

# the PINECONE

The Magazine of Kirby Pines Retirement Community • September 2016 | V. 34 | I. 9

**KIRBY PINES  
WINNER EVERY YEAR!  
BEST RETIREMENT  
COMMUNITY  
MEMPHIS MOST  
COMMERCIAL APPEAL  
READERS POLL**



*Charles S. Trammell  
President  
Retirement Companies of America*



Take A Spin | Touching First Base | Resident Spotlight: Dunlap & Mary Louise Rose | Kirby Pines SnapShots



# We Are Memphis Most at Kirby Pines

September signifies the end of summer and the last national holiday (Labor Day) until Thanksgiving. September for Kirby Pines, is especially significant, because it is the month we celebrate our anniversary.

Thirty-three years of service to older adults is truly a feat that could not have happened without the support of residents and their families, employees and our Board of Directors. These individuals make up the team that allows Kirby Pines to rank among the largest and more successful life care retirement communities in the country; and allows Kirby Pines to continuously be voted the Memphis Most! In fact, Kirby Pines is the only retirement community in the tristate area to have won the Memphis Most Award every year since its inception. We are so grateful for this blessing from the readers of the Commercial Appeal who continue to vote for Kirby Pines yearly.

To celebrate our thirty-third anniversary and the Lighting of the Lake ceremony, many employees will put forth the extra effort to ensure that residents and guests alike get special treatment on Saturday, September 10th. Each year a theme

and color are selected, and this year the theme is Blessed and the color is Aqua. Both the theme and color are certain to add a feeling of warmth within our hearts and a smile to everyone's face. The color aqua is said to bring balance to work, home and play and to have a healing quality that soothes our soul and creates an instant sense of home and belonging.

So make plans now to join us for this celebration! The food and company that follow the event is the start of another great year at Kirby Pines Estates.

"Within moments of being born, most babies receive the first four gifts of life: eye contact; a smile; a hug; and food. This is also the principle of hospitality for Kirby Pines Retirement Community"



Michael Escamilla,  
Executive Director,  
Kirby Pines

## ON THE PINECONE COVER

### Kirby Pines and Charlie Trammell - A Winning Combination

September is always a special month at Kirby Pines, mainly because it marks the anniversary of Kirby Pines - this being our 33rd - but this year is even bigger after being voted the Best Retirement Community in The Commercial Appeal

newspaper's annual Memphis Most competition for the 10th year in a row! A lot of our success is largely due to our tireless RCA President, Charles S. Trammell, Jr., who appears on our front cover and featured on Page 8.



On September 23, 1982, the ground breaking ceremony for Kirby Pines Estates was held on the 40-acre farm site for the newly proposed retirement community.

Kirby Pines Retirement Community  
is managed by:



Retirement Companies of America

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welcome to

# Kirby Pines



Lois Cloud

Born in New Orleans, Lois Cloud comes to Kirby Pines from her previous home in Slidell, Louisiana. She was married for 56 years to Tom Cloud and they had 2 sons, Chris and Rick. Tom passed away in 2013.

In 1960, the U. of Southern Mississippi awarded Tom a BS Degree in Math, and awarded Lois a BS Degree with a major in Speech and Hearing Therapy and a Minor in Psychology. While in college, Lois was a cheerleader, a member of Student Government, the Home Coming Court, and Who's Who of Students in U.S. Colleges. She was employed by the Escambia County (Pensacola) School System as a speech therapist. Tom's military service was with the U.S. Navy, based in Japan. Lois resigned her teaching position to join her husband in Hawaii. They lived in Hawaii, Japan, and Hong Kong. Tom and Lois returned to the States in 1973. Lois was employed by Colgate Palmolive in Sales; she also worked as a real estate agent, specializing in condos.

Honors for Tom include 2 Purple Hearts and several Medals from the Vietnam Government in recognition of his war record. Lois' interests include cooking, dancing, flower arrangement, and old movies. Music favorites are the 50's big band groups.

Lois is looking forward to meeting other residents of our retirement community and making new friends. We wish her well and welcome her to her new home.



Betty Moore

Betty is a life-long Memphian. She attended South Side High School in the 40's. She was a member of Boulevard Baptist Church where she met and married her late husband, Dr. James A. Moore. On his return from the Navy (WWII), Jimmy worked for Illinois Central Railroad. His dream was to become a doctor, which he did at U. of Tennessee with the help of the GI Bill and Betty's job as an X-ray technician and assistant. Betty and Jimmy were married for 60 years before his passing in 2009.

Once Jimmy settled into his medical practice, Betty retired, and they started their family. They had 3 children, and over the years, 4 grandchildren. During these years the family moved to Germantown and joined Germantown Baptist Church. In 1970, when her children were older, she was able to fulfill her desire to become a nurse. She entered St. Joseph School of Nursing, and graduated with the honor of salutatorian. Following a short period as an RN, Betty continued her studies at Memphis State University. For over 30 years she has been a volunteer, formerly at Methodist South Hospital and presently at Baptist Hospital-Collierville,

Her travels have been over most of the western states, Italy and England; cruises include Jamaica, Cozumel and Alaska. The Great Smoky Mountains, where she and Jimmy spent their honeymoon, have always been her first love. She enjoys tole painting, ceramics and golf. She favors operettas, and 40's and 50's music.



Ken & Carolin Thomason

A blended family, Kenneth (Ken) and Carolin Thomason come to us from their previous homes in Memphis (Ken) and Arlington, TN (Carolin). Married for 6 years, Carolin's family includes 3 children (1 deceased) and 8 grandchildren; Ken's family includes 2 children, 7 grandchildren, and 2 great grands.

Ken graduated from the Moler Barber College in 1950. With a degree of Master Barber, he established his business that emphasized a "niche" marketable skill of Barber-Stylist. During his 56 years in the trade, Ken owned 2 barber shops and, on retirement, continued to work for 11 years at Family of Hair. Ken served in the military, Seaman First Class in the U.S. Navy. His postings included the Great Lakes, California, Treasure Island, and Alameda 19th Fleet. Carolin attended Harding U. and Memphis State, graduating with a BA Degree in Elementary Education, and a MA Degree in Learning Disabilities and Emotional Disturbances. She worked for 45 years at Harding Academy, 15 of which she served as Principal.

Hobbies and interests for Ken include trout fishing and hosta gardening. Carolin has dabbled in all kinds of crafts, collected roosters and chickens (her collection is impressive), and loves to paint.

Welcome to Kirby Pines. We are pleased that you joined us. Your credentials and experience make you a natural 'fit' for our many special programs and groups.





# Take a Spin on Our NEW RECUMBENT BIKE!

The new TRUE CS900 recumbent bike is comfortable, smooth, and quiet. No stepping over the frame to reach the seat makes it perfect for seniors or those rehabbing. Recumbent bikes provide gentle exercise to improve muscle strength, flexibility, posture and balance.

A recumbent stationary bike provides a safe way to get a solid cardio workout; a good choice for weight loss. Always check with your doctor before incorporating a stationary bike into your exercise regimen.

**Features:** The new bike is equipped with a reclined seat position and a firm seat back with the wheel in front, not under the rider. This model comes with an easy-to-adjust seat and pedals with foot straps.

**Benefits:** Recumbent bikes work the abdominal, gluteal and hamstring muscles, helping to reduce lower back pain in a comfortable indoor climate. Riding a recumbent bike is a natural pain reliever and mood lifter due to the endorphins released during aerobic activity.

**Safety:** Recumbent stationary bikes are safe for most people when used properly. Riders need to take extreme caution upon boarding and exiting the recumbent bike. Skid-proof shoes (no sandals or slides) should be worn and feet need to stay inside the strap of the pedals while riding the bike. Remember to stay hydrated by drinking water before, during and after a cycling session. If you experience any pain, dizziness or other signs of discomfort while riding a recumbent bike, stop riding immediately and contact your doctor. Here are some more tips to help you avoid injury or discomfort:

**Adjust the seat.** When the pedal is at the lowest position, your leg should be almost, but not quite, straight. You shouldn't have to strain or rock your hips to pedal. Your knees shouldn't feel crunched when they're at the top of the pedal stroke. With a recumbent bike, you adjust the seat forward and back with front bar under seat and recline with lever on the left.

**Get to know the display panel.** The electronic display makes it easy to read and operate. The rider can easily change their resistance level on the electronic display (using up and down arrows) choosing from easy rides to challenging simulated uphill rides and everything in between with 30 levels. Begin pedaling to turn on the lighted display. (This model is self-generating: no plug) press GO to open settings. To work harder (simulates riding up hill) press up arrow to add resistance; down arrow for less.

**Adjust the pedal straps so that your feet feel snug** — but don't let the straps cut off your circulation. The foot straps make riding much more comfortable and efficient than pedaling without them.

**Don't pedal with just your toes** to avoid foot and calf cramps. Instead, press from the ball of your foot and through your heel as you pump downward on the pedal, and pull up with the top of your foot on the upstroke.

**Don't hunch over** to prevent neck pain keep your chest up, shoulders back and down, ears in line with your shoulders, and belly button drawn in. Avoid rocking from side to side, or clenching the handlebars.

Next time you are near the Oasis, come in and give the new bike a spin. *Reference: "for Dummies".com*



## Arthritis Foundation Walk With Ease Program Begins September 13 - Are You Ready?

Are you looking for a way to get back into a simple exercise program that you can keep up? Can you walk at least ten minutes? Walk With Ease offers support, information and tools to help you succeed. Walking has been proven to help with weight loss, stress control, increasing strength, balance, and walking pace, as well as reducing pain. Classes will begin September 13th meeting twice a week (Tuesdays and Thursdays) for nine weeks in the large card room at 1:30 pm. Mary Hand will lead the classes that begin with a short discussion covering topics related to exercise and arthritis, followed by a 10- to 40-minute walk that includes a warm-up and cool-down, stretches, and take home exercises that will build strength for walking. The program will include a guidebook and lots of surprises and special encouragements along the way. The Class is limited to 15 participants. Before starting any exercise program, always check with your physician.

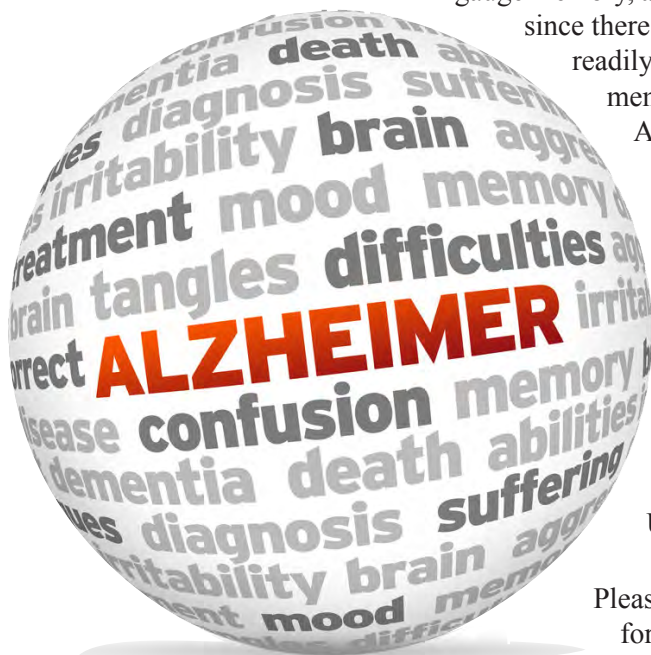
Alzheimer's disease is a progressive, degenerative disorder that attacks the brain's nerve cells, or neurons, resulting in loss of memory, thinking and language skills, and behavioral changes. These neurons, which produce the brain chemical, or neurotransmitter, acetylcholine, break connections with other nerve cells and ultimately die. For example, short-term memory fails when Alzheimer's disease first destroys nerve cells in the hippocampus, and language skills and judgment decline when neurons die in the cerebral cortex. Alzheimer's disease is the most common cause of dementia, or loss of intellectual function, among people aged 65 and older. Although every case of Alzheimer's disease is different, experts have identified common warning signs of the brain disease. Alzheimer's disease is not a normal part of aging, and it is important to look for signs that might indicate Alzheimer's disease versus basic forgetfulness.



With Alzheimer's disease, these systems gradually increase and become more persistent. If someone is exhibiting these symptoms, the person should check out his or her concerns with a healthcare professional. Awareness of these warnings is not a substitute for a structures screening or consultation with a primary care provider.

Typical warning signs include: Memory loss, especially of recent events, names, placement of objects, new information, confusion about time and place, and struggling to complete familiar actions, such as brushing teeth or getting dressed. Also trouble finding the appropriate words, completing sentences, and following directions and conversations are signs. There are changes in mood and personality, such as increased suspicion, rapid and persistent mood swings, withdrawal, and disinterest in usual activities.

Clinicians can now diagnose Alzheimer's disease with up to 90 percent accuracy. But it can only be confirmed by an autopsy, during which pathologists look for the disease's characteristic plaques and tangles in brain tissue. Clinicians can diagnose "probable" Alzheimer's disease by taking a complete medical history and conducting lab tests, a physical exam, brain scans and neuropsychological tests that gauge memory, attention, language skills and problem-solving abilities. Proper diagnosis is critical since there are dozens of other causes of memory problems. Some memory problems can be readily treated, such as those caused by vitamin deficiencies or thyroid problems. Other memory problems might result from causes that are not currently reversible, such as Alzheimer's disease. The sooner an accurate diagnosis of "probable" Alzheimer's disease is made, the easier it is to manage symptoms and plan for the future.



Alzheimer's disease typically progress over 2 to 20 years, and individuals live on average for 8 to 10 years from diagnosis. Individuals with Alzheimer's disease are likely to develop co-existing illnesses and most commonly die from pneumonia. Alzheimer's disease is among the top 10 leading causes of death in the U.S. It is estimated that as many as 5.1 million Americans may have Alzheimer's disease. The numbers of people age 65 and older will more than double between 2010 and 2050 to 88.5 million or 20 % of the population; likewise, those 85 and older will rise three-fold, to 19 million, according to the U.S. Census Bureau.

Please join our wellness coordinator Katie on September 12th in the PAC at 9:00 am for a more comprehensive inservice on this topic. Note the new time will be 9:00 am.



Enjoy a taste  
of Greece...



DIRECTOR OF DINING SERVICES  
MARK SIMPSON

DON'T MISS THE NEXT KIRBY PINES EVENING OF

# EXQUISITE CUISINE

For reservations please call 901.866.4444 THURSDAY, SEPTEMBER 22, 2016



## **Fasolada - (Bean Soup)**

*A rich and hearty soup made and thickened with beans, finished with fresh herbs and a touch of sour cream.*

## **Moussaka - (Eggplant Lasagna)**

*A traditional Greek dish, sautéed eggplant layered with cheese and ground beef for a unique taste.*

## **Marinated Grilled Lamb Chop with Beyaz Pilav and Havuc Plakisi (Lamb with Rice Pilaf and Braised Carrots)**

*A classic Greek combination, lamb chops marinated in olive oil, fresh cracked black pepper, garlic and red onions, grilled to perfection and served with rice pilaf and braised carrots.*

## **Baklava**

*The traditional Greek pastry with a slight twist!*



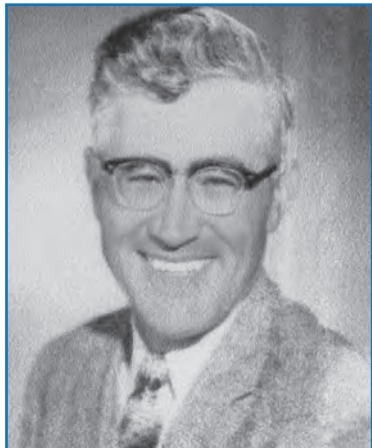


## Dunlap and Mary Louise Rose

WITH THIS RING I THEE WED  
AND PLEDGE MY TROTH

Dunlap and Mary Louise Rose – married in 1945, seriously in love. In their 71-year union, their mutual love, promise of fidelity and faithfulness never wavered. This is their story.

In 1944, Mary Louise Miller was 17 years old when she met 19 years old Dunlap Rose. She was active in the Colonial Dames Society and the Daughter of the American Revolution; and attended Mississippi State College for Women, majoring in chemistry and bacteriology; lab technologist was her goal. Dunlap attended Mississippi State U. and was awarded a BS Degree in Agriculture — his plans focused solely on large-scale farming.



Dunlap Rose



Mary Louise Miller

Mary Louise decided to enroll at Mississippi State U. for a summer course not available at the College for Women. She was housed in the Girl's Dormitory and, serendipitously, met Dunlap when he came to the dormitory to pick up his date. The girl did not show up, and Dunlap asked Mary Louise to go out with him instead. She did, but thought Dunlap was conceited. He was the modern day equivalent of Big Man on Campus, voted Mr. Mississippi State. He called her the next day to ask her out again but she turned him down (not wanting to appear to be “easy” (her word)). He didn't give up and love bloomed. They married in 1945. Dunlap chose not to use his pick up truck to take his new bride to New Orleans for their honeymoon; he borrowed a friend's 1938 Chevrolet and they arrived in style at the renowned Roosevelt Hotel. What was the initial attraction to each other? Dunlap recalls her corn silk hair that grabbed his attention. Mary Louise was drawn to his personality.

Dunlap focused on managing farm land owned by another. He borrowed money to buy farm equipment and managed 3,000 acres of cotton and soy beans in Tchula, MS. When the weather was good during the growing season, Dunlap made money; but 75% of that money went to the land owner; the remaining 25% was Dunlap's portion from which his debts and household expenses were paid. When the weather was bad (too much rain or an early freeze) crops rotted in the field and Dunlap lost money; but rent payments to the land owner had to be made nevertheless. They moved from Tchula to Inverness, MS and Dunlap was hired by a local land owner to manage his crops. In 1989, Dunlap decided that he had had enough of Mother Nature's fickle ways and he retired; in 1992, he and Mary Louise moved to the Kirby Pines Retirement Community. They were familiar with amenities provided at Kirby Pines, since relatives already lived there. Good food (no more need to cook), no yard to mow, no house keeping chores – exactly what they wanted. Many friends were made who bring them pleasure – they have a life of safety, ease, and comfort.

The lodestone of an enduring relationship rests on one's pledged troth; it is a spoken, not implied, promise; a commitment that one can “take to the bank”. For 71 years, Dunlap and Mary Louise have given each other love, respect, comfort, and joy in the company of their mate. Bless them.

- Jacqueline Besteman, Resident



Celebrating their 55th Anniversary at Kirby Pines



# CHARLIE TRAMMELL AND HIS LOVE FOR KIRBY PINES



Kirby Pines is celebrating a decade as Memphis Most #1 Retirement Community in the Mid-South! What makes this honor so meaningful is that the citizens of Memphis and surrounding areas cast their votes for each category of nominees. It's the People's Choice awarding Kirby Pines as the best community in which to retire for 10 consecutive years. It's only fitting that the man who developed and has managed Kirby Pines for 33 years is on our cover to help us celebrate.

Charles ("Charlie") S. Trammell, Jr., never expected to be a patriarch to over 600 residents and 300+ employees when he started his journey with Kirby Pines over 30 years ago. Yet, when he walks the halls of our beautiful community greeted with hugs, smiles, and sometimes tears and fears, that's exactly how so many people see him. "Mr. Trammell" or "Charlie", represents



Charlie at the first dinner at Kirby Pines

a person who cares deeply and personally for each individual he encounters. He often greets you with a big hug and a glowing smile. He seems to sense what you need that day and you know that if you need help or wisdom, he'll be firmly in your corner. He

is a security blanket and surrogate father for people of all walks of life and in many states throughout the U.S.

As the son of a Virginia Baptist preacher, Charles Spurgeon Trammell, Charlie learned at a young age what it meant to love and serve others tirelessly. As a young man, he started his professional career as the owner of a residential home building company that was noted for its quality construction and fast growth. The next step in his journey led him to J.C. Bradford where he

made maker as a trader in the stock market. From there, he was named President of Pancho's Mexican Foods where he oversaw all of the restaurants, fast food chains, and private label grocery products. After his tenure at Pancho's, Charlie was asked by Dr. James ("Jimmy") Latimer, founder and Chairman of Kirby Pines, to develop a retirement community called Kirby Pines Estates. After much prayer and deliberation, Charlie accepted the offer from Jimmy once he received clear confirmation from the Lord. He formed Retirement Communities of America, ("RCA") and began the work of developing Kirby Pines.

That was over 30 years ago and the rest is history. Many who have heard his story and who know him personally, feel Charlie's career experience in home building and construction, finance and investments, and food management was by divine design. This experience in these strategic areas of business, prepared him for his ultimate calling, "to care for countless lives over three decades at Kirby Pines". He is a giver by nature and his greatest professional achievement is the success of our wonderful community in which we love to call home. May the Lord bless us with another decade as the #1 Retirement Community in the Mid-South and thank you Charlie for dedicating your life to us. We love you and appreciate you each and every day!



Charlie and his parents, Charles, Sr. and Eva Christie, for whom the Chapel at Kirby Pines is named

## Congratulations employee of the month | Shelia Williams

Our employee of the month Shelia Williams has been a great addition to the Life Enhancement team here at Kirby. She is the coordinator in the Manor and Rehab. Shelia has a great attitude and takes pride in knowing her residents and what their individual personalities and needs are. She goes above and beyond to make sure her residents have the best quality of life.

- Cheryl Grimes, Life Enhancement Director





# CHAPLAIN'S CORNER

from Don Johnson, Kirby Pines Chaplain

## TOUCHING FIRST BASE

October 10, 1924, the World Series of Baseball featured the Washington Senators against the New York Giants. Each team had won three games. It was the bottom of the ninth inning in the seventh and final game of the series.

The first two batters for New York struck out. Tied at three runs each the third batter swung hard at a fast curve ball and missed. The second pitch was also missed. Deadly silence filled the ball park. All seemed lost! The series would go into extra innings. The third pitch came to the plate and was hit hard and long. The crowd was on its feet. It seemed like a homerun but the ball hit a light pole and bounced back into fair play.

The batter would probably only have a triple but the third base coach signaled him to try for home. The outfielder picked up the ball and threw it to the short stop who then turned and quickly threw it to the catcher. The runner pushed with all his strength to make home plate before the catcher caught the ball. In the cloud of dust at home plate it looked like the runner touched home plate just a second before the ball was in the catcher's mitt. The umpire rushed to confer with the other judges and then gave a signal that the runner was "out." Mayhem erupted.

Cries of "Kill The Umpire" filled the park. It seemed there might be a riot.

Then the umpire spoke into the park microphone and said, "The runner is out because he didn't touch first base!" In his haste the runner failed to step on first base.

Three more innings were played and in the twelfth, Washington scored and won the series, becoming the 1924 World Champions.

Evangelist Angel Martinez often told this story as an illustration of true Christianity. He likened "First Base" to "Salvation." That's where we have to start. Knowing God personally is the beginning of an eternal relationship. "Second Base" was "Church Membership." Affiliating with other Christians in a growing context of learning and fellowship is essential. Angel said "Third Base" was "Service." Not only what we get, but what we give is vastly important. In our service to God, there is "so much to do, so few to do it, and so little time to make it happen." And lastly, "Home Plate" is a focus on "Heaven." The future is bright. The provisions are great. The time ahead is enormous.

As in the 1924 World Series story if we miss touching First Base we're out! Nothing else will matter. John Henry Newman said, "Fear not that your life shall come to an end, but rather that it shall never have a beginning." So true! For all of us our life will have an end, whether sooner or later. But for some of us



we never begin life. We never touch "First Base." In haste we think we can make it without "Salvation." This was the purpose of Christ's Coming 2,000 years ago. "For God did not send His Son into the world to condemn the world, but that the world might be saved through Him." (John 3:17) "...the one who comes to Me I will by no means cast out." (John 6:37)

To think we can make Home Plate and Heaven while skipping First Base is insane. Just as there are rules in sports there are also rules in life. It's not just our breaking the rules, the rules will break us.

"First Base" can be touched today. Our relationship with God can start now! It's not what we might do for God, no matter how long or hard we try. It's receiving what He has done for us through Christ's Death and Resurrection.

Remember the words of Revelation 3:20, "Behold, I stand at the door and knock. If any man hears My voice and opens the door, I will come in to him..." God is knocking and calling. Open up today.

Till next time, Don Johnson, KP Chaplain



## September Vesper Services • 6:30pm • Performing Arts Center

September 1st

Dr. Joe Piercy  
Colonial United  
Methodist Church

September 8th

Barry Grider  
Forest Hill  
Church of Christ

September 15th

Rev. Ashley Ray  
Ridgeway  
Baptist Church

September 22nd

Rev. David Weatherly  
Covenant United  
Methodist Church

September 29th

Dr. Erin Cottos  
Physical Therapist Missionary  
Associated with Haiti Medical  
Mission of Memphis



# M E E T

# M E

# A T



## MOTHER'S DAY



**Saturday, September 3  
at 10:00 a.m. and 2:00 p.m.**  
*(2016) Cast: Jennifer Aniston,  
Kate Hudson, Julia Roberts*

Sandy is a stressed-out, single mom who learns that her ex-husband is marrying a younger woman. Her friend Jesse is a fitness freak who doesn't tell her parents that she has a family. Bradley is a widower who's trying to raise two daughters on his own, while Miranda is too busy with her career to worry about having children. When their respective problems start coming to a head, the Mother's Day holiday takes on a special meaning.

## SECRETARIAT



**Sunday, September 4  
at 1:30 p.m. and 4:00 p.m.**  
*(2010) Cast: Diane Lane,  
John Malkovich, Margo Martindale*

The highly fictionalized adaptation of the Secretariat story from Penny Tweedy's supposed lack of horse racing knowledge to the much overblown rivalry between Secretariat and his "nemesis" Sham. With the help of eccentric trainer but supreme horseman Lucien Laurin, this is the story of a Virginia horse taking racing by storm and making himself a household name while winning the first Triple Crown in 25 years in World Record time.



## LIBELED LADY



**Saturday, September 3 at 6:00 p.m.  
& Sunday, September 4 at 6:30 p.m.**  
*(1936) Cast: Jean Harlow,  
William Powell, Myrna Loy*

When a major newspaper accuses wealthy socialite Connie Allenbury of being a home-wrecker, and she files a multi-million-dollar libel lawsuit, the publication's frazzled head editor, Warren Haggerty, must find a way to turn the tables on her. Soon Haggerty's harried fiancée, Gladys Benton, and his dashing friend Bill Chandler are in on a scheme that aims to discredit Connie, with amusing and unexpected results.

## COOL RUNNINGS



**Saturday, September 10  
at 10:00 a.m. and 2:00 p.m.**  
*(1993) Cast: John Candy,  
Leon, Doug E. Doug*

When the Jamaican sprinter Derice Bannock is disqualified from the Olympic Games due to a silly accident, he envisions the chance to participate in bobsled modality. He meets the dishonored coach Irving Blitzer, who is living in the tropical country after two gold medals and elimination due to cheating, and convinces him to coach the first Jamaican Bobsled Team. They form a group with the push-cart driver Sanka Coffie, the sprinter Yul Brenner and the rich Junior Bevil and without any sponsor, fly to Calgary, Alberta, Canada to participate in the XV Olympic Winter Games.



## YOU'VE GOT MAIL



**Sunday, September 11  
at 1:30 p.m. and 4:00 p.m.**  
*(1998) Cast: Tom Hanks,  
Meg Ryan, Greg Kinnear*

Struggling boutique bookseller Kathleen Kelly hates Joe Fox, the owner of a corporate Foxbooks chain store that just moved in across the street. When they meet online, however, they begin an intense and anonymous Internet romance, oblivious of each other's true identity. Eventually Joe learns that the enchanting woman he's involved with is actually his business rival. He must now struggle to reconcile his real-life dislike for her with the cyber love he's come to feel.

## BRINGING UP BABY



**Saturday, September 10 at 6:00 p.m.  
& Sunday, September 11 at 6:30 p.m.**  
*(1938) Cast: Katherine Hepburn,  
Cary Grant, Charles Ruggles*

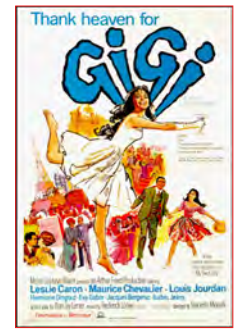
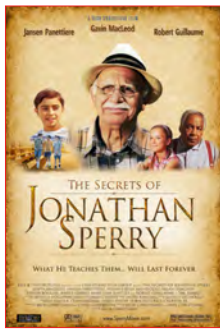
Zoologist David Huxley hopes to get a \$1 million donation for the Museum of Natural History and in the process meets the potential benefactor's niece, Susan Vance. David is engaged to his assistant Alice Swallow - he's getting married the next day - but that doesn't stop Susan who decides she has met her man. Susan and David are a study in opposites - he the serious, bookish scientist and she the madcap heiress. Mayhem ensues when a leopard Susan ordered as a gift for her aunt arrives and is then confused with a similar-looking but quite dangerous leopard that escapes while being transported from a local zoo. This is only the beginning of their day together as further mix-ups add to the hilarity.





# T H E

# M O V I E S



## THE SECRETS OF JONATHAN SPERRY



**Saturday, September 17 at 10:00 a.m. and 2:00 p.m.**

**(2008) Cast: Gavin MacLeod,**

**Jansen Panettiere, Robert Guillaume**

In 1970 a 75-year-old man named Jonathan Sperry starts mentoring three boys - Dustin, Albert, and Mark - to follow the Lord.

## MIRACLES FROM HEAVEN



**Sunday, September 18**

**at 1:30 and 4:00 p.m.**

**(2016) Cast: Jennifer Garner,**

**Kylie Rogers, Martin Henderson**

*Miracles From Heaven* is based on the incredible true story of the Beam family. When Christy discovers her 10-year-old daughter Anna has a rare, incurable disease, she becomes a ferocious advocate for her daughter's healing as she searches for a solution. After Anna has a freak accident, an extraordinary miracle unfolds in the wake of her dramatic rescue that leaves medical specialists mystified, her family restored and their community inspired.

## BALL OF FIRE



**Saturday, September 17 at 6:00 p.m. & Sunday, September 18 at 6:30 p.m.**

**(1941) Cast: Gary Cooper,**

**Barbara Stanwyck, Oskar Homolka**

Hoping to update his chapter on modern slang, encyclopedia writer Professor Bertram Potts ventures into a chic nightclub. Inside, he meets the snarky burlesque performer "Sugarpu" O'Shea. Fascinated by her command of

popular jargon, Potts invites her to stay with him. But, unknown to Potts, she is the fiancée of a mobster and wanted by the police. In the ensuing mayhem, Potts must stay on his toes or be swallowed up by bigger fish.

## EDDIE THE EAGLE



**Saturday, September 24**

**at 10:00 a.m. and 2:00 p.m.**

**(2016) Cast: Taron Egerton,**

**Hugh Jackman, Tom Costello**

Inspired by true events, *Eddie the Eagle* is a feel-good story about Michael "Eddie" Edwards, an unlikely but courageous British ski-jumper who never stopped believing in himself - even as an entire nation was counting him out. With the help of a rebellious and charismatic coach, Eddie takes on the establishment and wins the hearts of sports fans around the world by making an improbable and historic showing at the 1988 Calgary Winter Olympics.

## ON GOLDEN POND



**Sunday, September 25**

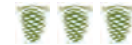
**at 1:30 and 4:00 p.m.**

**(1981) Cast: Katherine Hepburn,**

**Henry Fonda, Jane Fonda**

Cantankerous retiree Norman Thayer and his conciliatory wife, Ethel, spend summers at their New England vacation home on the shores of idyllic Golden Pond. This year, their adult daughter, Chelsea, visits with her new fiancée and his teenage son, Billy, on their way to Europe. After leaving Billy behind to bond with Norman, Chelsea returns, attempting to repair the long-strained relationship with her aging father before it's too late.

## GIGI



**Saturday, September 24 at 6:00 p.m. & Sunday, September 25 at 6:30 p.m.**

**(1958) Cast: Leslie Caron,**

**Maurice Chevalier, Louis Jourdan**

*Gigi* is a restless Parisian playboy who moves from one mistress to another, while also spending time with Gigi, a precocious younger friend learning the ways of high society. The platonic relationship between Gaston and Gigi changes, however, when she matures, but the possibility of something lasting seems unlikely since he won't commit to one woman. Gigi refuses to be anyone's mistress, however, and Gaston must choose between her and his carefree lifestyle.

## KIRBY PINES MOVIE RATING SYSTEM

= AVERAGE

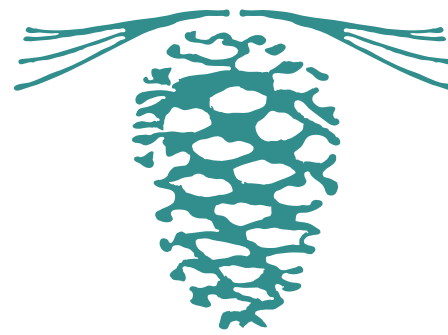
= GOOD

= EXCELLENT

= OUTSTANDING



# September 2016



## ABBREVIATIONS KEY

- Thtr - Theater
- FDR - Formal Dining Room
- PAC - Performing Arts Center
- BR - Billiard Room
- Trans - Transportation
- HS - Hobby Shop
- SCR - Small Card Room
- A & C - Arts & Crafts Room
- LCR - Large Card Room
- WC - Wellness Clinic

<p>8:00 am ● Church of Christ Service (Chapel) <b>4</b></p> <p>10:00 am ● Worship Service (PAC)</p> <p>12:45 pm ● <i>Playhouse on the Square presents Mamma Mia (Trans)</i></p> <p>1:30 pm ● Weekend Movie (Thtr)</p> <p>3:30 pm ● <i>Hymn Sing with Matthew (PAC)</i></p> <p>4:00 pm ● Weekend Movie (Thtr)</p> <p>6:30 pm ● Classic Movie (Thtr)</p>	<p>9:30 am ● Group Exercise (PAC) <b>5</b></p> <p>10:00 am ● Holiday Movie: My Fair Lady (Thtr)</p> <p>10:00 am ● First Monday Poetry Group (Chapel)</p> <p>10:00 am ● Focus on Color (A&amp;C)</p> <p>10:00 am ● Hobby Pines Group (Hobby Shop)</p> <p>10:30 am ● Billiard Group (BR)</p> <p>1:30 pm ● Game Play (LCR)</p> <p>2:00 pm ● Holiday Movie: My Fair Lady (Thtr)</p> <p>6:30 pm ● Bingo (PAC)</p>	<p>8:30 am ● Men's Water Aerobics (Pool) <b>6</b></p> <p>9:00 am ● Dr. Mike Abutineh (WC)</p> <p>9:30 am ● Basic Water Aerobics (Pool)</p> <p>11:00 am ● Arthritis Stand/Sit Class (A&amp;C)</p> <p>1:30 pm ● Beginners Line Dancing (PAC)</p> <p>2:30 pm ● Advanced Line Dancing (PAC)</p> <p>6:30 pm ● <i>Anniversary Dance with The Sturges Daily Band (PAC)</i></p>	<p>8:30 am ● Advanced Water Aerobics (Pool) <b>7</b></p> <p>9:30 am ● Group Exercise (PAC)</p> <p>10:00 am ● Catholic Services (Chapel)</p> <p>10:00 am ● Shuffleboard (PAC)</p> <p>10:00 am ● <i>Delta Fair Senior Day (Trans)</i></p> <p>10:00 am ● Kirby Pines Travelers Meeting (LCR)</p> <p>10:30 am ● Peach World Farmer's Market (Lobby)</p> <p>10:30 am ● Yoga Stretch (PAC)</p> <p>1:00 pm ● Needle Arts Group (A&amp;C)</p> <p>1:30 pm ● Game Play (LCR)</p> <p>1:30 pm ● Magnum PI: All Roads To Floyd (Thtr)</p> <p>2:00 pm ● Wii Bowling (LCR)</p> <p>6:30 pm ● Bridge (LCR)</p> <p>6:30 pm ● Magnum PI: All Roads To Floyd (Thtr)</p>	<p>8:30 am ● Men's Water Aerobics (Pool) <b>1</b></p> <p>9:30 am ● Basic Water Aerobics (Pool)</p> <p>10:00 am ● Kroger &amp; Banks (Trans)</p> <p>10:00 am ● Bible Study w/Dave Phillips (Chapel)</p> <p>10:30 am ● Magnum PI: Thicker Than Blood (Thtr)</p> <p>11:00 am ● Arthritis Stand/Sit Class (A&amp;C)</p> <p>1:00 pm ● Walmart &amp; Banks (Trans)</p> <p>1:00 pm ● Dr. Mike Abutineh (WC)</p> <p>1:30 pm ● Bunko (LCR)</p> <p>1:30 pm ● Magnum PI: Thicker Than Blood (Thtr)</p> <p>1:30 pm ● Beginners Line Dancing (PAC)</p> <p>2:30 pm ● Advanced Line Dancing (PAC)</p> <p>6:30 pm ● Vespers (PAC)</p>	<p>9:30 am ● Group Exercise (PAC) <b>2</b></p> <p>10:00 am ● Art with Class (A&amp;C)</p> <p>10:00 am ● Walmart &amp; Banks (Trans)</p> <p>10:30 am ● Planet Earth: Caves (Thtr)</p> <p>1:00 pm ● Superlo &amp; Bank (Trans)</p> <p>1:30 pm ● Planet Earth: Caves (Thtr)</p> <p>6:30 pm ● Bridge (LCR)</p> <p>6:30 pm ● <i>Nostalgia Live (PAC)</i></p>	<p>7:30 am ● Men's Christian Fellowship (Chapel) <b>3</b></p> <p>10:00 am ● Weekend Movie (Thtr)</p> <p>1:30 pm ● Game Play (LCR)</p> <p>1:30 pm ● Beginners Line Dancing (PAC)</p> <p>2:00 pm ● Weekend Movie (Thtr)</p> <p>2:30 pm ● Line Dancing (PAC)</p> <p>4:00 pm ● Shuffleboard (PAC)</p> <p>6:00 pm ● Classic Movie (Thtr)</p>
<p>8:00 am ● Church of Christ Service (Chapel) <b>11</b></p> <p>10:00 am ● Worship Service (PAC)</p> <p>1:30 pm ● Weekend Movie (Thtr)</p> <p>4:00 pm ● Weekend Movie (Thtr)</p> <p>6:30 pm ● Classic Movie (Thtr)</p>	<p>8:30 am ● Advanced Water Aerobics (Pool) <b>12</b></p> <p>9:00 am ● Smart Moves (PAC)</p> <p>9:30 am ● Alterations (A&amp;C)</p> <p>9:30 am ● Group Exercise (PAC)</p> <p>10:00 am ● Hobby Pines Group (Hobby Shop)</p> <p>10:30 am ● Billiard Group (BR)</p> <p>12:00 pm ● Kiwanis Meeting (FDR)</p> <p>1:30 pm ● Game Play (LCR)</p> <p>2:00 pm ● Tai Chi (LCR)</p> <p>6:30 pm ● Bingo (PAC)</p>	<p>8:30 am ● Men's Water Aerobics (Pool) <b>13</b></p> <p>9:00 am ● Dr. Mike Abutineh (WC)</p> <p>9:30 am ● Basic Water Aerobics (Pool)</p> <p>11:00 am ● Arthritis Stand/Sit Class (A&amp;C)</p> <p>1:30 pm ● Beginners Line Dancing (PAC)</p> <p>1:30 pm ● Walk with Ease (LCR)</p> <p>2:30 pm ● Advanced Line Dancing (PAC)</p> <p>6:30 pm ● <i>Birthday Concert with Brazil (PAC)</i></p>	<p>8:30 am ● Advanced Water Aerobics (Pool) <b>14</b></p> <p>9:30 am ● Group Exercise (PAC)</p> <p>10:00 am ● Memphis Hearing Ad (A&amp;C)</p> <p>10:00 am ● Catholic Service (Chapel)</p> <p>10:00 am ● Shuffleboard (PAC)</p> <p>10:00 am ● Peach World Farmer's Market (Lobby)</p> <p>10:30 am ● Garden Gro'ers Club (Greenhouse)</p> <p>10:30 am ● Yoga Stretch (PAC)</p> <p>12:15 am ● <i>Theatre Memphis Creative Aging Showcase (Trans)</i></p> <p>1:00 pm ● Needle Arts Group (A&amp;C)</p> <p>1:30 pm ● Game Play (LCR)</p> <p>2:00 pm ● Wii Bowling (LCR)</p> <p>6:30 pm ● Bridge (LCR)</p>	<p>8:30 am ● Men's Water Aerobics (Pool) <b>15</b></p> <p>9:30 am ● Basic Water Aerobics (Pool)</p> <p>10:00 am ● Kroger &amp; Banks (Trans)</p> <p>10:00 am ● Bible Study w/Dave Phillips (Chapel)</p> <p>10:00 am ● Arthritis Stand/Sit Class (A&amp;C)</p> <p>10:30 am ● Documentary: Race (Thtr)</p> <p>1:00 pm ● Walmart &amp; Banks (Trans)</p> <p>1:00 pm ● Dr. Mike Abutineh (WC)</p> <p>1:30 pm ● Bunko (LCR)</p> <p>1:30 pm ● Beginners Line Dancing (PAC)</p> <p>1:30 pm ● Walk with Ease (LCR)</p> <p>2:30 pm ● Advanced Line Dancing (PAC)</p> <p>2:30 pm ● Documentary: Race (Thtr)</p> <p>6:30 pm ● Vespers (PAC)</p> <p>6:30 pm ● <i>Theatre Mem: Beauty &amp; Beast (Trans)</i></p>	<p>9:30 am ● Group Exercise (PAC) <b>9</b></p> <p>9:30 am ● <i>Flag Raising Ceremony (Lobby)</i></p> <p>10:00 am ● Art with Class (A&amp;C)</p> <p>10:00 am ● Walmart &amp; Banks (Trans)</p> <p>11:00 am ● Oak Court Mall (Trans)</p> <p>1:00 pm ● Superlo &amp; Bank (Trans)</p> <p>6:00 pm ● <i>Piano Concert with Marilyn Duke (Lobby)</i></p> <p>6:30 pm ● Bridge (LCR)</p>	<p>7:30 am ● Men's Christian Fellowship (Chapel) <b>10</b></p> <p>10:00 am ● Weekend Movie (Thtr)</p> <p>10:30 am ● Bible Study "Thru the Bible" (Chapel)</p> <p>1:30 pm ● Game Play (LCR)</p> <p>1:30 pm ● Beginners Line Dancing (PAC)</p> <p>2:00 pm ● Weekend Movie (Thtr)</p> <p>2:30 pm ● Line Dancing (PAC)</p> <p>4:00 pm ● Shuffleboard (PAC)</p> <p>5:00 pm ● <i>Lighting of the Lake (Grounds)</i></p> <p>6:00 pm ● Classic Movie (Thtr)</p>
<p>8:00 am ● Church of Christ Service (Chapel) <b>18</b></p> <p>10:00 am ● Worship Service (PAC)</p> <p>1:30 pm ● Weekend Movie (Thtr)</p> <p>4:00 pm ● Weekend Movie (Thtr)</p> <p>6:30 pm ● Classic Movie (Thtr)</p>	<p>8:30 am ● Advanced Water Aerobics (Pool) <b>19</b></p> <p>9:00 am ● Smith Jewelers (SCR)</p> <p>9:30 am ● Group Exercise (PAC)</p> <p>10:00 am ● Focus on Color (A&amp;C)</p> <p>10:00 am ● Hobby Pines Group (Hobby Shop)</p> <p>10:30 am ● Billiard Group (BR)</p> <p>10:45 am ● Episcopal Eucharist (Chapel)</p> <p>11:00 am ● <i>Lunch Bunch @ Amerigo (Trans)</i></p> <p>1:30 pm ● Game Play (LCR)</p> <p>2:00 pm ● Tai Chi (LCR)</p> <p>6:30 pm ● Bingo (PAC)</p>	<p>8:30 am ● Men's Water Aerobics (Pool) <b>20</b></p> <p>9:00 am ● Dr. Mike Abutineh (WC)</p> <p>9:30 am ● Basic Water Aerobics (Pool)</p> <p>10:30 am ● NatGeo: Grand Canyon (Thtr)</p> <p>11:00 am ● Arthritis Stand/Sit Class (A&amp;C)</p> <p>1:30 pm ● Beginners Line Dancing (PAC)</p> <p>1:30 pm ● NatGeo: Grand Canyon (Thtr)</p> <p>1:30 pm ● Walk with Ease (LCR)</p> <p>2:30 pm ● Advanced Line Dancing (PAC)</p> <p>6:30 pm ● The Book Baggers (Chapel)</p>	<p>8:30 am ● Advanced Water Aerobics (Pool) <b>21</b></p> <p>9:30 am ● Group Exercise (PAC)</p> <p>10:00 am ● Catholic Service (Chapel)</p> <p>10:00 am ● Shuffleboard (PAC)</p> <p>10:30 am ● Peach World Farmer's Market (Lobby)</p> <p>10:30 am ● Yoga Stretch (PAC)</p> <p>1:00 pm ● Needle Arts Group (A&amp;C)</p> <p>1:30 pm ● Game Play (LCR)</p> <p>2:00 pm ● Wii Bowling (LCR)</p> <p>2:00 pm ● Virtual Tour (Thtr)</p> <p>6:30 pm ● Bridge (LCR)</p>	<p>8:30 am ● Men's Water Aerobics (Pool) <b>22</b></p> <p>9:30 am ● Basic Water Aerobics (Pool)</p> <p>10:00 am ● Bible Study w/Dave Phillips (Chapel)</p> <p>10:00 am ● Kroger &amp; Banks (Trans)</p> <p>11:00 am ● Arthritis Stand/Sit Class (A&amp;C)</p> <p>1:00 pm ● Walmart &amp; Banks (Trans)</p> <p>1:00 pm ● Dr. Mike Abutineh (WC)</p> <p>1:15 pm ● <i>Brook Museum Senior Tea &amp; Tour (Trans)</i></p> <p>1:30 pm ● Bunko (LCR)</p> <p>1:30 pm ● Beginners Line Dancing (PAC)</p> <p>1:30 pm ● Walk with Ease (LCR)</p> <p>2:30 pm ● Advanced Line Dancing (PAC)</p> <p>6:30 pm ● Vespers (PAC)</p>	<p>9:30 am ● Group Exercise (PAC) <b>16</b></p> <p>10:00 am ● Art with Class (A&amp;C)</p> <p>10:00 am ● Walmart &amp; Banks (Trans)</p> <p>10:30 am ● Magnum PI: Adelaide (Thtr)</p> <p>1:00 pm ● Superlo &amp; Bank (Trans)</p> <p>1:30 pm ● Magnum PI: Adelaide (Thtr)</p> <p>6:00 pm ● <i>Music with Vocalist Stephen White (Lobby)</i></p> <p>6:30 pm ● Bridge (LCR)</p>	<p>7:30 am ● Men's Christian Fellowship (Chapel) <b>17</b></p> <p>10:00 am ● Weekend Movie (Thtr)</p> <p>1:30 pm ● Game Play (LCR)</p> <p>1:30 pm ● Beginners Line Dancing (PAC)</p> <p>2:00 pm ● Weekend Movie (Thtr)</p> <p>2:30 pm ● Line Dancing (PAC)</p> <p>4:00 pm ● Shuffleboard (PAC)</p> <p>6:00 pm ● Classic Movie (Thtr)</p>
<p>8:00 am ● Church of Christ Service (Chapel) <b>25</b></p> <p>10:00 am ● Worship Service (PAC)</p> <p>1:30 pm ● Weekend Movie (Thtr)</p> <p>3:30 pm ● <i>Hymn Sing with Matthew (PAC)</i></p> <p>4:00 pm ● Weekend Movie (Thtr)</p> <p>6:30 pm ● Classic Movie (Thtr)</p>	<p>8:30 am ● Advanced Water Aerobics (Pool) <b>26</b></p> <p>9:30 am ● Alterations (A&amp;C)</p> <p>9:30 am ● Group Exercise (PAC)</p> <p>10:00 am ● Hobby Pines Group (Hobby Shop)</p> <p>10:30 am ● Billiard Group (BR)</p> <p>12:00 pm ● Kiwanis Meeting (FDR)</p> <p>1:30 pm ● Game Play (LCR)</p> <p>2:00 pm ● Tai Chi (LCR)</p> <p>6:30 pm ● Bingo (PAC)</p>	<p>8:30 am ● Men's Water Aerobics (Pool) <b>27</b></p> <p>9:00 am ● Dr. Mike Abutineh (WC)</p> <p>9:30 am ● Basic Water Aerobics (Pool)</p> <p>11:00 am ● Arthritis Stand/Sit Class (A&amp;C)</p> <p>1:30 pm ● Beginners Line Dancing (PAC)</p> <p>1:30 pm ● Movie: My Cousin Vinny (Thtr)</p> <p>2:00 pm ● Ladies Interdenominational Meeting "The Uplifters" (Chapel)</p> <p>2:30 pm ● Advanced Line Dancing (PAC)</p> <p>6:30 pm ● Movie: My Cousin Vinny (Thtr)</p>	<p>8:30 am ● Advanced Water Aerobics (Pool) <b>28</b></p> <p>9:30 am ● Group Exercise (PAC)</p> <p>10:00 am ● Catholic Service (Chapel)</p> <p>10:00 am ● Shuffleboard (PAC)</p> <p>10:30 am ● Peach World Farmer's Market (Lobby)</p> <p>10:30 am ● Yoga Stretch (PAC)</p> <p>1:00 pm ● Needle Arts Group (A&amp;C)</p> <p>1:30 pm ● Magnum PI: Don't Sat Goodbye (Thtr)</p> <p>1:30 pm ● Game Play (LCR)</p> <p>2:00 pm ● Wii Bowling (LCR)</p> <p>6:30 pm ● Bridge (LCR)</p> <p>6:30 pm ● Magnum PI: Don't Sat Goodbye (Thtr)</p>	<p>8:30 am ● Men's Water Aerobics (Pool) <b>29</b></p> <p>9:30 am ● Basic Water Aerobics (Pool)</p> <p>10:00 am ● Bible Study w/Dave Phillips (Chapel)</p> <p>10:00 am ● Kroger &amp; Banks (Trans)</p> <p>11:00 am ● Arthritis Stand/Sit Class (A&amp;C)</p> <p>1:00 pm ● Walmart &amp; Banks (Trans)</p> <p>1:00 pm ● Dr. Mike Abutineh (WC)</p> <p>1:30 pm ● Bunko (LCR)</p> <p>1:30 pm ● Beginners Line Dancing (PAC)</p> <p>1:30 pm ● Walk with Ease (LCR)</p> <p>2:30 pm ● Advanced Line Dancing (PAC)</p> <p>6:30 pm ● Vespers (PAC)</p>	<p>9:30 am ● Group Exercise (PAC) <b>23</b></p> <p>10:00 am ● Art with Class (A&amp;C)</p> <p>10:00 am ● Walmart &amp; Banks (Trans)</p> <p>10:30 am ● Planet Earth: Ice Worlds (Thtr)</p> <p>1:00 pm ● Superlo &amp; Bank (Trans)</p> <p>1:30 pm ● Planet Earth: Ice Worlds (Thtr)</p> <p>6:00 pm ● <i>The Matt Brewer Experience (PAC)</i></p> <p>6:30 pm ● Bridge (LCR)</p>	<p>7:30 am ● Men's Christian Fellowship (Chapel) <b>24</b></p> <p>10:00 am ● Weekend Movie (Thtr)</p> <p>1:30 pm ● Game Play (LCR)</p> <p>1:30 pm ● Beginners Line Dancing (PAC)</p> <p>2:00 pm ● Weekend Movie (Thtr)</p> <p>2:30 pm ● Line Dancing (PAC)</p> <p>4:00 pm ● Shuffleboard (PAC)</p> <p>6:00 pm ● Classic Movie (Thtr)</p>
<p>8:00 am ● Church of Christ Service (Chapel) <b>25</b></p> <p>10:00 am ● Worship Service (PAC)</p> <p>1:30 pm ● Weekend Movie (Thtr)</p> <p>3:30 pm ● <i>Hymn Sing with Matthew (PAC)</i></p> <p>4:00 pm ● Weekend Movie (Thtr)</p> <p>6:30 pm ● Classic Movie (Thtr)</p>	<p>8:30 am ● Advanced Water Aerobics (Pool) <b>26</b></p> <p>9:30 am ● Alterations (A&amp;C)</p> <p>9:30 am ● Group Exercise (PAC)</p> <p>10:00 am ● Hobby Pines Group (Hobby Shop)</p> <p>10:30 am ● Billiard Group (BR)</p> <p>12:00 pm ● Kiwanis Meeting (FDR)</p> <p>1:30 pm ● Game Play (LCR)</p> <p>2:00 pm ● Tai Chi (LCR)</p> <p>6:30 pm ● Bingo (PAC)</p>	<p>8:30 am ● Men's Water Aerobics (Pool) <b>27</b></p> <p>9:00 am ● Dr. Mike Abutineh (WC)</p> <p>9:30 am ● Basic Water Aerobics (Pool)</p> <p>11:00 am ● Arthritis Stand/Sit Class (A&amp;C)</p> <p>1:30 pm ● Beginners Line Dancing (PAC)</p> <p>1:30 pm ● Movie: My Cousin Vinny (Thtr)</p> <p>2:00 pm ● Ladies Interdenominational Meeting "The Uplifters" (Chapel)</p> <p>2:30 pm ● Advanced Line Dancing (PAC)</p> <p>6:30 pm ● Movie: My Cousin Vinny (Thtr)</p>	<p>8:30 am ● Advanced Water Aerobics (Pool) <b>28</b></p> <p>9:30 am ● Group Exercise (PAC)</p> <p>10:00 am ● Catholic Service (Chapel)</p> <p>10:00 am ● Shuffleboard (PAC)</p> <p>10:30 am ● Peach World Farmer's Market (Lobby)</p> <p>10:30 am ● Yoga Stretch (PAC)</p> <p>1:00 pm ● Needle Arts Group (A&amp;C)</p> <p>1:30 pm ● Magnum PI: Don't Sat Goodbye (Thtr)</p> <p>1:30 pm ● Game Play (LCR)</p> <p>2:00 pm ● Wii Bowling (LCR)</p> <p>6:30 pm ● Bridge (LCR)</p> <p>6:30 pm ● Magnum PI: Don't Sat Goodbye (Thtr)</p>	<p>8:30 am ● Men's Water Aerobics (Pool) <b>29</b></p> <p>9:30 am ● Basic Water Aerobics (Pool)</p> <p>10:00 am ● Bible Study w/Dave Phillips (Chapel)</p> <p>10:00 am ● Kroger &amp; Banks (Trans)</p> <p>11:00 am ● Arthritis Stand/Sit Class (A&amp;C)</p> <p>1:00 pm ● Walmart &amp; Banks (Trans)</p> <p>1:00 pm ● Dr. Mike Abutineh (WC)</p> <p>1:30 pm ● Bunko (LCR)</p> <p>1:30 pm ● Beginners Line Dancing (PAC)</p> <p>1:30 pm ● Walk with Ease (LCR)</p> <p>2:30 pm ● Advanced Line Dancing (PAC)</p> <p>6:30 pm ● Vespers (PAC)</p>	<p>9:30 am ● Group Exercise (PAC) <b>30</b></p> <p>10:00 am ● Art with Class (A&amp;C)</p> <p>10:00 am ● Walmart &amp; Banks (Trans)</p> <p>1:00 pm ● Superlo &amp; Bank (Trans)</p> <p>6:00 pm ● <i>Music with Gospel Group Redemmer's Call (Lobby)</i></p> <p>6:30 pm ● Bridge (LCR)</p>	



# Happy Birthday to You!

## Kirby Pines Residents

### Independent Living

Wanda Semsch	02
Bettie O Clemmons	04
Madonna H Langford	04
Val Reed	05
Janice E Schlotfeldt	06
Jan Thomson	06
Charlene B Wade	06
Ellie Bates	09
Genera J Smith	10
Carolyn Thomason	13
Carolyn Williford	13
Margaret Maxwell	14
Donald South	15
Charles Woods	15
Robert Heyman	17
Morgan Fowler	18
Mary Jane Monroe	19
Betty J Phillips	19
Lawrence Elder	20
Jennie Anderson	25
Clara Mae Francis	26
Kay Short	26
Bob Hyland	27

Carol White	27
Katherine Atkins	29
Dennis Renick	29
Carol S Yount	29
Martha Wilson	30

### Providence Place, The Villa, Gallery Manor & Job's Way

Reba L Williamson	02
Wanda F Lutz	03
Cherry S Ogan	03
Peggy S Latham	05
Martha B Sisterhen	05
Joe E Collier	10
Gladys Carter	15
Margaret C Wilborn	17
Bertyle Rutledge	19
Luther M Welch	22
Ruth Glason	27
Thomas R Willingham	27
Norman Hughes	29
Shirley M Spear	29
Dallas Robinson	30





# September 2016 EVENTS

## Sept 1: Group Bible Study with Dave Phillips

Join Germantown Church of Christ's Dave Phillips as he leads group Bible Study every Thursday at 10:00 am in the Chapel. Dave is a great teacher and speaker.

## Sept 1: Get Fit with Oasis Coordinator Mary Hand

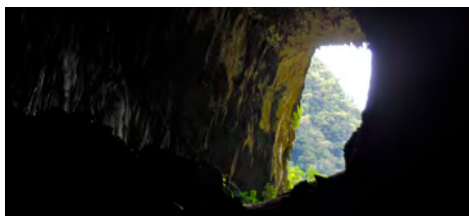
Advanced Water Aerobics classes will be held on Mondays & Wednesdays at 8:30 am. Basic and Beginning Water Aerobics is on Tuesdays & Thursdays at 9:30 am. Men's Water Aerobics is held on Tuesdays & Thursdays at 8:30 am. Arthritis Sit/Stand classes are on Tuesdays & Thursdays at 11:00 am in the Arts & Crafts Room.

## Sept 1: Magnum P.I.: Thicker Than Blood

T.C. makes a late-night flight to land on a tanker and is arrested on the journey back for transporting a Marine deserter. Magnum and Rick are certain of their friend's innocence and are shocked when he is willing to accept the charges. Determined to clear T.C.'s name, they soon discover that his secret flight brought back more than he had bargained for. Theater showtimes 10:30 am & 1:30 pm.

## Sept 2: Planet Earth: Caves

Deep in an undiscovered world, including both poisonous and flooded caves, we find astonishing crystals, cave angel fish; the five million bats of Deer Cave in Borneo; and tragloditic weird creatures, like the Texas cave salamanders that never see day light or ever set foot on the surface. Theater showtimes 10:30 am & 1:30 pm.



## Sept 2: Nostalgia Live

Enjoy an evening with "Nostalgia". Welcome back our favorite duo as they entertain us with a musical revue evoking memories through songs from the 1920's to the present. Friday, September 2 at 6:30 pm in the PAC.

## Sept 4: Playhouse on the Square: Mamma Mia

On a small Greek island, Sophie dreams of a perfect wedding — a dream that includes her father giving her away. The problem? Sophie doesn't know who he is! Sneaking a peek in her mother's old diaries, she discovers three possible fathers. She secretly invites all three to the wedding, convinced that she'll know her father when she sees him. But when all three turn up, it may not be as clear as she thought! We have bought group tickets for \$20.00. Call activities for tickets at 866-4414 and sign up in transportation. Bus will leave at 12:45 pm. This is a great production.



## Sept 4 & 25: Hymn Sing with Matthew

Join Matthew for song and worship on these two Sundays in the PAC at 3:30 pm.

## Sept 5: Focus on Color

Coloring books are incredibly simple, portable, easy to pick up and put down and a colored-in page takes up almost no space at all. So come to the Arts and Crafts Room the first and third Monday at 10:00am. In September it will be on the 5th and 19th. All you need to bring besides yourself is your coloring book and utensils to color with. Some of these supplies are offered for sale in the Blossom Shop. This has really taken off! Come enjoy the fellowship.

## Sept 5: First Monday Poetry Group

Come to listen; come to read; come to recite from memory. Share a favorite verse or two as others share their verse with you. Everyone is welcome. Check out "The Poet's Corner" on the post office bulletin board where a residential poet will be featured each month. We meet the first Monday of every month at 10:00 am in the Chapel.

## Sept 5: My Fair Lady

A misogynistic and snobbish phonetics professor agrees to a wager that he can take a flower girl and make her presentable in high society. Theater showtimes 10:00 am & 2:00 pm.

## Sept 5: Game Play Group

Like to play games? Bring your own to share or join in with someone already there! Meets in the Large Card Room every Monday, Wednesday and Saturday at 1:30 pm.

## Sept 5: Bingo Night

Join us for a fun filled evening of BINGO! Entry costs only \$1 per card, with an opportunity to win up to two prizes. Every Monday night at 6:30 pm in the PAC.

## Sept 6: Medical Director Dr. Mike Abutineh MD

Will be in the Wellness Clinic Tuesdays 9:00 am -12:00 pm. Thursdays 1:00-4:30 pm. Appointments required.

## Sept 6: Anniversary Dance with The Sturges Daily Band

This team of talented musicians has delighted audiences all over the U. S. and in the Bahamas. Let them take you on a journey through the decades from the 50's through the 80's with vintage rock and roll as well as country hits. If you appreciate hits like "Proud Mary", Elvis' "Don't Be Cruel" and "Can't Help Falling In Love", Merle Haggard's "Silver Wings", Eddy Arnold's and Jim Reeves' "Make The World Go Away", Oak Ridge Boy's "Elvira", or Patti Paige's "Tennessee Waltz", you'll love this band. Come enjoy the evening whether you are a dancer or not in the PAC at 6:30 pm.

## Sept 7: Delta Fair Senior Day

It's always fun at the Delta Fair! Senior American Day is Wednesday, September 7th. Free admission for ages 60 and up until noon. The MPD Peacemakers will be singing at 10:30 and Senior Talent Contest at 11:30am. The Annual Delta Fair Tea Dance will be from 1-3 with The Jim Mahannah Band. Sign up in transportation. Bus leaves at 10:00 am.

## Sept 7: KP Travelers Meeting

Calling all adventurous spirits! The Travelers will be meeting to discuss upcoming outings and trips for 2016/17. For the month of September we will be going downtown to The Belz Museum "Jade Museum" followed by lunch at Felicia Suzanne. The group meets on the first Wednesday of every month at 10:00 am in the Large Card Room. They are always interested in new ideas of places to go and things to do.



## Sept 7: Peach World Farmer's Market

Kirby Pines Farmers Market brought to you by Peach World will be in the Lobby every Wednesday from 10:30 am to 2:00 pm. I know we all can't wait for those homegrown tomatoes, peaches, peas and other wonderful fresh produce.

## Sept 7: Yoga Stretch

Yoga is known to have a wide range of benefits- maybe you're sleeping better or getting fewer colds, your balance is improving. If you have not yet joined this class come and see what benefits it might have for you. This is not advanced so don't worry about getting on the floor and not being able to get up. You will be sitting in a chair or standing. Class is every Wednesday at 10:30 am in the PAC.



## Sept 7: Virtual Wii Bowling

Come join the fun every Wednesday afternoon at 2:00 pm in the Large Card Room. No skill required. It is set up on the TV; all you have to do is check out the remotes from the Front Desk and return them whenever your game is over.

## Sept 7: Magnum P.I.: All Roads Lead To Floyd

A bubbly young woman hires Magnum to find her father who, after being missing for over ten years, had sent her a postcard from Hawaii. But her father is involved in some rather shady business, and Magnum isn't the only one looking for him. Theater showtimes 1:30 pm & 6:30 pm.

## Sept 9: Flag Raising Ceremony

Join us in the Lobby at 9:30 am for our 33 Anniversary Flag Raising Ceremony featuring the University of Memphis ROTC Color Guard.

## Sept 9: Music with Pianist Marilyn Duke

Our fabulous resident pianist Marilyn Duke will be back in the Lobby at 6:00 pm on Friday, September 9 to delight us with another one of her concerts!

## Sept 10: Through the Bible

"Through the Bible is an intense study of the Bible led by Gail Kommer, meeting the second Saturday of every month at 10:30 am in the Chapel. Class discussion encouraged. Join this group of ladies who enjoy learning about God's Word.

## Sept 10: Lighting of the Lake

Please join us for the 33rd Anniversary "Lighting of the Lake" Ceremony. Our theme this year is "Blessed" and the color is Aqua. The ceremony will start promptly at 5:00pm by the Lake. Our guest speaker will be John Vincent. Followed by the lighting of the torches and a rendition of Taps played by Nathan Wilensky. We will then adjourn to the Lobby and Dining Room for a reception featuring music from International pianist "Alex Ortega".

## Sept 12: Smart Moves

This month's topic is "Alzheimer's Disease" 9:00 am in PAC. Notice this is a new time. It has been changed permanently.

## Sept 12: Tai Chi

If you're looking for a way to reduce stress, consider tai chi (TIE-CHEE). Originally developed for self-defense, tai chi has evolved into a graceful form of exercise that's now used for stress reduction and a variety of other health conditions. Under the instruction of Sheila Raye, tai chi meets in PAC every Monday at 2:00 pm.

## Sept 13: Walk with Ease

Walk with Ease classes will begin September 13, meeting twice a week Tuesdays and Thursdays for nine weeks in the large card room at 1:30 pm. Last class is November 10.



## Sept 13: Birthday Night Concert with Brazil

Brazil will be here to entertain us on Birthday night with a style of music that can best be comprehended as soft and smooth. The ageless times of his music covers the decades giving him the opportunity to present his audiences a vast array of music and pleasure. Tuesday, September 13 at 6:30 pm in the PAC.

## Sept 14: Garden Gro'ers Club Meeting

Garden Gro'ers are planting fall vegetables which includes cabbage, greens of all kinds and tomatoes (Early Girl). We will assign pots for those who want to participate. The Plants will remain in the greenhouse for the fall. We will plant in the gardens as we clear the summer vegetables out. A special thanks to Sheryl Maxwell for cleaning spoiled fruit from the gardens. The watermelon party was a great success and the location of the secret garden remains unknown. Come on down to the Greenhouse every 2nd Wednesday at 10:30 am and dig in! Contact Dr. Charles Parrott with questions at 795-4394.



## Sept 14: Memphis Hearing Aid Service

On the second Wednesday of every month, at 10:00 am in the Arts & Crafts room, Dr. Rena C Booth will be offering: Free Hearing Evaluation, Free Hearing Aid Consultation, Free Hearing Aid Clean, Check, and Adjustment. Please call 682-1529 for more information or to schedule a visit.

## Sept 14: Creative Aging Showcase

The New Ballet of Memphis will dance to the Creative Aging musicians Don of Strings featuring the gypsy jazz of violinist Heather Trussell, bassist Sam Shoup and guitarist Joe Restive who will musically transport the audience to the cafes' and streets of the 1940's. Tickets are \$5.00 at the door. Sign up in transportation. Bus leaves at 12:15 pm.

## Sept 15: Documentary: Race

While Hitler saw the 1936 Berlin Olympics as an opportunity to demonstrate Aryan supremacy, one African-American man -- Jess Owens -- shattered that dream with a display of athleticism that resulted in four gold medals. This film tells his story. Theater showtimes 10:30 am & 2:30 pm.



## Sept 15: Theatre Memphis: Beauty and the Beast

This exuberant, classic story tells of a prince transformed into a hideous beast as punishment for his cruel and selfish ways and of an adventurous young woman whom he imprisons in his castle. He must win her love to regain his humanity. Call box office for tickets @ 682-8323. Sign up in transportation, bus leaves at 6:30 pm.



## Sept 16: Travel Group Outing

Enjoy a day out starting at the Belz Exhibit: Jade Museum & Judaic Art. The Museum has also opened their Holocaust Memorial Gallery. This trip you will have your own audio headphones so you can go at your own pace and visit the areas you find most interesting. The admission is \$5.00. After we have reservations at one of downtown fabulous restaurants, Felicia Suzanne, they are only open for lunch on Fridays and change their menu daily, as they use all local farmers for their produce. Sign up in transportation. Bus leaves at 10:00 am. If you have any questions call Pat Watson at 491-2014.

## Sept 16: Magnum P.I.: Adelaide

A woman hires Magnum to protect "Norman", who is facing kidnap unless she pays a ransom, but the case has some unexpected turns when Magnum finds that her uncle is an old Vietnam comrade who is against him being hired, and that Norman is none other than a prized racehorse. Theater showtimes 10:30 & 1:30 pm.

## Sept 16: Music with Vocalist Stephen White

Join Stephen White accompanied by his wife Deb to hear some of your favorite tunes. Friday in the Lobby at 6:00 pm.

## Sept 19: Lunch Bunch @ Amerigo

Amerigo is a casual, energetic, affordable neighborhood Italian restaurant serving a blend of traditional and modern Italian cuisine. Authentic pastas, hand-made pizzas, fresh seafood and wood-fired steaks offer something for everyone at Amerigo.

Our restaurant is warm and inviting, with friendly yet professional service. Sign up in transportation. Bus leaves at 11:00 am.

## Sept 20: The Book Baggers

Whether you read or would like to hear about books being discussed, come and check us out. This is a great way to expand your horizons. This month's read will be "In the Garden of Beasts: Love, Terror, and an American Family in Hitler's Berlin" by Erik Larson. The Book Baggers will be meeting Tuesday, September 20 this month in the Chapel at 6:30 pm.

## Sept 23: NatGeo: Grand Canyon

Join a scientific expedition along the 277 miles of the Grand Canyon with this fascinating National Geographic special. Along the way, you'll experience hazardous rapids and explore some of the canyon's enduring mysteries. The scientists search for new evidence about how and when the canyon was formed, why its mountain lions continue to be plagued by a deadly disease, why the majestic California Condor nearly became extinct, and more. Theater showtimes 1:30 & 6:30 pm.



## Sept 21: Virtual Field Trip

Join us in the Movie Theater as we go on a Virtual Field Trip. Where ever we go you will be able to see your tour guide live and they can see you. The destination will be announced closer to the time to enable the creators to send us to the most interesting places. The journey begins at 2:00 pm. in the Movie Theater. Watch your bulletin boards for details.

## Sept 22: Brooks Museum Senior Tea and Tour

Enjoy a leisurely tour of the museum's collection of Renaissance and Baroque art, followed by tea and treats in the museum's Terrace Room. Entry Fee is \$3.00 at the door. Sign up in transportation. Bus leaves at 1:15 pm.

## Sept 23: Planet Earth: Ice Worlds

The advance and retreat of polar ice is the real challenge to life. As the sea freezes in Antarctica, all animals flee except for

the Emperor Penguin. Meanwhile, in the Arctic, the polar bear's forced to swim vast distances and take on one of the deadliest adversaries on the planet. Theater showtimes 10:30 am & 1:30 pm.



## Sept 23: The Matt Barber Experience

Join one of our great out of town performers Matt Barber as he performs the classics from 40s, 50s, 60s and beyond. Friday September 23 at 6:00 pm in the Performing Arts Center.

## Sept 27: Ladies Interdenominational Circle "The Uplifters"

The Uplifters Circle is a nondenominational group of women dedicated to missions, prayer and Bible study. All are welcome, come to the Chapel at 2:00 pm to join in fellowship with this wonderful group of ladies every fourth Tuesday of the month.

## Sept 27: My Cousin Vinny

New York lawyer Vinny has never won a case. When his teenage cousin Bill and his friend Stan are accused of murder in a backwater Alabama town, it's up to the nervous Vinny to save him from jail, even though Vinny has only ever tried personal injury cases before, and none of them successfully. Theater showtimes 1:30 pm and 6:30 pm.

## Sept 28: Magnum P.I.: Don't Say Goodbye

Magnum's services are once again called upon by Agatha Kimball after she has been contacted by a blackmailer claiming to have some important information about her granddaughter, Amy, but a botched money drop has Magnum thinking they're in far worse trouble than he's been led to believe. Theater showtimes 1:30 pm & 6:30 pm.

## Sept 30: Southern Gospel: Redeemer's Call

Join us to hear this wonderful Gospel Quartet from Redeemer Church, "Redeemers Call". One of the members is our own resident Joan Hayne's daughter, Sandy. Join us Friday at 6:00 pm in the Lobby.

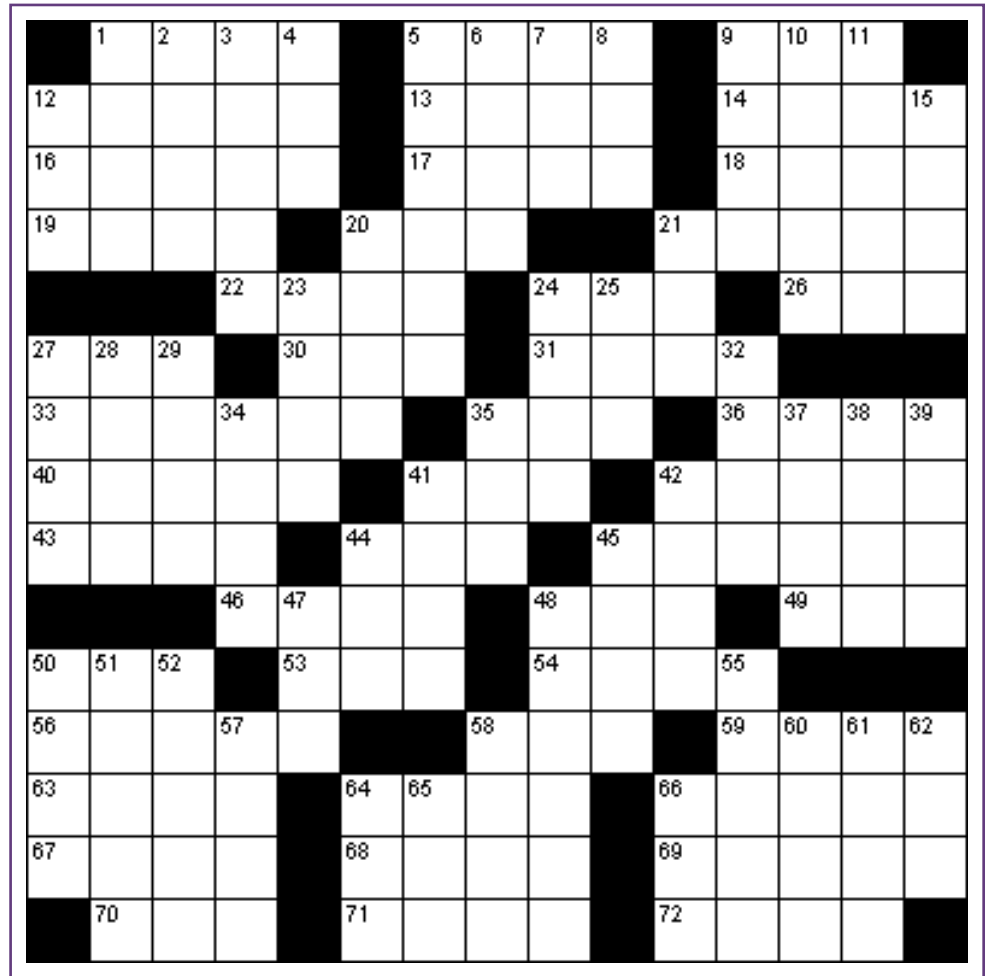


## ACROSS

1. Discover
5. Saloons
9. Expanse of water
12. Beverage made from apples
13. Absent without leave, initially
14. Optical instrument
16. Narrow street
17. Lively
18. Impulse
19. Clear unwanted plants
20. Attempt
21. Bay window
22. Wild plum
24. Constrictor
26. Fairy
27. Feline
30. Tavern
31. Flat float
33. Suitable for cultivation
35. Spoil
36. Catch sight of
40. Reimburse
41. Insect
42. Paved area
43. Overtake
44. Humor
45. Security
46. Cachet
48. Quantity of money
49. What person?
50. Rim
53. Cereal grass seed
54. Cooperative unit
56. Broadcasting sign
58. Cooking vessel
59. Aquatint
63. Patois
64. Malevolence
66. Hawaiian greeting
67. Leg joint
68. Equal in amount or value
69. Send payment for
70. Tree
71. Acute
72. Castle tower

## DOWN

1. Rasp
2. Not working
3. Requirements
4. Ironic
5. Providing no shelter
6. Not present
7. Mythical bird of prey
8. Cunning
9. Disparaging remark
10. Spooky
11. World's highest Falls
12. Corvine sound
15. Ego
20. Voice quality
21. Lout
23. Flowering plant
24. Hillside (Scottish)
25. Paddle
27. Cavil
28. Region
29. Military lights out signal
32. Rend
34. Lowest singing voice
35. Encountered
37. Cook slowly in liquid
38. Marrow
39. Toy (see photo for hint)
41. Digestive juice
42. Wildcat
44. Manner



45. Edible fat
47. Make a mistake
48. Pilfered
50. Security device
51. Asinine
52. Jury
55. Noisy fight
57. Detail
58. Freshwater fish
60. Large book
61. Gambling token
62. Chapeau
64. Moose
65. Compete
66. Biblical boat



*Puzzle Solutions - page 21*





# KIRBY PINES SnapShots



Everett Porter and his wife Lucy celebrate their first anniversary with a romantic dinner at Paulette's



Martha Wilson enjoyed lunch at the Bistro with her daughter-in-law Sally and great-granddaughter Hartley



Shirley Anderson reprised the role of the Alley Cat in the show



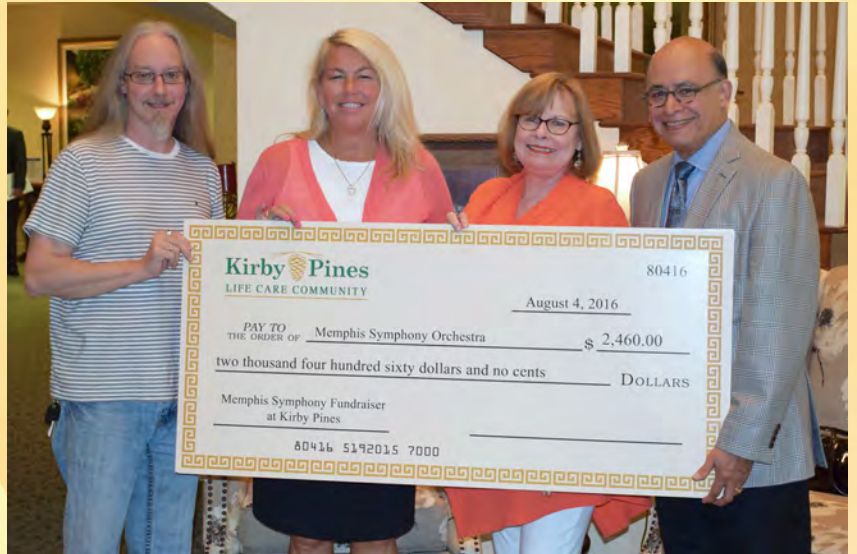
The Rhythm Band was back on the stage in August for their program "Bye, Bye, Blues, Be Happy"



Alice Juengling AKA (Miss America) waves to the crowd during the program



Clara Mae Francis pictured here with her great nephew Basil Alter, who was here playing with the Jerald Walker Symphony



Executive Director, Michael Escamilla and Life Enhancement Director, Cheryl Grimes presented Douglas Mase and Vicki Kirchoff with a check raised by the Residents of Kirby Pines for the Memphis Symphony





# KIRBY PINES SnapShots



Carol Odom had a big crowd for her birthday lunch which included her husband Bill, residents from Kirby and friends from out of town



Sydney Wagner celebrated her birthday with husband Shelton, their daughter-in-law Lisa, son Allen and grandchildren Harper, Hannah and Hayden



Robert Wernet had a great birthday with wife Joy, Don Cook, Don Hobart and Don's Daughter Irene



Marsha Greiner and Georgia Harkins celebrate their August Birthdays



The Garden Home Gang was there to celebrate Bettye Speake's Birthday, the joke of the evening was that Bettye was late to her own birthday party because of a work glitch





# KIRBY PINES SnapShots



August is watermelon month! Here Jane Holmgrain enjoys a piece, ice cold!



Iris Emery won 1st place in the ladies category of the watermelon seed spitting contest, here with last year's winner Pat Mitchell



Berry Terry samples the melon and saved his seeds before the contest. He won 1st place in the men's category



The Garden Gro'ers enjoyed the fruit of their labors at their August meeting in the Gazebo



Etta Hodges, Lee Brown and Sydney Wagner enjoy the new trend of Adult Coloring books in their Focus on Color group



Janice Collier is excited to try out the new recumbent bicycle in The Oasis. Stop by and try it for yourself!



Mary Scott and Jan Thomson take a minute from their bridge game to have their picture taken



Faye Betts celebrated her birthday with friend, Liz Collier



# Memorials, Honorariums & Gifts

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Donation by Kirby Pines  
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In Honor Of

**DR. CHARLES PARROTT**

Donation by Ed Weaver  
to the Hobby Shop

Donation by Sue Elder  
to the Hobby Shop

Donation by Earl Priest  
to the Hobby Shop

Gifts To

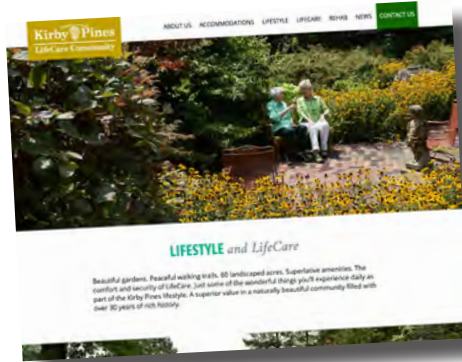
**THE HOBBY SHOP**

Donation by Betty G. Moore

Donation by R.B. Peterson



# HAVE YOU BEEN TO THE WEBSITE?



Welcome to the new look of Kirby Pines! If you haven't had the chance to check it out, we updated our website this year!

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# GIANT CROSSWORD

ANSWERS  
TO PUZZLE  
CHALLENGE  
ON PAGE 17



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### DONATIONS

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### FOR MORE INFORMATION

Contact Thomas O'Malley at 901-568-0643 or email: [tomalley@kirbypines.com](mailto:tomalley@kirbypines.com)



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