

the
PINECONE

The Magazine of Kirby Pines Retirement Community • November 2016 | V. 34 | I. 11



**KIRBY PINES
PROUDLY
SALUTES OUR
VETERANS!**

It's Thanksgiving at Kirby Pines

Happy Thanksgiving, everyone! Once again we are reminded of the story of Pilgrims and Indians coming together to share food and friendship. This school book history lesson also teaches children the importance of acceptance and recognition of differences, customs, and just how important it is to form friendships.

In October of 1862, our country was in the midst of the Civil War, when President Lincoln set by proclamation the last Thursday of November as a day of thanksgiving. Prior to this, Thanksgiving had been celebrated on different days surrounding regional harvests. Lincoln proclaimed – “I do, therefore, invite my fellow citizens in every part of the United States...to set apart and observe the last Thursday of November as a day of thanksgiving and prayer and praise to our beneficent Father ... command to His tender care all those who have become widows, orphans, mourners or suffers in the lamentable civil strife in which we are unavoidably engaged, and fervently implore the interposition of the Almighty hand to heal the wounds of the nations, and to restore it, as soon as may

be consistent with the divine purpose, to the full enjoyment of peace, harmony, tranquility and union.” (For the first time Thanksgiving was celebrated on the same day by all states that belong to the Union).

In many ways, we owe this national holiday to President Lincoln, who saw the need to bring all citizens together as one nation. Were it not for his proclamation, we might still be celebrating Thanksgiving on different days across the United States.

This Thanksgiving, make time to reflect on the wonderful events with which you and your families have been blessed over the years. If you plan to get together here at Kirby with guests, please make your reservations, as we usually have a large group in the dining room on Thanksgiving Day.



Michael Escamilla,
*Executive Director,
Kirby Pines*

ON THE PINECONE COVER

Kirby Pines Rounds Up The Troops For Veteran's Day

Veteran's Day is the time to recognize and honor those that have served their country in the various branches of the armed forces. It annually falls on November 11, the anniversary of the signing of the armistice, which ended the World War I hostilities between the Allied nations and Germany in 1918.

At Kirby Pines, we try to pay our respects to those who served by holding an annual program on that day in our Performing Arts Center. We have so many residents who have served, or had spouses who sacrificed so much for the

freedoms we enjoy today, so thank you to all!

For our covers, we went to Veterans Plaza, just south of the Memphis Zoo, at Overton Park located in midtown Memphis. George Courington and Joe Prescott both served in the Air Force and still look quite dashing on our front cover in their uniforms. Our back cover has our handsome Navy vets, Buster McGuire, Carter Powers and Jim Stafford. We thank you all for your service and for representing Kirby Pines this month.



Buster McGuire, Carter Powers, George Courington, Joe Prescott and Jim Stafford

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is managed by:



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*Electronic version of The Pinecone
is available at www.kirbypines.com*

welcome to

Kirby Pines



James & Jean Stanley

James and Jean Stanley joined the Kirby Pines Retirement Community from their previous residence in Cordova, TN. Married for 26 years, they have 4 children and 10 grandchildren. In 1958, Arkansas State Teachers College (now, U. of Central Arkansas) awarded James a BS Degree in Math.

James served in the U.S. Navy with a rank of Lieutenant Commander. A “career” military man, he served 24 years as a Navigator and Meteorologist, retiring in 1978. His assignments included Okinawa, Antarctica, Guam, Miramar, and Monterey. Jean’s career was with Great Western Financial for 43 years as an Administrative Assistant.

James is widely traveled, to New England, Germany, Switzerland, Tahiti, Bermuda, Canada, Israel, New Zealand, Columbia, Alaska, England, Canada, and Hawaii. Jean’s travels include Cuba, Bermuda, New England, Canada, England, Israel, Columbia, Panama, Alaska, Hawaii, and Germany. James has received special recognition from the Bartlett Senior Golf Club. Their music preferences include Gospel and Blue Grass. Special interests include cooking, golf, bridge, and reading.

James and Jean - welcome to Kirby Pines. For sure, you’re not likely to have “time on your hands”. You’ll make new friends and will have almost endless opportunities to volunteer. An “open secret” - don’t be surprised if you find your phone number on Cheryl Grimes’ speed-dial list of residents who will pitch in when and where needed.

Are you or a family member ready to enjoy the Kirby Pines difference in retirement living? Call a Kirby Pines Retirement Living Advisor at 901.369.7340 and join our family today!



Joseph & Sylvia Womick

Married for 59 years, Joseph and Sylvia Womick come to Kirby Pines from their previous home in Memphis. They have one son, Christopher F. Womick. Joseph’s military service was with the U.S. Army, with the rank of Corporal. While in the military, Joseph placed second in his class at the Engineer School at Fort Belvoir, Virginia and later became Medical Librarian at Fort Benning, GA.

Both Sylvia and Joseph attended Memphis State. Sylvia was awarded a BA Degree in Elementary Education, teaching 10 years in Memphis City Schools and 9 years in Nashville City Schools. Joseph graduated cum laude from Memphis State with a Degree in Chemistry and a minor in Biology. He also attended U. of Tennessee School of Medicine for one year.

Joseph’s career was an interesting mix of Planning and Sales. For example, as Assistant Chemist at the City of Memphis North Waste Water Treatment Plant, he managed the General Chemistry Laboratory. He was concerned with chemical analyses for waste water process control, pollution control studies, and studies required by governmental agencies. At the Center for Laboratory Medicine in New Jersey, he was General Manager, developing and implementing a plan that moved the Chemo-Quant Division from a loss situation to a 50% profit. His work at Warner-Lambert Company saved the company over \$3,500,000 by demonstrating that products more acceptable to the customer group could be produced “in house” at a lower cost of goods.

Get to know these new residents – it’s their time to make new friends and become familiar with all that our retirement community offers. Welcome, Sylvia and Joseph.

A Balanced **EXERCISE PROGRAM**

Just like your need for a balanced diet of vitamin rich vegetables and fruits, protein, and carbohydrates, your body needs a balanced routine of exercise that includes cardiovascular, strengthening, and flexibility.

Any exercise that raises your heart rate slightly is considered Cardiovascular, such as walking, biking, or swimming. In the Oasis, the Nustep, the treadmill, and the recumbent bike will increase your heart rate. As we age, it is not necessary to push ourselves to the point of being out of breath and heart pounding. Slight perspiration and increased respiration rate is good and still being able to carry a conversation is a sign of exerting enough energy to utilize our hearts and lungs without overdoing it. If you do experience shortness of breath, heart palpitations, dizziness or pain – SLOW DOWN or STOP to rest.

Strengthening exercises build muscle and endurance. Lifting weights, and using Upper body and Lower body resistant equipment in the Oasis are strengthening exercises. Noodles and barbells in the water and water walking use resistance to strengthen arms and legs. When exercising, a little soreness is normal, but constant or a sudden sharp pain for more than two hours following exercise may mean “you overdid it.” Always begin a new program gradually, beginning with using lighter weights for a shorter period of time. On the bike or Nustep set the resistance on a lower number for 10-15 minutes. Each week add a few more minutes and increase resistance slightly.

Exercise classes provide a balanced program for cardio, strength, and stretch. Gentle stretching with deep breathing before and after an exercise session restores muscles and helps blood flow to muscles and joints to remove waste products (lactic acid) and bring oxygen and nutrients to replenish muscle cells. Stretching and drinking a tall glass of water may help prevent muscle cramps. Here is a quick review of the classes we offer here and how they can help keep you fit. Water Aerobics and Sit/Stand classes provide Cardio, Strength and Stretch. Tai Chi and Yoga Stretch help with strengthening, stretch, and range of motion (reach and flexibility)

Always drink water before, during and after exercising. Check with your medical doctor before beginning a new exercise program. Begin exercise sessions with 15 minutes three times per week. Gradually work up to 30 minutes five times per week. That is 150 minutes of moderately strenuous exercise each week which is recognized by the Arthritis Foundation, American Heart Association, and Centers for Disease Control for Cardiovascular health and healthy Joints. Visit the Oasis and/or join a class this week and experience that “good” feeling that comes with exercise.



Advanced Water Aerobics
Monday & Wednesday
8:30 am-9:30 am in the Pool

Exercise in the PAC
Monday, Wednesday & Friday
9:30 am in the PAC

Tai Chi
Monday
2:00 pm in the PAC

Yoga Stretch
Wednesday
10:30 am in the PAC

Men's Only Water Aerobics
Tuesday & Thursday
8:30 am - 9:15 am in the Pool

**Arthritis Foundation
Water Aerobics**
Tuesday & Thursday
9:30 am - 10:15 am in the Pool

**Arthritis Foundation
Sit/Stand Class**
Tuesday & Thursday
11:00 am - 11:45 am in the A&C

**Arthritis Foundation
Walk with Ease**
Tuesday & Thursday
1:30 pm - 2:30 pm in the LCR
(Last class is November 10)

Diabetes describes a group of metabolic diseases in which a person has high blood glucose (blood sugar). Glucose is vital to your health because it is an important source of energy for the cells that make up your muscles and tissues. Glucose is also your brain's main source of fuel. Even though glucose plays a significant role in our health, having too much glucose can lead to serious health problems. If you have diabetes, no matter what type, it means you have too much glucose in your blood, although the cause may differ.

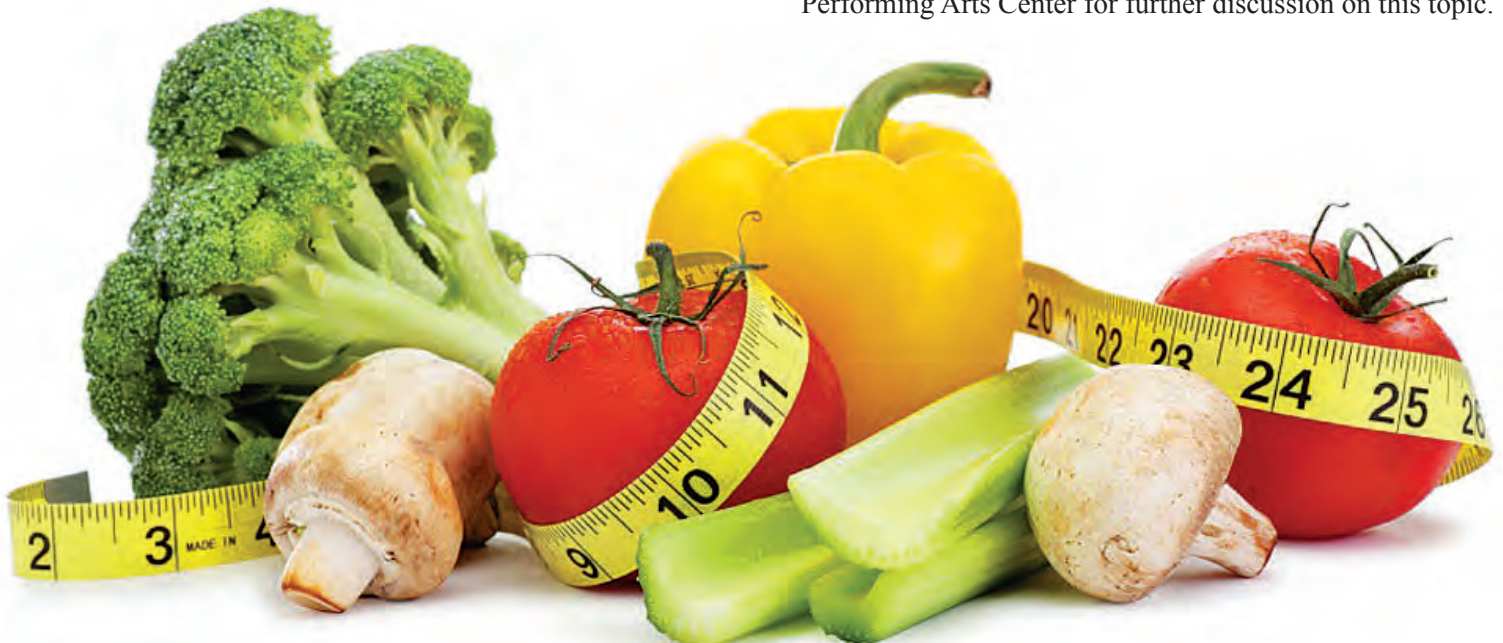
The different types of diabetes are type 1, type 2, and gestational diabetes. Type 1 diabetes is usually diagnosed in children and young adults. In type 1 diabetes, the body does not produce insulin. Insulin is a hormone that the body needs to get glucose from the bloodstream into the cells of the body. Type 2 diabetes is the most common form of diabetes and most often diagnosed in adults. If you have type 2 your body does not use insulin properly. This is called insulin resistance. At first, your pancreas makes extra insulin to make up for it. But, over time it isn't able to keep up and can't make enough insulin to keep your blood glucose at normal levels. Gestational diabetes appears for the first time during pregnancy. This can put one at risk for type 2 diabetes later in life.

The causes of type 1 and type 2 diabetes are thought to be a combination of genetic and environmental factors but the exact cause is unknown. With this being said, there are some factors that may signal an increased risk. The risk factors for type 1 diabetes include family history, environmental factors, the presence of damaging immune cells, and dietary factors. The risk factors for type 2 diabetes include weight, inactivity, family history, race, age, high blood pressure, and abnormal cholesterol levels. Type 1 diabetes cannot be prevented but type 2 diabetes can by making healthy lifestyle choices. Eating healthier, getting more physical activity, and losing excess weight (if you are overweight) can help prevent type 2 diabetes.



Diabetes has long-term complications that develop gradually. The longer you have diabetes, and the less controlled your blood sugar is, will result in the higher risk of complications. Possible complications include cardiovascular disease, nerve damage, kidney damage, foot damage, skin conditions, hearing impairment, and Alzheimer's disease. Diabetes is a serious disease so maintaining your blood sugar is very important. If you have diabetes no matter what type, you want to commit to managing it.

Please join us for Smart Moves on November 14 at 9:00 am in the Performing Arts Center for further discussion on this topic.



Enjoy a taste
of America...



DIRECTOR OF DINING SERVICES
MARK SIMPSON

DON'T MISS THE NEXT KIRBY PINES EVENING OF

EXQUISITE CUISINE

For reservations please call 901.866.4444 THURSDAY, NOVEMBER 17, 2016



Maryland Crab Cake (Mid-Atlantic)

Traditional Maryland crab cake, lightly seasoned with Old Bay and bread crumbs, finished with a roasted garlic aioli.

New England Clam Chowder (Northeast)

The traditional classic. Thick and creamy soup with clams, bacon and potatoes finished with chopped bacon, chives, sour cream and cheese.

Texas Style Filet Mignon (Southwest and Northwest)

8-ounce filet seasoned with a lightly spicy Texas rub and grilled to perfection. Served with whipped Idaho potatoes and grilled asparagus with Walla Walla onions.

Bourbon Pecan Tart (South)

A crunchy toasted pecan tart shell holds a creamy bourbon based custard with a caramel and chocolate sauce.

A Veterans Day Salute

VALOR - COMMITMENT - PROTECTORS



Dr. Joseph Scott

Corporal, U.S. Army, WWII

In 1943, Joe Scott was drafted into the U.S. Army; his rank was Private First Class (PFC). He was 18 years old. His basic training was at Fort Benning, Georgia. In 1944, he was sent to the Army Specialized Training (Program (ASTP) and, meeting all of the program requirements, was promoted to Corporal and assigned to the 86th Infantry Division. His Division was sent to Europe, landing in LeHavre,

France. They joined with troops in 1st, 3rd, 7th, and 15th Armies and passed through Holland, Belgium, Austria, and Germany. Fighting was fierce and under heavy shelling, soldiers took refuge in trenches and fox holes. Allied Forces prevailed in their intention to destroy Hitler's Nazi regime and its Axis allies. Victory was declared on May 8, 1945. With completion of their mission in Europe, the 86th Infantry Division was sent home; but after a 30-day leave, they were on their way to the Orient where battles with Japan continued to rage. In 1945, President Harry Truman gave orders to drop the Atom Bomb on Nagasaki, followed by a second bomb on Heroshima. Japan surrendered on May 8, 1945. World War II was over. The U.S. casualty count in Europe was an estimated 300,000 killed and 600,000 wounded.

Joe was discharged in 1945. He was 20 years old. In recognition of his service, the Army awarded him the Bronze Star, the European Theater Medal, the Asian Pacific Medal, Good Conduct Medal, and the American Theater Medal.

The G.I. Education Bill paved the way for Joe to attend Georgia Tech to earn his BA Degree in Engineering and, then, attend the University of Tennessee for his M.D. Degree. Ophthalmology was his area of expertise and Joe spent 50+ years in private practice as an Ophthalmologist. He retired at 80 years of age.



Joe Scott, April 1945, Germany



Dr. Charles Parrott

2nd Lieutenant, U.S. Army, Korea

At 21 years of age, Charles Parrott enlisted in the U.S. Army to fight in the Korean War. Becoming one of

many men who would benefit from the Korean War Bill of Rights that promised servicemen a four-year college education when their tour of duty was completed. Charles was selected for Officer Training School and graduated with the rank of Second Lieutenant. Sent to Korea, he served in the 25th Division, 14th Infantry Regiment, 3rd Battalion, L Company.

Unlike other Wars (e.g., WWII, or Vietnam) the Korean conflict was a Police Action, the first politico/military struggle of the Cold War (a state of political and military tension short of open warfare), between the U.S. and South Korea vs. North Korea, China, and Russia. The 38th Parallel defined South Korea and North Korea. When

North Korea and China invaded South Korea, U.S. troops, that included Charles Parrott's Regiment, were among the-on-the-ground defenders of U.S. interests. Fighting was fierce, trench warfare a new "norm" for the troops; Charles admits to a self-inflicted wound (nasty cut on the back of his head when he dived into a trench to avoid heavy artillery fire). U.S. troops faced suicide missions - forays with 100% probability of getting killed, especially when taking or re-taking strategic hills that North Korea had booby trapped with camouflaged explosives in order to kill as many U.S. assault troops as possible.

Continued, page 8

Continued, from page 7

More than 150,000 U.S. soldiers were wounded or lost their lives in this military struggle, but no Peace Treaty was ever signed. In 1953, the Korean War Armistice was signed. The Armistice technically prevents North Korea and South Korea from resuming the War. The U.S. Army awarded Second Lieutenant Parrott the Combat Infantry Man Badge, and he did receive his college education, as promised.



Charles Parrott, July 1951, Memphis



Guy Carter

Staff Sergeant, U.S. Air Force, Vietnam

At 23 years of age, Guy took a leave of absence from his studies at Memphis State University and enlisted in the Air Force. He was sent to South Vietnam and was stationed at the DaNang Air Base, a deep water port adjacent to the South China Sea. He was assigned to the Air Force 1972nd Communications Squadron at Marble Mountain. "Flamingo" was the code name for their switchboard. The Marble Mountain facility also included an Army Special Forces Group, Army and Marine Helicopter Bases, a POW Camp, and a Navy MediVac Hospital. When the troops were on the receiving end of rocket and mortar fire, Guy and his buddies crouched behind mounds of sand bags and lay in deep trenches. When U.S. forces left the war torn South Vietnam, communist China joined with North Vietnam to establish a unified nation.

Back in the States, many college campuses were hit with roiling militant

and vituperative student protests against U.S. involvement in Vietnam. At Kent State University demonstrators' rage reached fever pitch, resulting in the Governor calling in the Ohio National Guard to come on campus and restore order. In the battle between demonstrators and the National Guard, 9 students were wounded and 4 students lost their lives. When American forces returned to the U.S., Guy and the other troops were met with unconscionable public reaction – jeers and spitting on the soldiers – noxious stains on our public fabric.

Guy was awarded 7 medals, including the Air Force Commendation Medal, and the Republic of Vietnam Campaign Medal.

- Jacqueline Besteman, Resident



Guy Carter, 1968, Vietnam

Congratulations

employee of the month | Arthur Shipp

Arthur Shipp joined our team as a floor tech in June, 2015. Over the course of the year, he proved himself time and time again. His unrelenting efforts, his passion for perfection, and his amazing skills all contributed to Kirby's success. Those same characteristics launched him to be promoted to the Medical Housekeeper position. Arthur has proven himself to represent what is special around here - if you are determined, and consistent, then nothing should hold you back! Great to have team members with heart!

- Daniel Longstreth, Director of Environmental Services



CHAPLAIN'S CORNER

from Don Johnson, Kirby Pines Chaplain

THANKFUL ALWAYS

A teacher asked her students to list the names of their fellow classmates on two sheets of paper, leaving a space between each name. They were then to think of the nicest thing they could say about each one in their class and write it down on the paper. The assignment took the entire class period. Each student handed in his or her paper.

Over the weekend the teacher wrote every student's name on a separate sheet and listed everything every classmate wrote about the person.

On Monday the teacher gave every student his sheet listing all that the other classmates had written about them. Very quickly then entire class was smiling. One girl said, "Really? I never knew I meant anything to anyone!" Another said, "I didn't know others liked me so much." No one ever mentioned the papers in class again. The teacher never knew whether the students even mentioned the assignment to their parents, but the project seemed to accomplish its purpose. When the school year ended, this class moved on.

A few years later, one of the classmates who entered military service was killed in Vietnam. A funeral service was held for him. The church was packed. One by one those who loved him walked by the casket, former students first and then the teacher. A soldier who was a pallbearer stepped up to the teacher and asked, "Were you Mark's math teacher?" When she said "Yes," he replied, "Mark talked about you a lot."

After the funeral the former classmates and teacher joined Mark's mother and father for lunch. His father said, "I want to show you something." He pulled out a wallet that was found on Mark when he was killed. From the wallet the father pulled two worn pieces of notebook paper that had been torn, taped and folded many times. The teacher knew immediately that the papers were the ones she had given to Mark, listing all the good things his classmates had said about him. Mark's mother said to the teacher, "As you can see, Mark treasured this."

Then the former classmates began to speak. Charlie commented, "I still have my list. It's in the top drawer of my desk at home." The wife of another, Chuck, said, "Chuck asked me to put his in our wedding album. "I have mine too. It's in my diary," replied Marilyn. Vicki pulled her worn list from her wallet saying, "I carry this with me at all times. I think we all saved our lists."

Then the teacher began to cry...for Mark, for his family, and for all his friends who would never see him again but who would never forget him or each other because of her assignment. It was so simple, yet so profound. Writing something to someone who perhaps didn't feel welcomed or loved reaching beyond ourselves to others.

Has anyone ever spoken or written a word of appreciation or encouragement to you? Sometimes, especially as the years slip by, we wonder if anybody notices us or cares about us. It's been said, "Give flowers now while they can be smelt and enjoyed, not later when the person we would honor is gone." If we ever intend to speak nice words, let's say them while they can be heard.

If we had our name at the top of a sheet of paper so that others from family or friends could write about us and what we mean to them, what would be written? Would the list be long or short?

Through the years I've received a number of such comments: from a lady in prison who listened to my messages on the radio... from teenagers who were touched by God in one of my youth programs...from parents and older people who prayed for me and gave me rich encouragement through difficult times...from those in hospitals or homebound who longed to be prayed for. These notes I cherish and pray I can live up to each special expression.

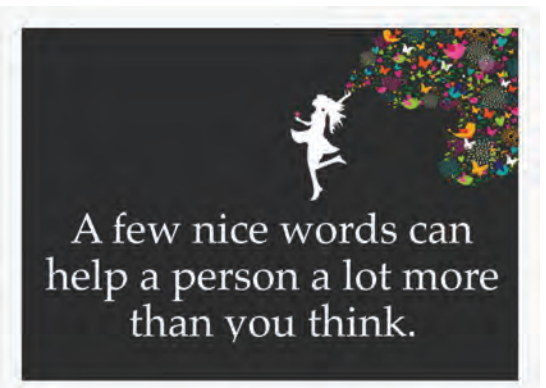
Have you written a thankful note to anyone else? Now would be the time to do that! Make that phone call. Jot down your gratitude for another and get it to them. Make that visit you have meant to make.

I hope this will be that start of a special list for you. You will never know what you mean to Cheryl and me. "For this reason, ever since I heard about your faith in the Lord Jesus and your love for all God's people, I have not stopped giving thanks for you, remembering you in my prayers."

Ephesians
1:15-16

May this be
the start of our
Thanksgiving
Always.

Till next time,
Don Johnson,
KP Chaplain



November Vesper Services • 6:30pm • Performing Arts Center

November 3rd

Reverend
Kevin Presley
Emmanuel Methodist Church

November 10th

Reverend
Les Hilton
Collierville Baptist Church

November 17th

Doctor
Jimmy Latimer
Redeemer Evangelical Church

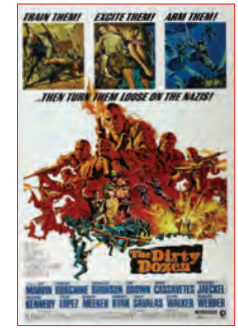
November 24th

No Service
Happy
Thanksgiving!

M E E T

M E

A T



HUNT FOR THE WILDERPEOPLE



Saturday, November 5
at 10:00 am and 2:00 pm
(2016) Cast: Sam Neill,

Julian Dennison, Rima Te Wiata

A national manhunt is ordered for a rebellious kid and his foster uncle who go missing in the wild New Zealand bush.

GOD'S NOT DEAD 2



Sunday, November 6
at 1:30 pm and 4:00 pm
(2014) Cast: Nicole Kidman,
Hugh Jackman, Shea Adams

When a high school teacher is asked a question in class about Jesus, her response lands her in deep trouble.

BOMBER'S B-52



Saturday, November 5 at 6:00 pm
& **Sunday, November 6 at 6:30 pm**
(1957) Cast: Natalie Wood,
Karl Malden, Marsha Hunt

Air Force Master Sergeant Chuck Brennan is a line chief responsible for maintaining bomber jets. He's very good at his work, perhaps the best available, and loves what he does. He's not too keen about his new commanding officer, Lt. Col. Jim Herlihy. The two of them had a run-in some 6 years earlier during the Korean War when Herlihy ordered Chuck to repair his aircraft putting some of his crew in danger. Chuck recognizes that Herlihy is a good pilot and a fair commander but he's not happy when he starts dating his attractive daughter

Lois. His daughter had been pushing him to retire and take a high paying job in the aircraft industry and he's finally agreed to do so even with the arrival of the sleek new B-52 bomber. A crisis during a long-range flight changes everything.

THE BLIND SIDE



Saturday, November 12
at 10:00 am and 2:00 pm
(2009) Cast: Quinton Aaron,
Sandra Bullock, Tim McGraw

"The Blind Side" depicts the story of Michael Oher, a homeless African-American youngster from a broken home, taken in by the Touhys, a well-to-do white family who help him fulfill his potential. At the same time, Oher's presence in the Touhys' lives leads them to some insightful self-discoveries of their own. Living in his new environment, the teen faces a completely different set of challenges to overcome. As a football player and student, Oher works hard and, with the help of his coaches and adopted family, becomes an All-American offensive left tackle.

THE MAN WHO KNEW INFINITY



Sunday, November 13
at 1:30 pm and 4:00 pm
(2015) Cast: Dev Patel,

Jeremy Irons, Malcom Sinclair

In the 1910s, Srinivasa Ramanujan is a man of boundless intelligence that even the abject poverty of his home in Madras, India cannot crush. Eventually, his stellar intelligence in mathematics

and his boundless confidence in both attract the attention of the noted British mathematics professor, G.H. Hardy, who invites him to further develop his computations at Trinity College at Cambridge. Forced to leave his young wife, Janaki, behind, Ramanujan finds himself in a land where both his largely intuitive mathematical theories and his cultural values run headlong into both the stringent academic requirements of his school and mentor and the prejudiced realities of a Britain heading into World War One. Facing this with a family back home determined to keep him from his wife and his own declining health, Ramanujan joins with Hardy in a mutual struggle that would define Ramanujan as one of India's greatest modern scholars who broke more than one barrier in his worlds.

THE DIRTY DOZEN

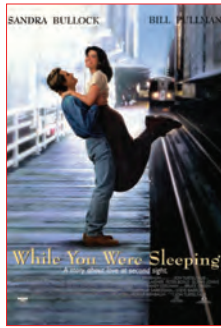


Saturday, November 12 at 6:00 pm
& **Sunday, November 13 at 6:30 pm**
(1967) Cast: Lee Marvin,
Ernest Borgnine, Charles Bronson

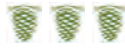
In late March 1944 a rebellious US Army Major is "volunteered" to train twelve convicted military criminals for a suicide mission - to parachute to a heavily-guarded Nazi general staff officers' retreat to try and assassinate German officers on leave. To get his unorthodox assignment done the Major must convince Army brass to grant pardons to the men, then try to mold the twelve recidivists into a functioning unit, a task made more daunting by the doubts of a by-the-book General and by the suicidal nature of the mission.

T H E

M O V I E S



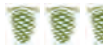
CATCH ME IF YOU CAN



**Saturday, November 19
at 10:00 am and 2:00 pm
(2002) Cast: Leonardo DiCaprio,
Tom Hanks, Christopher Walken**

Frank Abagnale, Jr. worked as a doctor, a lawyer, and as a co-pilot for a major airline -- all before his 18th birthday. A master of deception, he was also a brilliant forger, whose skill gave him his first real claim to fame: At the age of 17, Frank Abagnale, Jr. became the most successful bank robber in the history of the U.S. FBI Agent Carl Hanratty makes it his prime mission to capture Frank and bring him to justice, but Frank is always one step ahead of him.

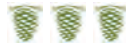
WHILE YOU WERE SLEEPING



**Sunday, November 20
at 1:30 pm and 4:00 pm
(1995) Cast: Sandra Bullock,
Bill Pullman, Peter Gallagher**

Lonely transit worker Lucy Eleanor Moderatz pulls her longtime crush, Peter, from the path of an oncoming train. At the hospital, doctors report that he's in a coma, and a misplaced comment from Lucy causes Peter's family to assume that she is his fiancée. When Lucy doesn't correct them, they take her into their home and confidence. Things get even more complicated when she finds herself falling for Peter's sheepish brother, Jack.

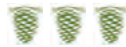
CAPTAIN JANUARY



**Saturday, November 19 at 6:00 pm
& Sunday, November 20 at 6:30 pm
(1936) Cast: Shirley Temple,
Guy Kibbee, Slim Summerville**

Star is a shipwrecked orphan girl growing up with a gentle lighthouse-keeper named Captain January, who rescued her from the waves when she was just a baby. While she loves her life of dancing and spitting with sailors, a bitter truant officer believes that Star belongs in a boarding school. When the authorities insist that Star must leave her only guardian, Captain January fears that he may lose his lovable companion for good.

ME BEFORE YOU



**Saturday, November 26
at 10:00 am and 2:00 pm
(2016) Cast: Emilia Clarke,
Sam Claflin, Janet McTeer**

Young and quirky Louisa "Lou" Clark moves from one job to the next to help her family make ends meet. Her cheerful attitude is put to the test when she becomes a caregiver for Will Traynor, a wealthy young banker left paralyzed from an accident two years earlier. Will's cynical outlook starts to change when Louisa shows him that life is worth living. As their bond deepens, their lives and hearts change in ways neither one could have imagined.

BONNEVILLE

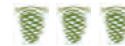


**Sunday, November 27
at 1:30 pm and 4:00 pm
(2006) Cast: Jessica Lange,**

Kathy Bates, Joan Allen

When her husband dies, Arvilla Holden wants to scatter his ashes per his request. However, the daughter from his previous marriage intervenes, demanding that her father's remains be placed in the family crypt in California. Arvilla decides to take a road trip there from her home in Idaho, along with her two very different friends, Margene and Carol. On the way, they scatter some of her husband's ashes at various places visited during the marriage.

MIRACLE ON 34TH STREET



**Saturday, November 26 at 6:00 pm
& Sunday, November 27 at 6:30 pm
(1947) Cast: Edmund Gwenn,
Maureen O'Hara, John Payne**


In this Christmas classic, an old man going by the name of Kris Kringle fills in for an intoxicated Santa in Macy's annual Thanksgiving Day parade. Kringle proves to be such a hit that he is soon appearing regularly at the chain's main store in midtown Manhattan. When Kringle surprises customers and employees alike by claiming that he really is Santa Claus, it leads to a court case to determine his mental health and, more importantly, his authenticity.

KIRBY PINES MOVIE RATING SYSTEM

-  = AVERAGE
-  = GOOD
-  = EXCELLENT
-  = OUTSTANDING

November 2016



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| <p>8:00 am ● Church of Christ Service (Chapel) 6</p> <p>10:00 am ● Worship Service (PAC)</p> <p>1:30 pm ● Weekend Movie (Thtr)</p> <p>3:30 pm ● <i>Hymn Sing with Matthew (PAC)</i></p> <p>4:00 pm ● Weekend Movie (Thtr)</p> <p>6:30 pm ● Classic Movie (Thtr)</p> | <p>8:30 am ● Advanced Water Aerobics (Pool) 7</p> <p>9:00 am ● Smith Jewelers (SCR)</p> <p>9:30 am ● Group Exercise (PAC)</p> <p>10:00 am ● First Monday Poetry Group (Ante)</p> <p>10:00 am ● Focus on Color (A&C)</p> <p>10:00 am ● Hobby Pines Group (Hobby Shop)</p> <p>10:30 am ● Movie: Operation Petticoat (Thtr)</p> <p>10:30 am ● Billiard Group (BR)</p> <p>1:30 pm ● Movie: Operation Petticoat (Thtr)</p> <p>1:30 pm ● Game Play (LCR)</p> <p>2:00 pm ● Tai Chi (LCR)</p> <p>6:30 pm ● Bingo (PAC)</p> | <p>8:30 am ● Men's Water Aerobics (Pool) 8</p> <p>9:00 am ● Dr. Mike Abutineh (WC)</p> <p>9:30 am ● Basic Water Aerobics (Pool)</p> <p>10:00 am ● Election Day (Trans)</p> <p>11:00 am ● Arthritis Sit/Stand Class (A&C)</p> <p>1:30 pm ● Beginners Line Dancing (PAC)</p> <p>1:30 pm ● Walk with Ease (LCR)</p> <p>2:30 pm ● Advanced Line Dancing (PAC)</p> <p>6:30 pm ● <i>Birthday Night with The Side Street Steppers (PAC)</i></p> | <p>8:30 am ● Advanced Water Aerobics (Pool) 9</p> <p>9:30 am ● Group Exercise (PAC)</p> <p>10:00 am ● Memphis Hearing Ad (A&C)</p> <p>10:00 am ● Catholic Services (Chapel)</p> <p>10:00 am ● Shuffleboard (PAC)</p> <p>10:30 am ● Garden Gro'ers Club (Greenhouse)</p> <p>10:30 am ● Yoga Stretch (PAC)</p> <p>1:00 pm ● Needle Arts Group (A&C)</p> <p>1:30 pm ● Game Play (LCR)</p> <p>1:30 pm ● Movie: Good Morning Vietnam (Thtr)</p> <p>2:00 pm ● Wii Bowling (LCR)</p> <p>6:30 pm ● Bridge (LCR)</p> <p>6:30 pm ● Movie: Good Morning Vietnam (Thtr)</p> | <p>8:30 am ● Men's Water Aerobics (Pool) 10</p> <p>9:30 am ● Basic Water Aerobics (Pool)</p> <p>10:00 am ● Kroger & Banks (Trans)</p> <p>10:00 am ● Bible Study w/Dave Phillips (Chapel)</p> <p>11:00 am ● Arthritis Sit/Stand Class (A&C)</p> <p>1:00 pm ● Walmart & Banks (Trans)</p> <p>1:00 pm ● Dr. Mike Abutineh (WC)</p> <p>1:30 pm ● Bunko (LCR)</p> <p>1:30 pm ● Walk with Ease (LCR)</p> <p>1:30 pm ● Beginners Line Dancing (PAC)</p> <p>2:00 pm ● <i>Resident Association Meeting (PAC)</i></p> <p>2:30 pm ● Advanced Line Dancing (PAC)</p> <p>6:30 pm ● Vespers</p> | <p>9:30 am ● Group Exercise (PAC) 11</p> <p>10:00 am ● Art with Class (A&C)</p> <p>10:00 am ● Walmart & Banks (Trans)</p> <p>10:00 am ● Journey's Through Grief (Ante)</p> <p>10:30 am ● <i>Veteran's Day Program (PAC)</i></p> <p>11:00 am ● Oak Court Mall (Trans)</p> <p>1:00 pm ● Superlo & Bank (Trans)</p> <p>6:00 pm ● <i>Music with Debra Sweeny and Jon Felix (Lobby)</i></p> <p>6:30 pm ● Bridge (LCR)</p> | <p>7:30 am ● Men's Christian Fellowship (LCR) 12</p> <p>10:00 am ● Weekend Movie (Thtr)</p> <p>10:30 am ● Bible Study "Thru the Bible" (Chapel)</p> <p>1:30 pm ● Game Play (LCR)</p> <p>1:30 pm ● Intermediate Line Dancing (PAC)</p> <p>2:00 pm ● Weekend Movie (Thtr)</p> <p>2:30 pm ● Line Dancing (PAC)</p> <p>4:00 pm ● Shuffleboard (PAC)</p> <p>6:00 pm ● Classic Movie (Thtr)</p> |
| <p>8:00 am ● Church of Christ Service (Chapel) 13</p> <p>10:00 am ● Worship Service (PAC)</p> <p>1:30 pm ● Weekend Movie (Thtr)</p> <p>2:00 pm ● <i>Memphis Symphony at GPAC (Trans)</i></p> <p>4:00 pm ● Weekend Movie (Thtr)</p> <p>6:30 pm ● Classic Movie (Thtr)</p> | <p>8:30 am ● Advanced Water Aerobics (Pool) 14</p> <p>9:00 am ● Smart Moves: Diabetes (PAC)</p> <p>9:30 am ● Group Exercise (PAC)</p> <p>9:30 am ● Alterations (A&C)</p> <p>10:00 am ● Hobby Pines Group (Hobby Shop)</p> <p>10:30 am ● Billiard Group (BR)</p> <p>1:30 pm ● Game Play (LCR)</p> <p>2:00 pm ● Tai Chi (LCR)</p> <p>6:30 pm ● Bingo (PAC)</p> | <p>8:30 am ● Men's Water Aerobics (Pool) 15</p> <p>9:00 am ● Dr. Mike Abutineh (WC)</p> <p>9:30 am ● The Book Baggers (Thtr)</p> <p>9:30 am ● Basic Water Aerobics (Pool)</p> <p>11:00 am ● Arthritis Sit/Stand Class (A&C)</p> <p>1:30 pm ● Beginners Line Dancing (PAC)</p> <p>2:30 pm ● Advanced Line Dancing (PAC)</p> <p>6:30 pm ● <i>Turkey Trot Dance with The Jim Mahannah Band (PAC)</i></p> | <p>8:30 am ● Advanced Water Aerobics (Pool) 16</p> <p>9:30 am ● Group Exercise (PAC)</p> <p>10:00 am ● Catholic Service (Chapel)</p> <p>10:00 am ● Shuffleboard (PAC)</p> <p>11:00 am ● <i>Lunch Bunch @ Rosebriar (Trans)</i></p> <p>10:30 am ● Yoga Stretch (PAC)</p> <p>10:30 am ● Magnum PI: Dead Man's Channel (Thtr)</p> <p>1:00 pm ● Needle Arts Group (A&C)</p> <p>1:30 pm ● Game Play (LCR)</p> <p>2:00 pm ● <i>Virtual Tour (Thtr)</i></p> <p>2:00 pm ● Wii Bowling (LCR)</p> <p>6:30 pm ● Magnum PI: Dead Man's Channel (Thtr)</p> <p>6:30 pm ● Bridge (LCR)</p> | <p>8:30 am ● Men's Water Aerobics (Pool) 17</p> <p>9:30 am ● Basic Water Aerobics (Pool)</p> <p>10:00 am ● Kroger & Banks (Trans)</p> <p>10:00 am ● Bible Study w/Dave Phillips (Chapel)</p> <p>11:00 am ● Arthritis Sit/Stand Class (A&C)</p> <p>1:00 pm ● Walmart & Banks (Trans)</p> <p>1:00 pm ● Dr. Mike Abutineh (WC)</p> <p>1:30 pm ● Bunko (LCR)</p> <p>1:30 pm ● Beginners Line Dancing (PAC)</p> <p>1:30 pm ● Walk with Ease (LCR)</p> <p>2:30 pm ● Advanced Line Dancing (PAC)</p> <p>6:30 pm ● Vespers (PAC)</p> | <p>9:30 am ● Group Exercise (PAC) 18</p> <p>10:00 am ● Art with Class (A&C)</p> <p>10:00 am ● Walmart & Banks (Trans)</p> <p>10:30 am ● Magnum PI: Woman on the Bench (Thtr)</p> <p>1:00 pm ● Superlo & Bank (Trans)</p> <p>1:30 pm ● Magnum PI: Woman on the Bench (Thtr)</p> <p>6:30 pm ● Bridge (LCR)</p> <p>6:30 pm ● <i>Entertainers: Thankful for Love Songs (PAC)</i></p> | <p>7:30 am ● Men's Christian Fellowship (LCR) 19</p> <p>10:00 am ● Weekend Movie (Thtr)</p> <p>10:30 am ● <i>Overton CAPA Piano Students (Lobby)</i></p> <p>1:30 pm ● Game Play (LCR)</p> <p>1:30 pm ● Intermediate Line Dancing (PAC)</p> <p>1:30 pm ● <i>Scheidt School Suzuki Piano Students (Lobby)</i></p> <p>2:00 pm ● Weekend Movie (Thtr)</p> <p>2:30 pm ● Line Dancing (PAC)</p> <p>4:00 pm ● Shuffleboard (PAC)</p> <p>6:00 pm ● Classic Movie (Thtr)</p> |
| <p>8:00 am ● Church of Christ Service (Chapel) 20</p> <p>10:00 am ● Worship Service (PAC)</p> <p>1:30 pm ● Weekend Movie (Thtr)</p> <p>4:00 pm ● Weekend Movie (Thtr)</p> <p>6:30 pm ● Classic Movie (Thtr)</p> | <p>8:30 am ● Advanced Water Aerobics (Pool) 21</p> <p>9:00 am ● Smith Jewelers (SCR)</p> <p>9:30 am ● Group Exercise (PAC)</p> <p>10:00 am ● Focus on Color (A&C)</p> <p>10:00 am ● Hobby Pines Group (Hobby Shop)</p> <p>10:30 am ● Billiard Group (BR)</p> <p>10:45 am ● Episcopal Eucharist (Chapel)</p> <p>1:30 pm ● Game Play (LCR)</p> <p>2:00 pm ● Tai Chi (LCR)</p> <p>6:30 pm ● Bingo (PAC)</p> | <p>8:30 am ● Men's Water Aerobics (Pool) 22</p> <p>9:00 am ● Dr. Mike Abutineh (WC)</p> <p>9:30 am ● Basic Water Aerobics (Pool)</p> <p>10:30 am ● <i>Briarcrest JH Band & Chorus (PAC)</i></p> <p>11:00 am ● Arthritis Sit/Stand Class (A&C)</p> <p>1:30 pm ● Beginners Line Dancing (PAC)</p> <p>1:30 pm ● Movie: The Ultimate Gift (Thtr)</p> <p>2:00 pm ● Ladies Interdenominational Meeting "The Uplifters" (Chapel)</p> <p>2:30 pm ● Advanced Line Dancing (PAC)</p> <p>6:30 pm ● Movie: The Ultimate Gift (Thtr)</p> | <p>8:30 am ● Advanced Water Aerobics (Pool) 23</p> <p>9:30 am ● Group Exercise (PAC)</p> <p>10:00 am ● Catholic Service (Chapel)</p> <p>10:00 am ● Shuffleboard (PAC)</p> <p>10:30 am ● Yoga Stretch (PAC)</p> <p>1:00 pm ● Needle Arts Group (A&C)</p> <p>1:30 pm ● An Old Fashioned Thanksgiving (Thtr)</p> <p>1:30 pm ● Game Play (LCR)</p> <p>2:00 pm ● Wii Bowling (LCR)</p> <p>2:00 pm ● Virtual Tour (Thtr)</p> <p>6:00 pm ● <i>Thanksgiving Eve Piano Concert (Lobby)</i></p> <p>6:30 pm ● Bridge (LCR)</p> <p>6:30 pm ● An Old Fashioned Thanksgiving (Thtr)</p> | <p>2:00 pm ● Movie: The Sound of Music (Thtr) 24</p> <p>6:00 pm ● Movie: The Sound of Music (Thtr)</p> | <p>9:30 am ● Group Exercise (PAC) 25</p> <p>10:00 am ● Art with Class (A&C)</p> <p>10:00 am ● Journey's Through Grief (Ante)</p> <p>10:00 am ● Walmart & Banks (Trans)</p> <p>10:30 am ● Movie: Her Alibi (Thtr)</p> <p>1:00 pm ● Superlo & Bank (Trans)</p> <p>1:30 pm ● Movie: Her Alibi (Thtr)</p> <p>6:00 pm ● <i>Music with Kevin Carsen (Lobby)</i></p> <p>6:30 pm ● Bridge (LCR)</p> | <p>7:30 am ● Men's Christian Fellowship (LCR) 26</p> <p>10:00 am ● Weekend Movie (Thtr)</p> <p>1:30 pm ● Game Play (LCR)</p> <p>1:30 pm ● Intermediate Line Dancing (PAC)</p> <p>2:00 pm ● Weekend Movie (Thtr)</p> <p>2:30 pm ● Line Dancing (PAC)</p> <p>4:00 pm ● Shuffleboard (PAC)</p> <p>6:00 pm ● Classic Movie (Thtr)</p> |
| <p>8:00 am ● Church of Christ Service (Chapel) 27</p> <p>10:00 am ● Worship Service (PAC)</p> <p>1:30 pm ● Weekend Movie (Thtr)</p> <p>3:30 pm ● <i>Hymn Sing with Matthew (PAC)</i></p> <p>4:00 pm ● Weekend Movie (Thtr)</p> <p>6:00 pm ● <i>Jerald Walker Orchestra (PAC)</i></p> <p>6:30 pm ● Classic Movie (Thtr)</p> | <p>8:30 am ● Advanced Water Aerobics (Pool) 28</p> <p>9:30 am ● Group Exercise (PAC)</p> <p>9:30 am ● Alterations (A&C)</p> <p>10:00 am ● Hobby Pines Group (Hobby Shop)</p> <p>10:30 am ● Billiard Group (BR)</p> <p>1:30 pm ● Game Play (LCR)</p> <p>2:00 pm ● Tai Chi (LCR)</p> <p>6:30 pm ● Bingo (PAC)</p> | <p>8:30 am ● Men's Water Aerobics (Pool) 29</p> <p>9:00 am ● Dr. Mike Abutineh (WC)</p> <p>9:30 am ● Basic Water Aerobics (Pool)</p> <p>11:00 am ● Arthritis Sit/Stand Class (A&C)</p> <p>1:30 pm ● Movie: The Last Holiday (Thtr)</p> <p>1:30 pm ● Beginners Line Dancing (PAC)</p> <p>2:30 pm ● Advanced Line Dancing (PAC)</p> <p>6:30 pm ● Movie: The Last Holiday (Thtr)</p> | <p>8:30 am ● Advanced Water Aerobics (Pool) 30</p> <p>9:30 am ● Group Exercise (PAC)</p> <p>10:00 am ● <i>Big Christmas Tree Decorating Party (Lobby)</i></p> <p>10:00 am ● Catholic Service (Chapel)</p> <p>10:00 am ● Shuffleboard (PAC)</p> <p>10:30 am ● Yoga Stretch (PAC)</p> <p>1:00 pm ● Needle Arts Group (A&C)</p> <p>1:30 pm ● Game Play (LCR)</p> <p>2:00 pm ● Wii Bowling (LCR)</p> <p>6:30 pm ● Bridge (LCR)</p> |  | <p>ABBREVIATIONS KEY</p> <ul style="list-style-type: none"> ● Thtr - Theater ● FDR - Formal Dining Room ● PAC - Performing Arts Center ● BR - Billiard Room ● Trans - Transportation ● HS - Hobby Shop ● SCR - Small Card Room ● A & C - Arts & Crafts Room ● LCR - Large Card Room ● WC - Wellness Clinic | <p>7:30 am ● Men's Christian Fellowship (LCR) 26</p> <p>10:00 am ● Weekend Movie (Thtr)</p> <p>1:30 pm ● Game Play (LCR)</p> <p>1:30 pm ● Intermediate Line Dancing (PAC)</p> <p>2:00 pm ● Weekend Movie (Thtr)</p> <p>2:30 pm ● Line Dancing (PAC)</p> <p>4:00 pm ● Shuffleboard (PAC)</p> <p>6:00 pm ● Classic Movie (Thtr)</p> |

November 2016 EVENTS

Nov 1: Bartlett Choral Group

Choral & drama group from Bartlett Senior Center. A group of 12 seniors who love music and have been amateur performers for most of their lives. The variety program consists of singing, dancing and comedy. They have an awesome piano player, a saxophone player, a former dance instructor who does the choreography, and several vocalists. They would love to entertain you! In the PAC at 10:30 am.

Nov 1: Special Prayer Service

Kirby Pines Special Prayer Service will be held Tuesday, November 1st, in the Chapel at 6:30 pm. This will be one week before the Presidential Election. Prayer for America and its future, prayer for personal renewal and revival will be themes for this service. Dr. Jimmy Latimer will share a brief message.

Nov 2: Get Fit with Oasis Coordinator Mary Hand

Advanced Water Aerobics classes will be held on Mondays & Wednesdays at 8:30 am. Basic and Beginning Water Aerobics is on Tuesdays & Thursdays at 9:30 am. Men's Water Aerobics is held on Tuesdays & Thursdays at 8:30 am. Arthritis Sit/Stand classes are on Tuesdays & Thursdays at 11:00 am in the Arts & Crafts Room.

Nov 2: KP Travelers Meeting

The Travelers will be meeting to discuss upcoming outings and trips for 2016/17. They will be telling you about their trip to Elmwood Cemetery last month. The group meets on the first Wednesday of every month at 10:00 am in the Large Card Room. They are always interested in new ideas of places to go and things to do.

Nov 2: Yoga Stretch

Yoga is known to have a wide range of benefits- maybe you're sleeping better or getting fewer colds, your balance is improving. If you have not yet joined this class, come and see what benefits it might have for you. This is not advanced, so don't worry about getting on the floor and not being able to get up. You will be sitting in a chair or standing. Class is every Wednesday at 10:30 am in the PAC.

Nov 2: Creative Aging Senior Arts Performance

Creative Aging presents the "Side Street Steppers" and the "Beverly Brothers" at Theatre Memphis in the final Senior Arts season performance—a not to be missed performance. The concert, which takes place a week before Veterans Day, will be a salute to our veterans, with music from WW I & II, Korean War and Vietnam eras. Sign up in transportation. Bus leaves at 12:15 pm. Admission is \$5.00 paid at the door.

Nov 2: The Memphis Belle

At a U.S. Army Air Force base in England, the crew members of B-17 bomber Memphis Belle prepare for their 25th and final sortie into enemy German territory. Bomber Capt. Dennis Dearborn knows the mission is a dangerous one, but he's under pressure from Army public relations man Lt. Col. Bruce Derringer to earn a decisive victory for the Allies. Now, the Memphis Belle prepares to take flight as apprehension and dissent grow among Dearborn's crew. Theater showtimes 1:30 pm & 6:30 pm.

Nov 2: Game Play Group

Like to play games? Bring your own to share or join in with someone already there! Meets in the Large Card Room every Monday, Wednesday and Saturday at 1:30 pm.

Nov 2: Virtual Wii Bowling

Come join the fun every Wednesday afternoon at 2:00 pm in the Large Card Room. No skill required. It is set up on the TV; all you have to do is check out the remotes from the Front Desk and return them whenever your game is over.



Nov 3: Walk with Ease

Walk with Ease classes will begin September 13, meeting twice a week Tuesdays and Thursdays for nine weeks in the Large Card Room at 1:30 pm. Last class is November 10.

Nov 3: Medical Director Dr. Mike Abutineh MD

Will be in the Wellness Clinic Tuesdays 9:00 am -12:00 pm. Thursdays 1:00-4:30 pm. Appointments required.

Nov 3: Group Bible Study with Dave Phillips

Join Germantown Church of Christ's Dave Phillips as he leads group Bible Study every Thursday at 10:00 am in the Chapel. Dave is a great teacher and speaker.

Nov 3: Tank

Zack Carey is a decorated military officer who takes a new post in small-town Georgia, moving with his wife and their son, Billy. When Zack clashes with the local deputy, he incurs the wrath of corrupt sheriff Cyrus Buelton, who proceeds to frame young Billy on drug charges. When all other attempts to handle the situation fail, Zack opts to free Billy from jail with his own vintage tank, setting off an escalating conflict. Theater showtimes 10:30 am & 1:30 pm.



Nov 3: Theatre Memphis: The City of Conversation

Political Commentary. A house and a country divided and spanning 30 years and six presidential administrations, a political hostess gives a peek at who really pulls the strings behind the scenes in Washington, D.C. Fireworks occur when she must choose between defending causes she has spent a lifetime fighting for and her son, whose girlfriend is her political and ambitious conservative opposite. Call box office for tickets @ 682-8323. Sign up in transportation. Bus leaves at 6:30 pm.

Nov 4: Music with The Double D Band

The Double D Band is a musical duo led by Duane Cleveland. They play a wide range of songs and genres, but especially music from the 50's. Playing guitars and mandolins, they keep any audience entertained and tapping their feet. Join this dynamic duo, Friday, Nov 4 at 6:00 pm in the Lobby.

Nov 5: Men's Christian Fellowship

The Men's Christian Fellowship meets every Saturday morning in the Large Card Room at 7:30 am. There is a rotating list of resident speakers who give a devotion at each meeting. Come enjoy coffee and fellowship with us each week.

Nov 6 & 27: Hymn Sing with Matthew

Join Matthew for song and worship on these two Sundays in the PAC at 3:30 pm.

Nov 7: Focus on Color

Coloring books are incredibly simple, portable, easy to pick up and put down, and a colored-in page takes up almost no space at all. So come to the Arts and Crafts Room the first and third Monday at 10:00 am. All you need to bring besides yourself is your coloring book and utensils to color with. Some of these supplies are offered for sale in the Blossom Shop.

Nov 7: First Monday Poetry Group

Come to listen; come to read; come to recite from memory. Share a favorite verse or two as others share their verse with you. Everyone is welcome. Check out "The Poet's Corner" on the post office bulletin board where a residential poet will be featured each month. We meet the first Monday of every month at 10:00 am in the Ante Room.

Nov 7: Tai Chi

If you're looking for a way to reduce stress, consider Tai Chi (TIE-CHEE). Originally developed for self-defense, Tai Chi has evolved into a graceful form of exercise that's now used for stress reduction and a variety of other health conditions. Under the instruction of Sheila Raye, Tai Chi meets in PAC every Monday at 2:00 pm.

Nov 7: Bingo Night

Join us for a fun filled evening of BINGO! Entry costs only \$1 per card, with an opportunity to win up to two prizes. Every Monday night at 6:30 pm in the PAC.

Nov 7: Operation Petticoat

World War 2 comedy about a submarine commander who finds himself stuck with a decrepit (and pink) sub, a con-man executive officer and a group of army nurses. Theater Showtimes 10:30 am & 1:30 pm.

Nov 8: Election Day

Transportation will be taking residents to vote at 10:00 am. If you are not able to go at this time, please call them and make other arrangements. Your vote counts!



Nov 8: Birthday Night with The Side Street Steppers

The Side Street Steppers are a page from America's past, playing rare and popular music from the 1920s and 30s. Dubbed the Golden Age of Gramophone Recording, the two decades between 1920 and World War II saw the rise of jazz and the birth of the blues, the demise of ragtime and the emergence of hillbilly music that would become known through the world as country music. Get ready for plenty of hip-shaking, foot stompin', caterwauling and croonin'. 6:30 pm in the PAC.

Nov 9: Garden Gro'ers Club Meeting

Garden Gro'ers are in the process of installing an Irrigation System in the garden. Our fall greens are in the ground, thanks to Dan Moffett. Collards, turnip, mustard, kale and swiss chard, plus 18 heads of savoy cabbage. The Early Girl tomatoes are blooming in the Greenhouse. Come on down to the Greenhouse every 2nd Wednesday of every month at 10:30 am and dig in! Contact Dr. Charles Parrott with questions at 795-4394.



Nov 9: Memphis Hearing Aid Service

On the second Wednesday of every month, at 10:00 am in the Arts & Crafts Room, Dr. Rena C Booth will be offering: Free Hearing Evaluation, Free Hearing Aid Consultation, Free Hearing Aid Clean, Check, and Adjustment. Please call 682-1529 for more information or to schedule a visit.

Nov 9: Good Morning Vietnam

Radio funny man Adrian Cronauer is sent to Vietnam to bring a little comedy back into the lives of the soldiers. After setting up shop, Cronauer delights the G.I.s but shocks his superior officer, Sergeant Major Dickerson, with his irreverent take on the war. While Dickerson attempts to censor Cronauer's broadcasts, Cronauer pursues a relationship with a Vietnamese girl named Trinh, who shows him the horrors of war first-hand. Theater showtimes 1:30 pm & 6:30 pm.

Nov 10: Resident Association Meeting

We will have the election of new officers for the Resident Association. November 10 at 2:00 pm in the PAC.

Nov 11: Journeys Through Grief

Losses bring pain and disruption to our lives. Like a fog, we cannot fight it, change it, or remove it. We simply move through it one step at a time. There is no single, correct way to grieve. These twelve conversations for grief and loss will facilitate your journey and connect you with kindred spirits in healing broken hearts. Provided by Harding School of Theology Staff. We will meet the 2nd and 4th Friday of every month in the Ante Room from 10:00 to 11:00 am. For November the dates are the 11th and the 25th.

Nov 11: Veteran's Day Program

Join us at 10:30 am on Friday, November 11 in the PAC for this program of dedication to the United States Military men & women who protected the symbol of freedom and our national flag at all costs during the course of our history. Presented by the Knights of Columbus, Holy Cross Assembly 3048. We will also have special music performed by Vocalist Stephen White and wife Deb on the piano.

Nov 11: Music with Debra Sweeny and Jon Felix

Deborah Sweeny is a native Memphian who has toured internationally with Rev. Al Green. She has performed on the Oprah Winfrey Show, the Today Show and Carnegie Hall. She is accompanied by Jon Felix, an outstanding pianist who has played with several national stars including Ray Price, Andy Williams, Mel Torme and Charlie Pride. In Memphis he's been a favorite at the renowned Peabody Hotel's Corner Bar and Sunday Jazz Brunch. Join the Friday Nov 11 in the Lobby as they focus their show on a salute to our Veterans. Lobby 6:00 pm.

Nov 12: Through the Bible

"Through the Bible is an intense study of the Bible led by Gail Kommer, meeting the second Saturday of every month at 10:30 am in the Chapel. Class discussion encouraged. Join this group of ladies who enjoy learning about God's Word.

Nov 13: MSO Presents Beethoven's Fifth at GPAC

The Memphis Symphony Orchestra presents Beethoven Symphony #5. Call box office for tickets at 537-2525. Bus leaves 2:00 pm. Sign up in Transportation.

Nov 14: Smart Moves

This month's topic is "Diabetes" 9:00 am in PAC.

Nov 15: The Book Baggers

Whether you read or would like to hear about books being discussed, come and check us out. This is a great way to expand your horizons. This month's read will be "The Blind Side: Evolution of a Game" by Michael Lewis. This will be a special meeting in the Movie Theater where the speaker will tell us about the filming of the movie.

Nov 15: Dance with the Jim Mahannah Band

Too hot to trot? Well, show us watcha got. Join us for good music, fellowship, and a chance to show your dance moves! Don't miss out on the fun. Tuesday, November 15 in the PAC at 6:30 pm.

Nov 16: Magnum P.I.: Dead Man's Channel

A young college student hires Magnum to find her father, an archaeologist. His boat was found adrift in Nehoa Channel, an area that local Hawaiians believe is cursed and non-Hawaiians should not enter. Theater Showtimes 10:30 am & 6:30 pm.

Nov 16: Lunch Bunch @ Rosebriar

The Lunch Bunch is headed to Rosebriar! Enjoy the beautiful Christmas Decorations and Shopping along with a wonderful meal. Cost is \$20.00 per person (not including tip) plus transportation fee. There are 30 spaces available. Sign up in transportation, the bus will leave at 10:30 am.

Nov 16: Virtual Field Trip

Join us in the Movie Theater as we go on a Virtual Field Trip. The journey begins at 2:00 pm. In the Movie Theater. Watch your bulletin boards for details.

Nov 18: Magnum P.I.: The Woman on the Beach

Hot Hawaii feels more like the Wild West when Magnum is asked to track down the sister of a fiery-tempered Texan. Theater showtimes 10:30 am & 1:30 pm.

Nov 18: Entertainers present Thankful for Love Songs

Come enjoy The Kirby Pines Chorus as they sing beautiful love songs from some of the earliest Broadway productions. The program will also include vocal & instrumental solos. Special guest Leon Sander-son. 6:30 pm in the PAC.

Nov 19: Overton CAPA Piano Students Program

The talented students from Overton High CAPA piano program will be here to entertain you. Be sure and head down to the Lobby at 10:30 am Saturday, November 19. Support out youth!

Nov 19: Sheidt School of Music Suzuki Piano Students

Come to the Lobby at 1:30 pm to enjoy this talented group of Suzuki Piano Students from the University of Memphis Sheidt School of Music as they perform their fall recital pieces.

Nov 22: Briarcrest Jr. High One Great Day of Service

Briarcrest's Junior High Choir and Band will be performing classical selections, a Christmas medley and other favorites to spread Holiday Cheer! Be there to show your support at 10:30 am in the PAC.

Nov 22: The Ultimate Gift

When his wealthy grandfather finally dies, Jason Stevens fully expects to benefit when it comes to the reading of the will. But instead of a sizable inheritance, Jason receives a test, a series of tasks he must complete before he can get any money. Theater showtimes 1:30 pm & 6:30 pm.

Nov 29: Ladies Interdenomi- national Circle "The Uplifters"

The Uplifters Circle is a nondenominational group of women dedicated to missions, prayer and Bible study. All are welcome, come to the Chapel at 2:00 pm to join in fellowship with this wonderful group of ladies every fourth Tuesday of the month.

Nov 23: An Old Fashioned Thanksgiving

Struggling widow Mary Bassett is trying to support three children, but money is so tight that they can't even afford a Thanksgiving turkey. An unexpected visit from her estranged -- and moneyed -- mother means Mary can prepare a proper holiday meal. However, it will take more than

a feast to heal this family's emotional wounds. Theater showtimes 1:30 pm & 6:30 pm.

Nov 23: Holiday Piano Concert

Join us Thanksgiving Eve for a special concert in the Lobby. The lovely husband and wife team Derric Denham & Angels Wong owners of DPiano Studio will be here to entertain you with their piano playing expertise. They will be performing Classical, Broadway and some of your favorite Holiday tunes. In Lobby at 6:00 pm.

Nov 24: The Sound of Music

In Rodgers and Hammerstein's greatest collaboration, a feisty postulant named Maria is sent to care for the unruly, motherless Von Trapp children. She soon tames them -- and finds herself falling for their stern father. Theater showtimes 2:00 pm & 6:00 pm.

Nov 25: Her Alibi

When author Phil Blackwood learns that beautiful Nina has been accused of murder on shaky evidence, he decides to intervene. Hoping to mine her story for material for his next novel, Blackwood offers to provide Nina with an alibi, forcing her case to be dismissed. But when Romanian spies start showing up at his house, Blackwood begins to think Nina might not be so innocent after all. Theater Showtimes 10:30 am & 1:30 pm.

Nov 25: Music with Kevin Carson

Kevin Carson is a talented guitarist and vocalist specializing in songs from the 50's with a little from the 60s and 70s. He's been a band leader for the past 20 years, touring with such notables as Hootie & The Blowfish, Edwin McCain, Willie Nelson, and Johnny Lee. Join the gang at 6:00 pm in the Lobby.

Nov 27: Jerald Walker Chamber Ensemble Orchestra

Jerald Walker, a senior at Overton High School, is not only a fine violinist, but is a prodigious composer and conductor of the recently formed Chamber Ensemble Orchestra of 20 members. Join us at 6:00 pm in the PAC.

Nov 30: Tree Decorating Party

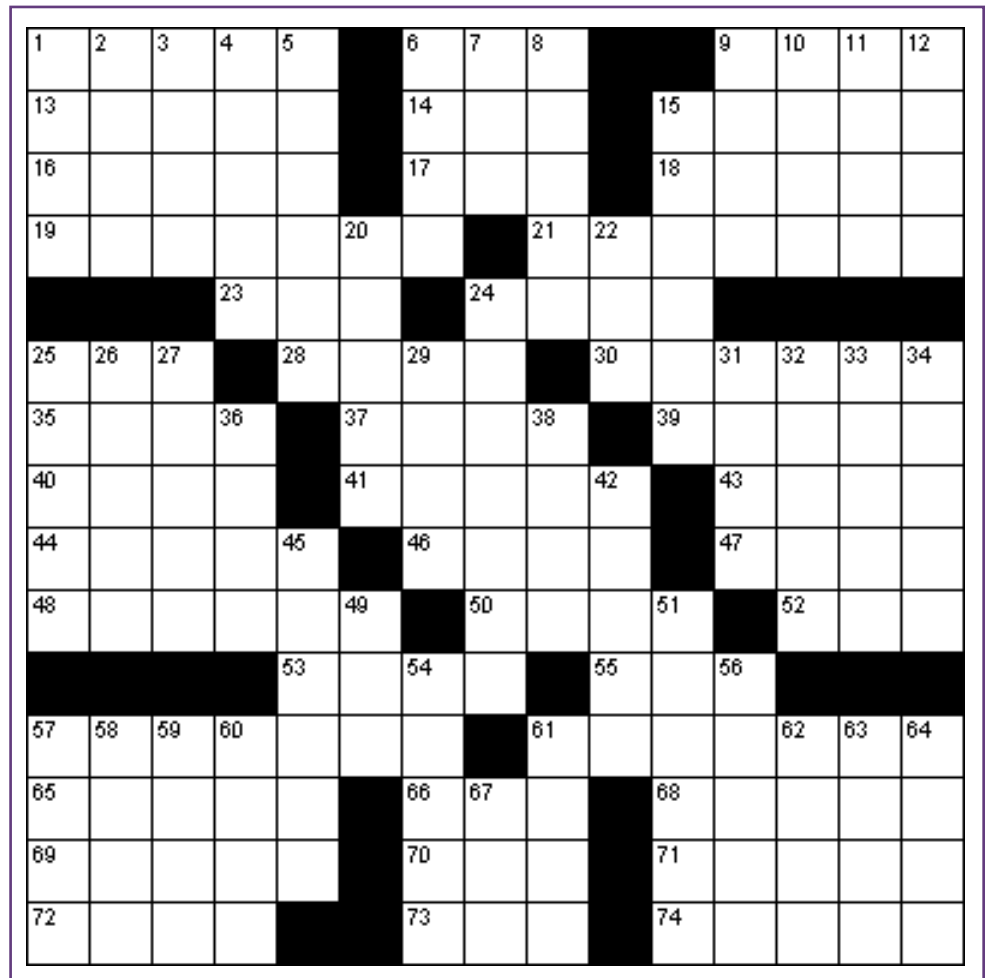
Join us for fun, fellowship and Christmas tunes as we decorate the live Lobby Christmas Tree. Spiced cider and treats will be served to those that participate. 10:00 am Lobby.

ACROSS

1. Book of maps
6. Deity
9. Stumble
13. Muscle spasm
14. Fuss
15. Give rise to
16. Watercourse
17. Part of a journey
18. Expel from a country
19. Give forth
21. Seafarer
23. Perish
24. Yawn
25. Was seated
28. Metal fastener
30. Bicycle for two
35. Ship's company
37. Halt
39. Stage prior to metamorphosis
40. Ice crystals forming a white deposit
41. Spooky
43. A secret look
44. Savory jelly
46. Manufacturing plant
47. British peer between Viscount and Marquess
48. Fuel
50. Bitter quarrel
52. Staining substance
53. Infant
55. Lacking in light
57. Medical care
61. Dedicated
65. Competitor
66. The sheltered side
68. Wear away
69. Proficient
70. Wonderment
71. Scope
72. Saucy
73. Married
74. Slumber

DOWN

1. Unit of area
2. Tidy
3. Volcanic rock
4. Make better



5. Painful joint injury
6. Strong wind
7. Poem
8. Tenet
9. Cab
10. Delapidation
11. Small island
12. Look searchingly
15. **Breakfast food**
(see photo for hint)
20. Offer and withdraw
22. Pertinent
24. Extol
25. Remnant
26. Originate
27. Lure
29. Part of a list
31. Part of the neck
32. Apprehension
33. Each and all
34. Type of tree
36. Low dam
38. Heap
42. Circumvent
45. Metallic element

49. Circuit
51. Underwater workers
54. Local authority regulation
56. Ethical
57. Snare
58. Conceal
59. At any time
60. Engrossed
61. Exploit
62. Quality of a sound
63. Boundary of a surface
64. Oceanic abyss
67. Female sheep



Puzzle Solutions - page 21



KIRBY PINES SnapShots



Laura Parrott and Anita Deckelman entertain a guest of Kirby Pines at the Memphis Most Celebration



New residents Ken and Carolin Thomason enjoy all the festivities at the Memphis Most Celebration



The Ham-ateurs were at it again with their October Fall Festival program



Mary Gullett and Catherine Prewett practice with the Ham-ateur Club



Jimmy Latimer blessed some of our pets at the Stroll for Control. Wanda Semsch & Gracie, Helen Gaines & Precious and Jim Smith & Charlie

KIRBY PINES SnapShots



Sylvia Statham and her son, Kevin, enjoy some Central BBQ



Martha Pruett enjoys a chocolate fudge MemPop with Iris Emery at the Kirby Pines Fall Festival



Jewel Crowson's grandson, Landon, supporting the Grizz



James and Betty Gray have fun at the Fall Festival with their daughter Karen Watson and grandsons Asher and Oliver



Everyone seemed to enjoy the food being served up by Awesome Dogs at the Fall Festival



Max Oliver sits back and listens to the band at the festival



Gene and Patty Rhodes are joined by daughter, Lisa Dille, son Preston Croft, and son Michael Rhodes



Genevieve Imbalzano dresses her BBQ during the activities



KIRBY PINES SnapShots



Joyce Read and Betty Terry celebrate their October birthdays with friends Nita Heffernan, Peggy Bell, Irene Baker, Betty's husband Berry Terry, Pat Mitchell and Marilyn Wray



Don Cook enjoys his birthday celebration with wife, Laura, and daughter Karen



Jim Turner celebrates his first birthday at Kirby with Martha Wilson, Sylvia Statham, his wife Janet, Ken Lewis, Marian Gray, Jim Bampffield and Jacqueline Besteman



Meryl Stewart spends his birthday with his nephew Donald and his wife Beth, sister-in-law Elaine and friends Janice Schlotfeldt and Pat Cavender



Ben Cole is joined by his brother John and his nieces Beverly Hooker and Cindy Wilson



Elsie Burkhart has a good time with friends Andy Barksdale, Hazel Canon, Jim Stafford and Betty Burkhalter



Bob Fowler is surrounded by his granddaughter Brynlee, wife Barbara, son-in-law Brian Stubbs, and daughter Beth Stubbs

Memorials, Honorariums & Gifts

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CLYTA GENTRY

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to the General Fund

JOHN STAGG

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to the Employee Fund

In Honor Of

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to the Hobby Shop

CHARLES OLREE

Donation by Judy Vaughan
to the Hobby Shop

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THE HOBBY SHOP

Donation by Joyce Read

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ANSWERS
TO PUZZLE
CHALLENGE
ON PAGE 17

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