale, we need volunteers to bake or bring goodies and help with set up or selling the treats. Contact Mary Hand or Sandy Currin in Activities for more details on how you can help.

Then on Thursday May 26th at 10:30 we will begin gathering in the Lobby for our Annual Kirby Pines Arthritis Walk to Cure. This walk will be outdoors around the lake if weather permits or indoors through the halls. Pre-register with Mary Hand in the Oasis or sign up on the day of the walk. We want to show our support for the Arthritis Foundation. We'll have door prizes and light refreshments for those who register. This year our goal is to raise \$1000 for the Arthritis Foundation. The funds that are raised will go towards Research, Education for public awareness about Arthritis, and sponsoring exercise programs for people of all ages especially seniors.

Here at Kirby Pines We have four different types of exercises classes (Tai chi, Water aerobics, Sit and Stand, and Walk with Ease) that were made possible through the Arthritis Foundation. We have seminars to empower people with Arthritis to keep moving. We gained Flagship status with the Arthritis Foundation in November, 2012. We are grateful for the role the Arthritis Foundation plays at Kirby Pines. Let's show our support physically and financially.



Advanced Water Aerobics
Monday & Wednesday
8:30 am-9:30 am in the Pool

Exercise in the PAC
Monday, Wednesday & Friday
9:30 am in the PAC

Tai Chi
Monday
2:00 pm in the PAC

Yoga Stretch
Wednesday
10:30 am in the PAC

Men's Only Water Aerobics
Tuesday & Thursday
8:30 am - 9:15 am in the Pool

**Arthritis Foundation
Water Aerobics**
Tuesday & Thursday
9:30 am - 10:15 am in the Pool

**Arthritis Foundation
Sit/Stand Class**
Tuesday & Thursday
11:00 am - 11:45 am in the A&C

**Arthritis Foundation
Walk with Ease**
Tuesday & Thursday
2:00 pm - 3:00 pm in the LCR



How Can You Help? Here's What We Need:

- 1) Bakers and Bringers of goodies for the Bake Sale on May 19th
- 2) Helpers for set up and sales
- 3) Participants to walk on May 26th
- 4) Contributors and Supporters
- 5) Volunteers to help with registration for the walk and serving refreshments



Sleep tips: 7 steps to better sleep

Your mood tends to suffer when you don't get enough shut-eye, causing you to become disoriented on the job, fatigued behind the wheel of a car, or irritated at home. But more importantly, these mood swings can affect your relationships with others, and even lead to depression.

But the good news is that, starting tonight, you can improve the quality and quantity of your sleep. Here are 7 ways to get back on track. You'll be sleeping like a baby in no time!

1. Create the right environment.

Get your body and mind in the habit of using your bedroom for sleeping. If you frequently sit in bed to pay your bills, do your homework, watch television, eat, talk on the phone, etc., your mind will expect that the bedroom is for daytime activities. Instead, create an environment that is suitable for sleeping. Equip your room with soft lighting, comfortable bedding, and relaxing music. Other tricks include turning the temperature down a few notches, and turning the clock away from your view. Recent studies reveal that watching your sleep time vanish into the morning hours only makes you more anxious and less able to fall asleep.

2. Get yourself into a routine.

This is especially hard for people with wavering, active schedules, like students and parents. On busy days, it is difficult but crucial to be firm with a routine. If you normally don't fall asleep until the wee hours of the morning, or if you don't have a sleep schedule at all, try going to bed a half an hour earlier each week, or set a time to get in bed and stick with it. Eventually your body will get used to going to sleep at that time and it will begin to come naturally.

3. Limit food and beverage intake before bed.

As you lie down to sleep, acids in the stomach level out, making heartburn and indigestion more likely to occur. Also, your metabolism increases slightly to digest food, which can also raise your energy level. Stop eating at least three hours before your scheduled bedtime. If you must snack on something, keep it small, and avoid high-fat foods, which take longer to digest. Instead, have a granola bar, some toast, or a small bowl of cereal, but keep your portion small. Say no to stimulants like caffeine and nicotine, which can raise blood pressure and energy levels. Alcohol may be a depressant, but after its sedative effects wear off, your sleep patterns will suffer.

4. Consider a natural approach.

Certain herbal teas can help you relax and fall asleep. Chamomile is a popular herb that slows the nervous system and promotes relaxation, for example. As always, consult your health care provider, use herbs and other supplements only as directed, and make sure to read labels. Some herbs may react with certain types of medication or cause adverse effects in individuals with liver disease, Parkinson's disease, and pregnant or nursing women. Other liquids, such as a small glass of warm milk, may also help.

5. Know when and how to nap.

When energy levels drop around 3-5 p.m., most of us desire a little shut-eye. Napping is okay, as long as you do it wisely. Most sleep counselors recommend napping for no longer than 20 minutes. Exceeding 20 minutes could leave you feeling groggy and make it harder for you to fall asleep at bedtime. If you know you have to stay up late, or if you have an erratic sleep schedule (especially new moms), take a nap during the day. You'll be more productive and in a better mood.

6. Take control of your worries.

Let's face it most of us lead very stressful lives. Stress, surprises, and changes can take a toll on your sleep habits. Schedule some downtime each day for meditative activities like stretching or a hot bath. Try to decrease your brain activity before bed by writing down your thoughts in a journal and closing the book on the day. If thinking keeps you up at night, get out of bed and try to be productive. Deal with those thoughts (pay the bill that you are worried about forgetting, make a to-do list, etc.) in a positive way, and come back to bed when you're ready to sleep.

7. Get a check-up.

If you toss and turn most nights, it may be time to see a physician. You could be suffering from one or more sleep disorders, including insomnia and sleep apnea. The sooner you find out what's wrong, the sooner you can fix it. Sleep disorders are dangerous to your health, so if you suspect something is wrong, tend to it immediately.

Enjoy a taste
of Americana...



DIRECTOR OF DINING SERVICES
MARK SIMPSON

DON'T MISS THE NEXT KIRBY PINES EVENING OF

EXQUISITE CUISINE

For reservations please call 901.866.4444 THURSDAY, MAY 26, 2016



Maryland Crab Cakes - (Mid Atlantic)

*Traditional Maryland crab cake lightly seasoned with Old Bay and bread crumbs.
Finished with a roasted garlic aoli.*

New England Clam Chowder - (Northeast)

*The traditional classic. Thick and creamy soup with clams, bacon and potatoes
finished with chopped bacon, chives, sour cream and cheese.*

Texas style Filet Mignon - (Southwest and Northwest)

*8 ounce filet seasoned with a lightly spicy Texas rub and grilled to perfection.
Served with whipped Idaho potatoes and grilled asparagus with Walla Walla onions.*

Bourbon Pecan Tart - (South)

*A crunchy tart shell holds a creamy bourbon based custard and toasted pecans.
With a caramel and chocolate sauce.*



Beverly Hassell

A MOTHERHOOD BALANCING ACT

A circle of life beyond measure – consider the following: a son or a daughter whose early life is shaped by a mother who instills standards of expected conduct. These cues guide her children’s behavior and decision-making. At school-age, her children, in turn, begin to identify their “personal space” in the community beyond the home; they begin to build groups of friends and allies. As the children mature, they ferret out their personal talents, interests, strengths, and foibles. During these formative years, mothers are the “north star” in the child’s development of a moral compass. In their adult years, they marry and become a mother or a father - the circle of life continues apace.

For this article, Beverly Hassell, Kirby Pines resident, is our daughter-cum-mother; the mother of 2 sons and 1 daughter. Let’s consider her journey of life within the broad-brush paradigm set out above. Beverly desperately wanted children, but as the years went by she feared that motherhood would not be. She was thrilled when her first child (a son) came into her life, followed by arrival of two other children. She began the process of molding the children’s behavior, taking as her guide lessons learned from her mother. Example: one lesson focused on the importance of showing respect and ‘doing the right thing’. When Beverly

misbehaved her mother discussed with her the unacceptable behavior and the level of punishment to be administered (spanking, no more than 5 and no less than 3 smacks).

The children became adults, and left home for college and subsequent careers. Beverly had the time now to try a new path of personal growth – she was “itching” to professionally act. So, at 45 years of age, with experience in performing primarily in church choirs, uncertain and nervous, nevertheless forged ahead to audition for local productions. Would Directors find her talent sufficiently compelling to cast her in their plays? Not knowing, she “took the plunge” and established a successful career in the theater. A modicum of diverse productions in which she was featured include “The Foreigner” (Germantown Theater), “Baby” (Theatre Memphis), “Gigi” (Theatre Memphis) “Unsolved Mysteries” (TV series that are still shown), “Ernest In Love” (Rhodes College), “Death of a Salesman” (Circuit Theater), “Sound of Music” (Theatre Memphis), “She Stoops to Conquer” (McCoy Theatre). Doing her personal best – devoted mother of 3 talented children. Talented in her own right; daring to try (and succeeding) to build a solid career in mid-life.

Rightly so, we put mothers on a pedestal – saluting them for their diligence in shaping us. Our “mother and family” memories are good, often bringing a smile and, at times, a tear.

Mothers, your love and guidance helped us become who we are – thank you.

- Jacqueline Besteman, Resident



Beverly in 1995 “Follies” at Theatre Memphis, “Broadway Baby”

MEMPHIS MOST 2016

RISE OF THE KING



IT IS TIME ONCE AGAIN TO VOTE KIRBY PINES AS THE BEST RETIREMENT COMMUNITY IN THE COMMERCIAL APPEAL'S ANNUAL MEMPHIS MOST COMPETITION AND WE NEED YOUR VOTE!

Voting Begins May 22nd & Runs Thru June 13th!

TO GET STARTED, GO TO:

WWW.MEMPHISMOST.COM

BEST RETIREMENT COMMUNITY WILL BE LOCATED IN THE MEMPHIS PLACES SECTION OF THE BALLOT.

Please Help Us Win For The 10th Straight Year!



THE BISTRO

AT KIRBY PINES



HAS OPENED IT'S DOORS!

Breakfast

Soups

Salads

Sandwiches

Burgers

Pizzas

Pastas

**3535 KIRBY ROAD
MEMPHIS 38115**

Open Sun-Sat 7am-7pm

Congratulations

employee of the month | **Chanstity Bond**

Chanstity Bond has worked at Kirby Pines for 5 years and during that time she has been consistent in her care to our residents. She is a team player, flexible and exhibits good customer service to all of our residents and visitors. When we have a special project or need a self-starter the name that frequently comes up, is Chanstity Bond. She often works over to assist with coverage throughout the medical area. She also assists with the training of new nurses. Family members ask for her by name to care for their loved ones. The team likes having her on duty because she always gets the work done.

- Anna Bradford, Medical Administrator



CHAPLAIN'S CORNER

from Don Johnson, Kirby Pines Chaplain

HIS NAME IS WONDERFUL

Audrey Meier, widely known for her talents as a musician and songwriter, living and ministering out of Los Angeles, California, wrote a short but very powerful song titled "His Name Is Wonderful." Her lyrics stated briefly but pointedly a unique quality of God. She wrote:

His Name is Wonderful,
His Name is Wonderful,
His Name is Wonderful,
Jesus, my Lord.

He is the Mighty King,
Master of Everything,
His Name is Wonderful
Jesus, my Lord.

He's the Great Shepherd,
The Rock of all ages,
Almighty God is He.

Bow down before Him,
Love and adore Him,
His Name is Wonderful,
Jesus, my Lord.

In 1970 at a Christian Booksellers Convention in Philadelphia this song's writer was featured at a publishing booth. A senior lady nearly 80 years of age pushed into the Convention just before it opened. She was not a bookstore owner nor did she have any business to transact, but asked to be taken to Audrey's booth. The lady stood before songwriter Meier and told her story.

She and her husband spent much of their lives singing together at nursing homes, hospitals and retirement centers. He would sing melody and she would add her alto part. Her husband had become ill and was hospitalized, waiting for exploratory surgery. The situation was critical.

The lady was called to the hospital at her husband's request. He wanted to sing one more song with her since his time was short. Their favorite song was the one written by Audrey in



1959, "His Name Is Wonderful."

They sweetly sang together. When they reached the line "Bow down before Him" she realized she was singing alone. He had slipped away to the One about Whom he was singing.

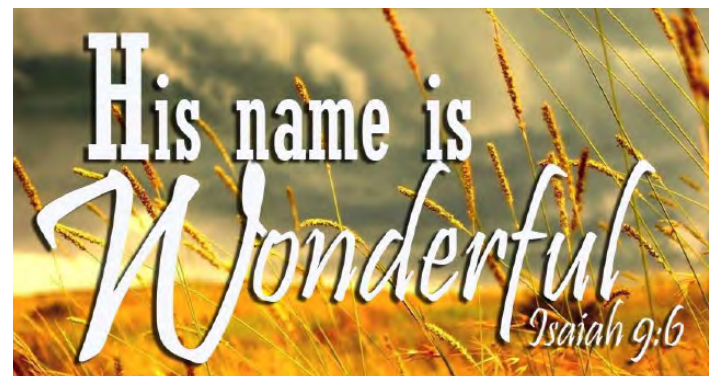
The elderly woman wanted Audrey to know what had happened and wished to thank her for writing such a meaningful song.

Often we do not know the impact of something we have done has on others. Those who have found value in even the littlest of our actions or accomplishments may tell us long after the blessing has come. Sometimes we may never know. But the One for Whom we live will tell us, even on the other side.

It is expressed in Isaiah 9:6, "For unto us a Child is born, Unto us a Son is given; And the government will be upon His shoulder. And His name shall be called Wonderful, Counselor, Mighty God, Everlasting Father, Prince of Peace."

And never forget the encouragement of I Corinthians 15:58, "Therefore, my beloved brethren, be steadfast, immovable, Always abounding in the work of the Lord, knowing that your labor is not in vain in the Lord."

Till next time,
Don Johnson, KP Chaplain



April Vesper Services • 6:30pm • Performing Arts Center

May 5th

Larry McKenzie
Highland
Church of Christ

May 12th

Butch Odom
Director of Behavioral Health
Church Health Center

May 19th

Reverend Doctor
Jay Brown
Memphis Theological Seminary

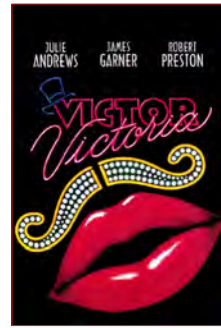
May 26th

Reverend
John Bomar
Baptist Minister

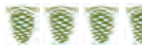
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MARY POPPINS



Saturday, May 7

at 10:00 a.m. and 2:00 p.m.

(1964) Cast: Julie Andrews,

Dick Van Dyke, David Tomlinson

The movie combines songs, color and sequences of live action blended with the movements of animated figures. Mary Poppins is a kind of Super-nanny who flies in with her umbrella in response to the request of the Banks children and proceeds to put things right with the aid of her rather extraordinary magical powers.

THE 33



Sunday, May 8

at 1:30 p.m. and 4:00 p.m.

(2015) Cast: Antonio Banderas,

Rodrigo Santoro, Juliette Binoche

Based on the real-life event, when a gold and copper mine collapses, it traps 33 miners underground for 69 days.

CASH McCALL



Saturday, May 7 at 6:00 p.m.

& Sunday, May 8 at 6:30 p.m.

(1960) Cast: James Garner,

Natalie Wood, Nina Foch

In this routine business-story-cum-romantic-comedy, Cash McCall is a wheeling and dealing tycoon, and Lory Austen is the daughter of failing businessman Grant Austen. McCall's expertise lies in acquiring businesses about to go belly up, attaching them to successful enterprises and then taking a large tax deduction on the resultant equation. Those deals are enhanced when the once-failing business is then sold at a profit. This is a savvy gambit for late '50s movie fare, but its proponent

begins to have second thoughts when he comes up against the attractive Lory -- who is not afraid of baring all for a good cause.

VICTOR VICTORIA



Saturday, May 14

at 10:00 a.m. and 2:00 p.m.

(1982) Cast: Julie Andrews,

James Garner, Robert Preston

Set in 1930s Paris, starving opera singer Victoria is aided by gay cabaret performer Toddy. When Victoria dons Toddy's ex's clothes and then sends the abusive ex flying with a booming shout and an equally booming right hook, Toddy is hit with inspiration: he'll pass her off as a female impersonator. A woman pretending to be a man pretending to be a woman? It all goes well until Chicago "businessman" King Marchand, starts to investigate, sure that a man like himself could never fall for another man! The revelation of King's infatuation brings his body guard 'Squash' Bernstein roaring out of the closet and his spurned moll Norma Cassidy off to Chicago to plan revenge with King's other "business associates".

SEABISCUIT



Sunday, May 15

at 1:30 p.m. and 4:00 p.m.

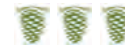
(2003) Cast: Tobey Maguire,

Jeff Bridges, Elizabeth Banks

In an era when Americans were in great need of heroic figures to help them forget their troubles, SEABISCUIT comes to the rescue. The picture relates a moving story of friendship and devotion in rehabilitating the main characters' fractured lives, as it interweaves the interactions between horse, jockey, trainer and owner and their adoring fans. The film

accurately portrays the real people and events of those troubled times and how Seabiscuit "fixed us, every one of us."

ALICE ADAMS



Saturday, May 14 at 6:00 p.m.

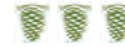
& Sunday, May 15 at 6:30 p.m.

(1935) Cast: Katherine Hepburn,

Fred MacMurray, Fred Stone

In the lower-middle-class Adams family, father and son are happy to work in a drugstore, but mother and daughter Alice try every possible social-climbing stratagem despite snubs and embarrassment. When Alice finally meets her dream man Arthur, mother nags father into a risky business venture and plans to impress Alice's beau with an "up-scale" family dinner. Will the excruciating results drive Arthur away?

SUFFRAGETTE



Saturday, May 21

at 10:00 a.m. and 2:00 p.m.

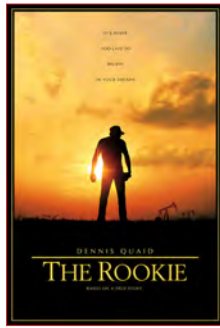
(2015) Cast: Carey Mulligan,

Anne-Marie Duff, Helena Bonham Carter

A drama that tracks the story of the foot soldiers of the early feminist movement, women who were forced underground to pursue a dangerous game of cat and mouse with an increasingly brutal State. These women were not primarily from the genteel educated classes, they were working women who had seen peaceful protest achieve nothing. Radicalized and turning to violence as the only route to change, they were willing to lose everything in their fight for equality - their jobs, their homes, their children and their lives. Maud was one such foot soldier. The story of her fight for dignity is as gripping and visceral as any thriller, it is also heart-breaking and inspirational.

T H E

M O V I E S



THE ROOKIE



Sunday, May 22

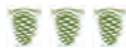
at 1:30 and 4:00 p.m.

(2002) Cast: Dennis Quaid,

J.D. Evermore, Rachel Griffiths

When a shoulder injury ended his minor league pitching career twelve years ago, Jim Morris resorted to the next best thing: coaching. But Jim's team, knowing their coach is a great ball player, makes a deal with him: if they win the district championship, they want Jim to try out for a major-league organization. Going from worst to first, the team makes it to state, and Jim is forced to live up to his end of the deal. While there prove to be a lot of pitches to be thrown before he makes it off the mound, big-league dreams are revived, and there's no telling where he could go.

INDISCREET



Saturday, May 21 at 6:00 p.m. &

Sunday, May 22 at 6:30 p.m.

(1958) Cast: Cary Grant,

Ingrid Bergman, Cecil Parker

Anna Kalman is an accomplished actress who has given up hope of finding the man of her dreams. She is in the middle of taking off her face cream, while talking about this subject with her sister, when in walks Philip Adams. She loses her concentration for a moment as she realizes that this is the charming, smart, and handsome man she has been waiting for. They begin a love-at-first-sight relationship, but she finds out that he has been keeping a secret from her. When she learns of his lie, she becomes furious and works out a plan for revenge.

SPECTRE



Saturday, May 28

at 10:00 a.m. and 2:00 p.m.

(2015) Cast: Daniel Craig,

Christoph Waltz, Léa Seydoux

After the events of Skyfall, Bond has come out a troubled man. His mentor, M, is dead. MI6 is crumbling under a newer, high-tech organization led by the mysterious Max Denbigh. However, while in Mexico City, Bond finds an Italian hitman trying to bomb a major parade, and stops him. He finds a ring on his finger with a strange symbol on it. When he soon realizes that this symbol is showing up at terrorist attacks all over the world, he must traverse the world to find out the truth behind the chilling organization known as SPECTRE and his blood-curdling connection to it and its leader.

BROOKLYN



Sunday, May 29

at 1:30 and 4:00 p.m.

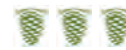
(2015) Cast: Saoirse Ronan,

Emory Cohen, Domhnall Gleeson

In late 1951, Eilis Lacey, a young Irish girl, emigrates to Brooklyn, sponsored by Father Flood, a priest from her native town Enniscorthy. But the early days are tough, seasickness being soon replaced by loneliness and homesickness, two feelings all the more acutely felt by Eilis for having had to leave behind her widowed mother and her dear sister Rose. She nevertheless little by little manages to find her footing by adapting to her job as a salesgirl, and by studying bookkeeping at Brooklyn College. And not only does graduation follow but love shows its face in Tony, an Italian-American plumber, full

of adoration and respect for her. They end up marrying, although keeping the thing secret. It is at that point that tragedy strikes: Rose suddenly dies. Which incites Eilis to return to Enniscorthy, in order to share her sorrow to support her mother morally. And there a strange thing happens : she gradually gets lured by the charms of her native place, going as to let herself be wooed by Jim Farrell, a young local.

THAT FUNNY FEELING



Saturday, May 28 at 6:00 p.m. &

Sunday, May 29 at 6:30 p.m.

(1965) Cast: Sandra Dee,

Bobby Darin, Donald O'Connor

Joan Howell, a young and pretty maid-for-hire, meets and begins dating wealthy New York City businessman Tom Milford. Embarrassed about bringing him back to her tiny apartment that she shares with her roommate Audrey, Joan brings Tom over to a fancy apartment that she cleans on a daily basis not knowing that it's his place. Tom plays along with the charade despite not knowing who Joan really is, while she tries to tidy up Tom's place not knowing who he really is.

KIRBY PINES MOVIE RATING SYSTEM

= AVERAGE

= GOOD

= EXCELLENT

= OUTSTANDING

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

1
 8:00 am ● Church of Christ Service (Chapel)
 10:00 am ● Worship Service (PAC)
 1:30 pm ● IRIS Orchestra presents
Pianist Jonathan Biss (Trans)
 1:30 pm ● Weekend Movie (Thtr)
 3:00 pm ● Music with Matthew (Lobby)
 4:00 pm ● Weekend Movie (Thtr)
 6:00 pm ● Game Night (LCR)
 6:30 pm ● Classic Movie (Thtr)

2
 8:30 am ● Advanced Water Aerobics (Pool)
 9:00 am ● Smith Jewelers (SCR)
 9:30 am ● Group Exercise (PAC)
 10:00 am ● First Monday Poetry Group (Ante)
 10:00 am ● Focus on Color (A&C)
 10:00 am ● Hobby Pines Group (Hobby Shop)
 10:30 am ● Billiard Group (BR)
 1:30 pm ● Game Play (LCR)
 2:00 pm ● Tai Chi (LCR)
 6:30 pm ● Bingo (PAC)

3
 8:30 am ● Men's Water Aerobics (Pool)
 9:00 am ● Dr. Mike Abutineh (WC)
 9:30 am ● Senior Expo (Trans)
 9:30 am ● Basic Water Aerobics (Pool)
 11:00 am ● Arthritis Stand/Sit Class (A&C)
 12:00 pm ● Franklin Graham Nashville
 Prayer Rally Broadcast (PAC)
 1:30 pm ● Beginners Line Dancing (PAC)
 2:00 pm ● Walk with Ease (LCR)
 2:30 pm ● Advanced Line Dancing (PAC)
 6:00 pm ● IPC Ballet Program (PAC)

4
 8:30 am ● Advanced Water Aerobics (Pool)
 9:30 am ● Group Exercise (PAC)
 10:00 am ● Catholic Service (Chapel)
 10:00 am ● Kirby Pines Travelers Meeting (LCR)
 10:00 am ● Shuffleboard (PAC)
 10:30 am ● Yoga Stretch (PAC)
 1:00 pm ● Needle Arts Group (A&C)
 1:30 pm ● Game Play (LCR)
 1:30 pm ● Jesse Stone "Innocents Lost" (Thtr)
 2:00 pm ● Wii Bowling (PAC)
 6:30 pm ● Bridge (LCR)
 6:30 pm ● Jesse Stone "Innocents Lost" (Thtr)

5
 8:30 am ● Men's Water Aerobics (Pool)
 9:30 am ● Basic Water Aerobics (Pool)
 10:00 am ● Kroger & Banks (Trans)
 10:00 am ● Call the Midwife S:2 Ep:4 (Thtr)
 10:00 am ● Bible Study w/Dave Phillips (Chapel)
 11:00 am ● Arthritis Stand/Sit Class (A&C)
 1:00 pm ● Dr. Mike Abutineh (WC)
 1:00 pm ● Walmart & Banks (Trans)
 1:30 pm ● Intermediate Line Dancing (PAC)
 2:00 pm ● Call the Midwife S:2 Ep:4 (Thtr)
 2:00 pm ● Walk with Ease (LCR)
 2:30 pm ● Advanced Line Dancing (PAC)
 6:30 pm ● Vespers (PAC)

6
 9:30 am ● Group Exercise (PAC)
 10:00 am ● Art with Class (A&C)
 10:00 am ● Walmart & Banks (Trans)
 1:00 pm ● Superlo & Bank (Trans)
 1:30 pm ● Tom Selleck "High Road to China" (Thtr)
 6:30 pm ● Bridge (LCR)
 6:30 pm ● Tom Selleck "High Road to China" (Thtr)

7
 7:30 am ● Men's Christian Fellowship (Chapel)
 10:00 am ● Weekend Movie (Thtr)
 11:00 am ● Mother's Day Cookout (Grounds)
 1:30 pm ● Game Play (LCR)
 1:30 pm ● Beginners Line Dancing (PAC)
 2:00 pm ● Weekend Movie (Thtr)
 2:30 pm ● Line Dancing (PAC)
 4:00 pm ● Shuffleboard (PAC)
 6:00 pm ● Classic Movie (Thtr)

8
 8:00 am ● Church of Christ Service (Chapel)
 10:00 am ● Worship Service (PAC)
 1:30 pm ● Weekend Movie (Thtr)
 3:00 pm ● Music with Matthew (Lobby)
 4:00 pm ● Weekend Movie (Thtr)
 6:00 pm ● Game Night (LCR)
 6:30 pm ● Classic Movie (Thtr)

9
 8:30 am ● Advanced Water Aerobics (Pool)
 9:30 am ● Group Exercise (PAC)
 9:30 am ● Alterations (A&C)
 10:00 am ● IMAX: Coral Reef Adventure (Thtr)
 10:00 am ● Hobby Pines Group (Hobby Shop)
 10:00 am ● Smart Moves (PAC)
 10:30 am ● Billiard Group (BR)
 12:00 pm ● Kiwanis Meeting (FDR)
 1:30 pm ● Game Play (LCR)
 2:00 pm ● IMAX: Coral Reef Adventure (Thtr)
 2:00 pm ● Tai Chi (LCR)
 6:30 pm ● Bingo (PAC)

10
 8:30 am ● Men's Water Aerobics (Pool)
 9:00 am ● Dr. Mike Abutineh (WC)
 9:30 am ● Basic Water Aerobics (Pool)
 11:00 am ● Arthritis Stand/Sit Class (A&C)
 1:30 pm ● Beginners Line Dancing (PAC)
 2:00 pm ● Walk with Ease (LCR)
 2:30 pm ● Advanced Line Dancing (PAC)
 7:00 pm ● Birthday Night with MSO
Wind Symphony (PAC)

11
 8:30 am ● Advanced Water Aerobics (Pool)
 9:30 am ● Group Exercise (PAC)
 10:00 am ● Catholic Services (Chapel)
 10:00 am ● Memphis Hearing Aid (A&C)
 10:00 am ● Shuffleboard (PAC)
 10:30 am ● Garden Gro'ers Club (Greenhouse)
 10:30 am ● Yoga Stretch (PAC)
 12:15 am ● Breeze Cayolle & Hutchison School
 Theater Group (Trans)
 1:00 pm ● Needle Arts Group (A&C)
 1:30 pm ● Game Play (LCR)
 2:00 pm ● Wii Bowling (LCR)
 6:30 pm ● Bridge (LCR)

12
 8:30 am ● Men's Water Aerobics (Pool)
 9:30 am ● Basic Water Aerobics (Pool)
 10:00 am ● Kroger & Banks (Trans)
 10:00 am ● Bible Study w/Dave Phillips (Chapel)
 11:00 am ● Arthritis Stand/Sit Class (A&C)
 1:00 pm ● Walmart & Banks (Trans)
 1:00 pm ● Dr. Mike Abutineh (WC)
 1:30 pm ● Intermediate Line Dancing (PAC)
 2:00 pm ● Resident Association Meeting (PAC)
 2:00 pm ● Walk with Ease (LCR)
 2:30 pm ● Advanced Line Dancing (PAC)
 6:30 pm ● Theatre Memphis "Hay Fever" (Trans)
 6:30 pm ● Vespers (PAC)

13
 9:30 am ● Group Exercise (PAC)
 10:00 am ● Art with Class (A&C)
 10:00 am ● Walmart & Banks (Trans)
 11:00 am ● Oak Court Mall (Trans)
 1:00 pm ● Superlo & Bank (Trans)
 6:00 pm ● Music with Brazil (Lobby)
 6:30 pm ● Bridge (LCR)

14
 7:30 am ● Men's Christian Fellowship (Chapel)
 10:00 am ● Weekend Movie (Thtr)
 10:30 am ● Bible Study "Thru the Bible" (Chapel)
 1:30 pm ● Kirby Woods Baptist Violin Students (Lobby)
 1:30 pm ● Game Play (LCR)
 1:30 pm ● Beginners Line Dancing (PAC)
 2:00 pm ● Weekend Movie (Thtr)
 2:30 pm ● Line Dancing (PAC)
 4:00 pm ● Shuffleboard (PAC)
 6:00 pm ● Classic Movie (Thtr)

15
 8:00 am ● Church of Christ Service (Chapel)
 10:00 am ● Worship Service (PAC)
 1:30 pm ● Weekend Movie (Thtr)
 3:00 pm ● Music with Matthew (Lobby)
 4:00 pm ● Weekend Movie (Thtr)
 6:00 pm ● Game Night (LCR)
 6:30 pm ● Classic Movie (Thtr)

16
 8:30 am ● Advanced Water Aerobics (Pool)
 9:00 am ● Smith Jewelers (SCR)
 9:30 am ● Group Exercise (PAC)
 10:00 am ● Hobby Pines Group (Hobby Shop)
 10:00 am ● Focus on Color (A&C)
 10:30 am ● Billiard Group (BR)
 10:45 am ● Episcopal Eucharist (Chapel)
 1:30 pm ● Game Play (LCR)
 2:00 pm ● Tai Chi (LCR)
 6:30 pm ● Bingo (PAC)

17
 8:30 am ● Men's Water Aerobics (Pool)
 9:00 am ● Dr. Mike Abutineh (WC)
 9:30 am ● Basic Water Aerobics (Pool)
 10:00 am ● Redbirds Game at Autozone Park (Trans)
 11:00 am ● Arthritis Stand/Sit Class (A&C)
 1:30 pm ● Beginners Line Dancing (PAC)
 2:00 pm ● Walk with Ease (LCR)
 2:30 pm ● Advanced Line Dancing (PAC)
 6:30 pm ● Spring Dance with
The Sturgess Daily Band (PAC)

18
 8:30 am ● Advanced Water Aerobics (Pool)
 9:30 am ● Group Exercise (PAC)
 10:00 am ● Catholic Service (Chapel)
 10:00 am ● Shuffleboard (PAC)
 10:30 am ● Yoga Stretch (PAC)
 1:00 pm ● Needle Arts Group (A&C)
 1:30 pm ● Game Play (LCR)
 2:00 pm ● Virtual Field Trip "Kentucky Derby" (Thtr)
 2:00 pm ● Wii Bowling (LCR)
 6:30 pm ● Bridge (LCR)

19
 8:30 am ● Men's Water Aerobics (Pool)
 9:30 am ● Arthritis Bake Sale (Lobby)
 9:30 am ● Basic Water Aerobics (Pool)
 10:00 am ● Kroger & Banks (Trans)
 10:00 am ● Bible Study w/Dave Phillips (Chapel)
 10:00 am ● Call the Midwife S:2 Ep:5 (Thtr)
 11:00 am ● Arthritis Stand/Sit Class (A&C)
 1:00 pm ● Walmart & Banks (Trans)
 1:00 pm ● Dr. Mike Abutineh (WC)
 1:30 pm ● Intermediate Line Dancing (PAC)
 2:00 pm ● Call the Midwife S:2 Ep:5 (Thtr)
 2:00 pm ● Walk with Ease (LCR)
 2:30 pm ● Advanced Line Dancing (PAC)
 6:30 pm ● Vespers (PAC)

20
 9:30 am ● Group Exercise (PAC)
 9:45 am ● Traveler's Outing
Elmwood Cemetery (Trans)
 10:00 am ● Art with Class (A&C)
 10:00 am ● Walmart & Banks (Trans)
 1:00 pm ● Superlo & Bank (Trans)
 6:00 pm ● Music with Breeze Cayolle (Lobby)
 6:30 pm ● Bridge (LCR)

21
 7:30 am ● Men's Christian Fellowship (Chapel)
 10:00 am ● Weekend Movie (Thtr)
 1:30 pm ● Game Play (LCR)
 1:30 pm ● Beginners Line Dancing (PAC)
 2:00 pm ● Weekend Movie (Thtr)
 2:30 pm ● Line Dancing (PAC)
 4:00 pm ● Shuffleboard (PAC)
 6:00 pm ● Classic Movie (Thtr)

22
 8:00 am ● Church of Christ Service (Chapel)
 10:00 am ● Worship Service (PAC)
 1:30 pm ● Weekend Movie (Thtr)
 2:00 pm ● GCT presents "I Hate Hamlet" (Trans)
 3:00 pm ● Music with Matthew (Lobby)
 4:00 pm ● Weekend Movie (Thtr)
 6:00 pm ● Game Night (LCR)
 6:30 pm ● Classic Movie (Thtr)

23
 8:30 am ● Advanced Water Aerobics (Pool)
 9:30 am ● Group Exercise (PAC)
 10:00 am ● Hobby Pines Group (Hobby Shop)
 10:30 am ● Billiard Group (BR)
 10:30 am ● Call the Midwife S:2 Ep:6 (Thtr)
 12:00 pm ● Kiwanis Meeting (FDR)
 1:30 pm ● Game Play (LCR)
 2:00 pm ● Call the Midwife S:2 Ep:6 (Thtr)
 2:00 pm ● Tai Chi (LCR)
 6:45 pm ● Bingo (PAC)

24
 8:30 am ● Men's Water Aerobics (Pool)
 9:00 am ● Dr. Mike Abutineh (WC)
 9:30 am ● The Book Baggers (Chapel)
 9:30 am ● Basic Water Aerobics (Pool)
 11:00 am ● Arthritis Stand/Sit Class (A&C)
 1:30 pm ● Beginners Line Dancing (PAC)
 1:30 pm ● Jessie Stone "Benefit of the Doubt" (Thtr)
 2:00 pm ● Walk with Ease (LCR)
 2:00 pm ● Ladies Interdenominational Meeting
 "The Uplifters" (Chapel)
 2:30 pm ● Advanced Line Dancing (PAC)
 6:30 pm ● Jessie Stone "Benefit of the Doubt" (Thtr)

25
 8:30 am ● Advanced Water Aerobics (Pool)
 9:30 am ● Group Exercise (PAC)
 10:00 am ● Catholic Service (Chapel)
 10:00 am ● Shuffleboard (PAC)
 10:30 am ● Yoga Stretch (PAC)
 11:00 am ● Lunch Bunch@Heritage Tavern (Trans)
 1:00 pm ● Needle Arts Group (A&C)
 1:30 pm ● Game Play (LCR)
 1:30 pm ● Nat Geo: Alaska - Denali Nat Park (Thtr)
 2:00 pm ● Wii Bowling (LCR)
 6:30 pm ● Bridge (LCR)
 2:00 pm ● Nat Geo: Alaska - Denali Nat Park (Thtr)

26
 8:30 am ● Men's Water Aerobics (Pool)
 9:30 am ● Basic Water Aerobics (Pool)
 10:00 am ● Kroger & Banks (Trans)
 10:00 am ● Bible Study w/Dave Phillips (Chapel)
 10:30 am ● Annual Arthritis Walk (Lobby)
 11:00 am ● Arthritis Stand/Sit Class (A&C)
 1:00 pm ● Walmart & Banks (Trans)
 1:00 pm ● Dr. Mike Abutineh (WC)
 1:30 pm ● Intermediate Line Dancing (PAC)
 2:00 pm ● Walk with Ease (LCR)
 2:30 pm ● Advanced Line Dancing (PAC)
 6:30 pm ● Vespers (PAC)

27
 9:30 am ● Group Exercise (PAC)
 10:00 am ● Art with Class (A&C)
 10:00 am ● Walmart & Banks (Trans)
 1:00 pm ● Superlo & Bank (Trans)
 6:00 pm ● Music with Sonny Jackson and
Pardners (Lobby)
 6:30 pm ● Bridge (LCR)

28
 7:30 am ● Men's Christian Fellowship (Chapel)
 10:00 am ● Weekend Movie (Thtr)
 1:30 pm ● Game Play (LCR)
 1:30 pm ● Beginners Line Dancing (PAC)
 2:00 pm ● Weekend Movie (Thtr)
 2:30 pm ● Line Dancing (PAC)
 4:00 pm ● Shuffleboard (PAC)
 6:00 pm ● Classic Movie (Thtr)

29
 8:00 am ● Church of Christ Service (Chapel)
 10:00 am ● Worship Service (PAC)
 1:30 pm ● Weekend Movie (Thtr)
 3:00 pm ● Music with Matthew (Lobby)
 4:00 pm ● Weekend Movie (Thtr)
 6:00 pm ● Game Night (LCR)
 6:30 pm ● Classic Movie (Thtr)

30
 9:30 am ● Group Exercise (PAC)
 9:30 am ● Alterations (A&C)
 10:00 am ● Hobby Pines Group (Hobby Shop)
 10:30 am ● Billiard Group (BR)
 10:30 am ● Movie: 23 Blast (Thtr)
 1:30 pm ● Game Play (LCR)
 1:30 pm ● Memorial Day Concert with vocalist
Stephen White & wife Deb (Lobby)
 2:30 pm ● Movie: 23 Blast (Thtr)
 6:45 pm ● Bingo (PAC)

31
 8:30 am ● Men's Water Aerobics (Pool)
 9:00 am ● Dr. Mike Abutineh (WC)
 9:30 am ● Basic Water Aerobics (Pool)
 11:00 am ● Arthritis Stand/Sit Class (A&C)
 1:30 pm ● Beginners Line Dancing (PAC)
 2:00 pm ● Walk with Ease (LCR)
 2:30 pm ● Advanced Line Dancing (PAC)
 6:30 pm ● Rhythm Band presents "Going Places
 and Doing Things" (PAC)



ABBREVIATIONS KEY

- Thtr - Theater
- HS - Hobby Shop
- FDR - Formal Dining Room
- SCR - Small Card Room
- PAC - Performing Arts Center
- A & C - Arts & Crafts Room
- BR - Billiard Room
- LCR - Large Card Room
- Trans - Transportation
- WC - Wellness Clinic

May 2016 EVENTS

May 1: IRIS Orchestra

This energetic program opens with Prokofiev's Symphony No 1, "Classical," a tongue-in-cheek homage to Hayden and Mozart that displays all the inventive gifts of one of the 20th century's greatest symphonists. The fascinating pianist, Jonathan Biss, brings his daring musical insight to bear with Beethoven's Piano concerto No. 2. To close our "Sweet Sixteen" seasons, we come back to Mendelssohn, whose Symphony No. 1-completed before his 16th birthday-displays the full flower of his youthful genius...a brilliant ending to a brilliant season. Call IRIS for tickets @ 751-7669. Sign up in transportation. Bus leaves at 1:30 pm.

May 1: Music with Matthew & Jennifer Brewer

Matthew and Jennifer married in the spring of 2014, and have been making music together ever since. Matthew is a school teacher and Minister of Music at Faith Anglican Church, and Jennifer is a jewelry designer with her own business, JPD in the Cordova area. Come join them on Sunday afternoons from 3 to 5 pm for worship and music around the piano.

May 2: Get Fit with Oasis Coordinator Mary Hand

Advanced Water Aerobics classes will be held on Mondays & Wednesdays at 8:30 am. Basic and Beginning Water Aerobics is on Tuesdays & Thursdays at 9:30 am. Men's Water Aerobics are held on Tuesdays & Thursdays at 8:30 am. Arthritis Sit/Stand classes are on Tuesdays & Thursdays at 11:00 am in the Arts & Crafts Room.

May 2: Focus on Color

Coloring books are incredibly simple: portable and easy to pick up and put down and a colored-in page takes up almost no space at all. So come to the Arts and Crafts Room every other Monday at 10:30 am. All you need to bring besides yourself is your coloring book and utensils to color with. Some of these supplies are offered for sale in the Blossom Shop.



May 3: Medical Director Dr. Mike Abutineh MD

Will be in the Wellness Clinic Tuesdays 9:00 am -12:00 pm. Thursdays 1:00-4:30 pm. Appointments required.



May 3: Professional Network on Aging Senior Expo

Hop on the bus and head out to Bellevue Baptist Church for a morning of live entertainment. Interactive workshops, information on senior living, Giant consumer fair and more. Admission is free. Sign up in transportation. Bus leaves at 9:30 am.

May 3: Franklin Graham Nashville Prayer Rally

Kirby Pines residents will be participating in Franklin Graham's Decision America Prayer Challenge as he seeks to call our country back to God. Dr Graham will be in Nashville, May 3rd at the Capital Legislative Plaza, noon. For many a trip to our state capitol is not possible so we are having a live video presentation of this rally at noon on May 3 in our Performing Arts Center. Join us for this. It will be the next best thing to actually being there. For more information call Berry Terry.

May 3: IPC Ballet Program

IPC Ballet is excited to share its Spring Ballet Recital with the residents of Kirby Pines on Tuesday, May 3 at 6:00 pm in the PAC. The performance is based on Psalm 150. "Praise the Lord with the sounding of the trumpet... with the harp... with dance... let everything that has breath praise the Lord." Students ages 3-18 will dance in 14 pieces with beautiful costumes.

May 4: KP Travelers Meeting

The Travelers are back in action and will be telling about their tour of the historic Orpheum Theater and their lunch at The Majestic Grill. They will also be discussing their upcoming trip on May 20th to Elmwood Cemetery. The group meets on the first Wednesday of every month at 10:00am in the Large Card Room. They are always interested in new ideas of places to go and things to do.

May 4: Yoga Stretch

Yoga is known to have a wide range of benefits- maybe you're sleeping better or getting fewer colds, your balance is improving. If you have not yet joined this class come and see what benefits it might have for you. This is not advanced so don't worry about getting on the floor and not being able to get up. You will be sitting in a chair or standing. Class is every Wednesday at 10:30 am in the PAC.

May 4: Game Play Group

Like to play games? Bring your own to share or join in with someone already there! Meets in the Large Card Room every Monday, Wednesday and Saturday at 1:30 pm.

May 4: Jesse Stone "Innocents Lost"

After his involuntary retirement, Jesse Stone investigates the suspicious death of a young friend while the Paradise police force deals with the arrogant new chief, who is the son-in-law of a town councilman. Theater Showtimes 1:30 & 6:30 pm.



May 4: Virtual Wii Bowling

Come join the fun every Wednesday afternoon at 2:00 pm in the Large Card Room. No skill required. It is set up on the TV; all you have to do is check out the remotes from the Front Desk and return them whenever your game is over.

May 5: Group Bible study with Dave Phillips

Join Germantown Church of Christ's Dave Phillips as he leads group bible study Every Thursday at 10:00 am in the Chapel. Dave is a great speaker and teacher.

May 5: Call the Midwife Season 2 Episode 4

Back in Poplar, Jenny assists at the birth of a baby boy who is born with spina bifida. His parents cannot come to terms with their son's condition, which also affects Jenny. Meanwhile, the mousy Jane undergoes a somewhat hesitant romance with the Reverend Thornton Applebee-Thornton, an Anglican priest staying at Nonnatus House. Movie Showtimes 10:00 am and 2:00 pm.

May 6: High Road To China

During WW1, an alcoholic American bi-plane pilot (Tom Selleck) is hired by the spoiled daughter of an industrialist to find her father who disappeared in Asia. Move Theater Showtimes 1:30 & 6:30 pm.

May 7: Kirby Pines Annual Mother's Day Cookout

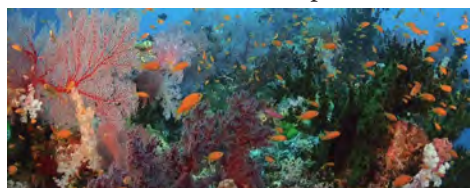
It's here, our favorite event of the year! Come enjoy a fun filled day with family, friends and great food which includes BBQ, BBQ chicken, hot dogs, hamburgers, watermelon, ice-cream and more. Fishing rodeo from 11:00 am to 1:00 pm, exotic petting zoo, pony rides, relay races and more. Come join us 11:00 am to 3:00 pm.

May 8: Smart Moves

This month's topic is "How to Get Better Sleep" 10:00 am in PAC.

May 9: IMAX: Coral Reef

Take a once in a lifetime journey across the South Pacific for a spectacular IMAX adventure. Joy, ecstasy, a spiritual high: these words describe the exhilaration of diving a pristine coral reef, and ocean explorers Howard and Michele Hall bring their love of the ocean into action. With Jean-Michael Cousteau, deep reef scientist Richard Pyle and Fijian diver Rusi Vulakoro, they explore and capture on film the dazzling underwater world of coral reefs, magical places here on Earth. Theater times 10:00 am & 2:00 pm.



May 10: Methodist Health Alliance Presentation

There are many things that can affect our sleep and in different stages of our life sleep patterns can change but there are things we can do to help those sleepless nights and those drowsy days. Learn how to better manage the time our body regenerates. Tuesday, May 10 at 10:30 am in LCR.

May 10: Birthday Night Concert with Memphis Wind Symphony

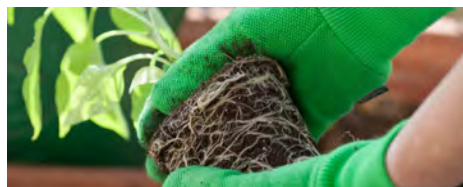
The Memphis Wind Symphony and its 70 members strive to serve greater Memphis, performing music of all genres and styles as an outreach of brotherhood as well as advancement of the Arts. Don't miss this full orchestra!! Tuesday, May 10 at 7:00 pm in the PAC.

May 11: Memphis Hearing Aid Service

On the second Wednesday of every month, at 10:00 am in the Arts & Crafts room, Dr. Rena CBooth will be offering: Free Hearing Evaluation, Free Hearing Aid Consultation, Free Hearing Aid Clean, Check, and Adjustment. Please call 682-1529 for more information or to schedule a visit.

May 11: Garden Gro'ers Club Meeting

You don't need a green thumb to be a member of this busy group. Spring is here and the Gro'ers will be tending, fertilizing and watering their seedling. Remember, give a tomato and make a friend. Come on down to the Greenhouse every 2nd Wednesday at 10:30 am and dig in! Contact Dr. Charles Parrott with questions at 795-4394.



May 11: Creative Aging: Breeze Cayolle and Hutchison School Theater Group

Enjoy 'Big Easy' theatrical selections by Hutchison School Theatre Group and music by the Breeze Cayolle Band at Theatre Memphis from 1:00 pm to 3:00 pm. Sign up in Transportation, bus leaves at 12:15 pm. The show last month was fantastic!! Tickets are \$5, available at the door, cash or check.

May 12: Residents Association Meeting

For this meeting we will have representatives from the medical area. They will be talking to us about the procedures required for moving from independent to assisted living. Thursday, May 12 at 2:00 pm in the PAC.

May 12: Theatre Memphis Presents "Hay Fever"

Farcical Comedy of Manners. Each member of the Bliss family invite a guest to their country house and expose their own world that slides much too easily from reality to fiction. Family melodramas cause the visitors to band together to plot their escape, unnoticed by the feuding relatives. For tickets call box office at 682-8323. Sign up in transportation bus leaves at 6:30 pm.

May 13: Music in the Lobby with Brazil

Brazil will be here to entertain us with a style of music that can best be comprehended as soft and smooth. The ageless times of his music covers the decades giving him the opportunity to present his audiences a vast array of music and pleasure. Friday, May 13 at 6:00 pm in the Lobby.

May 14: Through the Bible

Through the Bible is an intense study of the Bible led by Gail Kommer, meeting the second Saturday of every month at 10:30 am in the Chapel. Class discussion encouraged. Join this group of ladies who enjoy learning about God's Word.

May 14: Kirby Wood Baptist Church Violin Students

Come enjoy at String Concert presented by Violin students from Kirby Woods Baptist Church. Saturday, May 14 in the Lobby at 1:30 pm.

May 17: Redbirds Game at AutoZone Park

Take me out to the ballgame! Hop on the bus and head out to the Redbird Game at Memphis AutoZone Park for an afternoon of hot dogs, popcorn and home runs! Tickets are \$11.00 which includes a hot dog and coke from the concession stand. Call activities for tickets @ 866-4414. Sign up in transportation. Bus leaves at 10:00 am.

May 17: May Dance with The Sturgess Dailey Band

Join us for music and dance with The Sturgess Dailey Band. Tuesday, May 17 at 6:30 pm in the PAC.

May 18: Virtual Field Trip: The Kentucky Derby

Come see what the Kentucky Derby is all about. Our tour guide will be showing us around and answering questions from the audience. Theater at 2:00 pm. This is live, so we want all to be seated by 2:00 pm.



May 19: Arthritis Bake Sale

Come indulge in some delicious homemade baked goods to benefit the "The Arthritis Foundation" From 9:30 am to 1:30 pm in The Lobby.

May 19: Call the Midwife Season 2, Episode 5

Sister Bernadette suffers a crisis as she struggles to come to terms with her burgeoning romantic feelings for Dr. Turner. Preparations are underway for the annual summer fete and Trixie volunteers to enlist a celebrity judge, who turns out to have a darker side when he tries to force himself on her. Jenny meets an expectant mother who already has eight children and does not believe she will be able to cope with another. After Jenny's attempts to reassure her fail, she undergoes an illegal abortion which leaves her fighting for her life. Theater showtimes 10:00 am & 2:00 pm.

May 20: Travel Group Outing: Elmwood Cemetery

Elmwood was established as part of the Rural Cemetery Movement which swept the nation in the early to mid-1800s. It is a classic example of a garden cemetery with its park-like setting, sweeping vistas, shady knolls, large stands of ancient trees, and magnificent monuments. There will be a presentation in the Chapel followed by a short walking tour. Then head out for lunch to Boscós at Overton Square. Cost of admission to Elmwood is \$7.00. Sign up in transportation. Bus leaves at 9:30 am. If you have any questions please call Pat Watson @ 363-9055.

May 20: Music in the Lobby w/ Breeze Cayolle & Bob Sunda

Join us in the Lobby for these 2 multi-talented entertainers as we let our minds drift on down to New Orleans Way. Saxophonist /singer songwriter Breeze Cayolle is soulful, strong and deeply rooted in New Orleans Jazz, Rhythm and Blues. Friday, May 20th At 6:00 pm in the Lobby.

May 22: GCT Presents "I Hate Hamlet"

The Play's the thing in this wild comedy. Hot, young television star, Andrew Rally, needs to make a big career movie. So, he moves to New York where he is offered the role of a litem-Hamlet. One big problem: he hates Hamlet. There is no better part to help Andrew decide if he is going to take the part than John Barrymore's ghost, who arrives intoxicated and in full costume in his apartment. Who will win the ultimate actor duel? Call box office for tickets @937-3023. Sign up in transportation. Bus leaves at 2:00 pm.

May 23: Call the Midwife Season 2, Episode 6

Fearing an epidemic of tuberculosis, Dr. Turner arranges for a mass X-ray program to come to Poplar. When Sister Bernadette undergoes a chest X-ray to encourage a reluctant girl, she is devastated to discover that she has the illness. Jenny encounters a dying pub owner who lost almost his entire family to tuberculosis, and must try to reconcile him with his only surviving child. Theater showtimes 10:00 am & 2:00 pm.

May 24: The Book Baggers

Whether you read or would like to hear about books being discussed, come and check us out. This is a great way to expand your horizons. This month's read will be "The No. 1 Ladies' Detective Agency" by Alexander McCall Smith. The Book Baggers meet the last Tuesday of every month in the Chapel at 9:30 am.

May 24: Ladies Interdenominational Circle "The Uplifters"

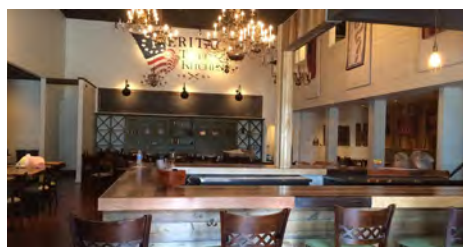
The Uplifters Circle is a nondenominational group of women dedicated to missions, prayer and Bible study led by Elsie Huffard. All are welcome, come to the Chapel at 2:00 pm to join in fellowship with this wonderful group of ladies every fourth Tuesday of the month.

May 24: Jesse Stone: Benefit of the Doubt

Jesse Stone comes out of involuntary retirement after the sheriff who replaced him exploded in their police car. The other officers Jesse worked with have left the department so he is forced to solve the crime on his own. Theater ShowTime's 1:30 & 6:30 pm.

May 25: Lunch Bunch at The Heritage Tavern

Our goal at Heritage Tavern & Kitchen is to celebrate American culture and culinary heritage. Our menu is built on simple, classic dishes from around the country, making each dish from scratch using only the highest quality products available. Sign up in transportation, bus leaves at 11:00 am.



May 25: Nat Geo: Extreme Alaska - Denali National Park

On any summer day in Denali, Alaska's most well-known national park, hundreds of people see sights that will stay with them the rest of their lives. Experience the beauty and wonder of this national treasure with National Geographic. Theater Showtimes 1:30 & 6:30 pm.



May 26: Arthritis Walk

Join us as we walk for a cure for Arthritis. This one mile walk will take place either outside or in the halls of Kirby. We will meet in the Lobby at 10:15 and the walk will begin at 10:30 am. Pre-register with Mary Hand in the Oasis or sign up the day of the walk.

May 27: Music in the Lobby w/ Sonny Jackson & Padners

Come have a blast with the high energy of Sonny Jackson and Padners, they always guarantee a good time. Friday, May 27 at 6:00 pm in the Lobby.

May 30: 23 Blast

A triumph! Exhilarating, wise and genuinely heartfelt. It will make you stand up and cheer. 23 Blast is based on the amazing true story of Travis Freeman. When a high school football player is suddenly stricken with irreversible, total blindness, he must decide whether to live a protected life or summons the courage to continue playing football. Theater Showtimes 10:30 am & 2:30 pm.

May 30: Memorial Day Concert with Stephen & Deb White

Come enjoy the voice of Stephen White who will be singing some of your favorite tunes from Patriotic to Gershwin and Gospel, accompanied on piano by his wife, Deb. Monday, May 30th at 1:30 pm in the Lobby.

May 31: Kirby Rhythm Band: "Going Places & Doing Things"

Join your friends and hear the wonderful musical sounds of The Kirby Pines Rhythm Band 6:30 pm in the PAC. They are guaranteed to make you tap your toes and clap your hands.

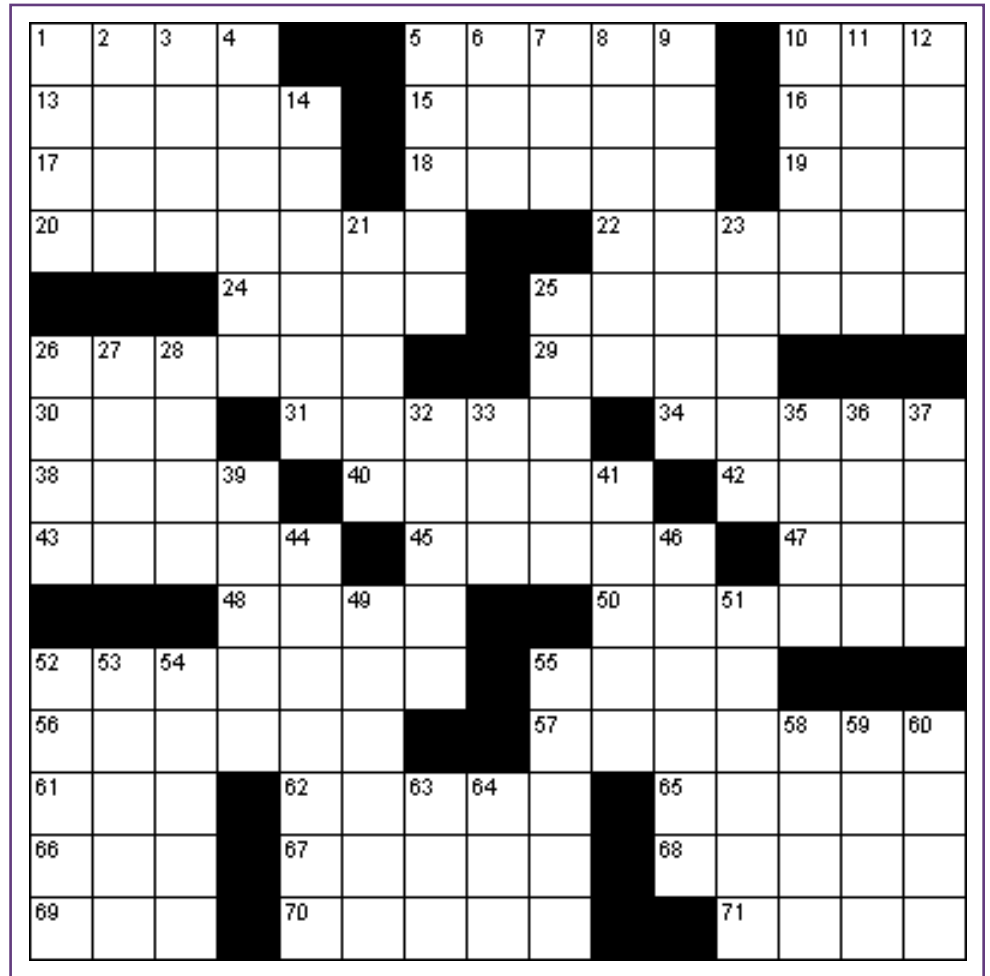
ACROSS

1. Part of a shoe
5. Sully
10. Enquire about
13. Outcome
15. Concur
16. Container
17. Range
18. Card game
19. Mineral
20. Give support or approval
22. Bunkum
24. Decays
25. Nourishment
26. Become visible
29. Sob
30. On the sheltered side
31. Jewelled headdress
34. Renegade
38. Encounter
40. Warning device
42. Molten rock (see photo for hint)
43. Small branch
45. Manually manipulate
47. Strike
48. Receptacle
50. Steal cattle
52. Express approval of
55. Unit of area
56. Smooth
57. Law officer
61. Paddle
62. Former European gold coin
65. Sashay
66. Single
67. Express, in stage or movie role
68. Parlor
69. Golf pin
70. Go in
71. Salacious

DOWN

1. Withered
2. Cooking appliance
3. Heavy metallic element
4. Extra or repeated performance
5. Measuring strips
6. In the past

7. Annoy
8. Sharp pointed implement
9. Breed of dog
10. Higher up
11. Sea nymph
12. Rested weight on the knees
14. Pharynx
21. Stripes of contrasting color
23. Cause to move forward with force
25. Mindful
26. Money or goods donated to the poor
27. A secret look
28. Look searchingly
32. Synthetic resin
33. Operated
35. Currency of Thailand
36. Malevolent
37. Tardy
39. Heading
41. A steady advance
44. Nobleman in Spain or Portugal
46. Compulsory force or threat
49. Fall
51. Successive
52. Currently in progress
53. Level of existence or development
54. Blended food
55. Flower
58. Not in use
59. Current
60. Manage without help
63. Crib
64. Consumed



Puzzle Solutions - page 21



KIRBY PINES SnapShots



The Kirby Pines Entertainers have gone Country for their April Program "Celebrate with Country & Irish Songs"



Executive Director, Michael Escamilla, Irene Baker, Nancy Willis, with the Brooks Museum, Joyce Read and Ozell Neely, of transportation, at the Brooks Museum of Art



Dr. Don Duke celebrated his birthday with wife, Marilyn, and friends Jim White, Bettye and Tracy Speake and Jimmy and Catherine Latimer



Don and Laura Cook celebrate with daughter, Karen, on birthday night



Andy Barksdale and Shelton Wagner get ready to lend their hand with the tomato plants



Nell Shelton, Frances Thompson and Laura Parrott shake off the cool air to plant tomatoes out by the Kirby Pines Greenhouse



There were a lot of residents out to help tend to the beautiful vegetable garden

KIRBY PINES SnapShots



Iris Emery and Fran Gentry peruse through the books at the Library Book Sale



Hudson Cole, grandson of resident, Ben Cole, delighted the residents with his bagpipes at the Sunday worship service



Jim Anderson had a great birthday dinner, pictured here with wife, Shirley and son, Jim



Andy Barksdale celebrated his birthday with friends Betty Burkhalter, Nancy and George Pence, Jim Stafford and Dunlap and Mary Louise Rose



Bill Langston was surrounded by two lovely ladies on his birthday, Martha Wilson and Jane Holmgren



James Kinney was surrounded by family for his birthday with wife Jane, son Ray and his wife Julie with their daughter Carrie and her twins Hyson and Hunter and baby sister Evanne



Bobbie Berrong and John Davis enjoyed their birthday dinner in the Magnolia Room with John's wife, Joan, Bobbie's friends from Russellville Ark, John & Joy Morrow, Kirby friends, Peggy Hogan, Mary Gullett, Faye Smith, Virginia Herrin and Laura and Dr. Charles Parrott



KIRBY PINES SnapShots



LaVada Herman as Aretha Franklin and Mary Hand as Carol Burnett strike a pose



There was a large group on hand at this year's Annual Volunteer Luncheon and by the looks on people faces, a good time was had by all - the performances were great!



Jody Sosh and Elwood Blues, aka, Daniel Longstreth, Director of Environmental Services



Betty Blake and Berry Terry take a quick pic with the one and only Nancy Sinatra, aka Pam Puckett of Activites, at the Volunteer Luncheon



Janice and Glenn Wall pose for the camera as they wait for the music to start at the Spring Fling Dance



Joan Watson enjoys herself at the the Spring Fling Dance with the Jim Mahannah Band



Miriam Olree celebrated her birthday dinner with husband Charles, daughter Cathy and husband Jim Harding, friends Howard & Nell Shelton, Madonna Langford and guests Bob Field, Alice and Harold Petty and Rosiland Edwards

Memorials, Honorariums & Gifts

In Memory Of

KATHERINE EVERETT

Donation by Mary Jane & Dan Young
to the Job's Way Fund

ROY BARNES

Donation by Mary Jane & Dan Young
to the General Fund

Donation by James Stafford
to the General Fund

In Honor Of

CHARLES OLREE

Donation by Howard & Nell Shelton
to the Hobby Shop

SHELTON WAGNER

Donation by S.S. & G.L. Burgess
to the Hobby Shop

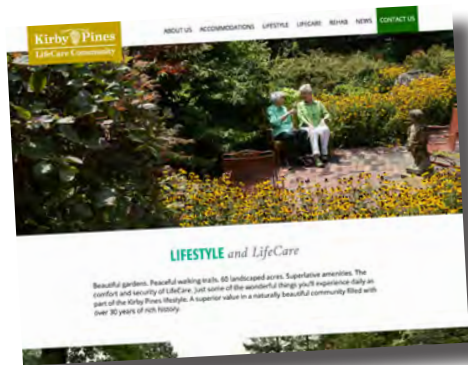
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THE HOBBY SHOP

Donation by Mrs. J.W. Middleton



HAVE YOU BEEN TO THE WEBSITE?



Welcome to the new look of Kirby Pines! If you haven't had the chance to check it out, we updated our website this year!

The new site is up and running with a sleek modern design which is not only pleasing to the eye, but easier to navigate to find all the information you are looking for right at your fingertips.

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Organization

Escort to Community

Escort to Doctor's Offices

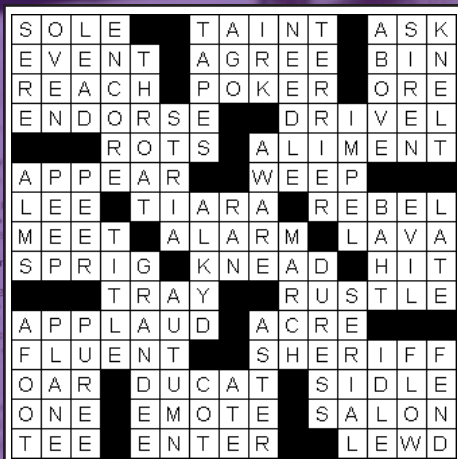
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GIANT CROSSWORD

ANSWERS
TO PUZZLE
CHALLENGE
ON PAGE 17

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DONATIONS

Anyone can make a donation directly through Kirby Pines or at our website: www.kirbypines.com

FOR MORE INFORMATION

Contact Thomas O'Malley at 901-568-0643 or email: tomalley@kirbypines.com

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