

the PINECONE

The Magazine of Kirby Pines Retirement Community • April 2017 | V. 35 | I. 04



**KIRBY
PINES**
*Celebrates
Lent at Calvary
Episcopal Church*

**IRIS
EMERY**
Giving Praise

Spring Is Here at Kirby Pines

April means fun times at Kirby Pines. The month starts off with April Fool's Day, and while not everyone appreciates a good joke, laughter is a good way to get out of the winter blahs. Immediately following, on April 2nd, is National Peanut Butter and Jelly Day. I don't know about you, but this in itself sounds like an April Fool's Day leftover. Well, it's not. There is actually a day set aside to remind everyone of this childhood treat and of the nutritional value of this simple sandwich. No need to worry, I am certain that Chef Mark will not have this on the April Brunch menu.

If you are anxious to get out and enjoy the spring weather, then join the Kirby Garden Gro'ers as they celebrate National Gardening Week April 10th -16th. Already in full swing, the group is busy planting in the greenhouse and preparing their garden plots. Then on April 15, come out and celebrate the early arrival of Peter Cottontail at our annual Easter Egg Hunt. This event is a real treat for grand and great-grandchildren. Check in with Cheryl Grimes for more details on this fun event.

This year, the IRS is giving us all some extra time to file our income tax. Normally due April 15th, the due date this year is April 18th, because the 15th falls on a Saturday. This allows each of us time to relax and enjoy Easter festivities with friends and family.

Then early in May, Wednesday the 3rd, make plans now to attend the first of Creative Aging's Senior Arts Series programs at Theatre Memphis. Ron Jewell portrays America's greatest humorist, Mark Twain, with a musical performance by celebrated vocalist Joyce Cobb. This repeat performance is a must see.

Happy Easter, everyone.



Michael Escamilla,
*Executive Director,
Kirby Pines*

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is managed by:



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*Electronic version of The Pinecone
is available at www.kirbypines.com*

ON THE PINECONE COVER

Kirby Pines Residents Continue To Explore Memphis



Calvary Church Lenten Luncheon Series

Our Kirby Pines residents continue to get out and explore Memphis by discovering new places and experiencing unique things only our city has to offer.

Each month offers many opportunities to leave the Kirby Campus to enjoy a great meal, tour an iconic building, see a show, hear live music or take in a ball game. With the help of Life Enhancement Director, Cheryl Grimes, our wonderful Transportation Department and the input from our residents, there is always an opportunity to try something different with friends old and new.

Our front cover shows a joyful Iris Emery, who attended Calvary Episcopal Church's Lenten Preaching Series, followed by lunch at Calvary's own Waffle Shop. Our back cover has new resident, Barbara Logan, taking in the whimsical decor at The Beauty Shop in midtown, while dining with the Lunch Bunch from Kirby.

Make sure you check out this month's calendar to see the variety of activities available to you to enjoy.



The Lunch Bunch at The Beauty Shop

welcome to

Kirby Pines



Doris Bently

Doris Bently, or Dot, the name her friends call her, moved to Kirby Pines Retirement Community from her home of 14 years in Cordova. She is the proud mother of her son, Tim Lawman. Tim, his wife Laura, and their two children were very instrumental in finding Kirby Pines and helping her make the move.

Dot was born in Belton, South Carolina. She graduated from Lander College in 1954 with a BA degree in Education. After graduating, Doris taught science for 31 years in the Greenville County School System.

Traveling is especially high on Dot's list of favorite things to do. She is always ready for a South Carolina trip to visit relatives or to have a reunion with friends. She has been on a Caribbean cruise and she has a lot of good memories of her Hawaii trip. Dot's childhood included big family gatherings at Sunset Beach, North Carolina and holiday celebrations.

She also enjoys reading, bridge, card games, movies and college sports. Her favorite teams are Clemson and Auburn.

Welcome, Dot! Kirby Pines is so happy you have chosen our retirement community. We wish you the best and look forward to getting to know you.

All new resident bios are written by Paggy Gatlin, Kirby Pines Resident



Karris Robinson

Karris Robinson comes to Kirby Pines from Bucks County, Pennsylvania. Married to the late Brian Robinson for 25 years, she has two children and five grandchildren. She moved to Kirby Pines to be near her children in the Memphis area.

Karris attended Bucks County Community College, majoring in medical secretarial science. Then, she worked in the medical field for 15 years at Wood River Village as Director of Personal Care. Later she worked as a special needs assistant for ten years in the Neshaminy School District.

Her hobbies and interests include reading, old movies and TV shows, swimming, crafts and collecting cookbooks as well as antiques. Also, she may find a few sports fans who root for her favorite teams (East Carolina Pirates, Dallas Cowboys and the New York Yankees).

Her favorite holiday is Thanksgiving and she surely will love the way we celebrate holidays here at Kirby. She has many fond childhood memories of her Dad's Lionel trains and family birthday parties in her God-mother's back yard.

Welcome, Karris. Many Kirby Pines' residents will look forward to meeting someone described by friends as "sassy". We're glad you're here.



Ray & Margaret Tanner

Married for 58 years, Raymond and Margaret Tanner moved to Kirby Pines from their previous home in Memphis. They are the proud parents of three children.

After attending Memphis State College, Vanderbilt and UCLA, Raymond received his PHD from UCLA. He was a professor at The University of Tennessee in his field as a medical physicist for 34 years. Margaret was a student at Memphis State College and Vanderbilt. She received her RN degree from The Baptist School of Nursing in 1956 and went to work for The Shelby County Health Department as a nurse.

Raymond's interests include wood turnings, reading, TV and public speaking. Margaret enjoys sewing as well as reading and watching TV. The Tanners have traveled throughout the world, including Europe, Russia, China, Australia, USA, and Ecuador.

They continue their active lives collecting wood turnings, China and plants. Margaret plays tennis and Raymond enjoys handball. They also enjoy walking, going to movies and listening to their favorite music.

Kirby Pines welcomes this interesting and well traveled couple. If you see them around, give them a friendly hello and welcome them to their new home.



Advanced Water Aerobics
Monday & Wednesday
8:30 am-9:30 am in the Pool

Exercise in the PAC
Monday, Wednesday & Friday
9:30 am in the PAC

Tai Chi
Monday
2:00 pm in the PAC

Yoga Stretch
Wednesday
10:30 am in the PAC

Men's Only Water Aerobics
Tuesday & Thursday
8:30 am - 9:15 am in the Pool

**Arthritis Foundation
Water Aerobics**
Tuesday & Thursday
9:30 am - 10:15 am in the Pool

**Arthritis Foundation
Sit/Stand Class**
Tuesday & Thursday
11:00 am - 11:45 am in the PAC

Working Out **THROUGH PAIN** | BY CAMILLE NOE PAGÁN

Learn when to keep moving through exercise pain and when to stop.

Exercise is crucial if you have arthritis. But knowing just how much activity to do when you're hurting can be tricky. Research shows that moderate activity can help prevent the progression of arthritis and improve overall function. But while mild muscle soreness after a workout is normal, sharp pain during or immediately after can signal injury. And sometimes simply the fear of pain can keep you from wanting to do any kind of exercise. Here's how to determine when it's OK to work through exercise pain – and when it's not.

If you have mild to moderate pain in a specific joint area before you work out: Some mild pain is typical when you first start to move, but after a few minutes you'll usually start to feel better, says A. Lynn Millar, PhD, a professor of physical therapy at Winston Salem State University. "Our joints and muscles get nutrition through movement," she explains. "With some movement, you'll improve the lubrication and circulation around that joint." Start with some gentle range of motion movements and if that feels OK, progress to some low-impact activity like walking.

If you have moderate to severe pain in a specific joint area before you work out: Focus on a different area for a day or two. If your knees hurt, decrease the intensity. If the pain becomes worse, then stop the lower body moves and work your upper body instead. "Continuing to put pressure on a joint when it's especially sore could contribute to joint damage, so it's best to ease up for a while," says physical therapist Richard Kassler, supervisor at New York University Hospital for Joint Diseases.

If you have moderate to severe joint pain during exercise: Stop immediately. "Most people with arthritis can work through mild pain safely. But if you're experiencing a lot of pain while you exercise, even if you're not doing a particularly joint-taxing workout, it may be a sign that you have inflammation in the joint, or even joint damage that requires treatment," says Kassler.

If you consistently have joint pain (not muscle pain) after exercise: Switch to a workout that puts less pressure on your joints. "If you need an elaborate brace or have to pop ibuprofen constantly, it's a pretty good sign that your activity is too hard on your joints. Swimming, water aerobics and biking are all good options for people with joint pain.

If you occasionally have moderate to severe joint pain the day after you work out: Cut back on the intensity of your workout. Dr. O'Dell suggests taking a day off, then doing a shorter, less strenuous workout. If your pain still doesn't let up, switch to a less intense form of exercise, such as trading your elliptical workout for water aerobics.

Our Arthritis Foundation exercise classes in the pool and in the PAC are good for everyone whether they have arthritis or not. Please consider joining us. See the schedule for times and places.

WE COMPLETED THE APPALACHIAN TRAIL

Congratulations to everyone who turned in their steps for our Walk Across America Program. We traveled the entire Appalachian Trail, 2189 miles. Our grand total for 50 participants was over 2900 miles.

Gene Wainscott contributed 500 miles and our next high mileage hikers were Jody Sosh, Jim Stanley, and Joyce Matlock. Check out our bulletin board in the Oasis to see our map and photos!





“An Active Mind Cannot Exist In An Inactive Body”.

-George S. Patton



As we get older, the deterioration of the mind and body is unavoidable. It's just part of the aging process. Some people, however, experience more severe symptoms of aging than others do. No matter how healthy your body is, your mind can still begin to have those “senior moments.” If you want to keep your mind healthy as you age, you have to keep it active. For seniors, staying active can not only help to prolong life, but it can offer a better quality of life as well. With exercise, the two go hand-in-hand. Whether you want to become more physically active or more mentally active, staying active, in general, will help both your body and mind feel energized and engaged.

Here are a couple ways to keep your mind and body active. **Move your body.** As mentioned before, exercising is not only good for your body but for your mind as well. Exercise is a social activity for many, especially with all of the group exercises that are provided. This helps one stay motivated and engaged in the activity. Exercise also improves your mood by releasing mood-boosting endorphins, which can help lessen the feelings of depression. Exercise increases mental capacity, and physical activity has been directly linked to slowing the process of mental decline. When you are physically active, every part of your body, including the brain, receives more blood flow. Blood flow encourages cell growth. Exercise also improves healing. The healing process takes longer as we age, but exercise can help. Active adults have wounds that heal as much as 25 percent faster than those who do not exercise.

Eat well. Proper nutrition is incredibly important for seniors, for both physical and mental health. If you're not eating enough of the proper vitamins and minerals, the lack of nutrients can affect brain functioning. If you're not eating enough calories, you will have less energy with which to use your body and brain. Make sure you eat well – healthy and regularly. **Engage your senses.** Using all of your senses really helps exercise your brain in a variety of different ways, so try to use all your senses as much as possible. Stop to smell the flowers – literally – or try to pick out the ingredients of food by their smell.

Keep learning. You're never too old to learn. Learning new things will help keep your mind active and sharp. **Challenge your brain.** Challenging your brain is extremely important to keeping a sharp mind. Instead of just learning, you should also be challenging yourself to exercise your knowledge and problem-solving skills. **Sleep well.** For people at any age, sleep is essential for proper mental functioning. Be sure to get enough sleep at night, and make sure it's quality sleep, too.

As you can see, there are plenty of simple ways to keep your mind and body active. It is interesting to know that the body and mind go hand and hand. Now as you exercise or do any of the activities above you know that you are keeping your mind and body active.

Please join us April 19th at 1:30 pm in the PAC for our Smart Moves presentation on this topic.



DIRECTOR OF DINING SERVICES
MARK SIMPSON

Enjoy a taste of Europe...

DON'T MISS THE NEXT KIRBY PINES EVENING OF

EXQUISITE CUISINE

For reservations please call 901.866.4444 **THURSDAY, APRIL 27, 2017**



Watercress Soup - (England)

Traditional peppery soup, thickened with potatoes and finished with a dollop of sour cream.

Spanish "Flight" - (Spain)

A trip through Spain in a plate! Serrano ham fritters, marinated grilled lamb chop, and a grilled fig.

Beef Wellington - (France)

The Traditional masterpiece. Filet Mignon wrapped in a light and flaky puff pastry and a thin layer of mushroom to hold it all together. Served with white truffle mashed potatoes and sautéed baby vegetables.

Tiramisu - (Italy)

A modern twist on the all-time classic. Mascarpone cheese, coffee flavor and ladyfingers team up to form a light and airy dessert that finishes a delicious meal.



Sheryl Maxwell

LEARNING BY DISCOVERY

Sheryl A. DeMarcus was born in Denver, Colorado on August 16, 1943. Her mother Nina was a homemaker and her father, Keith, worked in the personnel department at the Bureau of Reclamation, which manages water in the western region of the US.

As a freshman at Colorado State College (now known as University of Northern Colorado), she met her husband, sophomore Mark Dial Maxwell, in a calculus class. She graduated with a Bachelor's Degree in Math Education; he with a Bachelor's in Physics. The two married in August of 1965. They have three sons: Brent, who works for GE Digital in Cupertino, California and married to Karen; Scott, who works for Amazon.com in Seattle, Washington; Kyle, who is a civil engineer in Memphis, is married to Kathryn and has two children, Lillian age 6 and Rosemary age 3.

After graduation in 1966, Sheryl attempted to get a job teaching high school math, a job for which she was qualified. However, at that time, most math teachers were men who also were employed as coaches, so she had to take a 7th grade math job and learn how to teach this younger group of kids. She kept this job for three years. During this time, Mark joined the Air Force, was stationed at Lackland AFB and received a degree in Meteorology from Texas A&M. In 1971 he was sent to Vietnam as part of the 101st Airborne Division near the DMZ. Mark continued his military career for 23 years, causing the family to relocate every two to three years.

From 1980-83, Mark was stationed at Ramstein AFB in Germany, where Sheryl was able to teach college level math and earned enough money to travel around Europe. Even the kids delivered newspapers on base for their spending money. They went to London, Italy, East

Germany, Denmark and Austria where they learned to ski! They even bought a Volvo that they bought at the plant in Sweden.

After returning to the states, Mark was stationed at Offutt AFB, and Sheryl decided to get her Master's Degree in Math Education at the University of Nebraska-Omaha, where she also taught, until Mark got transferred to Langley AFB in Newport News, Virginia. She then took a job teaching at Christopher Newport College, but could only teach for three years there, without a PhD. Sheryl then taught beginning calculus for a year at William and Mary. From there she decided it was time to get her PhD. Unfortunately, the closest place to achieve this was 145 miles away at the University of Virginia in Charlottesville. So she spent the next two and a half years commuting back and forth, three days there, four days at home, until she received her doctorate in Math Education in 1994 at age 50. Mark had retired with the rank of Lt. Colonel, and Sheryl took a job at The University of Memphis.

During their move to Memphis, Sheryl was diagnosed with ovarian cancer, and received chemotherapy throughout the summer of '94, and started teaching in September at U of M that same year. That year was difficult, but she persevered and is now cancer free. Sheryl was tenured in 1998 and she remained on the faculty at the University of Memphis, College of Education for 14 years, retiring as an Associate Professor of Mathematics Education in 2008.

While at Memphis, Sheryl was Principal Investigator (PI) of 4 Eisenhower Title II Grants, Co-PI of a Teacher Quality Grant, and Co-PI of a National Science Foundation Grant. These grants ranged from math topics of rational numbers, geometry, and algebra to encouraging high school girls to take more math and science courses to expand career options. She presented more than 60 mathematics and/or education-oriented topics at national, state and local conferences in the US. She was President of the University of Memphis Faculty Senate in 2005-06 and earned Associate Professor Emeritus status in 2009. She was President of the U of M Association of Retirees (UMARs) from 2012-13 and is still active in that group. She served two years as the President of the Research Council on Mathematics Learning and received the 2015 UMAR's Traces Award for exemplifying the concept of remaining active in scholarly and/or civic pursuits into retirement.

After all of her accomplishments, I asked her what now? She said she went back to sewing, knitting and crocheting. She and Mark both play handbells (she can play four in hand). She started playing piano at four, and violin at eight. She has dabbled at painting and poetry and volunteers in the Blossom Shop two hours a week. She makes purses, and has quite the green thumb. She is involved in two book clubs. She and Mark try to walk every morning.

I finally had to ask her if there was anything she couldn't do? Her reply, "I can't swim".



THE PIGNA: TREASURE OF THE VATICAN



The Pigna at The Vatican



Pope Francis' Pinecone staff



The Castel St. Angelo



The Cortile della Pigna

Publius Cincius Slavius, whose name appears on the base of the sculpture, built the Pinecone statue that now resides in the Court of the Pinecone (Cortile della Pigna) in the Vatican, in the 1st century AD. The piece was originally a fountain that resided in the Temple of Isis in Campo Martius next to the Pantheon. The Pinecone was then moved to the hall of St Peter's Basilica in the 8th century. In 1608, when St Peter's was being enlarged to its present form the Pinecone was moved to its current location by Pope Paul V.

The pinecone carries a heavy symbolism in Christianity supposedly being the fruit of the tree of knowledge in the Garden of Eden. It represents eternal life and enlightenment and the literal biblical translation is "the face of God". The pineal gland in the brain (named for its similar shape) is the geometric centre of the brain and is considered the third eye or the seat of the soul. The Pope's staff features a pinecone symbolising the illumination of the church. The symbolism of the pinecone is similar in many religions and was obviously absorbed by the Christians like many other aspects of the Greco-Roman and Egyptian religions. The fact that it stood in the Temple of Isis (a goddess revered by the early Christians as the Virgin Mary and often used as a disguise in the days of persecution) explains the reason behind the reverence of this sculpture.

The peacocks at the base of the Pinecone are the Christian symbol of eternal life. This, added to the symbolism of the shedding of the feathers and replacing them with brighter ones, alludes to the resurrection of Christ. The eyes on the tail feathers were also seen as the all-seeing eyes of God. The bronze peacocks, however, were not part of the original sculpture but are thought to be originally taken from Hadrian's mausoleum (now Rome's fortress, the Castel St. Angelo).

Thus as a whole the Pinecone is meant to be a symbolic fountain of life. Even in its present form the symbolism still points to the Pinecone as an emblem of renewal in the Eternal City.

MEET AUTHOR BREN McCLAIN



JOIN THE BOOK BAGGERS

**TUESDAY,
APRIL 25TH**

**9:30 AM IN THE
LARGE CARD ROOM**

**WHERE SHE WILL BE
DISCUSSING HER BOOK**

**ONE GOOD
MAMA BONE**

**ALL ARE INVITED TO
THIS SPECIAL EVENT!**

Congratulations

employee of the month | Gracie Hsiung

Fen-Hsiang Hsiung, aka Gracie, is the hardest worker we have and always has a pleasant attitude and a smile on her face. She knows exactly what the residents want and need many times before they even know! Gracie is an absolute asset to the Dietary Department.

- Mark Simpson, Director of Dining Services



CHAPLAIN'S CORNER

from Don Johnson, Kirby Pines Chaplain

THE SEVEN LAST WORDS

“Father, forgive them for they know not what they do... Verily I say unto you, Today you shall be with me in Paradise... Woman, behold your Son! Behold your Mother... My God, My God, why have you forsaken me?... I thirst... It is finished... Father, into your hands I commend my spirit.”

A word of forgiveness for an ignorant crowd.
A word of assurance for a dying thief.
A word of provision for a grieving mother.
A word of wonderment for a Heavenly Father.
A word of physical need for the tending soldiers.
A word of victory for both the seen and unseen spectators to Calvary.
A word of committal for the God whose presence was now nearer than life.

These were the Savior's last words from that darkened hill of death, the skull shaped place of crucifixion known as Golgotha. The hammer's clang, the thunder's roar, the shrieking mob, the taunting soldiers--all had slipped into silence as Calvary once more became empty and quiet.

Quite naturally the instigators of this day of infamy could think that they had hushed forever the simple Carpenter of Nazareth. But that voice, though briefly silenced in death, was to be heard again. In victory and power Christ came back from the dead to live again...to live forever...and to give such life to all who would believe in Him.

Then He spoke to His followers and said, “All power is given unto me in heaven and in earth. Go therefore and teach all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Spirit, teaching them to observe all things whatsoever, I have commanded you; and lo, I am with you

always, even unto the end of the world.”¹

And He promised, “...you shall receive power, after that the Holy Spirit is come upon you: and you shall be witnesses unto me both in Jerusalem, and in all Judea, and in Samaria, and unto the uttermost part of the earth.”² “And if I go...I will come again.”³

The Savior's last words are for us today. More than ever before we must listen to His voice. We must allow Him to speak, and then unhesitatingly we must do His will. Like Samuel we must respond, “Speak Lord, for your servant hears.”⁴

Like Isaiah, we must reply, “Here am I Lord, send me.”⁵

Above everything “see that you refuse not him that speaketh.”⁶

With His Word of challenge and commission ringing in our hearts, and with the promise of His Presence and power, let's commit ourselves anew to His Lordship in life, and become dynamic witnesses unto “the uttermost part of the earth.”

Then we shall one day hear His words of reward, “Well done, good and faithful servant, you have been faithful over a few things, I will make you ruler over many things: enter into the joy of your Lord.”⁷

Till next time, Don Johnson, KP Chaplain

(Bible references: ¹ Matthew 28:18-20; ² Acts 1:8; ³ John 14:3; ⁴ I Samuel 3:9; ⁵ Isaiah 6:8; ⁶ Hebrews 12:25; ⁷ Matthew 25:21)

April Vesper Services • 6:30pm • Performing Arts Center

April 6th

Larry McKenzie
Church of Christ

April 13th

Dr John Tucker
Graceview Presbyterian Church

April 20th

Dr. Jimmy Latimer
Redeemer Evangelical Church

April 27th

Redeemer's Call
Gospel Quartet

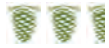
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THE CONFIRMATION



Saturday, April 1
at 10:00 am and 2:00 pm
(2016) Cast: Clive Owen,

Jeaden Lieberher, Maria Bello

Eight year old Anthony is uneasy about spending the weekend with his alcoholic, down-on-his-luck carpenter dad Walt. Walt is just as uneasy about spending time with Anthony, especially since their first day together is a series of characteristically unfortunate events, including the theft of his toolbox, which he needs for an upcoming job. As the two set out to find who stole the tools, they begin to discover a true connection with one another and bond as a family.

WE BOUGHT A ZOO



Sunday, April 2

at 1:30 pm and 4:00 pm

(2011) Cast: Scarlett Johansson,

Matt Damon, Thomas Haden Church

Following his wife's untimely death, Los Angeles journalist Benjamin Mee decides to make a fresh start by quitting his job and moving his children to an 18-acre property containing the Rosemoor Wildlife Park. Though closed for years, Rosemoor is still home to many animals, cared for by Kelly Foster and her small staff. Mee opens his heart and his checkbook as he, Kelly and the others work to renovate and reopen the zoo.

THAT TOUCH OF MINK



Saturday, April 1 at 6:00 pm &

Sunday, April 2 at 6:30 pm

(1962) Cast: Cary Grant,

Doris Day, Gig Young

Cathy Timberlake is an old fashioned

country girl who meets the man of her dreams, Philip Shayne, after his Rolls Royce splashes her with mud on her way to a job interview. Philip is a romantic businessman who is taken by Cathy's honest heart. There's one problem, he's not interested in marriage while Cathy has never thought of anything else.

FENCES



Saturday, April 8

at 10:00 am and 2:00 pm

(2016) Cast: Denzel Washington,

Viola Davis, Stephen Henderson

Troy Maxson makes his living as a sanitation worker in 1950s Pittsburgh. Maxson once dreamed of becoming a professional baseball player, but was deemed too old when the major leagues began admitting black athletes. Bitter over his missed opportunity, Troy creates further tension in his family when he squashes his son's chance to meet a college football recruiter.

THAT OLD FEELING



Sunday, April 9

at 1:30 pm and 4:00 pm

(1997) Cast: Bette Midler,

Dennis Farina, Paula Marshall

Molly De Mora is getting married, with her beau being Keith Marks, a political hopeful who is running on a family values platform. Molly invites her now-divorced parents, Lilly and Dan, to the ceremony, only to see them rekindle their romance despite the fact both are remarried. Fearing a tabloid scandal that could damage Keith's candidacy, Molly sets out to stop them, but the pair have run off and aren't so easily tracked.

SINGING IN THE RAIN



Saturday, April 8 at 6:00 pm

& Sunday, April 9 at 6:30 pm

(1952) Cast: Gene Kelly,

Debbie Reynolds, Donald O'Connor

A spoof of the turmoil that afflicted the movie industry in the late 1920s when movies went from silent to sound. When two silent movie stars', Don Lockwood and Lina Lamont, latest movie is made into a musical a chorus girl is brought in to dub Lina's speaking and singing. Don is on top of the world until Lina finds out.

OUT OF AFRICA



Saturday, April 15

at 10:00 am and 2:00 pm

(1985) Cast: Meryl Streep,

Robert Redford, Klaus Brandauer

In 20th-century colonial Kenya, a Danish baroness/plantation owner has a passionate love affair with a free-spirited big-game hunter.

THE YOUNG MESSIAH



Sunday, April 16

at 1:30 pm and 4:00 pm

(2016) Cast: Adam Greaves-Neal,

Vincent Walsh, Sara Lazzaro

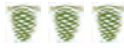
Mary, Joseph and 7-year-old Jesus embark on a journey from Egypt to Nazareth after the young boy miraculously brings someone back to life. When King Herod orders the death of the child, Roman centurion Severus starts to pursue the family across the desert. As Mary and Joseph worry about his safety, Jesus' natural curiosity allows him to understand more about the world and his remarkable powers.

T H E

M O V I E S



EASTER PARADE



**Saturday, April 15 at 6:00 pm &
Sunday, April 16 at 6:30 pm**
(1948) *Cast: Judy Garland,
Fred Astaire, Ann Miller*

In this lavish musical, Broadway star Don Hewes' dancing partner goes solo, and Don declares that he can make a hit performer out of the next dancer he sees. This turns out to be the inexperienced Hannah, who bristles as Don tries to make her into his old partner. But as he realizes that he is falling in love with Hannah, Don knows that he must let her grow into her own kind of dancer if he wants her to reach her full potential.

BLIND DATE



**Saturday, April 22
at 10:00 am and 2:00 pm**
(1987) *Cast: Bruce Willis,
Kim Basinger, John Larroquette*

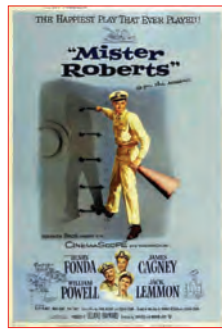
When bachelor Walter Davis is set up with his sister-in-law's pretty cousin, Nadia Gates, a seemingly average blind date turns into a chaotic night on the town. Walter's brother, Ted, tells him not to let Nadia drink alcohol, but he dismisses the warning, and her behavior gets increasingly wild. Walter and Nadia's numerous incidents are made even worse as her former lover David relentlessly follows them around town.

PETE'S DRAGON



**Sunday, April 23
at 1:30 pm and 4:00 pm**
(2016) *Cast: Bryce Dallas Howard,
Robert Redford, Oakes Fegley*

After his parents are killed in a car accident, a young boy named Pete finds



MR. ROBERTS



**Saturday, April 22 at 6:00 pm &
Sunday, April 23 at 6:30 pm**
(1955) *Cast: Henry Fonda,
Jack Lemmon, James Cagney*

Bittersweet film about a supply officer aboard a decrepit cargo ship during World War II who yearns for a transfer into a combat zone but is thwarted by the ship's captain, a petty tyrant. Forced to endure various humiliations in exchange for privileges, the crew engage in minor acts of resistance, and look to Mr. Roberts for inspiration and moral support. Based on the hit Broadway play.

DEEP WATER HORIZON

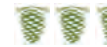


**Saturday, April 29
at 10:00 am and 2:00 pm**
(2016) *Cast: Mark Wahlberg,
Kurt Russell, Douglas M. Griffin*

On April 20, 2010, the Deepwater Horizon drilling rig explodes in the Gulf of Mexico, igniting a massive fireball that kills several crew members. Chief electronics technician Mike Williams and his colleagues find themselves fighting for survival as the heat and the flames become stifling and overwhelming. Banding together, the co-workers must use their wits to make it out alive amid all the chaos.



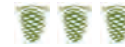
LOVE FINDS YOU IN VALENTINE



**Sunday, April 30
at 1:30 pm and 4:00 pm**
(2016) *Cast: Michaela McManus,
Diogo Morgado, Hunter Cross*

Kennedy Blaine, a Californian girl, inherits a ranch in the small town of Valentine in Nebraska. Before she sells the property, she decides to spend the summer in her house and learn more about her family.

MARNIE



**Saturday, April 29 at 6:00 pm &
Sunday, April 30 at 6:30 pm**
(1964) *Cast: Tippi Hedren,
Sean Connery, Diane Baker*

Mark Rutland is a customer of one Mr. Strutt, whose business was robbed by his secretary, the mysterious Marnie Edgar. When Marnie applies for a job with Mark, with the intention of stealing from him, Mark -- who is obsessively in love with her -- blackmails her into marrying him. However, he soon discovers that she has severe psychological issues regarding men, thunderstorms and the color red, and resolves to help her come to terms with her past trauma.

KIRBY PINES MOVIE RATING SYSTEM

-  = AVERAGE
-  = GOOD
-  = EXCELLENT
-  = OUTSTANDING

April 2017

ABBREVIATIONS KEY

- Thtr - Theater
- FDR - Formal Dining Room
- PAC - Performing Arts Center
- BR - Billiard Room
- Trans - Transportation
- HS - Hobby Shop
- SCR - Small Card Room
- A & C - Arts & Crafts Room
- LCR - Large Card Room
- WC - Wellness Clinic



MARK YOUR CALENDAR FOR MAY 4TH

WE WILL BE OBSERVING THE NATIONAL DAY OF PRAYER AT KIRBY PINES ON THURSDAY, MAY 4, 2017 WITH TWO PRAYER SERVICES.

At 10:00 am, Dave Phillips, Pastor of Germantown Church of Christ will be leading a prayer service in the Performing Arts Center.

At 6:30 pm, Rev. Buck Morton, Regional Coordinator for the National Day of Prayer will lead a service in the Performing Arts Center, in lieu of Vespers.

MAKE PLANS TO ATTEND THESE SERVICES AS WE PRAY FOR AMERICA.

8:00 am ● Church of Christ Service (Chapel) **2**
 10:00 am ● Worship Service (PAC)
 1:30 pm ● Weekend Movie (Thtr)
 3:30 pm ● *Hymn Sing with Matthew Brewer (Lobby)*
 4:00 pm ● Weekend Movie (Thtr)
 6:30 pm ● Classic Movie (Thtr)

8:30 am ● Advanced Water Aerobics (Pool) **3**
 9:00 am ● Smith Jewelers (SCR)
 9:30 am ● Group Exercise (PAC)
 10:00 am ● First Monday Poetry Group (Ante)
 10:00 am ● Focus on Color (A&C)
 10:00 am ● Hobby Pines Group (Hobby Shop)
 10:30 am ● Billiard Group (BR)
 1:30 pm ● Game Play (LCR)
 1:30 pm ● Magnum PI: Texas Lightning (Thtr)
 2:00 pm ● Tai Chi (PAC)
 6:30 pm ● Bingo (PAC)

8:30 am ● Men's Water Aerobics (Pool) **4**
 9:00 am ● Dr. Mike Abutineh (WC)
 9:30 am ● Basic Water Aerobics (Pool)
 10:00 am ● Duplicate Bridge (Ante)
 11:00 am ● Arthritis Sit/Stand Class (PAC)
 1:30 pm ● Bunko (LCR)
 1:30 pm ● Beginners Line Dancing (PAC)
 1:30 pm ● Walk with Ease (A&C)
 1:30 pm ● Movie: Unstoppable (Thtr)
 2:30 pm ● Advanced Line Dancing (PAC)
 6:30 pm ● Movie: Unstoppable (Thtr)

8:30 am ● Advanced Water Aerobics (Pool) **5**
 9:30 am ● Group Exercise (PAC)
 10:00 am ● Catholic Services (Chapel)
 10:00 am ● Kirby Pines Travelers Meeting (LCR)
 10:00 am ● Shuffleboard (PAC)
 10:30 am ● Yoga Stretch (PAC)
 11:00 am ● *Calvary Church Lenten Lunch (Trans)*
 1:00 pm ● Needle Arts Group (A&C)
 1:30 pm ● Game Play (LCR)
 1:30 pm ● Movie: Ghost Town (Thtr)
 2:00 pm ● Wii Bowling (LCR)
 6:30 pm ● Bridge (LCR)
 6:30 pm ● Movie: Ghost Town (Thtr)

8:30 am ● Men's Water Aerobics (Pool) **6**
 9:30 am ● Basic Water Aerobics (Pool)
 10:00 am ● Kroger & Banks (Trans)
 10:00 am ● Bible Study w/Dave Phillips (Chapel)
 11:00 am ● Arthritis Sit/Stand Class (PAC)
 1:00 pm ● Walmart & Banks (Trans)
 1:00 pm ● Dr. Mike Abutineh (WC)
 1:30 pm ● Beginners Line Dancing (PAC)
 1:30 pm ● Walk with Ease (A&C)
 2:30 pm ● Advanced Line Dancing (PAC)
 6:30 pm ● Vespers

9:30 am ● Group Exercise (PAC) **7**
 10:00 am ● Art with Helen (A&C)
 10:00 am ● Walmart & Banks (Trans)
 1:00 pm ● Superlo & Bank (Trans)
 1:30 pm ● Movie: Singing In The Rain (Thtr)
 6:00 pm ● *Music with Deborah Swiney (Lobby)*
 6:30 pm ● Bridge (LCR)

7:30 am ● Men's Christian Fellowship (Ante) **8**
 10:00 am ● Weekend Movie (Thtr)
 10:30 am ● Bible Study "Thru the Bible" (SCR)
 1:30 pm ● Game Play (LCR)
 1:00 pm ● *Mid America Baptist Seminary: The Scarlett Thread Passion Play (Trans)*
 1:30 pm ● Intermediate Line Dancing (PAC)
 2:00 pm ● Weekend Movie (Thtr)
 2:30 pm ● Line Dancing (PAC)
 4:00 pm ● Shuffleboard (PAC)
 6:00 pm ● Classic Movie (Thtr)

8:00 am ● Church of Christ Service (Chapel) **9**
 10:00 am ● Worship Service (PAC)
 1:30 pm ● Weekend Movie (Thtr)
 4:00 pm ● Weekend Movie (Thtr)
 5:00 pm ● *Independent Presbyterian: Adore the Lamb (Trans)*
 6:30 pm ● Classic Movie (Thtr)

8:30 am ● Advanced Water Aerobics (Pool) **10**
 9:30 am ● Alterations (A&C)
 9:30 am ● Group Exercise (PAC)
 10:00 am ● Hobby Pines Group (Hobby Shop)
 10:30 am ● Billiard Group (BR)
 1:30 pm ● Game Play (LCR)
 1:30 pm ● Magnum PI: The Last Page (Thtr)
 2:00 pm ● Tai Chi (PAC)
 6:30 pm ● Bingo (PAC)

8:30 am ● Men's Water Aerobics (Pool) **11**
 9:00 am ● Dr. Mike Abutineh (WC)
 9:30 am ● Basic Water Aerobics (Pool)
 10:00 am ● Duplicate Bridge (Ante)
 11:00 am ● Arthritis Sit/Stand Class (PAC)
 1:30 pm ● Bunko (LCR)
 1:30 pm ● Beginners Line Dancing (PAC)
 1:30 pm ● Walk with Ease (A&C)
 2:30 pm ● Advanced Line Dancing (PAC)
 6:30 pm ● *Birthday Concert with Kenny Lackey (PAC)*

8:30 am ● Advanced Water Aerobics (Pool) **12**
 9:30 am ● Group Exercise (PAC)
 10:00 am ● Catholic Service (Chapel)
 10:00 am ● Memphis Hearing Aid (A&C)
 10:00 am ● Shuffleboard (PAC)
 10:30 am ● Garden Gro'ers Club (Greenhouse)
 10:30 am ● Yoga Stretch (PAC)
 1:00 pm ● Needle Arts Group (A&C)
 1:30 pm ● Game Play (LCR)
 1:30 pm ● Movie: The Accountant (Thtr)
 2:00 pm ● Wii Bowling (LCR)
 6:30 pm ● Bridge (LCR)
 6:30 pm ● Movie: The Accountant (Thtr)

8:30 am ● Men's Water Aerobics (Pool) **13**
 9:30 am ● Basic Water Aerobics (Pool)
 10:00 am ● Kroger & Banks (Trans)
 10:00 am ● Bible Study w/Dave Phillips (Chapel)
 11:00 am ● Arthritis Sit/Stand Class (PAC)
 1:00 pm ● Walmart & Banks (Trans)
 1:00 pm ● Dr. Mike Abutineh (WC)
 1:30 pm ● Beginners Line Dancing (PAC)
 1:30 pm ● Documentary: To The Arctic (Thtr)
 1:30 pm ● Walk with Ease (A&C)
 2:30 pm ● Advanced Line Dancing (PAC)
 6:30 pm ● Vespers

9:30 am ● Group Exercise (PAC) **14**
 10:00 am ● Art with Helen (A&C)
 10:00 am ● Walmart & Banks (Trans)
 10:00 am ● Journeys Through Grief (Ante)
 11:00 am ● *Easter Bonnet Parade (Lobby)*
 11:00 am ● Oak Court Mall (Trans)
 1:00 pm ● Superlo & Bank (Trans)
 1:30 pm ● Movie: Easter Parade (Thtr)
 6:00 pm ● *Music with Stephen White (Lobby)*
 6:30 pm ● Bridge (LCR)

7:30 am ● Men's Christian Fellowship (Ante) **15**
 10:00 am ● Weekend Movie (Thtr)
 10:00 am ● *Easter Egg Hunt (Kirby Grounds)*
 1:30 pm ● Game Play (LCR)
 1:30 pm ● Intermediate Line Dancing (PAC)
 2:00 pm ● Weekend Movie (Thtr)
 2:30 pm ● Line Dancing (PAC)
 4:00 pm ● Shuffleboard (PAC)
 6:00 pm ● Classic Movie (Thtr)
 6:00 pm ● *Jerald Walker Chamber Ensemble (Lobby)*

8:00 am ● Church of Christ Service (Chapel) **16**
 10:00 am ● Worship Service (PAC)
 1:30 pm ● Weekend Movie (Thtr)
 4:00 pm ● Weekend Movie (Thtr)
 4:00 pm ● *Noel Medford and Quartet (PAC)*
 6:30 pm ● Classic Movie (Thtr)

8:30 am ● Advanced Water Aerobics (Pool) **17**
 9:00 am ● Smith Jewelers (SCR)
 9:30 am ● Group Exercise (PAC)
 10:00 am ● Focus on Color (A&C)
 10:00 am ● Hobby Pines Group (Hobby Shop)
 10:30 am ● Billiard Group (BR)
 10:45 am ● Episcopal Eucharist (Chapel)
 1:30 pm ● Game Play (LCR)
 1:30 pm ● Magnum PI: The Elmo Ziller Story (Thtr)
 2:00 pm ● Tai Chi (PAC)
 6:30 pm ● Bingo (PAC)

8:30 am ● Men's Water Aerobics (Pool) **18**
 9:00 am ● Dr. Mike Abutineh (WC)
 9:30 am ● Basic Water Aerobics (Pool)
 10:00 am ● Duplicate Bridge (Ante)
 11:00 am ● Arthritis Sit/Stand Class (PAC)
 1:30 pm ● Beginners Line Dancing (PAC)
 1:30 pm ● Bunko (LCR)
 1:30 pm ● Walk with Ease (A&C)
 2:30 pm ● Advanced Line Dancing (PAC)
 6:30 pm ● *Spring Fling with The Sturgess Daley Band (PAC)*

8:30 am ● Advanced Water Aerobics (Pool) **19**
 9:30 am ● Group Exercise (PAC)
 10:00 am ● Catholic Service (Chapel)
 10:00 am ● Shuffleboard (PAC)
 10:30 am ● Yoga Stretch (PAC)
 10:30 am ● *Lunch Bunch @ Cafe Piazza (Trans)*
 1:00 pm ● Needle Arts Group (A&C)
 1:30 pm ● *Smart Moves: Active Mind & Body (PAC)*
 1:30 pm ● Game Play (LCR)
 2:00 pm ● Virtual Tour (Thtr)
 2:00 pm ● Wii Bowling (LCR)
 6:30 pm ● Bridge (LCR)
 6:30 pm ● Documentary: Dark Horse (Thtr)

8:30 am ● Men's Water Aerobics (Pool) **20**
 9:30 am ● Basic Water Aerobics (Pool)
 10:00 am ● Kroger & Banks (Trans)
 10:00 am ● Bible Study w/Dave Phillips (Chapel)
 11:00 am ● Arthritis Sit/Stand Class (PAC)
 1:00 pm ● Walmart & Banks (Trans)
 1:00 pm ● Dr. Mike Abutineh (WC)
 1:30 pm ● Beginners Line Dancing (PAC)
 1:30 pm ● Walk with Ease (A&C)
 2:30 pm ● Advanced Line Dancing (PAC)
 6:30 pm ● Vespers (PAC)
 6:30 pm ● *Orpheum: Sound of Music (Trans)*

9:00 am ● *Travelers Pilgrimage to Holly Springs (Trans)* **21**
 9:30 am ● Group Exercise (PAC)
 10:00 am ● Art with Helen (A&C)
 10:00 am ● Walmart & Banks (Trans)
 10:30 am ● Amedisys Health Care (LCR)
 1:00 pm ● Superlo & Bank (Trans)
 1:30 pm ● Movie: Mr. Roberts (Thtr)
 6:00 pm ● *Music with DARE & Wally (Lobby)*
 6:30 pm ● Bridge (LCR)

7:30 am ● Men's Christian Fellowship (Ante) **22**
 10:00 am ● Weekend Movie (Thtr)
 10:30 am ● Bible Study "Thru the Bible" (SCR)
 1:30 pm ● *Suzuki Students Piano Recital (Lobby)*
 1:30 pm ● Game Play (LCR)
 1:30 pm ● Intermediate Line Dancing (PAC)
 2:00 pm ● Weekend Movie (Thtr)
 2:30 pm ● Line Dancing (PAC)
 4:00 pm ● Shuffleboard (PAC)
 6:00 pm ● Classic Movie (Thtr)

8:00 am ● Church of Christ Service (Chapel) **23**
 10:00 am ● Worship Service (PAC) **30**
 1:00 pm ● *IRIS Orchestra: A Passion for Dance (Trans)* April 30th Only
 1:30 pm ● Weekend Movie (Thtr)
 2:30 pm ● *Musica Antiqua of Memphis (Lobby)* April 30th Only
 4:00 pm ● Weekend Movie (Thtr)
 6:30 pm ● Classic Movie (Thtr)

8:30 am ● Advanced Water Aerobics (Pool) **24**
 9:30 am ● Alterations (A&C)
 9:30 am ● Group Exercise (PAC)
 10:00 am ● Hobby Pines Group (Hobby Shop)
 10:30 am ● Billiard Group (BR)
 1:30 pm ● Magnum PI: Three Minus Two (Thtr)
 1:30 pm ● Game Play (LCR)
 2:00 pm ● Tai Chi (PAC)
 6:30 pm ● Bingo (PAC)

8:30 am ● Men's Water Aerobics (Pool) **25**
 9:00 am ● Dr. Mike Abutineh (WC)
 9:30 am ● *Book Baggers w/Bren McClain (LCR)*
 9:30 am ● Basic Water Aerobics (Pool)
 10:00 am ● Duplicate Bridge (Ante)
 11:00 am ● Arthritis Sit/Stand Class (PAC)
 1:30 pm ● Movie: Runaway Bride (Thtr)
 1:30 pm ● Beginners Line Dancing (PAC)
 1:30 pm ● Bunko (LCR)
 1:30 pm ● Walk with Ease (A&C)
 2:00 pm ● Ladies Interdenominational Meeting "The Uplifters" (Chapel)
 2:30 pm ● Advanced Line Dancing (PAC)
 6:30 pm ● Movie: Runaway Bride (Thtr)

8:30 am ● Advanced Water Aerobics (Pool) **26**
 9:30 am ● Group Exercise (PAC)
 10:00 am ● Catholic Service (Chapel)
 10:00 am ● Shuffleboard (PAC)
 10:30 am ● Yoga Stretch (PAC)
 1:00 pm ● Needle Arts Group (A&C)
 1:30 pm ● Game Play (LCR)
 2:00 pm ● Wii Bowling (LCR)
 6:30 pm ● Bridge (LCR)

8:30 am ● Men's Water Aerobics (Pool) **27**
 9:30 am ● Basic Water Aerobics (Pool)
 10:00 am ● Kroger & Banks (Trans)
 10:00 am ● Bible Study w/Dave Phillips (Chapel)
 11:00 am ● Arthritis Sit/Stand Class (PAC)
 1:00 pm ● Walmart & Banks (Trans)
 1:15 pm ● *Brooks Senior Tea & Tour (Trans)*
 1:00 pm ● Dr. Mike Abutineh (WC)
 1:30 pm ● Beginners Line Dancing (PAC)
 1:30 pm ● Walk with Ease (A&C)
 2:30 pm ● Advanced Line Dancing (PAC)
 6:30 pm ● Vespers (PAC)

9:30 am ● Group Exercise (PAC) **28**
 10:00 am ● Art with Helen (A&C)
 10:00 am ● Walmart & Banks (Trans)
 10:00 am ● Journeys Through Grief (Ante)
 1:00 pm ● Superlo & Bank (Trans)
 1:30 pm ● Movie: Marnie (Thtr)
 6:00 pm ● *Music with Pianist Steve Lee (Lobby)*
 6:30 pm ● Bridge (LCR)

7:30 am ● Men's Christian Fellowship (Ante) **29**
 10:00 am ● Weekend Movie (Thtr)
 1:30 pm ● Game Play (LCR)
 1:30 pm ● Intermediate Line Dancing (PAC)
 2:00 pm ● Weekend Movie (Thtr)
 2:30 pm ● Line Dancing (PAC)
 4:00 pm ● Shuffleboard (PAC)
 5:45 pm ● *Redbirds Game at AutoZone Park (Trans)*
 6:00 pm ● Classic Movie (Thtr)

April 2017 EVENTS

Apr 1: Men's Christian Fellowship

The Men's Christian Fellowship meets every Saturday morning in the AnteRoom at 7:30 am. There is a rotating list of resident speakers who give a devotion at each meeting. Come enjoy coffee and fellowship with us each week.

Apr 2: Hymn Sing with Matthew

Join Matthew for song and worship on Sunday, March 5th, in the Lobby at 3:30 pm.

Apr 3: Get Fit with Oasis Coordinator Mary Hand

Advanced Water Aerobics classes will be held on Mondays & Wednesdays at 8:30 am. Basic and Beginning Water Aerobics is on Tuesdays & Thursdays at 9:30 am. Men's Water Aerobics are held on Tuesdays & Thursdays at 8:30 am. Arthritis Sit/Stand classes are on Tuesdays & Thursdays at 11:00 am in the Arts & Crafts Room.

Apr 3: Focus on Color

Coloring books are incredibly simple, portable, easy to pick up and put down, and a colored-in page takes up almost no space at all. So come to the Arts and Crafts Room the first and third Monday at 10:00 am.



Apr 3: First Monday Poetry Group

Come to listen; come to read; come to recite from memory. Share a favorite verse or two as others share their verse with you. Everyone is welcome. Check out "The Poet's Corner" on the post office bulletin board where a residential poet will be featured each month. We meet the first Monday of every month at 10:00 am in the Ante Room.

Apr 3: Game Play Group

Like to play games? Bring your own to share or join in with someone already there! Meets in the Large Card Room ev-

ery Monday, Wednesday and Saturday at 1:30 pm.

Apr 3: Magnum PI: Texas Lightning

Magnum is hired by Jeannie Lowry as a bodyguard while she plays high-stakes poker on a yacht. Showtime 1:30 pm in the Movie Theater.

Apr 3: Tai Chi

Originally developed for self-defense, tai chi has evolved into a graceful form of exercise that's now used for stress reduction and a variety of other health conditions. Tai chi meets in the PAC every Monday at 2:00 pm.

Apr 3: Bingo Night

Join us for a fun filled evening of BINGO! Entry costs only \$1 per card, with an opportunity to win up to two prizes. Every Monday night at 6:30 pm in the PAC.



Apr 4: Medical Director Dr. Mike Abutineh MD

Will be in the Wellness Clinic Tuesdays 9:00 am -12:00 pm. Thursdays 1:00-4:30 pm. Appointments required.

Apr 4: BUNKO

Join this fun group of folks every Tuesday at 1:30 pm in the LCR for the great game of BUNKO.

Apr 4: Duplicate Bridge

We are starting a new daytime bridge game. Come and join us for a fun & relaxing game of bridge. Judy Knox will be your game director, she is an ACBL sanctioned bridge director. Nowhere to sign up just show up! Every Tuesday at 10:00 am in the Ante Room.

Apr 4: Unstoppable

With an unmanned, half-mile-long freight train barreling toward a city, a veteran engineer and a young conductor race against the clock to prevent a catastrophe. Theater showtimes 1:30 pm & 6:30 pm.

Apr 5: Kirby Pines Travelers Meeting

The Kirby Pines Travelers group has really grown thanks to the efforts of Carol Yount and committee. They have been taking us

to some fun and interesting places. Don't be left home alone!!! Join this fun loving group of folks! Meetings are the first Wednesday of every month in the LCR at 10:00 am.

Apr 5: Yoga Stretch

Yoga is known to have a wide range of benefits. This is not advanced so don't worry about getting on the floor and not being able to get up. You will be sitting in a chair or standing. Class is every Wednesday at 10:30 am in the PAC.

Apr 5: Calvary Church Lenten Preaching Series & Luncheon

Rev. Lauren Winner is the vicar of St. Paul's Episcopal Church in Louisburg, N.C., and associate professor of Christian spirituality at Duke Divinity School. She is the author of many books, including *Mudhouse Sabbath* and her most recent book, *Wearing God: Clothing, Laughter, Fire, and Other Overlooked Ways of Meeting God*. Sign up in Transportation. Bus leaves at 11:00 am.

Apr 5: Ghost Town

Bertram Pincus is a man whose people skills leave much to be desired. When Pincus dies unexpectedly, but is miraculously revived after seven minutes, he wakes up to discover that he now has the annoying ability to see ghosts. Theater showtimes 1:30 pm & 6:30 pm.

Apr 5: Virtual Wii Bowling

Come join the fun every Wednesday afternoon at 2:00 pm in the Large Card Room.

Apr 6: Group Bible Study with Dave Phillips

Join Germantown Church of Christ's Dave Phillips as he leads group Bible Study every Thursday at 10:00 am in the Chapel. Dave is a great teacher and speaker.

Apr 7: Art with Helen

Whether you are already an Artist or would like to learn, join teacher Helen Gaines on Fridays at 10:00 am in the Arts & Crafts Room.



Apr 7: Weekend Movie Classic

For those of you who aren't night owls, we will be playing the weekend classic movie every Friday at 1:30 pm in the Movie Theater.

Apr 7: Music with Deborah Swiney

Deborah Swiney is a native Memphian who has toured internationally with Rev. Al Green. She has performed on the Oprah Winfrey Show, the Today Show, and Carnegie Hall. Join Deborah and her accompanist in the Lobby at 6:00 pm.

Apr 8 & 22: Through the Bible

Through the Bible is a study of the Bible led by Gail Kommer and Barbara Hyland, meeting the 2nd and 4th Saturday of every month at 10:30 am in the Small Card Room. Bring a Bible and notebook.



Apr 8: MidAmerica Baptist Seminary: The Scarlett Thread

Come witness this powerful portrayal on stage in the Mid-America Chapel, directed by Dr. James D. Whitmire, who for nearly four decades has made the story come alive through the Memphis Passion Play and the Jacksonville (Florida) Passion Play. Reserve your seat today with Activities. Seating is limited. Tickets are \$10.00. Bus leaves at 1:00 pm, sign up in Transportation.

Apr 9: Independent Presbyterian: Adore the Lamb

Join the IPC choirs singing traditional and modern hymns with a variety of orchestral and acoustic instruments. Sunday April 9th Palm Sunday 6:00 pm. Admission is free, sign up in Transportation. Bus leaves at 5:00 pm.

Apr 10: Magnum PI: The Last Page

A Vietnam veteran asks Magnum to find his girlfriend, hoping that will lead him to an old foe. 1:30 pm in the Movie Theater.

Apr 11: Birthday Night Concert with Kenny Lackey

Kenny Lackey is a musician, comic, and impressionist. Kenny's show includes oldies but goodies as well as a wide range of musical greats that is sure to entertain and please any audience. Join us in the PAC at 6:30 pm.

Apr 12: Garden Gro'ers Club

The garden group is in full swing. We

planted 300 onion sets and expect to plant tomatoes the first week of April. All who requested space in the garden have been assigned a place. I hope you confirmed your spot. Come on down to the Greenhouse April 12th at 10:30 am rain or shine and dig in!

Apr 12: Memphis Hearing Aid Service

On the second Wednesday of every month, at 10:00 am in the Arts & Crafts Room, Dr. Rena C Booth will be offering: Free Hearing Evaluation, Free Hearing Aid Consultation, Free Hearing Aid Clean, Check, and Adjustment. Please call 682-1529 for more information or to schedule a visit.

Apr 12: The Accountant

Christian Wolff is a mathematics savant with more affinity for numbers than people. Using a small-town CPA office as a cover, he makes his living as a freelance accountant for dangerous criminal organizations. Theater Showtimes 1:30 pm & 6:30 pm.

Apr 13: Documentary: To the Arctic

Meryl Streep narrates this touching chronicle of a mother polar bear and her 7-month-old cubs, who band together to survive the Arctic wilderness amidst an array of snow-white challenges. Theater Showtime 1:30 pm.



Apr 14 & 28: Journeys Thru Grief

These twelve conversations for grief and loss will facilitate your journey and connect you with kindred spirits in healing broken hearts. Provided by Harding School of Theology Staff. We meet the 2nd and 4th Friday of the month in the Ante Room at 10:00 am.

Apr 14: Easter Bonnet Parade

Get dolled up in your Springiest Bonnet and come down to the Lobby for Kirby Pines' Annual Easter Bonnet Parade and contest. Whether your bonnet is homemade or store bought, all hats are encouraged. Join us for fun and fellowship on Good Friday at 11:00 am.

Apr 14: Music with Stephan & Deb White

They are back! Everyone loves the vocals of the talented Stephen White and of course he will be accompanied on piano by his beautiful wife Deb. Don't miss this adorable couple at 6:00 pm in the Lobby.

Apr 15: Kirby Pines Annual Easter Egg Hunt

Join your friends and neighbors by the playground (weather permitting) if not the Lobby for our Annual Easter Egg Hunt. Bring your grands and great grands, etc. The party starts at 10:00 am. Ms Patches will be joining us for face painting. If we're lucky we may even have a visit from the Easter Bunny. Call Activities at 866-4414 to make reservations. We will need the name and age, plus the resident they belong to for placing them in the correct category. Please bring a dozen candy-filled eggs for each of our hunters to our office by Thursday, April 13th. Be sure they bring their Easter Baskets. Hot dogs and hamburgers will be on the lunch menu that day for hungry hunters!!!



Apr 15: Jerald Walker Ensemble

Jerald Walker Chamber Ensemble will present us with an Easter Eve Concert in the Lobby at 6:00 pm. Be sure and go see these talented young musicians.

Apr 16: Noel Medford and his Quartet

Noel Medford will be here in concert with his Quartet for a special Easter Treat at 4:00 pm in the PAC.

Apr 17: Magnum PI: The Elmo Ziller Story

Someone is trying to murder Elmo Ziller, Higgins' illegitimate half-brother from Texas. Elmo has brought his rodeo to Hawaii and Magnum is asked to protect him. 1:30 pm in the Movie Theater.

Apr 18: Spring Fling with The Sturgess Daley Band

Whether you a dancer or a music lover. You will want to come and listen to the tunes of the Sturgess Daley Band. So Spring into Spring and come on down to the PAC for a great time. Tuesday the 18th at 6:30 pm in the PAC.

Apr 19: Lunch Bunch: Cafe Piazza

With three separate dining areas, guests seated on the enclosed porch enjoy a view of the Collierville Town Square and watch for the trains to pass by. While visiting with us, you will enjoy many homemade dishes made with the freshest of ingredients. Sign up in Transportation. Bus leaves at 10:30 am.

Apr 19: Smart Moves

This month's topic is "Keeping your Mind & Body Active" The meeting will be held 1:30 pm in the PAC.



Apr 19: Virtual Field Trip

Join us in the Movie Theater as we go on a Virtual Field Trip. The destination will be announced closer to the time to enable the creators to send us to the most interesting places. Begins at 2:00 pm.

Apr 19: Documentary: Dark Horse

An inspirational true story of a group of friends from a working men's club who decide to take on the elite 'sport of kings' and breed themselves a racehorse. Showtime 6:30 in Movie Theater.

Apr 20: The Orpheum: The Sound of Music

A brand new production of The Sound of Music is coming to Memphis. Bus leaves at 6:30 pm. Sign up in Transportation. Let Activities or Travel Group know if you are interested. Call Box Office at 901-525-3000. If we can get a group of 10 we can get group prices.

Apr 21: Travelers Pilgrimage to Holly Springs

Join the Traveler's as they tour Historic Antebellum Homes, Churches, Train Depot & Hill Crest Cemetery. They will have a guide on the bus to help navigate & tell stories of this fascinating town. Lunch will be served by the Holly Springs Garden Club. There will be tent events & demonstrations on the lawn of Montrose and arts and crafts on the Courthouse Square. We need a minimum of 15 for the \$35.00 ticket price which includes lunch. Departure time will be 9:00 am. Sign up in Transportation. Please RSVP to Carol Yount @ 362-7798 no later than April 15th.

Apr 21: Amedisys Home Health

Join RN Janet Jackson in the LCR to talk about this month's topic "Dehydration" at 10:30 am.

Apr 21: Music with DARE & Wally

We're bringing this Dynamic Duo back to help us celebrate Spring. Come enjoy the keyboards and vocals of Dare and Wally at 6:00 pm in the Lobby.

Apr 22: Suzuki Student Piano Recital

Come to the lobby at 1:30 pm to enjoy this talented group of Suzuki Piano Students from the University of Memphis Sheidt School Of Music as they perform their Spring recital pieces.

Apr 24: Magnum PI: Three Minus Two

Jan Kona and her two partners operate a very successful fashion company. When one of the partners is murdered, Jan asks Magnum to protect her. Showtime 1:30 pm.



Apr 25: The Book Baggers

This month's read is *One Good Mama Bone* written by Southern girl Bren McClain. Praised for its wisdom, heart, and beautiful prose, *One Good Mama Bone* joins the ranks of *The Art of Racing in the Rain*, *Water for Elephants*, and even *Charlotte's Web* in its affecting depiction of animals-as-teachers and announces Bren McClain as an important new voice. The really exciting news is that Bren will be making an appearance at this month's meeting and will be talking about her book. We will be moving this month's meeting to the Large Card Room so we can accommodate more folks. We encourage you that are in other book clubs around town to invite them to come and join us for this book discussion and signing event. The Book Baggers meet the 4th Tuesday of every month at 9:30 am.

Apr 25: Runaway Bride

Having already left three grooms at the altar, Maggie Carpenter is branded "the runaway bride" by jaded city journalist Ike Graham. But, after his facts are called

into question, Ike races to Maggie's hometown to save his reputation and report on her upcoming fourth trip down the aisle. Theater Showtimes 1:30 pm & 6:30 pm.

Apr 25: Ladies Interdenominational Circle "The Uplifters"

Come to the Chapel at 2:00 pm to join in fellowship with this wonderful group of ladies every fourth Tuesday of the month.

Apr 27: Brooks Tea & Tour

"A Feast for the Eyes: 200 years of American Still-Life Painting from the Hevrdejs Collection Featuring rarely seen works by major American artist-including James Peale, Georgia O'Keeffe and more. Sign up in Transportation. Bus leaves at 1:15 pm. \$3 per person/Free for Brooks Members.

Apr 28: Music with Steve Lee

Stella Award winning Stephen Lee began playing the piano at age eight and has been using his abilities to delight audiences everywhere ever since. Today, Lee is on staff at the Stax Music Academy and he teaches at Overton High and Booker T. Washington. He is also the publisher of In Concert Magazine. Be sure and join him in the Lobby at 6:00 pm.

Apr 29: Memphis Redbirds at AutoZone Park

Join the gang and hop on the bus and head down to AutoZone Park for Memphis Redbirds vs Round Rock Express. Opening pitch is at 6:35. We have great seats! Tickets are \$16.00. Call Activities to reserve your seat. Sign up in Transportation. Bus leaves at 5:45 pm.

Apr 30: IRIS Orchestra: A Passion for Dance

Partnering with Ballet Memphis dance infuses this entire program, which opens with a ballet masterpiece of the 20th century. Call the Box Office for tickets @ 751-7669. Sign up in Transportation by Wednesday, April 26th so we will know you are going and secure a driver.

Apr 30: Musica Antiqua of Memphis

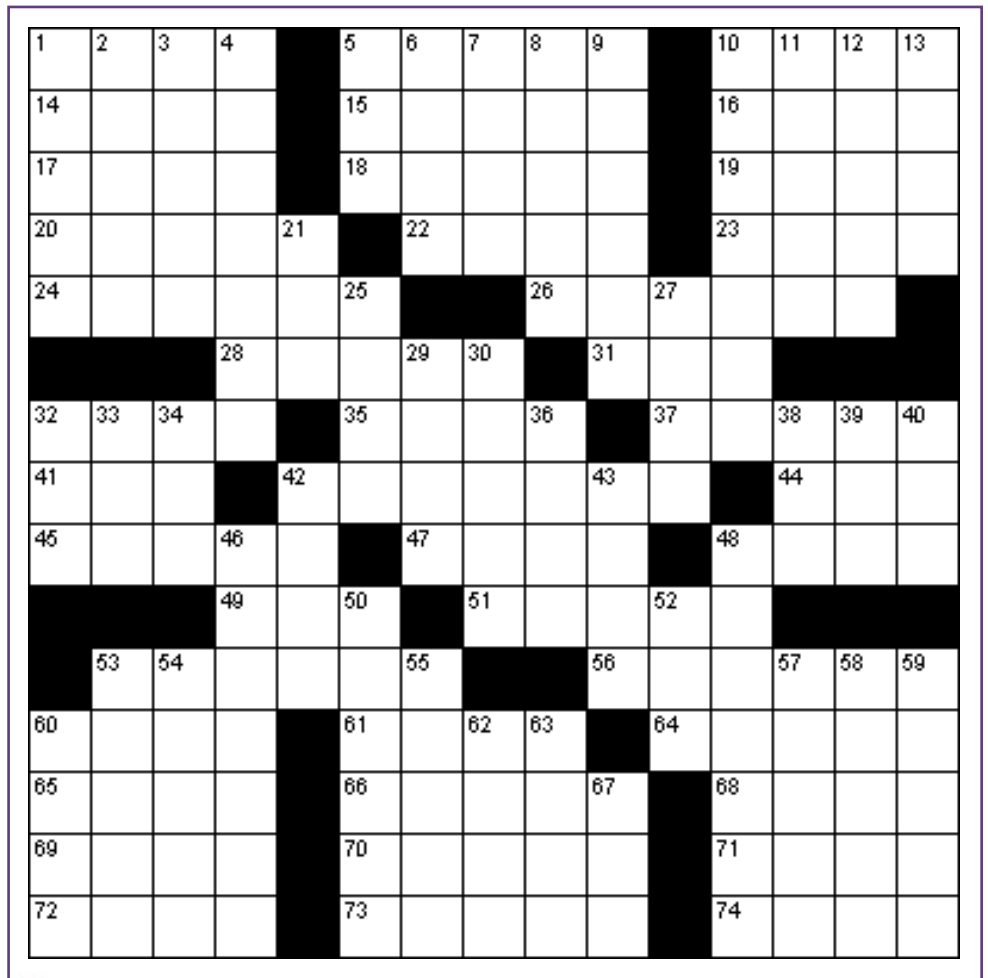
Kirby resident Barbara Hyland will be bringing her group here for a performance on Sunday, April 30th in the Lobby at 2:30 pm. Their program "The Four Seasons" will include various instruments, voices, lute, recorders and strings. Be sure not to miss it!

ACROSS

1. The most outstanding or excellent
5. Fastener
10. Rib section of veal or pork
14. Report or maintain
15. Large artery
16. Eagerness
17. Rescue
18. Sound of a sheep
19. Painful
20. Paragon
22. Den
23. Concentrate
24. Detection device
26. Inform
28. Drama set to music
31. Hard-shelled seed
32. Fish-eating diving bird
35. Birdcall
37. Whiskers (see photo for hint)
41. Possess
42. Height
44. Twenty-four hours
45. Harvest
47. Ascend
48. Catch with a lasso
49. Owed
51. Pursue
53. Bushy
56. Test for acid or alkali
60. Fake
61. Artifice
64. Copy of a movie on film
65. Molten rock
66. Enthusiastic approval
68. Not in favor of
69. Kitchen appliance
70. Frighten
71. Metal money
72. Moved away
73. Fur of the marten
74. Long and difficult trip

DOWN

1. Foundation
2. Elude
3. Square root of forty-nine
4. Subversiveness
5. Taxi
6. Be lazy or idle



7. Length by width
8. Tarnish
9. A regular customer
10. Reprieve
11. Remote in manner
12. Transport
13. Leg joint
21. Cut off
25. Remainder
27. Hollow cylindrical shape
29. Bellow
30. Caper
32. Captain's journal
33. Nocturnal bird
34. Single
36. Sudden rapid flow
38. Fuss
39. Blame
40. Used for staining
42. Cosy
43. Actual
46. Intransigent
48. Recant
50. Emerge
52. Small drink
53. Cut closely
54. Shelter
55. Evergreen plant
57. Not of legal age
58. Unfasten
59. Stench
60. Decelerate
62. Block
63. British peer ranking below a
marquess and above a viscount
67. Golf peg
66. Ancient Roman sun god
68. Pole



Puzzle Solutions - page 21



KIRBY PINES SnapShots



Billy Coleman, John Sosh, John Davis and George Pence are always one of the favorites in the Ham-ateur Show



Nita Heffernan, Marilyn Wray, Mary Gullett and Jody Sosh sang "The Good Ship Lollipop" in the Ham-ateur Show



Irene Wright and Lee Brown enjoy Fat Tuesday at Kirby Pines



Sue Jackson in her Mardi Gras crown



Don Glowen with Nashville entertainer Al Mahan, who performed in the Lobby at Kirby Pines



The Kirby Pines Travelers step out to see the beautiful tulips and artwork at The Dixon Gallery



Becky Jones gets a chuckle while reading the funnies in the Library at Kirby Pines

KIRBY PINES SnapShots



The Singing Lions from Penn State put on a show good enough for Broadway!



Marilyn McCormick had lunch with some of the members of The Singing Lions from Penn State



Carol Yount and Pat Cavender look over the menu at The Beauty Shop



Ann Smith and Lou Moore are all smiles at The Beauty Shop with the Lunch Bunch



Betty Terry and Joyce Read also were with the Lunch Bunch crowd



Bob Field gets instruction from Helen Gaines in art class



Sydney and Shelton Wagner practice taking selfies with a selfie stick in the Photo Club Class



KIRBY PINES SnapShots



Grace Williams celebrated her birthday with Daughters Melva Williams & Judith Moore and friends Geraldine & Jonas Beckley



Charlie Gatlin had a great birthday dinner with wife Peggy, friends Doc & Sue Elder, Charlie's sister Nan Strohminger, Bob & Mary Jo Williams and Ben Cole



Genevieve Imbalzano was all smiles at her birthday, with friends Alice Davidson and Alice's daughter Kim and her son Gilbert Buie, Mary Gullett, Jenine Riddle and Joan Dodson



Prince McLemore celebrated his birthday at dinner with wife, Elsie, and friends Patricia Lee, Faye & Roger Deans and Rudy & Carol Campbell



Residents enjoyed an Evening with IRIS's Aizuri Quartet followed by a Champagne & Sweets Reception



The Aizuri Quartet with Bettye and Tracy Speake

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Donation by James Stafford
to the General Fund

DORIS WHITNEY

Donation by Margaret Edrington
to the General Fund

DR. ROBERT COOKE

Donation by Kirby Pines
and the Resident Association
to the Employees Fund

In Honor Of

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Donation by Joyce V. Miller
to the Hobby Shop

Donation by Sue Elder
to the Hobby Shop

JOAN DODSON

Donation by Mrs. J.R. Riddle
to the Entertainers

DOT BENTLEY

Donation by Tom & Laura Lawman
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ANSWERS
TO PUZZLE
CHALLENGE
ON PAGE 17

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